

Long Term Services Benefit Specifications and Provider Qualifications

CAREGIVER ASSISTANCE SERVICES

SCOPE OF BENEFIT/SERVICE

Services take the place of those typically performed by the unpaid caregiver in support of unmet needs the care receiver has for assistance with activities of daily living, instrumental activities of daily living, and health-related tasks. Services may also decrease the burden of the unpaid caregiver and/or provide the caregiver with short-term relief in providing care to the participant.

Assistance is available for essential shopping, meal preparation or home-delivered meals, and routine household tasks when the caregiver regularly responsible for these activities is temporarily absent or unable to complete these activities for the care receiver. Meals may be provided to the participant or unpaid caregiver to relieve the burden on the unpaid caregiver.

Respite care is available for an unpaid family caregiver to provide short-term relief or temporary absence from the tasks related to caregiving. Respite care services may be provided in the home or in a qualified out-of-home setting.

AMOUNT OF BENEFIT/SERVICE, INCLUDING LIMITATIONS

Meals shall not replace or be a substitute for a full day's nutritional regimen.

Participants/caregivers may select services identified in their assessment which they or their unpaid caregiver are eligible to receive. All other payment sources such as Medicare, Apple Health, Veterans benefits, or private insurance must be considered before the demonstration service may be authorized.

DURATION OF BENEFIT/SERVICE, INCLUDING LIMITATIONS

N/A.

AUTHORIZATION REQUIREMENTS

Respite care is available to unpaid caregivers who live with the care recipient or who provide the minimum required amount of unpaid caregiving each week and meet the minimum threshold of caregiver burden.

PROVIDER SPECIFICATIONS AND QUALIFICATIONS:

- | | |
|---|---|
| <input checked="" type="checkbox"/> Individual (list types) | <input checked="" type="checkbox"/> Agency (list types of agencies) |
| <input type="checkbox"/> Legally Responsible Person | <input checked="" type="checkbox"/> Relative/Legal Guardian |

1. PROVIDER TYPE: **INDIVIDUAL PROVIDER**

License Required: Yes No

Certificate Required: Yes No

Individual providers must contract with the Department before providing personal care services. In order to contract with the Department the individual provider must:

- a. be authorized to work in the United States,
- b. have passed a background check, including the federal background check, and
- c. be age 18 or older.

Individual Providers must meet training requirements and timeframes required in Washington State rule.

2. PROVIDER TYPE: **HOME CARE AGENCY (RESPITE CARE, HOUSEWORK/ERRANDS)**

License Required: Yes No
(from Department of Health)

Certificate Required: Yes No

Providers must have a Home Care Agency license as described under Chapter 70.127 RCW and WAC 246-335 or a Home Health Agency license under Chapter 70.127 RCW.

3. PROVIDER TYPE: **ADULT DAY CARE CENTER (RESPITE CARE)**

License Required: Yes No

Certificate Required: Yes No

Must be in compliance with all of WAC 388-71-0702 through 388-71-0776.

If an Adult Day Center is also a provider of Memory Care & Wellness Services, it must also meet the MCWS Standards of Care.

4. PROVIDER TYPE: **ADULT DAY HEALTH CENTER (RESPITE CARE)**

License Required: Yes No

Certificate Required: Yes No

Must be in compliance with all of WAC 388-71-0702 through 388-71-0776.

If an Adult Day Health Center is also a provider of Memory Care & Wellness Services, it must also meet the MCWS Standards of Care.

5. PROVIDER TYPE: **NURSING HOMES (RESPITE CARE)**

License Required: Yes No

Certificate Required: Yes No

Nursing Homes must be in compliance with Chapters 74.42 and 18.51 RCW and all of WAC Chapter 388-97 which includes requirements for respite services (388-97-1880).

6. PROVIDER TYPE: **HOME HEALTH AGENCY (RESPITE CARE)**

License Required: Yes No

Certificate Required: Yes No

Home Health Agencies must be in compliance with Chapter 70.126 RCW and Chapter 246-335 RCW and WACs 182-551-2000—182-551-2210.

7. PROVIDER TYPE: **ASSISTED LIVING FACILITIES (RESPITE CARE)**

License Required: Yes No

Certificate Required: Yes No

Assisted Living Facilities must be in compliance with Chapter 18.20 RCW and Chapter 388-78A WAC.

8. PROVIDER TYPE: **ADULT FAMILY HOMES (RESPITE CARE)**

License Required: Yes No

Certificate Required: Yes No

Chapter 70.128 RCW and Chapter 388-76 WAC

7. PROVIDER TYPE: **FOOD SERVICE VENDOR**

License Required: Yes No

Certificate Required: Yes No

Food Service Vendors must meet requirements for Older Americans Act Title III C2 service provision and Chapter 246-215 WAC. When a participant's needs cannot be met by a Title III provider due to geographic inaccessibility, special dietary needs, the time of day or week the meal is needed, or existing Title III provider waiting lists, a meal may be provided by a restaurant, cafeteria, or caterer who complies with Washington State Department of Health and local Board of Health regulations for food service establishments.