

Behavioral Health Advisory Council
Meeting Minutes
September 6, 2017

Mission Statement:

The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State

Present:	<p>Attending in person: Beth Dannhardt, Susan Kydd, Vanessa Lewis, Kimberly Miller, JoEllen Woodrow, Linda Kehoe, Annabelle Payne, Connie Batin, Myra Paull, Jeff Aldrich, Tory Henderson, Dan Halpin, Michael Langer, Pamala Sacks-Lawler, Mary O’Brien, Ruth Leonard, Paul Nielson, Phillip Gonzales, Taku Mineshita, Steve Kutz, Jenni Olmstead, Chris Imhoff, Kristina Sawyckyj, Becky Bates</p> <p>Attending by telephone: Shelli Young, Dan Floyd (King Co.), Cathy Callahan Clem</p> <p>Visitors: Dani Whetton and <i>Wally Lee (members of the public)</i>, Sharon Shadwell (DOH)</p>
Members Excused:	Carolyn Cox, Melissa Clarey, Brad Finegood
Not Present:	Marci Arthur, Elizabeth Andrews, Jennifer Bliss, Carrie Brim-Reid, Mark Freedman, Ron, Hertel, Moira O’Crotty, Melodie Pazolt, Barb Putnam, Monica Reeves, Roxane Waldron, Mario Williams Sweet
Minutes taken by:	Martha Williams
Call to Order	The meeting was called to order at 9:08 a.m.
Welcome; Introductions;	A quorum was reached and members introduced themselves. Agenda modifications: Because Melissa Clarey is not able to attend today, the block Grant Feedback will be sent out after this meeting. Motion was moved and seconded to approve the May 3 Special Meeting and July 12 meeting minutes; motion passed with member corrections. Regarding the Suicide issue in the May minutes, Tory will contact DOH Suicide for a November presentation. Members requested that the revised bylaws with the July approved updates be emailed to membership.
<p>Peer Review Update</p> <ul style="list-style-type: none"> • Forming Teams Identifying Team Leads 	<p>Michael introduced the subject. Members requested that the tool created for last years’ peer reviews be used again when synthesizing the review information this year.</p> <p>Teams were formed:</p> <p style="padding-left: 40px;">East Team: Becky Bates (host), Mary O’Brien, Annabelle Payne, Beth Dannhardt, Connie Batin</p> <p style="padding-left: 40px;">West Team: Kristina Sawyckyj, Vanessa Lewis, JoEllen Woodrow, Susan Kydd, Cathy Callahan-Clem (host), Linda Kehoe</p> <p>Directions to the teams will come from Melissa.</p>
Opiate/Drug Update Opiate taskforce recommendations	Michael provided a copies of a proposal from the President’s Commission on Combating Drug Addiction and the Opioid Crisis. At a recent meeting of the Commission, DBHR was hoping that the President would declare an opiate national crisis; however, no declaration has been given or signed; the Commission has provided the draft proposal to the President with recommendations. Members requested that Commissioner names and DRAFT proposal document be emailed to members after this meeting. Members at the meeting reviewed the bulleted items in the proposal.

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	<p>Members requested that DBHR talk to the college coalition (Jason Killmer) re: barriers to training mentioned in the proposal. Members discussed the changing culture and how some Oxford Houses are reflecting this change. The new naloxone campaign was discussed as well as opiate disposal programs. Members will need to think about current and past conversations regarding MAT versus the 12-step type mindset. Members discussed the inclusion of faith-based programs. Members requested that Caleb Banta-Green or Susan Kingston be asked to present at BHAC. Members discussed the Opioid Registry in other states are not shareable; patients can cross borders to get additional prescriptions. A base-line for shared information should be adopted. For the most part the proposal and recommendations are well thought out and are a great foundation for the crisis. Members requested information regarding Veteran’s Affairs and military care participation in STR data sharing. Melissa will follow this up with Deb Cummins with DBHR. Gov. Inslee has asked for a full briefing on the state opioid response on October 25.</p>
<p>Executive session on: SWOT: Strengths, Weaknesses, Opportunities and Threats; membership, and other items.</p>	<p>Executive Session is not recorded.</p> <p>Martha was requested to send out the DBHR Strategic Plan prior to the November meeting.</p> <p>Members requested that the date and location of next meeting be included at the bottom of each agenda.</p>
<p>Behavioral Health Parity Committee (BHPC) Reps (2) Parameters –time, background, travel support, geographic diversity, MH/SUD, nominations</p>	<p>Annabelle reviewed the BHPC conversation from the July meeting. The BHPC will be a joint effort with HCA and Insurance Commission. Staff was requested to inquire again regarding travel reimbursement to attend the BHPC meetings.</p> <p>Volunteers: Myra Paull, Kimberly Miller (tentative), Connie Batin (alternate), Phillip Gonzales.</p>
<p>Membership Committee</p>	<p>Phillip provided a handout / presentation (presentation was sent out to members prior to the meeting) and reviewed the data. Members were given the opportunity to ask questions about the data. Members expressed concern with the method by which people self-identify their ethnicity. Members requested that health care providers be included as a category for membership. The Membership Committee is Phillip Gonzales, Carolyn Cox, Kristina Sawycky</p>
<p>Block Grant – BHAC Response, how the response was incorporated in the application</p>	<p>This item was postponed to the November meeting.</p> <p>The application was submitted on time; BHAC’s feedback was incorporated and will be presented either by email, or at the November meeting.</p>

