



# Diabetes Alert Day: March 26th

80 percent of people with prediabetes don't  
know they have it.

The SEBB Diabetes Prevention Program powered by Omada is available to members enrolled in Kaiser Permanente or UMP plans. Premera Blue Cross members have a different program.

See [hca.wa.gov/sebb-diabetes](https://hca.wa.gov/sebb-diabetes) to learn more.