To: Potential Applicants

From: RFA Coordinator

Date: October 17, 2019

The purpose of Amendment six (6) is to provide the Pre-Application Conference (held October 9, 2019) slides to all interested parties.

Please note:

- All communication regarding this RFA must be directed to the RFA Coordinator at contracts@hca.wa.gov. All other communication will be considered unofficial and non-binding on HCA. Communication directed to parties other than the RFA Coordinator may result in disqualification of the potential Applicant.

- Applications are due November 1, 2019 by 2:00 p.m. PT.

Thank you,

Cassie Bryden
RFA Coordinator
contracts@hca.wa.gov
CBO RFA Grant Webinar

Welcome! We will begin shortly ~11:05 a.m.

It is always a good idea to close other windows.
If calling into the webinar via phone,
   click telephone button and
Be sure to enter your unique Audio PIN, if you haven’t already.

Trouble with the webinar?
   Email Alicia Hughes alicia.hughes@hca.wa.gov
Reminder: The webinar questions and answers will be posted. Please do not share confidential information.
**Webinar Controls**

- **Attendee List** - Displays all the participants in-session
- **Grab Tab** – Allows you to open/close the Control Panel, mute/unmute your audio (if the organizer has enabled this feature) and raise your hand
- **Hand** – click to raise hand. Click again to lower.
- **Audio pane** – Displays audio format. Click Settings to select telephone devices.
- **Questions pane** – Allows attendees to submit questions and review answers (if enabled by the organizer). Broadcast messages from the organizer will also appear here.
How to Raise your Hand

This means that your hand is down

This means that your hand is up
To make sure we can hear you today
Community Based Organizations (CBO’s) RFA #3882

Applications due 11/1/19 at 2 p.m.
Today’s Webinar

• Describe the intention of the RFA
• Explain the three funding sources State Opioid Response (SOR), Dedicated Marijuana Account (DMA), Mental Health Promotion Project (MHPP) and Suicide Prevention
• Required sections
• Questions and Answers
Purpose and Background

- Increase capacity to implement direct and environmental alcohol, tobacco, opioid, and other drug prevention services in high-need communities, as well mental health promotion Projects and suicide prevention projects.
- HCA/DBHR is not excluding any organization from applying, but will give priority to organizations serving high-need communities listed in Exhibit I.
- Organizations are encouraged to partner with Community Prevention and Wellness Initiative (CPWI) Coalitions or other Community Coalitions.
- HCA reserves the right to negotiate with the Apparent Successful Applicant (ASA) for project scope, including number of individuals served, and funding amounts. Special consideration during selection may include Community geographic location(s) to ensure distribution of projects statewide, overall Community risk ranking, and past performance of HCA/DBHR contracts.
# Time Line

<table>
<thead>
<tr>
<th>Action</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Request for Applications Released</td>
<td>9/27/2019</td>
</tr>
<tr>
<td>Questions Due</td>
<td>10/4/2019– 5 p.m. PT</td>
</tr>
<tr>
<td>Answers Posted</td>
<td>10/08/2019</td>
</tr>
<tr>
<td>Pre-Application Conference</td>
<td>10/9/2019 11–1 p.m. PT</td>
</tr>
<tr>
<td>Answers to RFA Questions Posted</td>
<td>10/11/2019</td>
</tr>
<tr>
<td>Applications Due</td>
<td>11/1/2019 – 2 p.m. PT</td>
</tr>
<tr>
<td>Evaluate Applications</td>
<td>11/7–11/14/2019</td>
</tr>
<tr>
<td>Announce “Apparent Successful Applicant”</td>
<td>11/22/2019</td>
</tr>
<tr>
<td>Notification sent via e-mail to unsuccessful Applicants</td>
<td>11/22/2019</td>
</tr>
<tr>
<td>Negotiate Contract</td>
<td>11/22/2019–12/15/2019</td>
</tr>
<tr>
<td>Hold Debriefing Conferences (if requested)</td>
<td>12/2/2019–12/4/2019</td>
</tr>
<tr>
<td>Begin Contract Work</td>
<td>12/15/2019</td>
</tr>
</tbody>
</table>
Overview of all projects

• The HCA Division of Behavioral Health and Recovery (HCA/DBHR) intends to increase capacity to implement direct and environmental alcohol, tobacco, opioid, and other drug prevention services in high-need communities, as well mental health promotion and suicide prevention projects.

