



Webinar

# Travel Healthy This Summer

with the PEBB diabetes prevention program powered by Omada

Do you have travel plans for the summer? If you do, chances are, you're in good company. For adults, summer is a time to take some sort of a trip.

Join us to learn tips to stay focused on your health goals — whether you're taking a light somewhere, heading out on a road trip, or even planning to enjoy some extended time close to home.



**August 6**



**12pm (Pacific)**



← **Register today**