

Washington System of Care Statewide FYSPRT

Date: November 17, 2020 **Time:** 9:00am – 12:00pm
Location: Online meeting

50 attendees representing the following: Beacon Health Options of Washington, Community Health Plan of Washington, Coordinated Care Washington, Department of Children Youth and Families, Department of Health, Developmental Disabilities Administration, Division of Behavioral Health and Recovery, Family Alliance Washington, Great Rivers Regional FYSPRT, Great Rivers Behavioral Health Administrative Services Organization, Greater Columbia FYSPRT, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), Hope Agency/SPARK, King County Behavioral Health Administrative Services Organization, King County Family and Youth Council (King County Regional FYSPRT), Molina Healthcare of Washington, North Central WA Regional FYSPRT, North Sound Youth and Family Coalition, North Sound Behavioral Health Administrative Services Organization, Northeast FYSPRT, Office of Superintendent of Public Instruction, Passages Family Support, Salish Behavioral Health Administrative Services Organization, Salish Regional FYSPRT, Southwest Regional FYSPRT, System of Care Partnership (Thurston Mason Regional FYSPRT), United Healthcare, Washington State Community Connectors, and Youth MOVE.

Facilitators – Michelle Karnath, Gabriel Hamilton and Nicole Miller (Statewide FYSPRT Tri-Leads)

Timekeeper – Tri-Lead Team

Notes – Kaitlynn/Kris

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
<p>Welcome and introductions</p> <p>Statewide FYSPRT Tri-Leads</p> <p>9:00 – 9:30</p>	<p>Brief Zoom meeting guidelines provided for this online meeting.</p> <p>Attendees introduced themselves and identified their role, agency, organization and/or Regional FYSPRT they were representing.</p> <p>Reviewed the Full Value agreement, no changes were made.</p>	n/a	n/a	n/a
<p>Reflection on Statewide FYSPRT accomplishments from 2020</p> <p>Statewide FYSPRT Tri-Leads</p> <p>9:30 – 9:40</p>	<p>Topic Purpose – at the November 2019 Statewide FYSPRT meeting, the group participated in an activity to identify changes or topics the group wanted to see for 2020, although there are still things to accomplish, this reflects what was accomplished in 2020.</p> <p>One year ago, at the November 2019 Statewide FYSPRT meeting, the Statewide FYSPRT participants identified changes or topics they wanted to see for 2020 in regards to the Statewide FYSPRT meetings. The information was compiled into themes and we wanted to loop back with the group around what has been accomplished in the past year. Some highlights include technical assistance around youth engagement and leadership, diversity keynote at the FYSPRT Symposium, respite challenge moved forward, and shortened meeting duration</p> <p>Then the group discussed items they would like to see happen in the future such as invitations and reach out to community members such as law enforcement, education systems, tribal partners in addition to youth organization to promote youth voice and choice.</p>	<p>For more information about 2020 accomplishments, email kristen.royal@hca.wa.gov for the handout provided during the meeting.</p>	n/a	n/a

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or Children’s Behavioral Health Executive Leadership Team that include youth, family and system partner voice.

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<p>Wraparound with Intensive Services (WISe) activity follow up</p> <p>Division of Behavioral Health and Recovery WISe team</p> <p>9:40 – 10:10</p>	<p>Topic Purpose – at the February 2020 Statewide FYSPRT meeting, the group participated in an activity to identify strengths and challenges/opportunities around WISe implementation. Recognizing there are still things to accomplish, this activity will reflect on progress around opportunities.</p> <p>The Division of Behavioral Health and Recovery WISe Team attended to share some information around progress related to the challenges/opportunities identified during an activity at the February 2020 meeting.</p> <p>Some of the themes from the February 2020 activity were crisis response, more peers needed, culturally diverse staff, workforce/turnover, skill level training, waiting/interest list, and more youth and families at FYSPRTs. Coaching, technical assistance and webinar/trainings are being offered to help address the challenges.</p> <p>The group then discussed options for providing guidance;</p> <ul style="list-style-type: none"> - Provide a guidance document on CLIP discharge to WISe. - MCO’s increasing capacity: The concern is workforce capacity and transitions 	<p>For more information about activities happening to address these challenges, email kristen.royal@hca.wa.gov for the handout provided during the meeting. Or contact WISesupport@hca.wa.gov.</p>	<p>n/a</p>	<p>n/a</p>
<p>Break – 10 minutes</p>				
<p>Mapping our Youth Organizations, Programs and Groups</p> <p>Youth MOVE Team</p> <p>10:20 – 11:20</p>	<p>Topic Purpose – continuing technical assistance with Youth MOVE National to increase youth engagement in the Statewide FYSPRT</p> <p>Over a year ago, Youth MOVE National, started providing technical assistance to some Regional FYSPRTs around the engagement of youth and young people. The Statewide FYSPRT Tri-lead team also decided to participate in the technical assistance for the Statewide FYSPRT. After reviewing the Statewide FYSPRT results for the Youth Voice on Councils (YVOC) assessment at the last meeting and engaging participants in some small group activities, it was decided to complete a mapping activity during this meeting to get a sense of youth organization, programs, and groups across the state and also do some small group activities to start to identify ideas and content for what to possibly include in an invite.</p> <p>Youth MOVE utilized Menti.com to ask the group about the regions represented, youth-led initiatives and/or programs, and a personal connection at the initiative or program.</p> <p>After the Menti poll, Youth MOVE split the group up into smaller breakout groups to create an elevator pitch. The pitch is meant to be short and sweet, but bring information about FYSPRT to the audience. The group then came back together to report out on the themes of the small group dialogues.</p> <p>Themes: youth having access to funds, youth voice and choice, teaching parents to step back so youth can step up, inviting people to learn, hope, collaboration, adjusting pitches as needed based on audience.</p>	<p>Youth MOVE will compile information collected through the Menti poll and also the ideas for content on invitation for youth.</p> <p>Next step sharing information gathered back to the Statewide FYSPRT along with possible next steps.</p>	<p>Youth MOVE and Statewide FYSPRT Tri-lead team.</p>	<p>January 2021</p>
<p>Break – 10 minutes</p>				

