

Access to behavioral health services for children and youth 2022 Legislative Report

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Category	Number of children & youth Medicaid or CHIP eligible ¹	Percent of total Medicaid or CHIP eligible
AGE		
0-4 years	238,920	26.60%
5-11 years	340,877	37.95%
12-18 years	318,439	35.45%
GENDER		
Female	438,880	48.86%
Male	459,309	51.14%
Unknown		
RACE/ETHNICITY		
African American	109,851	12.23%
American Indian	62,941	7.01%
Asian	63,764	7.10%
Hispanic or Latino	289,088	32.19%
Native Hawaiian/Pacific Islander	54,665	6.09%
White	613,475	68.30%
Unknown	140,508	15.64%
Total Medicaid/CHIP Eligible	898,190	100.00%

Section 1. Behavioral health services provided to children and youth

Table A. Total unduplicated number of Medicaid or CHIP eligible children and youth ages 0 – 18 in CY2021

¹ Total eligible: Total number of children and youth (0-18 years) who were Medicaid or CHIP eligible for at least one month during the reporting period.

Category	Number of children & youth who received any mental health services	Percent of those who received any mental health services	Percent of total Medicaid or CHIP eligible children & youth in the demographic category
AGE			
0-4 years	6,391	5.09%	2.67%
5-11 years	43,087	34.35%	12.64%
12-18 years	75,962	60.56%	23.85%
GENDER			
Female	65,652	52.34%	14.96%
Male	59,787	47.66%	13.02%
Unknown	•	•	
RACE/ETHNICITY			
African American	14,926	11.90%	13.59%
American Indian	11,638	9.28%	18.49%
Asian	7,292	5.81%	11.44%
Hispanic or Latino	37,179	29.64%	12.86%
Native Hawaiian/Pacific Islander	5,258	4.19%	9.62%
White	103,553	82.55%	16.88%
Unknown	9,668	7.71%	6.88%
Total Served	125,440	100.00%	13.97%

Table B. Number of Medicaid or CHIP eligible children & youth ages 0-18 receiving any mental health services² in CY2021

² See Table K for types of services included in this category.

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Category	Number of children & youth who received mental health outpatient services	Percent of those who received mental health outpatient services	Percent of total Medicaid or CHIP eligible children & youth in the demographic category
AGE			
0-4 years	6,386	5.11%	2.67%
5-11 years	43,025	34.43%	12.62%
12-18 years	75,569	60.47%	23.73%
GENDER			
Female	65,415	52.34%	14.90%
Male	59,564	47.66%	12.97%
Unknown			
RACE/ETHNICITY			
African American	14,874	11.90%	13.54%
American Indian	11,569	9.26%	18.38%
Asian	7,277	5.82%	11.41%
Hispanic or Latino	37,050	29.64%	12.82%
Native Hawaiian/Pacific Islander	5,240	4.19%	9.59%
White	103,151	82.53%	16.81%
Unknown	9,653	7.72%	6.87%
Total Served	124,980	100.00%	13.91%

Table C. Number of Medicaid or CHIP eligible children & youth ages 0-18 receiving mental health outpatient services³ in CY2021

³ See Table K for types of services included in this category.

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Category	Number of children & youth who received any mental health services	Percent of those who received mental health crisis services	Percent of total Medicaid or CHIP eligible children & youth in the demographic category
AGE			
0-4 years	40	0.78%	0.02%
5-11 years	1,132	22.21%	0.33%
12-18 years	3,924	77.01%	1.23%
GENDER			
Female	2,991	58.69%	0.68%
Male	2,105	41.31%	0.46%
Unknown			
RACE/ETHNICITY			
African American	715	14.03%	0.65%
American Indian	651	12.77%	1.03%
Asian	258	5.06%	0.40%
Hispanic or Latino	1,204	23.63%	0.42%
Native Hawaiian/Pacific Islander	195	3.83%	0.36%
White	4,611	90.48%	0.75%
Unknown	106	2.08%	0.08%
Total Served	5,096	100.00%	0.57%

Table D. Number of Medicaid or CHIP eligible children & youth ages 0-18 receiving mental health crisis services⁴ in CY2021

⁴ See Table K for types of services included in this category.

