

## Personalized diabetes support



The SEBB Program's diabetes management program (DMP) powered by Omada offers personal support from a care team including a health coach and certified diabetes specialist.

Your health coach helps you build healthy routines and diabetes specialists provide medication education along with advice on how to best manage meals for glucose control.

You will receive a welcome kit as part of the program. It includes smart devices like a blood glucose meter with an ongoing supply of test strips and lancets and a smart scale.\*

## The DMP helps you



Lower A1C



Build healthy eating habits



Promote weight loss

Gain more energy



Improve blood glucose control



**Reduce stress** 

## Check if you're eligible: omadahealth.com/wasebb



If you or your adult family members are living with diabetes and are enrolled in a Uniform Medical Plan (UMP) plan, your plan will cover the cost of the program. This may include a connected glucose meter with as many test strips as you need and a digital scale—all yours to keep. Call UMP Customer Service at 1-800-628-3481 (TRS: 711) for questions about the program eligibility requirements.

\*Certain features and smart devices are only available if you meet program and clinical eligibility requirements.

Images, including apps, do not reflect real members or information about a specific person.

The SEBB diabetes management program powered by Omada is available to SEBB UMP members. To learn about the diabetes management programs for Premera and Kaiser members, see <u>https://www.hca.wa.gov/sebb-diabetes</u>