Apple Health DC:0-5™ Crosswalk Kickoff

January 20, 2022
Welcome
Recording Webinar

In the chat box: Send a private message to Kiki Fabian if you would like to discuss concerns with recording.
Webinar Controls
Objectives

- Provide an overview of HB 1325 (2021) & Apple Health implications
- Explain the purpose of a DC:0-5™ Crosswalk
- Describe the Apple Health DC:0-5™ Crosswalk Workgroup
- Share resources & opportunities for engagement
Introductions

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Getting to know one another

In the chat box:
- Your name
- Your role
- What excites you about Infant-Early Childhood Mental Health
Background

HB 1325 (2021)
What is infant-early childhood mental health?

What is IECMH?

Relationships
Forming close & secure relationships with caregivers, community & peers

Emotions
Experiencing, regulating & expressing emotions

Learning
Exploring the environment to develop new skills & abilities

All in the context of family, community, and cultural expectations for young children

Work on developmentally appropriate assessment & diagnosis for infants and young children has been ongoing for several years.

Existing classification systems, such as the DSM, do not pay adequate attention to the unique developmental & relational experiences of infants and very young children.
Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5™)

**Starts with** understanding multiple aspects of a child’s life *from the family’s perspective BEFORE* diagnosing

Then, look at emotional/behavioral symptoms, with a developmental lens

<table>
<thead>
<tr>
<th>Cultural &amp; Community</th>
</tr>
</thead>
<tbody>
<tr>
<td>Axis 1: Mental Health Disorders</td>
</tr>
<tr>
<td>Axis 2: Relationships</td>
</tr>
<tr>
<td>Axis 3: Medical Conditions</td>
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<tr>
<td>Axis 4: Life Circumstances</td>
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<tr>
<td>Axis 5: Development</td>
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**Developmentally specific criteria for mental health disorders**
- i.e. depression for a 3-year-old looks different than a 30-year-old

**Additional mental health disorders that are specific for in infancy and early childhood**
- e.g. Overactivity Disorder of Toddlerhood
Benefits to Using the DC:0-5™

- Increased ability to diagnose relationship & other behavioral health disorders in infants and young children
- Enhanced ability to provide appropriate treatment services
- Increased recognition of behavioral health & developmental challenges
- Improved understanding of how relationships & environmental factors contribute to behavioral health and developmental disorders
- Enhanced ability to work more effectively with parents & other professionals
After many years of work from infant-early childhood mental health advocates, Governor Inslee signed into law 2021 c 126 § 2, making the following changes for Apple Health:

(a) Allow the following for mental health assessment and diagnosis of children from birth through five years of age:
   (i) Up to five sessions for purposes of intake and assessment
   (ii) Assessments in home or community settings, including reimbursement for provider travel

(b) Require providers to use the current version of the DC:0-5 diagnostic classification system for mental health assessment and diagnosis of children from birth through five years of age.

See RCW 74.09.520: Medical assistance—Care and services included—Funding limitations.
Apple Health Implications

Update HCA policies, billing guidance, & contracts (MCO & FFS) to align with legislation

Develop mechanism & process for travel reimbursement

Create contracts with external partners to provide DC: 0 – 5™ training to mental health providers & allied professionals

Develop WA specific diagnostic crosswalk of DC 0 – 5 to ICD & DSM

Questions about billing? Visit our webpage for billing resources
Apple Health DC:0-5™ Crosswalk
Rationale for DC:0-5™ Crosswalk

- Zero to Three, the publisher of DC: 0–5™, includes a crosswalk within the DC: 0-5™ manual.
- A DC: 0-5™ crosswalk is a reference tool for clinicians that helps to convert DC: 0–5™ diagnoses to associated ICD diagnostic codes and DSM diagnoses.