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<p>What is happening in children and youth behavioral health?</p> <p>MaryAnne Lindeblad, Representative Lisa Callan, Representative Lauren Davis</p> <p>11:30 – 12:00</p>	<p>Topic Purpose – update from the Youth and Young Adult Continuum of Care Subgroup and the Children and Youth Behavioral Health Work Group</p> <p>In 2019, the Children and Youth Behavioral Health Work Group (the Work Group) recommended replacing the Children’s Behavioral Health Executive Leadership Team with a FYSPRT connected subgroup of the Work Group. This subgroup is called the Youth and Young Adult Continuum of Care (YYACC) Subgroup. The following team was invited to share updates around what is happening at the legislative level around children and youth behavioral health services:</p> <p>MaryAnne Lindeblad, Medicaid Director at the Health Care Authority, Co-Chair of the Work Group</p> <p>Representative Lisa Callan, Co-Chair of the Work Group</p> <p>Representative Lauren Davis, Lead, Youth and Young Adult Continuum of Care subgroup</p> <p>MaryAnne Lindeblad kicked us off by giving a brief introduction to the Children and Youth Behavioral Health Work group:</p> <ul style="list-style-type: none"> ○ Brings together legislators, providers, agencies, advocates, and people with lived experience since 2016 to address access issues. ○ Makes recommendations each fall to the Legislature and the Governor for improvements for the next year’s legislative session. ○ Expanded scope to include young adults, acknowledging people between the ages of 16-25 have unique needs. ○ 2020 legislation (House Bill 2737): <ul style="list-style-type: none"> ▪ Added 2 youth/young adults with lived experience as Work Group members. ○ Created a new subgroup – Youth and Young Adult Continuum of Care (YYACC) – to receive challenges not able to be resolved by the Statewide FYSPRT. Like other subgroups, the YYACC prioritizes issues presented from across the continuum of care and brings them to the Work Group as a whole. <p>All meetings – the Work Group and the Subgroups – are open public meetings. <i>E-mail cybhwg@hca.wa.gov to get on the mailing list.</i></p> <p>We then discussed proposed recommendations that were submitted to the legislature from the Children and Youth Behavioral Health Work Group. Proposed recommendations are as follows:</p> <ul style="list-style-type: none"> - Legislation to increase workforce; was previously vetoed because of budget cuts due to the pandemic. - Expansion of specialized youth mobile crisis response (YYACC) 	<p>For more information or to be added to the mailing list, please send an email to cybhwg@hca.wa.gov</p>	<p>n/a</p>	<p>n/a</p>

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	<ul style="list-style-type: none"> - Changing Medicaid Policy to support developmentally appropriate assessment for 0-5 - Establishing Behavioral Health Training Clinic enhancement rate - Expanding the Student Loan Repayment program for behavioral health professionals - Exploring waiver options for youth behavioral health respite (YYACC, FYSPRT) - Expanding availability of youth and family peer services across the continuum of care, reducing barriers to entry and retention, enhancing diversity, and ensuring that peers are supported in their recovery. - Supporting current efforts to assess and improve telehealth and reduce racial and income disparities in accessing these services. - Requiring culturally responsive continuing education training for behavioral health professionals. <p>Youth and Young Adult Continuum of Care (YYACC) brought forward recommendations and the group shared their perspectives.</p> <ul style="list-style-type: none"> - More peer support access - Removing barriers to enter the field; more diverse workforce - Replacing law enforcement with crisis response in non-dangerous situations - Transition plan after care; Senate Bill 6560 included in the recommendations - Youth behavioral health respite <p>Question: How are we going to address rural communities and lack of services?</p> <ul style="list-style-type: none"> - Working with plans, providers, communities - Capacity issues - Workforce - Educating on systems - Providing more alternatives <p>Due to the impact of the state budget as a result of COVID-19, state budget may be a barrier for some of these recommendations.</p>			
<i>Next Statewide FYSPRT Meeting date – to be determined</i>				

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