



Personalized diabetes support



The PEBB Program's diabetes management program (DMP) powered by Omada offers personal support from a care team including a health coach and certified diabetes specialist.

Your health coach helps you build healthy routines and diabetes specialists provide medication education along with advice on how to best manage meals for glucose control.

You will receive a welcome kit as part of the program. It includes smart devices like a blood glucose meter with an ongoing supply of test strips and lancets and a smart scale.*

The DMP helps you



Lower A1C



Promote weight loss



Improve blood glucose control



Build healthy eating habits



Gain more energy



Reduce stress

Check if you're eligible: omadahealth.com/wapebb



If you or your adult family members are living with diabetes and are enrolled in Uniform Medical Plan (UMP), it will cover the cost of the program. Call UMP Customer Service at 1-800-628-3481 (TRS: 711) for questions about the program eligibility requirements.

*Certain features and smart devices are only available if you meet program and clinical eligibility requirements. Images, including apps, do not reflect real members or information about a specific person.

The PEBB diabetes management program powered by Omada is available to PEBB UMP members. To learn about the diabetes management programs for Kaiser members, visit hca.wa.gov/pebb-diabetes.