- CMS requires an ICD code for service reimbursement.
- Many electronic record systems require a DSM diagnosis for documentation.
Interim Crosswalk Development

- **January – July 2021**: Gather examples to inform interim Apple Health Crosswalk
- **July - December 2022**: Internal HCA review of interim Apple Health crosswalk
- **January 15, 2022**: Launch interim Apple Health crosswalk
### Interim Apple Health DC:0-5™ Crosswalk

#### Neurodevelopmental Disorders

<table>
<thead>
<tr>
<th>DC:0-5</th>
<th>DSM Diagnosis</th>
<th>ICD Classification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Autism Spectrum Disorder</td>
<td>Autism Spectrum Disorder</td>
<td>299.00 Autistic Disorder</td>
</tr>
<tr>
<td>Early Onset Autism Spectrum Disorder</td>
<td>Other Specified Neurodevelopmental Disorder</td>
<td>794.88 Unspecified Developmental Disorder</td>
</tr>
<tr>
<td>Attention Deficit/Hyperactivity Disorder</td>
<td>Attention Deficit Hyperactivity Disorder</td>
<td>314.00 Attention-deficit/hyperactivity disorder, primarily inattentive type</td>
</tr>
<tr>
<td></td>
<td>Attention Deficit Hyperactivity Disorder</td>
<td>314.00 Attention-deficit/hyperactivity disorder, combined type</td>
</tr>
<tr>
<td></td>
<td>Attention Deficit Hyperactivity Disorder</td>
<td>314.00 Attention-deficit/hyperactivity disorder, primarily hyperactive type</td>
</tr>
<tr>
<td>Global Developmental Delay</td>
<td>Global Developmental Delay</td>
<td>794.00 Developmental delay, unspecified</td>
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#### Mental Health Assessment for Young Children

Check out Apple Health’s Mental Health Assessment for Young Children webpage to access the current crosswalk.

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DIC:0-5™ codes and classifications are copyright 2019-2023. DSM-5™ code and classification are copyright 2019 American Psychiatric Association.

Washington State Health Care Authority

7 | INTERIM DC:0-5™ CROSSWALK
How to use the DC:0-5™ Crosswalk

DC:0-5™ Complete mental health assessment

Identify DC:0-5 Axis I Clinical Disorder

Look up diagnostic category

<table>
<thead>
<tr>
<th>DC:0 – 5™ Axis I Clinical Disorder</th>
<th>DSM Diagnosis</th>
<th>ICD Classification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social Anxiety Disorder (Social Phobia)</td>
<td>30.2</td>
<td>Social Anxiety Disorder</td>
</tr>
<tr>
<td>Generalized Anxiety Disorder</td>
<td>30.3</td>
<td>Generalized Anxiety Disorder</td>
</tr>
</tbody>
</table>
What about the other crosswalks?

### DC:0-5™ Crosswalk Comparison Table

<table>
<thead>
<tr>
<th>DC:0-5™ Code</th>
<th>DC 0-5™ Disorder</th>
<th>Apple Health Crosswalk</th>
<th>Zero To Three Crosswalk</th>
<th>King County Crosswalk</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.1</td>
<td>Autism Spectrum Disorder</td>
<td>F840</td>
<td>Same</td>
<td>Different</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>No code referenced</td>
</tr>
<tr>
<td>10.2</td>
<td>Early Atypical Autism Spectrum Disorder</td>
<td>F849</td>
<td>Same</td>
<td>Different</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>No code referenced</td>
</tr>
<tr>
<td>10.3</td>
<td>Attention Deficit/Hyperactivity Disorder</td>
<td>F900 F901 F902 F909</td>
<td>Different</td>
<td>Different</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Only references one presentation: F90.1 (Attention-deficit hyperactivity disorder, predominantly hyperactive type)</td>
<td>Only references one presentation: F90.1 (Attention-deficit hyperactivity disorder, predominantly hyperactive type)</td>
</tr>
<tr>
<td>10.4</td>
<td>Overactivity Disorder of Toddlerhood</td>
<td>F901</td>
<td>Same</td>
<td>Same</td>
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</tbody>
</table>
DC:0-5™ Crosswalk Feedback Form

Do you have feedback about this tool? If so, you can share your thoughts on our DC:0-5™ Crosswalk Feedback Form.
Apple Health DC:0-5™ Crosswalk Workgroup
Workgroup Purpose

To develop a crosswalk that is informed by clinician, stakeholder, and advocate feedback, HCA will convene a community workgroup tasked with reviewing and revising the interim crosswalk for the purpose of developing a community-informed Apple Health DC: 0-5™ crosswalk.
Workgroup Process

- REVIEW MATERIALS
- WORKGROUP DISCUSSION
- INTERIM CROSSWALK
## Workgroup Participants

