

## Washington System of Care Statewide FYSPRT

**Date:** August 13, 2020    **Time:** 9:00am – 12:00pm

**62 attendees representing the following:** Beacon Health Options of Washington, Coordinated Care Washington, Department of Children Youth and Families, Department of Commerce/Office of Homeless Youth, Department of Health, Developmental Disabilities Administration, Division of Behavioral Health and Recovery, Family Alliance Washington, Great Rivers Regional FYSPRT, Great Rivers Behavioral Health Administrative Services Organization, Greater Columbia FYSPRT, Greater Columbia Behavioral Health Administrative Services Organization, Health Care Authority, HI-FYVE (Pierce Regional FYSPRT), King County Behavioral Health Administrative Services Organization, King County Family and Youth Council (King County Regional FYSPRT), Molina Healthcare of Washington, North Central WA Regional FYSPRT, North Sound Youth and Family Coalition, North Sound Behavioral Health Administrative Services Organization, Northeast FYSPRT, Passages Family Support, Salish Behavioral Health Administrative Services Organization, Salish Regional FYSPRT, Southwest Regional FYSPRT, Southwest FYSPRT, System of Care Partnership (Thurston Mason Regional FYSPRT), Washington State Community Connectors, and Youth MOVE.

**Facilitators** – Michelle Karnath, Gabriel Hamilton and Nicole Miller (Statewide FYSPRT Tri-Leads)

**Timekeeper** – Tri-Lead Team

**Notes** – Kaitlynn/Kris

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
<p><b>Welcome and introductions</b></p> <p>Statewide FYSPRT Tri-Leads</p> <p>9:00 – 9:20</p>	<p>Brief Zoom meeting guidelines provided for this online meeting.</p> <p>Attendees introduced themselves and identified their role, agency, organization and/or Regional FYSPRT they were representing.</p> <p>Reviewed the Full Value agreement, no changes were made.</p>	n/a	n/a	n/a
<p><b>Youth and Young Adult Continuum of Care (YYACC) Subgroup and respite update</b></p> <p>Liz Venuto and Statewide FYSPRT Tri-Leads</p> <p>9:20 – 9:35</p>	<p><b>Topic Purpose</b> – update about the Youth and Young Adult Continuum of Care Subgroup of the Children’s Behavioral Health Work Group and a brief update on the respite challenge dialogued about at the June Statewide FYSPRT meeting</p> <p>In 2019, the Child and Youth Behavioral Health Work Group (CYBHWG) recommended replacing the Children’s Behavioral Health Executive Leadership Team with a FYSPRT Subgroup of the Work Group. In the last few months, the name of the Subgroup has changed from the FYSPRT Subgroup to the Youth and Young Adult Continuum of Care (YYACC) Subgroup.</p> <p>The Statewide FYSPRT will elevate challenges not able to be resolved by the Statewide FYSPRT to the YYACC subgroup which will hear needs from across the continuum of care for youth and families. On September 3<sup>rd</sup>, the Statewide FYSPRT Tri-leads will present to the subgroup around respite including the information gathered by Regional FYSPRTs in spring of 2020, including recommendations from the Regional FYSPRTs.</p> <p>The CYBHWG will be divided into three focus areas; birth – 5, school age and transition age youth and young adults. The YYACC subgroup expressed interest in focusing on prevention and treatment this year.</p>	<p>Statewide FYSPRT Tri-leads presenting about respite at the 9/3/2020 YYACC meeting.</p>	<p>Statewide FYSPRT Tri-leads</p>	<p>9/3/2020</p>

### Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or Children’s Behavioral Health Executive Leadership Team that include youth, family and system partner voice.