• HCA/DBHR is not excluding any organization from applying, but will give priority to organizations serving the high-need communities listed in Exhibit I.
State Opioid Response (SOR) Allocation

• December 15, 2019 to September 29, 2020

• HCA has budgeted an amount not to exceed twenty-thousand dollars ($20,000) for single-site applicants and eighty-thousand dollars ($80,000) for multi-site applicants for the funding period.

## Opioid Prevention Programs and Strategies List *(must select at least one EBP)*

<table>
<thead>
<tr>
<th>Programs and Strategies</th>
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</tr>
</thead>
<tbody>
<tr>
<td>- Athletes Training and Learning to Avoid Steroids (ATLAS)</td>
<td>- Positive Action</td>
</tr>
<tr>
<td>- Big Brothers/Big Sisters of American (BBBS)</td>
<td>- Project Northland</td>
</tr>
<tr>
<td>(Community-based Mentoring)</td>
<td>- Project Towards No Drug Abuse</td>
</tr>
<tr>
<td>- Communities That Care (CTC)</td>
<td>- Raising Healthy Children</td>
</tr>
<tr>
<td>- Familias Unidas</td>
<td>- SPORT Prevention Plus Wellness</td>
</tr>
<tr>
<td>- Good Behavior Game (PAX)</td>
<td>- Strengthening Families Program: For Parents and Youth 10-14 (SFP 10-14)</td>
</tr>
<tr>
<td>- Guiding Good Choices</td>
<td>- Strong African American Families Program</td>
</tr>
<tr>
<td>- Life Skills Training (Botvin Middle School Version)</td>
<td></td>
</tr>
</tbody>
</table>

## Opioid Prevention Environmental/Information Dissemination Strategies List *(optional)*

<table>
<thead>
<tr>
<th>Strategies</th>
<th>Strategies</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Prescription Drug Monitoring Program (PMP) use promotion</td>
<td>- Social Norms</td>
</tr>
<tr>
<td>- Prescriber Education</td>
<td>- Safe storage and secure medicine take back programs</td>
</tr>
<tr>
<td>- School Policy</td>
<td></td>
</tr>
</tbody>
</table>
Dedicated Marijuana Account (DMA) Grant Allocation

• December 15, 2019 to June 30, 2021
• HCA has budgeted an amount not to exceed twenty-thousand dollars ($20,000) for single-site applicants and eighty-thousand dollars ($80,000) for multi-site applicants per year for two years.
## A. EBP/RBP

| □ Communities That Care (CTC)          | □ Positive Action                   |
| □ Community-Based Mentoring (Big Brothers/Big Sisters, Across Ages, Sponsor-a-Scholar, Career Beginnings, the Buddy System, or innovative design that must be approved by Mentoring Works WA) | □ Project Northland (may include Class Action) |
| □ Family Matters – (adapted for marijuana) | □ Project STAR                      |
| □ Good Behavior Game (PAX)            | □ Project Towards No Drug Abuse     |
| □ Guiding Good Choices                | □ Project Towards No Tobacco Use – (adapted for marijuana) |
| □ Incredible Years                    | □ PROSPER                           |
| □ Life Skills Training (Botvin Middle School Version) | □ SPORT Prevention Plus Wellness  |
| □ Lions Quest Skills for Adolescents  | □ Strengthening Families Program: For Parents and Youth 10-14 (SFP 10-14) |
| □ Nurse Family Partnerships           | □ Strong African American Families Program – (Ages 5-11 and Teen Version) |

