

**Behavioral Health Advisory Council
Meeting Minutes
September 7, 2016**

Mission Statement:

The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State

Present:	Donald Bowen, Kristina Sawyckyj-Moreland, Cathy Callahan Clem, Annabelle Payne, Linda Kehoe, Jeff Aldrich, JoEllen Woodrow, Beth Dannhardt, Michael Langer, Carolyn Cox, Phillip Gonzales, Jennifer Bliss, Mary O'Brien, Connie Batin, Jenni Olmstead, Dan Halpin, David Reed, Chris Imhoff, Ruth Leonard, Becky Bates, Kimberly Miller <i>Visitors: Paul Nielsen, Shelli Young, Brad Finegood,</i>
Members Excused:	Tory Henderson, Myra Paull, Moira O'Crotty, Cary Brim Reid, Susan Kydd, Dakota Foxx, Vanessa Lewis
Not Present:	Heather Maxwell, Taku Mineshita, Kathy Morgan, Kathy Bishop, Mark Freedman, Melody Pazolt, Pamala Sack-Lawlar, Ron Hertel, Steve Kutz, Mario Williams Sweet, Marci Arthur
DBHR Staff:	Sandra Mena Tyree, Martha Williams
Minutes taken by:	Martha Williams
Call to Order	Meeting was called to order at 9:12 a.m.
Welcome; Introductions; Review of agenda; Review, amendments, and approval of previous meeting minutes	It was moved and seconded to approve the July meeting minutes; there were no member initiated amendments. Motion passed.
New Member Introductions	Members, visitors, and new members introduced themselves and provided brief background information.
Director's Update <ul style="list-style-type: none"> • Tribal work • State hospital • Marijuana Update • Opiate Update • HCA Representative? • HCA: How does BHAC/DBHR fit? 	<p>Michael Langer provided information on tribal work for the Director's Update. SUD services have been carved out for Alaska Native/American Indian (AN/AI) tribal work; currently, the focus has been to carve out all of behavioral health and SUD beginning July 1, 2017. Most SUD agencies have signed on to serve AN/AI. A work plan regarding fee for services as well as a fee scale is being crafted by a workgroup who meet weekly. Most providers in King County have been very responsive regarding providing SUD services to AN/AI. There are several additional steps that need to be accomplished before the July 1 deadline.</p> <p>David Reed presented information on State Hospitals. The important information is that the hospitals are open and taking patients. Currently the wait list is at 45. A workgroup has been created with membership from several administrations. The workgroup meets every Thursday. Strategies have been proposed and several proposals have been approved. Reports are processed up to the Governor's Office. The workgroup is planning with BHOs how to move people off the waitlist if they are able to be treated within in the community; the last option is to commit to a state hospital. Another strategy is to work on reducing the 'ready to discharge' list and how to be clear about those processes. There is a strategy to make Western State discharge process more like that of Eastern State which is</p>

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more efficient. Peer Bridges was funded by the Legislature for the state hospitals. Peer Bridges facilitates the discharge services, but not the admittance process. The peer is involved with the patient up to 120 days after discharge.

Michael Langer addressed the Marijuana Update. Retail stores have been reduced in number. Tax dollars are continuing to support various efforts such as SUD and co-occurring disorders.

Chris Imhoff provided information to new and seasoned members regarding the Council's role in DBHR and the Block Grant.

Michael Langer presented a handout regarding an abstract of the Prevent Prescription Drug/Opioid Overdose-Related Deaths (Short Title: PDO) Grant which provides funds of \$5M over 5-years. The grant funds purchase of opioid overdose reversal kits, education, and other components. There are some conditions on the grant; a group will be doing the first read to better understand the requirements. The University of Washington (UW) website should have listings of pharmacies; a link will be sent out to members. The aim is to address the problem by providing opportunities for users to have access to life saving pharmaceuticals. There are a lot of hurdles that are being worked on. Concerning ITA laws around SUD, two webinars are being planned; information will be sent out to members by Sandra Mena Tyree.

Chris Imhoff addressed the merge with HCA and obtaining a HCA representative for the Council and how BHAC might fit with HCA. Block Grant requirements will continue. Because the grant is small, we don't want to get lost in HCA. Title 19 Council with HCA is mostly focused on primary care. Members suggested that a BHAC representative be present in those meetings as well. Members asked about the separation of state hospitals, children's mental health, and other teams with DBHR might be divided between HCA and other administrations and how the continuum of care would be affected. Certification, prevention, data, laws, and where the Block Grant is managed are the current subjects in discussion concerning the merge with HCA.