Table E. Number of Medicaid or CHIP eligible children & youth ages 0-18 receiving mental health community hospital or evaluation & treatment services⁵ in CY2021

Category	Number of children & youth who received any mental health services	Percent of those who received mental health mental health community hospital or evaluation & treatment service	Percent of total Medicaid or CHIP eligible children & youth in the demographic category
AGE			
0-4 years		•	
5-11 years	62	5.99%	0.02%
12-18 years	971	93.82%	0.30%
GENDER			
Female	714	68.99%	0.16%
Male	321	31.01%	0.07%
Unknown		•	
RACE/ETHNICITY			
African American	158	15.27%	0.14%
American Indian	138	13.33%	0.22%
Asian	55	5.31%	0.09%
Hispanic or Latino	255	24.64%	0.09%
Native Hawaiian/Pacific Islander	49	4.73%	0.09%
White	899	86.86%	0.15%
Unknown	19	1.84%	0.01%
Total Served	1,035	100.00%	0.12%

⁵ See Table K for types of services included in this category.

Category	Number of children & youth Medicaid or CHIP eligible ⁶	Percent of total Medicaid or CHIP eligible
GENDER		
Female	180,150	49.19%
Male	186,069	50.81%
Unknown	· ·	•
RACE/ETHNICITY		
African American	42,949	11.73%
American Indian	27,076	7.39%
Asian	27,941	7.63%
Hispanic or Latino	127,557	34.83%
Native Hawaiian/Pacific Islander	21,707	5.93%
White	266,852	72.87%
Unknown	42,842	11.70%
Total Medicaid/CHIP Eligible	366,219	100.00%

Table F. Total unduplicated number of Medicaid or CHIP eligible children ages 11 - 18 in CY2021

⁶ Total eligible: Total number of children and youth (11-18 years) who were Medicaid or CHIP eligible for at least one month during the reporting period.

Table G. Number of Medicaid or CHIP eligible children & youth ages 11-18 receiving any Substance Use Disorder (SUD) treatment and/or detox services⁷ in CY2021

Category	Number of children & youth who received any SUD services	Percent of those who received any SUD services	Percent of total Medicaid or CHIP eligible children & youth in the demographic category
GENDER			
Female	921	42.19%	0.51%
Male	1,262	57.81%	0.68%
Unknown			
RACE/ETHNICITY			
African American	291	13.33%	0.26%
American Indian	419	19.19%	0.67%
Asian	79	3.62%	0.12%
Hispanic or Latino	713	32.66%	0.25%
Native Hawaiian/Pacific Islander	96	4.40%	0.18%
White	1,876	85.94%	0.31%
Unknown	73	3.34%	0.05%
Total Served	2,183	100.00%	0.60%

⁷ See Table K for types of services included in this category.

Table H. Number of Medicaid or CHIP eligible children & youth ages 11-18 receiving outpatient Substance Use Disorder (SUD) services⁸ in CY2021

Category	Number of children & youth who received SUD outpatient services	Percent of those who received outpatient SUD services	Percent of total Medicaid or CHIP eligible children & youth in the demographic category	
GENDER				
Female	181	42.69%	0.10%	
Male	243	57.31%	0.13%	
Unknown				
RACE/ETHNICITY	RACE/ETHNICITY			
African American	50	11.79%	0.05%	
American Indian	71	16.75%	0.11%	
Asian	19	4.48%	0.03%	
Hispanic or Latino	130	30.66%	0.04%	
Native Hawaiian/Pacific Islander	26	6.13%	0.05%	
White	379	89.39%	0.06%	
Unknown		•	0.00%	
Total Served	424	100.00%	0.12%	

⁸ See Table K for types of services included in this category.

