

**Webinar**

Understanding Prediabetes and Diabetes

A webinar on preventing or managing diabetes

Learn how personal support and education can help prevent and manage prediabetes and diabetes. Having support along the way can make all the difference.

**November 13th****3 p.m. (Pacific)** **Register today**

The SEBB diabetes prevention program powered by Omada is available to SEBB members enrolled in Kaiser Permanente or Uniform Medical Plan (UMP) plans. Premera Blue Cross members have a different program available. Omada also offers a diabetes management program for SEBB members enrolled in UMP. To learn more about these programs, visit hca.wa.gov/sebb-diabetes.