There are several opportunities for learning including the COD Conference in Yakima (October), Prevention Summit in Yakima (November), SUD Research conference in Seattle (October), Peer Counselor conference (September). BHAC scholarship for the COD conference will be researched. The link to the UW ADAI website that has all the upcoming conferences follows: <http://adai.uw.edu/training/>.

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<p>Workforce Task group Update Performance Measurement Committee</p>	<p>Becky Bates reported on the Workforce Task Group has several participants from BHAC. The group has discussed school loan forgiveness, peer workers, culturally appropriate workers, English as a second language workers certification/licensing issues and making that process easier. The group has also discussed the great need for seasoned providers in the BHO, and reimbursement rates. Interns have been also discussed along with the amount of supervision interns need. The group has also discussed the changes in curriculum that needs to be embraced so that the learning can shift. Members discussed the ICRC rules that could help with staffing with people that have experience and education in other states. The report of the group’s findings will be rolled out soon and will include engaging, and keeping staff as well as attracting new workers and moving forward with a living wage. How to pay for training, clinical supervisors, and other overhead are also concerns. Members suggested that the group look at what has been a challenge in the past in other occupations, and what was done to solve that issue in those occupations. The next Workforce Task Group meeting is September 30 in SeaTac from 9 a.m. – Noon. The amount of time and energy spent on paperwork is overwhelming and a lot of staff opt to leave public service for private which requires less paperwork. This is a complex issue that is related to using federal and state dollars and the resulting requirements.</p> <p>JoEllen Woodrow provided a report on the Performance Measurement Committee (PMC). PMC meets each month to review several data points. JoEllen provided a document detailing the different groups that use the data. The committee is also working with BHOs on common language.</p>
<p>Peer Review Report: Ad Hoc Committees</p>	<p>Sandra Mena Tyree expressed appreciation to the Council for their review of the Block Grant application.</p> <p>Then, the Peer Review process was explained to the new Council members. 5% of providers have to be reviewed for quality and other elements. 62 total agencies were reviewed. 60 reviewers selected by BHOs went out for the reviews. The hand out includes reports from the reviewed agencies. Most of the comments were positive.</p> <p>As the oversight group, BHAC groups will formed to review the reports on the 62 reviews. The BHAC report needs to be completed by December 1.</p> <p>Volunteers: Carolyn, <u>Cathy</u>, Anna, Linda, JoEllen, Kristina, Mary, Vanessa, Susan? Becky. Members in bold are east side members, Members underlined are leads for the groups.</p> <p>Sandra will send out the files electronically; Hard copies will be sent to</p>

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	leads.
Nominations for Executive Committee and Discussion	<p>Phillip Gonzales provided a handout re: members and their affiliation. If there are changes please contact Philip at gonzapa@dshs.wa.gov. Phillip welcomed new members. Prior to the September BHAC meeting, a call was made to new members, and a BHAC introduction letter was emailed to new members.</p> <p>Concerning nomination for Executive Team: Members considered a proposal to eliminate the Secretary position and to make the Executive Team three year terms.</p> <p>It was moved and seconded that the Secretary position be filled interim by Kristina Sawyckyj-Moreland for a month. Motion passed.</p> <p>Becky agreed to remain as co-chair, Beth agreed to remain as co-chair, Susan is interested in the vice chair, Annabelle is interested in the second vice chair position. If the membership votes to keep the Executive Team Secretary position, Connie Batin was nominated for Secretary.</p> <p>Phillip will work with JoEllen Woodrow regarding bylaw language. Phillip will work on a matrix regarding current, permanent Executive Team members and interim Executive Team members.</p>
Block Grant Conference	Beth Dannhardt attended the SAMHSA Block Grant conference. Beth shared a bit about the conference. Sandra will send out the link to members once the conference workshops are posted on the SAMHSA website.
Ad Hoc Committee	JoEllen Woodrow reported for Prevention Team for BHAC Strategic Plan – Tory Henderson and JoEllen met with Michael Langer, Sarah Mariani, and Julia Havens on September 1. Tory and JoEllen will provide a report regarding that meeting to BHAC at the November meeting.
Washington State Community Connectors (WSCC)	Carolyn Cox requested this agenda item be moved to the November meeting. DBHR/WSCC are working together regarding family/youth training.
Wrap Up	<p>Items for discussion at the November Meeting:</p> <ul style="list-style-type: none"> • Peer Bridges • Fact Sheet for MJ • ITA laws – MH/CD • Washington State Community Connection • Bylaws • Voting • Community Reports • Prevention Team for BHAC Strategic Plan
Adjourned	Meeting adjourned at 3:00 pm.