Table I. Number of Medicaid or CHIP eligible children & youth ages 11-18 receiving Substance Use Disorder (SUD) residential treatment⁹ in CY2021

Category	Number of children & youth who received SUD residential treatment	Percent of those who received SUD residential treatment	Percent of total Medicaid or CHIP eligible children & youth in the demographic category
GENDER			
Female	181	42.69%	0.10%
Male	243	57.31%	0.13%
Unknown			
RACE/ETHNICITY			
African American	50	11.79%	0.05%
American Indian	71	16.75%	0.11%
Asian	19	4.48%	0.03%
Hispanic or Latino	130	30.66%	0.04%
Native Hawaiian/Pacific Islander	26	6.13%	0.05%
White	379	89.39%	0.06%
Unknown			0.00%
Total Served	424	100.00%	0.12%

⁹ See Table K for types of services included in this category.

Table J. Number of Medicaid or CHIP eligible children & youth ages 11-18 receiving Substance Use Disorder (SUD) detox services¹⁰ in CY2021

Category	Number of children & youth who received SUD detox services	Percent of those who received SUD detox services	Percent of total Medicaid or CHIP eligible children & youth in the demographic category	
GENDER				
Female	181	42.69%	0.10%	
Male	243	57.31%	0.13%	
Unknown				
RACE/ETHNICITY	RACE/ETHNICITY			
African American	23	45.10%	0.01%	
American Indian	28	54.90%	0.02%	
Asian	•			
Hispanic or Latino				
Native Hawaiian/Pacific Islander	•			
White				
Unknown	•			
Total Served	18	35.29%	0.01%	

¹⁰ See Table K for types of services included in this category.

Disorder	Modality	Category
SUD	Withdrawal Management	SUD detox services
SUD	Intensive Inpatient Residential Services	SUD residential treatment
SUD	Residential Treatment	SUD residential treatment
SUD	Case Management	SUD outpatient services
SUD	MAUD	SUD outpatient services
SUD	MOUD	SUD outpatient services
SUD	Opiate Substitution Treatment	SUD outpatient services
SUD	Outpatient Treatment	SUD outpatient services
MH	Community hospital	Mental health community hospital
MH	Evaluation and treatment	Mental health evaluation & treatment
MH	Crisis Services	Mental health crisis services
MH	Stabilization Services	Mental health crisis services
MH	Any Outpatient Modality (mcg=2175, DBHR FFS)	Mental health outpatient services
MH	Care Coordination Services	Mental health outpatient services
MH	Child and Family Team Meeting	Mental health outpatient services
MH	Day Support	Mental health outpatient services
MH	Engagement and Outreach	Mental health outpatient services
MH	Entry Community Safety Program (ORCSP)	Mental health outpatient services
MH	Family Treatment	Mental health outpatient services
MH	Group Treatment Services	Mental health outpatient services
MH	High Intensity Treatment	Mental health outpatient services
MH	Housing And Recovery through Peer Services (HARPS)	Mental health outpatient services
MH	Individual Treatment Services	Mental health outpatient services
MH	Intake Evaluation	Mental health outpatient services
MH	Jail Services/Community Transition	Mental health outpatient services
MH	Medication Management	Mental health outpatient services
MH	Medication Monitoring	Mental health outpatient services
MH	Mental Health Services Provided in Residential Settings	Mental health outpatient services
MH	Native Clients (mcg=2070, HCA)	Mental health outpatient services
MH	Native Clients (mcg=2120, DBHR FFS)	Mental health outpatient services
MH	Outpatient Primary Care Services (mcg=2017, HCA)	Mental health outpatient services
MH	Outpatient Treatment Services (mcg=2016, HCA)	Mental health outpatient services

Table K. Categorization of SUD and mental health services

Disorder	Modality	Category
MH	Peer Support	Mental health outpatient services
MH	Psychological Assessment	Mental health outpatient services
MH	Rehabilitation Case Management	Mental health outpatient services
MH	Special Population Evaluation	Mental health outpatient services
MH	Supported Employment	Mental health outpatient services
MH	Therapeutic Psychoeducation	Mental health outpatient services
MH	Tribal Clinic Native American Clients (mcg=2018, HCA)	Mental health outpatient services
MH	Tribal Clinic Native American Clients (mcg=2119, DBHR FFS)	Mental health outpatient services

SOURCE: DSHS Research and Data Analysis Division, Client Outcomes Database, and Behavioral Health Service Summary Tables, August 2022.

