

March 6th 2024 Behavioral Health Advisory Council Meeting

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Overview of BHAC

History

- ▶ Title XIX of the Public Health Services Act (42 U.S.C. 300x) mandated that all states establish a State Mental Health Planning and Advisory Council.
- ▶ The Washington State Behavioral Health Advisory Council (BHAC) previously known as the Mental Health Planning Advisory Council (MHPAC) was formed in 2014. The change occurred when Washington State started integrating all behavioral health services to include mental health, substance use disorder and problem gambling.

Mission

- ▶ The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery for planning and implementation of effective behavioral health services by promoting individual choice, prevention, and recovery in Washington State.



Ice Breaker: Five Things in Common

- ▶ Divide into small groups of 4 people.
- ▶ Groups have 5 minutes to discover 5 things they share in common.
- ▶ Be creative and not just go for the obvious things.
- ▶ Each group will be asked to share the most interesting thing they all have in common.
- ▶ Virtual Attendees will be sent to breakout rooms of 4 members.

Discussion Questions Peer Supports

- ▶ What do you think is working well in Peer work statewide?
- ▶ What do you think needs additional attention/support within the scope of statewide peer work?
- ▶ What innovative ideas do you have to improve Peer Service Delivery and/or Peer Workforce Development?

Discussion Questions Workforce

- ▶ What do you need to do your best work? (be specific, the tendency is to answer with “more money” but we want to know why and what for)
- ▶ What would have better prepared you to do this work?
- ▶ What trends are you seeing in the workforce from the “feet on the ground” perspective?