

# Washington System of Care Statewide FYSPRT

**Date:** February 23, 2021    **Time:** 9:00am – 11:30am

**Location:** Online meeting

**Approximately 70 attendees representing the following:** Attorney General, Beacon Health Options of Washington, Community Health Plan of Washington, Coordinated Care Washington, Department of Children Youth and Families, Department of Health, Division of Behavioral Health and Recovery, Family Alliance Washington, Great Rivers Regional FYSPRT, Great Rivers Behavioral Health Administrative Services Organization, Greater Columbia FYSPRT, Greater Columbia Administrative Services Organization, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), Hope Agency/SPARK, King County Behavioral Health Administrative Services Organization, King County Family and Youth Council (King County Regional FYSPRT), Molina Healthcare of Washington, North Central WA Regional FYSPRT, North Sound Youth and Family Coalition, North Sound Behavioral Health Administrative Services Organization, Northeast FYSPRT, Passages Family Support, Salish Behavioral Health Administrative Services Organization, Salish Regional FYSPRT, Southwest Regional FYSPRT, System of Care Partnership (Thurston Mason Regional FYSPRT), United Healthcare, Washington State Community Connectors, and Youth MOVE.

**Facilitators** – Michelle Karnath, Gabriel Hamilton and Nicole Miller (Statewide FYSPRT Tri-Leads)

**Timekeeper** – Tri-Lead Team

**Notes** – Kaitlynn/Kris

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
<p><b>Welcome</b></p> <p>Statewide FYSPRT Tri-Leads</p> <p>9:00 – 9:20</p>	<p>Shared land acknowledgement and reviewed Statewide FYSRPT goals.</p> <p>Brief Zoom meeting guidelines provided for this online meeting.</p> <p>Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSPRT they were representing.</p>	<p>n/a</p>	<p>n/a</p>	<p>n/a</p>
<p><b>Full Value Agreement – Review and dialogue</b></p> <p>Statewide FYSPRT Tri-Leads</p> <p>9:20 – 9:50</p>	<p><b>Topic Purpose</b> – Ensuring this a safe space and that we are showing that all perspectives are valued</p> <p>Reviewed the full value agreement. Invited conversation about the full value agreement posing questions such as: is anything missing? What could we do better? How do we ensure we are balancing the voice of all perspectives? And if not following the full value agreement, how do we create a safe space to identify it and address it?</p> <p>Dialogue around “Youth/Family friendly language” from the full value agreement identifying that everyone has different versions of what they view as appropriate language and that we want people to show up as they are. We discussed updating the full value agreement to include space for different conversations and language and to speak and share with respect, honor, and grace.</p> <p>Dialogue around how to honor the full value agreement included sharing the full value agreement with the agenda before the meeting so each person has access to it ahead of time and trust the Statewide FYSPRT Tri-leads to remind participants about the agreement if needed. Participants request that a private conversation happen outside of the meeting instead of calling people out with the goal of empowering participants and supporting their voice. Some participants identified interest in being part of a subgroup to talk about the full agreement in more detail.</p>	<p>Email current full value agreement with the meeting agenda.</p> <p>Identify next steps to potentially develop a subgroup to look at the full value agreement.</p>	<p>Statewide FYSPRT Tri-lead team</p> <p>Statewide FYSPRT Tri-lead team</p>	<p>For future meetings</p> <p>March 2021</p>

### Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
<p><b>Regional FYSVRT successes from 2020 and what the Regional FYSVRTs are working on in 2021 – Part 1</b></p> <p>Regional FYSVRTs</p> <p>9:50 – 10:20</p>	<p><b>Topic Purpose</b> – Per evaluation feedback – hearing about what is happening in the Regional FYSVRTs</p> <p>One theme we consistently see in the evaluations around topic ideas for future meetings is hearing from the Regional FYSVRTs about what is happening in their region. All Regional FYSVRTs have the opportunity on today’s agenda, either in this part of the agenda or towards the end of the meeting, to share their successes from 2020 and what they are working on in 2021. The below are summaries of what 5 Regional FYSVRTs identified. For additional information, please reach out to the Regional FYSVRT Tri-leads by accessing the <a href="#">Statewide FYSVRT Contact List</a> or to the Regional FYSVRT Coordinators through contact information identified on the <a href="#">How To Find Your Regional FYSVRT</a> document.</p> <p>Great Rivers Regional FYSVRT - successes of 2020 were being able to keep local FYSVRTs and the regional FYSVRT going even with COVID-19. Focus was on the revamping of groups and by January all the local FYSVRTs had adapted to the new virtual environment. Because of the convenience of the virtual platform, youth and family participation increased. 2021 work includes conducting a survey to see how we can improve, how the region is doing, what we can learn more about that we are not hearing at meetings, social media outreach, and reaching out to community organizations to help get youth connected.</p> <p>Greater Columbia Regional FYSVRT – no report</p> <p>HI-FYVE (Pierce FYSVRT) - successes from 2020 were continuing to meet virtually. The youth tri-lead position for the region was filled. Also started mailing out gift cards with a thank you card. 2021 work includes filling the position of the HI-FYVE/Pierce FYSVRT convener and having more activities focused on youth.</p> <p>King County Family and Youth Council - successes from 2020 included doubling the number of tri-leads from 3 to 6 and increasing participation in regional meetings. 2021 work includes increasing youth participation and bringing the SPARK Program to King County.</p> <p>North Central WA Regional FYSVRT - successes of 2020 were continuing to meet virtually, expanding to other counties, and getting creative with outreach, engagement, and feedback. 2021 work includes making meetings more interactive, such as entering a raffle when joining a meeting or having audio only meetings to get a break from screens.</p>	<p>Feel free to reach out to the Regional FYSVRTs for additional information.</p>	<p>Those interested.</p>	<p>Anytime</p>
<p><b>Break – 10 minutes</b></p>				

**Statewide FYSVRT Goals**

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSVRTs and state partners and develop collective recommendations to share with Statewide FYSVRT members, Regional FYSVRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
<p><b>Recruitment and Invitation Template dialogue</b></p> <p>Youth MOVE Team</p> <p>10:30 – 11:00</p>	<p><b>Topic Purpose</b> – having a usable, modifiable recruitment template available for all FYSPRTs</p> <p>Johanna Bergan and Madeline Zielinski from Youth MOVE led us in a discussion about the recruitment template that was created based on feedback and ideas gathered during small group dialogue at the November 2020 Statewide FYSPRT.</p> <p>The <a href="#">FYSPRT recruitment template</a> is focused on youth/young adult invitations and engagement in the FYSPRTs however, can be modified to invite a family, system partner or community representative to attend a FYSPRT as well. It can be used by the statewide, regional, or local FYSPRTs, and can be customized to fit the need/style/voice of the region.</p> <p>Some things to consider during recruitment and invitation are the invitation process including follow through and follow up, using a mentor/buddy system, the participant’s first meeting experience, and orientation or onboarding.</p> <p>Group dialogue around what supports are currently available to youth attending their first meeting. And what supports would participants like to see in place to support new youth members?</p> <p>Some supports identified by participants that are currently available to help with engagement include providing incentives (gift card, stipends), creating a welcoming space for new members, ice breakers during the meetings, youth led meetings and youth only meetings. Ideas for supports that are still needed are new ideas or thoughts around incentive to participate, social media reach outs or shout outs, having a dedicated person be with new members and creating a gift raffle that new members are entered into when they join.</p> <p>Youth MOVE also posed some questions to process and think about next including “how can you envision using these templates?”, “is there anything else that would support you in inviting youth?” and “what is one thing you can do to extend an invitation to a youth person to join a FYSPRT activity?”</p>	<p>Kris will send out a link to the recruitment template for all to be able to access and will include the link in these notes.</p> <p><a href="#">FYSPRT recruitment template</a></p>	<p>Kris</p>	<p>Early March 2021</p>
<p><b>Regional FYSPRT successes from 2020 and what the Regional FYSPRTs are working on in 2021 – Part 2</b></p> <p>Regional FYSPRTs</p> <p>11:00 – 11:30</p>	<p><b>Topic Purpose</b> – Per evaluation feedback – hearing about what is happening in the Regional FYSPRTs</p> <p>This is part 2 of this topic started earlier in the meeting, for all regions to have an opportunity to share their successes from 2020 and what they are working on in 2021. The below are summaries of what 5 more Regional FYSPRTs identified. For additional information, please reach out to the Regional FYSPRT Tri-leads by accessing the <a href="#">Statewide FYSPRT Contact List</a> or to the Regional FYSPRT Coordinators through contact information identified on the <a href="#">How To Find Your Regional FYSPRT</a> document.</p> <p>North Sound Family and Youth Coalition - successes in 2020 included doubling their regular attendance, including an increase in family participation because of the virtual platform and sending gift cards to those who did evaluations. Also partnered with new organizations in Whatcom County, gained a new family tri-lead and</p>	<p>Feel free to reach out to the Regional FYSPRTs for additional information.</p>	<p>Those interested.</p>	<p>Anytime</p>

