

Q2 PEBB Wellness Benefit Promotion and Training Planning Calendar

Promotion Materials <i>Use anytime in 2023</i>	April	May	June
<p>SmartHealth</p> <ul style="list-style-type: none"> Overview video Success Stories video WBA toolkit Flyer, Article, Message 2023 SmartHealth Flyer Support for your well-being in 2023 Message <p>Diabetes Prevention Program</p> <ul style="list-style-type: none"> Omada materials <p>Living Tobacco Free Program</p> <ul style="list-style-type: none"> Every try counts Message 	<p>SmartHealth</p> <ul style="list-style-type: none"> Washington Moves Event April 17 through April 28 <p><i>We will email you when materials to promote this event are available.</i></p>	<p>WA Wellness Training <i>Taking the Lead, Engagement Strategies</i> Tuesday, May 9 10:30 a.m. to noon</p> <p><i>We will email you training information and a link to register.</i></p>	<p>Limeade Training <i>Burnout Prevention</i> Thursday, June 8 12:00 to 12:30 p.m.</p> <p><i>We will email you training information and a link to register.</i></p>
<p>Other resources for wellness coordinators</p> <ul style="list-style-type: none"> Washington Wellness Program Training Modules Meetings and Materials (Training registration, presentations, and resources). Accessing SmartHealth guide SmartHealth Q2 Library Custom SmartHealth activity request form <p>Where employees can learn more</p> <ul style="list-style-type: none"> SmartHealth <ul style="list-style-type: none"> Overview video Success Stories video Diabetes Prevention Program Living Tobacco Free Program <div data-bbox="1341 1008 1827 1219" style="border: 1px solid black; padding: 10px; margin-top: 20px;"> <p>Contact Washington Wellness or your Health Promotion Consultant for support building, sustaining, or enhancing your workplace wellness program.</p> </div>			