



## Take your healthy habits on vacation

You have access to a diabetes prevention program powered by Omada that can help you stay on track while traveling.

→ Check if you're eligible: omadahealth.com/wasebb

The SEBB diabetes prevention program powered by Omada is available to SEBB members enrolled in Kaiser Permanente or Uniform Medical Plan (UMP) plans. Premera Blue Cross members have a different program available. Omada also offers a diabetes management program for SEBB members enrolled in UMP. To learn more about these programs, visit hca.wa.gov/sebb-diabetes.