**Statewide FYSPRT Goals**

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
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	<p>system tri-lead. 2021 work includes recruiting youth in a data driven project from an anti-racist framework and make recommendations for developing an outreach plan.</p> <p>Northeast FYSPRT - successes of 2020 included virtual meetings creating more participation (convenience of not having to travel long distances to attend), participating in Youth MOVE technical assistance. 2021 work includes re-branding fliers/promotional materials, doing more outreach to tribal communities, continuing with Youth MOVE technical assistance to increase youth participation, hoping to attend resource fairs with schools reopening, creating and sending out welcome packages with the Northeast FYSPRT information and creating an event outside of the regular meetings to “break the ice” between family, youth and system partners in addition to exploring alternative meeting locations or hubs to connect with rural areas.</p> <p>Salish FYSPRT- successes of 2020 included increasing participation by approximately 200% due to going virtual, welcoming additional tri-leads, wonderful guest speakers at our meetings. 2021 work includes updating our informational documents to be more colorful and informative, restructuring how we run our regional meetings to make it more fluid and less formal (business at the end of the agenda) and increasing our emphasis on inclusion of tribes and frontier communities.</p> <p>Southwest FYSPRT - successes of 2020 included the increased use of advertising through social media to bring people to FYSPRT meetings and creating a virtual space for connection. Also started “Meaningful Movies” where a movie is shown virtually. 2021 work includes showing more movies/videos on things affecting today’s youth, continuing “Adulthood 101” to share information about things young adults might wish were taught in school (in partnership with the Healthy Transitions Grant), starting a newsletter with meeting and community information and continually having conversations around our intentionality with diversity, equity, and inclusion.</p> <p>System of Care (SOC) Partnership (Thurston/Mason) - successes of 2020 included completed a marketing video to support the SOC Hub (with support from Thurston Youth Alive and Thurston County Health Department grant from the Health Care Authority). In response to meeting evaluations, created additional space including an intentional pause after asking the group for questions/comments to make sure all participants had time to think and prepare to speak. Completed work on the Behavioral Health Services Matrix with one small update in January 2021 and a workgroup of 3 clinicians and 5 parents worked on a family friendly behavioral health assessment guide in 2020 (completed in February 2021). Work in 2021 includes a focus on increasing participation of representatives from marginalized populations and in partnership with Youth MOVE National started offering on online monthly youth-only System of Care meeting.</p>			
<b><i>Next Statewide FYSPRT Meeting</i></b>				
Tuesday, May 25, 2021 9am – noon, Online meeting				

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