## B. PP

| □ Athletes Training & Learning to Avoid Steroids (ATLAS) | □ Community Trials Intervention to Reduce High-Risk Drinking (adapted for youth marijuana use prevention) |
| □ Alcohol Literacy Challenge (ALC)                      | □ Policy Review and Development     |
| □ Athletes Training & Learning to Avoid Steroids       | □ Purchase Surveys couple w/ Reward & Reminder |
| □ Families Unidas                                       | □ Restrictions at Community Events |
| □ Keep Safe                                             | □ Social Norms Marketing (Information Dissemination) |
| □ Keeping It REAL                                       |                                           |
| □ Parent Management Training                            |                                           |
| □ Protecting You/Protecting Me                         |                                           |
Mental Health Promotion Project (MHPP) & Suicide Prevention Allocation

- December 15, 2019 to June 30, 2021
- HCA has budgeted an amount not to exceed twenty-thousand dollars ($20,000) for single-site applicants and eighty-thousand dollars ($80,000) for multi-site applicants per year for two years.
### A. Mental Health Promotion Options
(Must include EB/RB/P programs from the list below. Innovative programs are not permitted for this option.)

- [ ] Only Evidence-Based (EB) or Research-Based (RB) services are proposed.
- [ ] Only Promising Program (PP) services are proposed.
- [ ] Combination of EB/RB/PP program services proposed.

#### Evidence-Based (EB) & Research-Based (RB) Programs for Mental Health Promotion

- [ ] Good Behavior Game (GBG)*
- [ ] Lions Quest Skills for Adolescence*
- [ ] New Beginnings Program
- [ ] Positive Action*
- [ ] Primary Project*
- [ ] Guiding Good Choices*
- [ ] Incredible Years*
- [ ] Parent Corps
- [ ] Parenting Management Training – The Oregon Model (PMTO)
- [ ] Strengthening Families Program: For Parents and youth 10-14 (Iowa Version)*
- [ ] Project STAR
- [ ] SPORT Prevention Plus Wellness

#### Promising Programs (PP) for Mental Health Promotion

- [ ] Early Risers (Skills For Success)*
- [ ] Fourth R (Skills for Youth Leadership)*
- [ ] Second Step*
- [ ] Triple P (Positive Parenting Program)
- [ ] Chicago Parenting Program

### OR

### B. Suicide Prevention Options
(Must include EB/RB/P programs or identify approved Risk/protective factors from the lists in Form A).

For suicide prevention only, it is also allowable to implement a program or practice that is innovative. Innovative suicide prevention programs must include justification of a demonstrated need and how the principles of effectiveness were considered and incorporated in the development of the program [https://www.theathenaforum.org/CSAPPprinciples](https://www.theathenaforum.org/CSAPPprinciples). The Preventing Suicide: A Technical Package of Policy, Programs, and Practices may be a useful document to reference [https://www.cdc.gov/violenceprevention/pdf/suicidetechnicalpackage.pdf](https://www.cdc.gov/violenceprevention/pdf/suicidetechnicalpackage.pdf).

- [ ] Only Evidence-Based (EB) or Research-Based (RB) services from the list below are proposed.
- [ ] Only Promising Program (PP) services from the list below are proposed.
- [ ] Only Innovative Program services are proposed.
- [ ] Combination of EB/RB/PP/IP program services proposed (Innovative Programs are allowed for suicide prevention efforts only).
Single vs. Multi-Site Applicants

- Single-Site Applications qualify an Applicant to serve one or more communities within a school district or public hospital district, city, or county.
- Multi-Site Applications qualify an Applicant to serve more than one Community with a regional (multiple county) or statewide service delivery. For more information, please see Section 1.8, Definitions.
Scope of Work

• Implement the approved Action Plan located in each Exhibit G packet of the application.
  – The Action Plan will include approved program(s) from the list(s) of approved programs on Exhibit A: Application Face Page.
  – Programs must be implemented as proposed in the Applicants’ approved Project Narrative, Action Plan, and Budget including; approved program(s), dates & timelines, scope, dosage, Target Audience(s), leadership, and responsible parties.

