Analytics, Research and Measurement (ARM)

Data is essential to achieving the triple aim of a healthier Washington: better health, better care and lower costs. Good data drives better quality and consistency of care, and allows us to assess how our strategies for health care improvement are working. Data + Analytics = Information.

The Healthier Washington Analytics, Research and Measurement (ARM) strategy is to:

- Work collaboratively across state agencies and public and private sector partners to break down data-related silos.
- Address long-term needs for health data management solutions, services, and tools.
- Serve as a key tool to implement population health improvement strategies around Washington.

ARM's goals

1. Developing new data and analytic capabilities and providing technical assistance to support population health management and local public health needs around Washington.

2. Creating a comprehensive data infrastructure across state agencies that provides the opportunity for shared analytics to address health inequalities.

3. Providing accurate and actionable data for analysis and dissemination to advance delivery system transformation and payment reform efforts.

This also means we will be able to look at health issues and disparities (like chronic disease) among our communities and use data and the work of ARM to "hot spot" diseases and target prevention activities in a specialized way.

Integration of physical and behavioral health

ARM supports approaches to delivering whole-person health care, standardizing and integrating data across health delivery and social service systems. This means ARM helps bring together multiple streams of data in order to achieve whole-person care.