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<p>Organizing the Block Grant process for next year's application</p>	<p>Members discussed the process and what might be improved. Framework and organization should be similar to the peer review process (East/West teams) with a tool that would be used to assist with the application content. There are times when SAMHSA changes the application questions weeks or days from the due date. Last Spring the brainstorming on needs assessment was very helpful. Members suggested the following timeline: November – team ID January – tool development March -- Teams would meet on content</p> <p>Once submitted, the teams would determine the items that the council could impact. Council has requested to see the parameters that are requested on the application. The Annual Report was requested to be shared with the Council. Members requested the block grant fiscal report be brought to the November meeting</p>
<p>Director Update:</p> <ul style="list-style-type: none"> • Initiative update 	<p>Chris reported that out of the last legislative session, DBHR was assigned an incredible amount of projects. Chris reviewed several items that affected budget: (HB1819) Simplify language around behavioral health (single set of regulations MH/SUD by April 1, 2018); (HB1883) Operating budget – funding to establish triage/treatment facilities (96 crisis beds) by July 1, 2018 via proposals by BHOs; letters to BHOs will be going out soon. Another proviso funds 32 beds for those clients that are will be released from the hospital but are not yet ready to go home (step-down model or peer-bridger model); another proviso will contract directly for 48 involuntary long-term beds in community facilities (state would be the gate-keeper). DBHR plans to pilot work with community facilities to test how this might work. Members requested that the model include peer support. In FY19 (July 2018) some long-term beds will have to be dedicated to forensic beds, and there will be two more secure facilities funded to open and serve SUD/MH by April of 2019. Funding has been approved to create tribal crisis services; and a proviso to establish a two new club houses (Spokane will receive \$\$ for their clubhouse). The goal is to increase employability; assisted outpatient treatment has not been implemented to a great degree. Pilots will be in Yakima and Pierce Counties. The task is to sort out assisted outpatient treatment and streamline it.</p> <p>An informal process to have stakeholders review the new language and make suggestions for HB1819 will be created. Because of the timeline, the response will need to be turned around quickly. Tory Henderson provided copies of the Children's Mental Health Work Group agenda as an example of the work that group is doing. Members requested that the link to Children's Mental Health Work Group be sent out.</p>

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<ul style="list-style-type: none"> • DBHR 2020 Integration update 	<p>Two levels: DBHR/HCA/DOH integration and Healthcare integration. Issues include: personnel systems, fears, and more. Advantage: HCA is aware of the impact of SUD/MH on healthcare in general, positively changing the integration of healthcare and behavioral healthcare. Integration has not been easy; there have been many hours spent discussion how the integration will impact SUD and MH. Members requested a flow-chart for the different responsibilities (dollars) and how those paths are changing. Partnership for Success grant will be ending Summer 2018; this will affect some communities in the amount of dollars coming to them.</p>
<p>Travel Update</p>	<p>Chris and Michael acknowledged the challenge regarding the reimbursements. Members expressed concern regarding the time it takes to receive reimbursements. Members were requested to carbon copy the Executive Committee when contacting DBHR regarding issues with reimbursements.</p>
<p>Email Voting</p>	<p>The Team is about 2/3 done with the proposal and will provide that information to the membership when completed.</p>
<p>Nominating Committee</p>	<p>Mary O'Brien introduced the nominating committee. Vanessa Lewis read the nominations.</p> <p style="padding-left: 40px;">MH Co-chair: Becky Bates SUD Co-Chair: Annabelle Payne MH Vice Co-Chair: Connie Batin SUD Vice Co-Chair: Susan Kydd Secretary: Phillip Gonzales</p> <p>Voting will occur at the November meeting to take effect January 2018 for a two-year term. Martha was requested to bring ballots and a ballot box to the November meeting for the voting process. The Executive Team will determine how to vote via telephone, provide that information to Martha who will send out an email that states that elections will be occurring in November and how members attending by conference call can vote.</p>
<p>Fall Conferences</p> <ul style="list-style-type: none"> • COD Conference • 2017 Prevention Summit 	<p>Ruth Leonard provided the agenda information and workshop information for the COD Conference. Scholarship application deadline is past. Contact Ruth if you want more information.</p> <p>Gabby Richard provided information about the Prevention Summit occurring in November 2 – 3 in Yakima. Although the agenda is not finalized, Gabby s in Yakima and Pierce hared some of the workshop subjects and other activities that are being planned. Registration information will be sent to members when it is available. Members requested that Melissa check to see if BHAC can support travel to the Summit. Members requested that a CPWI map be provided when available. Six members expressed interest in attending the Summit:</p>

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Topics for November	<ul style="list-style-type: none"> • DOH Suicide Prevention • SWOT • Voting on nomination • Peer Review Team Report out • Membership update • Outside committee reports • Melodie Pazolt present on BHO assisted on STR Grant (from July) SUD Peers • Kaleb Banter-Green (January) • Supportive Housing – Melodie • Handicap parking- Martha/Michael
Adjourn	The meeting was adjourned at 3:00 pm.

Draft