Category	Numerator	Denominator	Rate
Age			
0 – 5 years	6,362	12,314	51.7%
6 – 12 years	35,511	53,674	66.2%
13 – 17 years	43,216	65,065	66.4%
GENDER			
Female	43,030	64,536	66.7%
Male	42,059	66,517	63.2%
RACE/ETHNICITY			
American Indian/Alaska Native	4,484	6,944	64.6%
Asian	2,120	3,420	62.0%
Black	7,190	11,177	64.3%
Hispanic	24,200	39,689	61.0%
Native Hawaiian/Pacific Islander	1,994	3,376	59.1%
White Alone, Non-Hispanic	41,246	60,348	68.3%
Unknown	6,448	10,189	63.3%
Total	85,089	131,053	64.9%

Section 2. Unmet need for behavioral health care for children and youth

Table A. Mental health treatment rate for children & youth ages 0-17 years in CY2021

Table B. Follow-up within 7 days and 30 days after emergency department visit for mental health for children & youth ages 6-17 years	
in CY2021	

Category	Follow-up within 7 days		Follow-up within 30 days		Total	
0 /	Numerator	Rate	Numerator	Rate	Denominator	
AGE						
6 – 12 years	344	68.7%	397	79.2%	501	
13 – 17 years	881	64.0%	1,044	75.9%	1,376	
GENDER						
Female	820	64.9%	962	76.1%	1,264	
Male	405	66.1%	479	78.1%	613	
RACE/ETHNICITY						
American Indian/Alaska Native	86	62.8%	97	70.8%	137	
Asian	23	57.5%	32	80.0%	40	
Black	115	60.8%	134	70.9%	189	
Hispanic	293	62.3%	340	72.3%	470	
Native Hawaiian/Pacific Islander	20	48.8%	26	63.4%	41	
White Alone, Non-Hispanic	659	68.5%	777	80.8%	962	
Unknown	79	69.9%	89	78.8%	113	
Total	1,225	65.3%	1,441	76.8%	1,877	

Category	Numerator	Denominator	Rate
Age			
6 – 12 years	30	597	5.0%
13 – 17 years	1,213	5,041	24.1%
GENDER			
Female	586	2,822	20.8%
Male	657	2,816	23.3%
RACE/ETHNICITY			
American Indian/Alaska Native	155	538	28.8%
Asian		68	•
Black	108	495	21.8%
Hispanic	332	1,694	19.6%
Native Hawaiian/Pacific Islander	28	107	26.2%
White Alone, Non-Hispanic	585	2,602	22.5%
Unknown	75	345	21.7%
Total	1,243	5,638	22.0%

Table C. Substance use disorder treatment rate for youth ages 13-17 years in CY2021

Table D. Follow-up within 7 days and 30 days after emergency department visit for alcohol and other drug dependence for youth ages 13-17 years in CY2021

Category	Follow-up within 7 days		Follow-up within 30 days		Total	
	Numerator	Rate	Numerator	Rate	Denominator	
GENDER						
Female	26	13.8%	38	20.2%	188	
Male	29	17.6%	43	26.1%	165	
RACE/ETHNICITY						
American Indian/Alaska Native			11	34.4%	32	
Asian						
Black			3	8.1%	37	
Hispanic	18	17.0%	31	29.2%	106	
Native Hawaiian/Pacific Islander						
White Alone, Non-Hispanic	30	18.4%	38	23.3%	163	
Unknown			•	•	19	
Total	55	15.6%	81	22.9%	353	