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<b>Break – 5 minutes</b>				
<p><b>Statewide FYSPRT Youth Voice on Councils (YVOC) assessment results</b></p> <p><b>Small group activity 1 – Youth voice in our Statewide FYSPRT</b></p> <p><b>Small group activity 2 – The times we live in: youth behavioral health needs</b></p> <p><b>Small group activity 3 – Engaging FYSPRT membership virtually</b></p> <p>Youth MOVE Team</p> <p>9:40 – noon</p>	<p><b>Topic Purpose</b> – sharing results of the assessment to gather information about youth engagement and young adult leadership on the Statewide FYSPRT plus small group activity</p> <p>One year ago at the August 2019 Statewide FYSPRT meeting, Johanna Bergan and Madeline Zielinski from Youth MOVE National, attended the Statewide FYSPRT to share information on the Foundation and Value of Youth Engagement. Technical assistance around youth engagement and leadership was offered to the regional FYSPRTs over the last year. Many regions have engaged in this technical assistance. The Statewide FYSPRT Tri-lead team recently decided to participate in the technical assistance for the Statewide FYSPRT as well. The Youth Voice on Councils (YVOC) assessment was shared with Statewide FYSPRT members (Regional Tri-leads and state system partners) to gather feedback about how the Statewide FYSPRT is doing around youth engagement.</p> <p>YVOC results for the Statewide FYSPRT were shared with opportunities for participants to provide thoughts and questions through a Menti poll during the presentation/dialogue. The data pulled from this assessment varied depending on the subject. The average responses showed the Statewide FYSPRT was midway developed around youth engagement with some identified strengths and also opportunities for growth.</p> <p>After the presentation we broke up into small groups to talk about three different subjects. A facilitator was identified for each topic and the facilitators rotated between the different small group:</p> <ul style="list-style-type: none"> <li>- Youth voice in our Statewide FYSPRT</li> <li>- The times we live in: youth behavioral health needs</li> <li>- Engaging FYSPRT membership virtually</li> </ul> <p>In each small group the facilitator asked a few different questions, with questions and themes from the dialogue listed below (note: some themes overlapped between the groups).</p> <p>Youth Voice in our statewide FYSPRT:</p> <ul style="list-style-type: none"> <li>- What excites us about what we see in the youth data results?</li> <li>- How should we continue to discuss youth engagement opportunities identified in the data?</li> <li>- What Youth engagement areas would we like to invest energy and resources at the FYSPRT?</li> <li>- Themes included: more youth involvement, building support, funds for a statewide youth entity run by youth, compensation for youth/youth peers,</li> </ul>	<p>Youth MOVE will compile information from presentation and today's dialogue into a report.</p>	<p>Youth MOVE</p>	<p>9/10/2020</p>

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	<p>reducing barriers, meetings not during typical work hours, mentors for youth, how to use the data for changes, many places where youth and adult responses were different, community education on FYSPRT,</p> <p>The times we live in: youth behavioral health needs:</p> <ul style="list-style-type: none"> <li>- What elements are affecting youth and young adults right now?</li> <li>- What is being affected due to these elements?</li> <li>- What tools are being used to support youth?</li> <li>- Themes included: social isolation, face coverings in public, people thinking about behavioral health challenges when may not have before, more screen time – inundated with the news, misinformation, anxiety/unknowns, unhealthy coping skills, unhealthy home environments, loss around milestones (like graduation), teen link, WA Listens, online groups/therapy, getting involved</li> </ul> <p>Engaging FYSPRT Membership virtually:</p> <ul style="list-style-type: none"> <li>- Things FYSPRT has done to encourage joining.</li> <li>- What does success look like?</li> <li>- Platforms that are comfortable to use</li> <li>- What are “outside the box” things we can or are using to engage?</li> <li>- Themes included: virtual meetings, gift cards/compensation – including youth in how they want to be compensated, more dialogue/collaboration between FYSPRTs (attending other region’s meetings virtually), want youth to attend more than once, want youth to feel valued, engaging WISE providers, zoom fatigue, creative ways to engage, engage an audience reflective of the region/those being served,</li> </ul> <p>Closing: Each facilitator of each small group went over themes each group talked about.</p> <p>Meeting evaluation link shared in the chat box, presented on the screen to scan the QR Code and will be emailed out to Statewide FYSPRT members after the meeting.</p>			
<b>Next Statewide FYSPRT Meeting</b>				
Tuesday November 17, 2020				

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