• Funds must be used to support program costs including staff for program planning, training, implementation, reporting and evaluation.
Scope of Work continued

• Enter approved implementation Action Plan into the Substance Use Disorder Prevention and Mental Health Promotion Online Reporting System (Minerva) no more than 30 days following Contract execution.

• Complete monthly reporting in Minerva, including all required data, by the 15th of the month following the month of services, including required pre/post-test data. Resources on the Minerva system can be found at http://theathenaforum.org/MKB.
Scope of Work continued

• Participate in HCA/DBHR learning Community meetings every other month, and other required trainings.
  – Additional information can be found on The Athena Forum Calendar at https://www.theathenaforum.org/event-calendar/month

• Participate in monthly check-in phone calls with Contract Manager or designee.
Application Contents

- Application Face Page (Exhibit A)
- Signed Certifications and Assurances (Exhibit B)
- Diverse Business Inclusion Plan (Exhibit C)
- Signed Contractor Certification Executive Order 18-03 (Exhibit D)
- Applicant Intake Form (Exhibit E)
- FFATA Form (Exhibit F)
- Funding Source Packets (Exhibit(s) G)

- Each Funding Source Packet must include the following:
  - Funding Source Program Selection Form
  - Project Narrative
  - Action Plan
  - Budget (Exhibit(s) H)

- Letter(s) of Support
Project Narratives

- Applicants must prepare a separate Project Narrative for each funding source being applied for SOR, DMA, and/or MHPP. For example, if the Applicant is applying for both DMA and MHPP, two Project Narratives are required.

- Each Project Narrative, without letters of support, must not exceed ten (10) pages total. Project Narratives exceeding the page limit may be disqualified from further consideration.
Action Plan

• The Action Plan must be completed in the order presented. Applicants must prepare a separate Action Plan for each funding source project (SOR, DMA, and/or MHPP). For example, if the Applicant is applying for both DMA and MHPP, two Action Plans are required.

• The Action Plan(s) will be scored based on how well the Applicant completes the table outlining the programs and strategies that the Applicant intends to implement.
Budget

• The Budget (Exhibit(s) H) must be completed in the order presented. Applicant must prepare a separate Budget for each funding source project (SOR, DMA, and/or MHPP). For example, if the Applicant is applying for both DMA and MHPP, two budgets are required.

• The Budget(s) will be scored based on how well the Applicant answers each question. Applicant responses will be evaluated based on clear and complete responses.
# Evaluation and Scoring

<table>
<thead>
<tr>
<th>PROJECT NARRATIVE</th>
<th>MAXIMUM POINTS Available</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Overview</td>
<td>20</td>
</tr>
<tr>
<td>2. Plan for Advancing Health Equity</td>
<td>10</td>
</tr>
<tr>
<td>3. Implementation</td>
<td>30</td>
</tr>
<tr>
<td>4. Budget</td>
<td>10</td>
</tr>
<tr>
<td>5. Contractor Certification Executive Order 18-03</td>
<td>2</td>
</tr>
</tbody>
</table>

**APPLICATION TOTAL**

| 6. Bonus Points Available                                      | 10                       |
| • Up to 5 points if Applicant serves a high-need Community on the list in Exhibit I. |
| • Up to 5 points if the Applicant plans to collaborate with an existing CPWI Community or coalition. |

**APPLICATION TOTAL - WITH BONUS POINTS**: 82
Questions and Answers

• Please submit ALL questions in writing via the question portal on the webinar.
• Answers to questions during RFA will be posted by EOD 10/11/19