Section 3. Behavioral health provider workforce serving children and youth

Table A. Managed care network adequacy metrics for child & youth-serving individual mental health providers

мсо	Metric	Q1	Q2	Q3	Q4	Range Q1-Q4
	Total mental health providers	4172 - 10490	4172 - 9284	3845 - 7655	449 - 7477	449 - 10490
All	Child & youth serving mental health providers	130 - 9580	131 - 8565	69 - 5240	0 - 5228	0 - 9580
MCOs	Number of child & youth serving mental health providers accepting new clients	79 - 8361	83 - 7446	83 - 4889	0 - 4861	0 - 8361
	Percent of child & youth serving mental health providers accepting new clients	61% - 100%	60% - 100%	58% - 100%	NA - 100%	NA - 100%
	Total mental health providers	8005	8242	6930	449	449 - 8242
	Child & youth serving mental health providers	6885	131	69	0	0 - 6885
AMG	Number of child & youth serving mental health providers accepting new clients	6885	119	63	0	0 - 6885
	Percent of child & youth serving mental health providers accepting new clients	100%	91%	91%	NA	NA - 100%
	Total mental health providers	10425	8875	7630	7452	7452 - 10425
COM	Child & youth serving mental health providers	9525	8190	215	212	212 - 9525
CCW	Number of child & youth serving mental health providers accepting new clients	8302	7044	215	212	212 - 8302
	Percent of child & youth serving mental health providers accepting new clients	87%	86%	100%	100%	86% - 100%
	Total mental health providers	10490	9284	7655	7477	7477 - 10490
CCW-	Child & youth serving mental health providers	9580	8586	215	212	212 - 9580
IFC	Number of child & youth serving mental health providers accepting new clients	8361	7446	215	212	212 - 8361
	Percent of child & youth serving mental health providers accepting new clients	87%	87%	100%	100%	87% - 100%
	Total mental health providers	5207	6127	6003	4861	4861 - 6127
CUDW	Child & youth serving mental health providers	4566	5321	5240	5228	4566 - 5321
CHPW	Number of child & youth serving mental health providers accepting new clients	4260	4997	4889	4861	4260 - 4997
	Percent of child & youth serving mental health providers accepting new clients	93%	94%	93%	93%	93% - 94%
	Total mental health providers	6964	7047	7145	7242	6964 - 7242
	Child & youth serving mental health providers	130	139	142	146	130 - 146
МНС	Number of child & youth serving mental health providers accepting new clients	79	83	83	90	79 - 90
	Percent of child & youth serving mental health providers accepting new clients	61%	60%	58%	62%	58% - 62%
	Total mental health providers	4172	4172	3845	4090	3845 - 4172
	Child & youth serving mental health providers	3414	3414	3138	3293	3183 - 3414
UHC	Number of child & youth serving mental health providers accepting new clients	3414	3414	3138	3060	3060 - 3414
	Percent of child & youth serving mental health providers accepting new clients	100%	100%	100%	93%	93% - 100%

