Washington State Health Care Authority

Compilation of BHAC calendar ideas

Summary

Three main themes:

- Youth-focused/youth-led meeting
- BHAB collaboration/outreach meeting
- Resources/recovery support services meeting

Meeting recommendations:

- Make meetings more accessible and share more widely, including what BHAC does.
- Increase member engagement and select certain meetings to encourage in person attendance.
- Adjust BHAC meetings for holiday schedule.

General recommendations:

- SAMHSA training for new members/ refreshers
- Improve communications with other BH councils and BH-ASOs
- Host community engagements activities to bring youth/family representation
- More resource sharing
- Invite lawmakers who can drive change

What is something you would like to see or include in BHAC calendar? (Can be a topic, presentation, anything.)

- BHAB/BHAC collaboration
- Presentations from BHABs every meeting so we can get a snapshot of what is going on in every region
- Youth-focused/youth-led meeting once a year
- Family/ youth liaison with their works at HCA
- Strategic planning
- Legislative updates
 - o Proviso projects, new housing projects, new crisis resources, new endorsements
- Peers
- Establish subcommittees based on priorities and report each meeting.

What are things BHAC can add to its calendar to increase its advocacy/advisory capacity?

- Highlight resources
- Host community engagements activities to bring youth/family representation
- Network with Family Youth System Partner Round Table (FYSPRT) and youth/family organizations
- Improve communications with other BH councils and BH-ASOs
- Advocacy training
- Invite guests from BHABs twice a year
- SAMHSA training for new members/ refreshers
- Look at who is missing representation wise and invite them personally
- Breakdown of SUD services by county, race, gender,
- More resource sharing
- Invite lawmakers who can drive change
- BHAC Summit

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What are themes BHAC can center meetings around?

- Hold team building activities to breakdown barriers and increase connection/rapport
- Youth and families' theme
- Youth and young adult work being done across the state, look at what is not working that is being block grant funded.
- Lack of resources theme- SE Housing, resources, RSS services, workforce shortages invite BH providers and peer agencies to present.
- Presentations regularly from programs supported by block grant funds
- Block grant 101
- Youth, problem gambling, BHAC 101
- BHAB/ BHAC collaboration meeting
- Crisis services-
 - Youth crisis stabilization services, mobile crisis services DCR services, 988 Regional crisis line

Any other meeting recommendations?

- Social media networking
- Need more youth voice, involvement. Opportunity for youth to speak on lack of resources, issues, etc.
- Make sure meetings help us fulfill our responsibilities per bylaws/ laws
- Strategic planning
- Create space for people to share feedback about gaps they experience and ideas they have.
- Increase council member engagement
- Better community level explanation of what BHAC and block grants, assume they know nothing
- Make meetings more accessible by sharing them more widely
- Select certain meetings to encourage strong in person attendance
- Adjust BHAC meetings for holiday schedule