<table>
<thead>
<tr>
<th>Name</th>
<th>Organization</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shilo Allen</td>
<td>Childhaven</td>
</tr>
<tr>
<td>Sally McDaniel</td>
<td>Greater Lakes Mental Healthcare</td>
</tr>
<tr>
<td>Marie Sohl</td>
<td>Child's Place PLLC</td>
</tr>
<tr>
<td>Kristin Price</td>
<td>M. Kristin Price, PhD (private clinical practice)</td>
</tr>
<tr>
<td>Lisa &quot;Lou&quot; Olson</td>
<td>HopeSparks</td>
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<tr>
<td>Kathryn McCormick</td>
<td>The Tulalip Tribes</td>
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<tr>
<td>Jamie Elzea</td>
<td>Nurtureways</td>
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<tr>
<td>Heather Denbrough</td>
<td>Children's Center</td>
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<tr>
<td>Haruko Watanabe</td>
<td>Navos Infant and Early Childhood Mental Health Program</td>
</tr>
<tr>
<td>Avreayl Jacobson</td>
<td>King County Behavioral Health and Recovery</td>
</tr>
<tr>
<td>Avery Park</td>
<td>University of Washington, School of Nursing</td>
</tr>
<tr>
<td>Arzu Forough</td>
<td>Washington Autism Alliance</td>
</tr>
<tr>
<td>Annie Gabriel</td>
<td>Lutheran Community Services NW</td>
</tr>
<tr>
<td>Amy Prezbindowski</td>
<td>MultiCare Behavioral Health</td>
</tr>
<tr>
<td>Amanda Russell</td>
<td>Children's Home Society of WA</td>
</tr>
<tr>
<td>**U. James Chaney</td>
<td>Department of Health</td>
</tr>
</tbody>
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Resources & Community Engagement
Stay Informed

▪ Visit our webpage(s):
  ▪ Subscribe to our GovDelivery alerts: https://public.govdelivery.com/accounts/WA-HCA/subscriber/new?topic_id=WAHCA_404
Billing & Encounter Resources

Apple Health Billing & Encounter

- **Webinars**
  - Mental Health Assessment for Young Children - Introduction to Billing *(Recorded)*
  - Office Hours **January 27, 10 - 11 am**
    - Register here: [https://zoom.us/j/94277160228](https://zoom.us/j/94277160228)
- **Guidance**
  - Service Encounter Reporting Instructions (SERI)
  - Mental Health Billing Guide
Free DC: 0 – 5™ Training

<table>
<thead>
<tr>
<th>Clinical DC: 0 – 5 Training</th>
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<tr>
<td>• <strong>Mental health professionals</strong> will be supported in adopting approaches to diagnosis and assessment that are developmentally informed, relationship based, and culturally competent.</td>
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</table>

<table>
<thead>
<tr>
<th>Overview DC: 0 – 5 Training</th>
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<tbody>
<tr>
<td>• Provides an overview of the background, approach, and content areas of DC:0-5™ and is particularly helpful for <strong>allied professionals</strong> in understanding the importance of developmentally appropriate diagnostic practices.</td>
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</tbody>
</table>

Trainings will be offered through June 30, 2023.
Want to Connect?

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Apple Health MHAYC Materials

- **Mental health assessment for young children**


- **RCW 74.09.520:** Medical assistance—Care and services included—Funding limitations: [https://app.leg.wa.gov/rcw/default.aspx?cite=74.09.520](https://app.leg.wa.gov/rcw/default.aspx?cite=74.09.520)


IECMH Materials

- **Infant and Early Childhood Mental Health: Promotion, Prevention, and Treatment:** zerotothree.org/resources/series/infant-and-early-childhood-mental-health-promotion-prevention-and-treatment
- **The Basics of Infant & Early Childhood Mental Health:** zerotothree.org/resources/1951-the-basics-of-infant-and-early-childhood-mental-health-a-briefing-paper
- **Washington Alliance of Infant Mental Health:** wa-aimh.org/
- **The Barnard Center for Infant Mental Health & Development:** barnardcenter.nursing.uw.edu/
- **PRiSM Project:** nccp.org/prism-project/
- **Diversity Informed Tenets:** Divediversityinformedtenets.org/
- **Center for the Developing Child:** developingchild.harvard.edu/
DC 0-5™ Materials

- **A Briefing Paper on DC:0-5™ Crosswalks**: zerotothree.org/resources/1954-dc-0-5-crosswalk-a-briefing-paper