

The Accountable Care Program

Paying for health and value

Uniform Medical Plan Plus (UMP Plus) is a self-insured Accountable Care Plan (ACP). UMP Plus is offered through the Health Care Authority's (HCA's) Public Employees Benefits Board and School Employees Benefits Board programs. UMP Plus delivers these services through their two networks of primary care providers and specialty providers, facilities, clinics, and hospitals.

ACPs, like UMP Plus, promote high-quality care at a lower cost. HCA designed UMP Plus to help providers achieve these goals while allowing members to choose their own providers within their UMP Plus Plan. The network of providers who work together under an ACP arrangement are often called Accountable Care Networks (ACN).

UMP Plus is made up of two ACNs available in the following counties:

- **Puget Sound High Value Network:** serving Chelan, Douglas, King, Kitsap, Pierce, Thurston, Snohomish, and Yakima
- **UW Medicine Accountable Care Network:** serving King, Kitsap, Pierce, Thurston, Skagit, Snohomish, and Spokane

How are the UMP Plus network plans designed?

UMP Plus is designed to improve member experience and promote the use of high-quality health care services.

Features include:


- Lower monthly premium compared to UMP Classic or UMP Achieve 2
- Flexibility to choose a primary care provider (PCP), hospital, or other health care provider **within** the UMP Plus network
- Lowest deductible of UMP plans
- Primary care office visits (including qualified PCP telemedicine visits), which are covered at 100 percent
- No prescription drug deductible
- Regence support network
- Coordination of care
- No referral needed for specialists

The network plans offer the same monthly out-of-pocket limits, inpatient and emergency coinsurance rates, and covered services as the UMP Classic and UMP Achieve 2 plans.

How do the UMP Plus networks improve quality?

HCA holds the networks to specific cost and quality standards. ACP contract requirements include participation in programs and projects based on local and national standards:

- Bree Collaborative (Washington)
 - Creates best practice guidelines in areas of care variation
 - Networks required to implement guidelines and report to HCA
- Foundation for Health Care Quality (Washington)

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- Clinical outcome assessment programs collect clinical data to drive care improvement in obstetrics, spine surgery, and cardiology
 - Primary care medical home
 - Comprehensive, whole-person care coordinated by a primary care team
 - Member access and experience, such as appointment availability, ability to timely see a provider, and customer service experience
 - Quality measurement targets and reporting

How do the UMP Plus networks achieve lower costs?

Lower costs are achieved through cost and care.

- UMP Plus contracts with and incentivizes the networks to provide more efficient care than other UMP plans while being held to quality and care transformation standards.
- The UMP Plus structure incentivizes networks to apply the same efficient, high-quality care to UMP Plus enrollees and members who see ACP network providers but did not enroll in UMP Plus. This expands a network's approach or member experience beyond those enrolled in UMP Plus.
- Providers who join UMP Plus agree to deliver and evaluate the quality of the care delivered. When members receive covered preventive care and coordinated care through their network, the overall cost of care is lower. These cost savings help keep premiums and deductibles lower without limiting necessary care.