

## Hey man... your health is too important.

Men, your loved ones rely on you. Help prevent type 2 diabetes and improve your health for them, and yourself.

Check if you're eligible: omadahealth.com/wasebb

The SEBB Diabetes Prevention Program powered by Omada is available to members enrolled in Kaiser Permanente or UMP plans. Premera Blue Cross members have a different program. Learn more at hca.wa.gov/sebb-diabetes.