мсо	Metric	Q1	Q2	Q3	Q4	Range Q1-Q4
	Total SUD facilities	128 - 243	127 - 240	127 - 250	134 - 267	127 - 267
All	Youth serving SUD facilities	66 - 106	66 - 113	68 - 117	68 - 124	66 - 124
MCOs	Number of youth serving SUD facilities accepting new clients	66 - 106	66 - 113	68 - 117	68 - 124	66 - 124
	Percent of youth serving SUD facilities accepting new clients	100%	100%	98% - 100%	100%	98% - 100%
	Total SUD facilities	243	206	225	218	206 - 243
AMG	Youth serving SUD facilities	85	77	89	83	77 - 89
AIVIG	Number of youth serving SUD facilities accepting new clients	85	77	87	83	77 -87
	Percent of youth serving SUD facilities accepting new clients	100%	100%	98%	100%	98% - 100%
	Total SUD facilities	128	127	127	267	127 - 267
ccw	Youth serving SUD facilities	100	99	99	124	99 - 124
CCVV	Number of youth serving SUD facilities accepting new clients	100	99	99	124	99 -124
	Percent of youth serving SUD facilities accepting new clients	100%	100%	100%	100%	100%
	Total SUD facilities	128	142	127	267	127 - 267
CCW-	Youth serving SUD facilities	100	112	99	124	99 - 124
IFC	Number of youth serving SUD facilities accepting new clients	100	112	99	124	99 - 124
	Percent of youth serving SUD facilities accepting new clients	100%	100%	100%	100%	100%
	Total SUD facilities	229	240	250	250	229 - 250
CHPW	Youth serving SUD facilities	106	113	117	117	106 - 117
CHEW	Number of youth serving SUD facilities providers accepting new clients	106	113	117	117	106 - 117
	Percent of youth serving SUD facilities accepting new clients	100%	100%	100%	100%	100%
	Total SUD facilities	210	219	224	225	219 - 225
мнс	Youth serving SUD facilities	82	93	95	94	82 - 95
white	Number of youth serving SUD facilities accepting new clients	82	93	95	94	82 - 95
	Percent of youth serving SUD facilities accepting new clients	100%	100%	100%	100%	100%
	Total SUD facilities	135	135	134	134	134 - 135
UHC	Youth serving SUD facilities	66	66	68	68	66 - 68
one	Number of youth serving SUD facilities accepting new clients	66	66	68	68	66 - 68
	Percent of youth serving SUD facilities accepting new clients	100%	100%	100%	100%	100%

Table B. Managed care network adequacy metrics for youth-serving Substance Use Disorder (SUD) facilities

Section 4. Eating disorder diagnosis, treatment, and provider

Category	Number of children & youth Medicaid or CHIP eligible ¹¹	Percent of total Medicaid or CHIP eligible
AGE		
0-5 years	280,660	27.83%
6-11 years	304,944	30.23%
12-17 years	294,405	29.19%
18-20 years	128,577	12.75%
GENDER		
Female	514,298	50.99%
Male	494,287	49.01%
RACE/ETHNICITY		
African American	68,253	6.77%
American Indian	69,470	6.89%
Asian	120,124	11.91%
Hispanic or Latino	316,147	31.35%
Native Hawaiian/Pacific Islander	59,470	5.90%
White	677,049	67.13%
Unknown	84,549	8.38%
Total Medicaid/CHIP Eligible	1,008,586	100.00%

Table A. Total unduplicated number of Medicaid or CHIP eligible children and youth ages 0 – 20 in CY2020-2021

¹¹ Total eligible: Total number of children and youth (0-18 years) who were Medicaid or CHIP eligible for at least one month during the reporting period.

Category	Number of children & youth with an eating disorder diagnosis	Percent of those with an eating disorder diagnosis	Percent of total Medicaid or CHIP eligible children & youth in the demographic category
AGE			
0-5 years	1,559	24.62%	0.56%
6-11 years	930	14.69%	0.30%
12-17 years	2,607	41.18%	0.89%
18-20 years	1,235	19.51%	0.96%
GENDER			
Female	4,329	68.38%	0.84%
Male	2,002	31.62%	0.41%
RACE/ETHNICITY			
African American	500	7.90%	0.73%
American Indian	374	5.91%	0.54%
Asian	701	11.07%	0.58%
Hispanic or Latino	1,970	31.12%	0.62%
Native Hawaiian/Pacific Islander	209	3.30%	0.35%
White	4,917	77.67%	0.73%
Unknown	316	4.99%	0.37%
Total Served	6,331	100.00%	0.63%

Table B. Number of Medicaid or CHIP eligible children & youth ages 0-20 with an eating disorder diagnosis in CY2020-2021