

**Behavioral Health Advisory Council
Meeting Minutes
November 2, 2016**

Mission Statement:

The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State

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| Present: | <p>Members: Donald Bowen, Annabelle Payne, Carolyn Cox, JoEllen Woodrow, Linda Kehoe, Kimberly Miller, Tory Henderson, Jeff Aldrich, Michael Langer, Myra Paull, Becky Bates, Shelli Young, Susan Kydd, Beth Dannhardt, Cathy Callahan Clem, Dan Halpin, Pamala Sacks-Lawlar, Connie Batin</p> <p>Members attending by telephone: Vanessa Lewis, Mary O’Brien</p> <p>Visitors: Paul Nielson, Tricia Benshoof, Melena Thompson, Melodie Pazolt, John Brumbach, Lisa Bennett Perry</p> |
| Members Excused: | Moira O’Crotty, Jenni Olmstead, Cary Brim Reid, Chris Imhoff, Phillip Gonzales, |
| Not Present: | Dakota Foxx, Heather Maxwell, Kristina Sawyckyj-Moreland Taku Mineshita, Kathy Morgan, Kathy Bishop, Mark Freedman, Ron Hertel, Ruth Leonard, Steve Kutz, Mario Williams Sweet, Marci Arthur, Jennifer Bliss, Jenni Olmstead |
| DBHR Staff: | Martha Williams, Sandra Mena Tyree |
| Minutes taken by: | Martha Williams |
| Call to Order | Meeting was called to order at 9:15 a.m. |
| Welcome; Introductions; Review of agenda; amendments to agenda, and approval of previous meeting minutes | Becky welcomed all; introductions were made. Michael announced Sandra’s new position and that Chris would not be attending; Michael and Melina Thompson will be presenting the Director’s Report. Members reviewed the agenda; no amendments were made. Minutes were reviewed; it was moved and seconded that the minutes be approved. Motion passed. |
| Bylaw discussion Executive Committee nomination and Election | <p>Becky informed the Council that Beth, Susan, Becky and Annabelle’s Executive Committee positions were sun-setting on December 31, 2016, and suggested that the positions be extended by three months in order to appoint a by-laws committee to look at the Executive Committee position roles, term issues, and the bylaws regarding the Secretary position. Recommendations and voting would be brought to the council in January with elections in March. Members suggested that the proposed changes be forwarded to the Executive Committee prior to the January meeting for their review and input, and then to members with the January meeting documents. Proposed changes will be discussed at the January meeting, language vetted and tightened up verbiage prior to voting at the March meeting.</p> <p>The Council discussed the time line for the bylaw discussion, nomination and elections.</p> <ul style="list-style-type: none"> • Current Executive Committee be re-elected to an interim term May 31, 2017. It was so moved and seconded. The motion passed. • It was moved and seconded to install Connie Batin as interim Secretary. The motion passed. |

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| | <ul style="list-style-type: none"> • Bylaw Ad Hoc Committee volunteers – Annabelle (lead), Kimberly, JoEllen, and Linda. The Ad Hoc committee will provide bylaw changes at the January meeting; bylaw voting will occur at the March meeting. |
| <p>OSPI Social ... Workgroup report and other discussions</p> | <p>Tory Henderson provided a copy of the workgroup report for Council to quickly review. The report is available on line as well. If you would like to be sent an electronic copy, please contact Tory at tory.henderson@doh.wa.gov.</p> <p>Members discussed trauma informed care and how it relates to addiction and other issues.</p> <p>Members requested a list of programs supported by the Mental Health Block Grant (MHBG) to possibly have subject area experts come to BHAC to speak.</p> |
| <p>Director's Update</p> <ul style="list-style-type: none"> • Integration of DBHR with HCA • 15 Day Residential IMD Waiver • State Hospitals • Children's MH Workgroup • Tribal carve out • Other Items of Interest | <p>Melena introduced herself and gave a short background in the integration of DBHR and HCA. Some areas of DBHR are still being discussed such as Childrens' services, Blue Ribbon Commission, or Prevention services. The important issues need to be kept on track. Council members discussed several concerns that came about with the integration steps.</p> <p>The 15 day residential IMD (Institute for Mental Disease) was explained. In Washington, we have used MHBG/State dollars to support the facilities providing services. After April 1, 2016 the waiver allowing Washington to use MHBG dollars expired. Melina explained how things may go forward. Members requested information be sent out; Melena will provide Federal Legislator letter and other information to Sandra to forward to members.</p> <p>Regarding the State Hospitals, Western State has been working on several issues.</p> <p>Children's Mental Health Workgroup was addressed by Michael. The taskforce met yesterday, November 1, and had several recommendations. The recommendations will be published soon, but will include, Mental Health (MH) building capacity in the educational school districts, graduation rates and MH issues, care coordinators, MH training and education, screening and assessments, advocacy, paperwork reduction, Medicaid rates, and workforce recommendations. The challenge is finding funding and reducing limits to coverage for MH. Members discussed common road blocks currently in the treatment system.</p> |

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| | <p>Tribal carve-out allowed Tribal members to opt out of Behavioral Health Organizations (BHO). Behavioral Health, Substance Use Disorder, and all things related to healthcare will be fee for service for American Indian/Alaska Natives (AI/AN). Melena explained a bit more about how clients are carved out of the managed care and carved into the AI/AN fee for service. To opt back into a BHO, those self-identifying themselves as AI/AN, will need to call the Health Care Authority. A workgroup has been discussing being more transparent regarding when fee for service is in effect and how to opt in to managed care or the BHO, if desired. Crisis systems and how they are affected are also being considered. Training sessions on what’s happening, billing instruction, and more are being created. Deadline is July of 2017.</p> <p>Legislative Session begins in January 2017. Council members asked if there is advice about which BHAC should be prepared. Currently, there are no new bills to consider. The decision packages are on the Governor’s office and are published on line.</p> |
| 2017 Block Grant Progress Report | <p>Sandra provided background regarding the goals and how we achieved those goals. Some goals were not achieved because of data issues. Sandra requested that members review the document, then contact Sandra with questions and concerns. The report is due December 1, 2016. SAMHSA sent a series of questions to respond to regarding the data and the goals that were not reached. February 2017 is the deadline to have data reporting issues resolved. Services and payment for services are still being provided. SAMSHA understands Washington’s data collection issues as other states are having data collection issues as well.</p> |
| Peer Review Groups Trends Report out | <p>Annabelle provided the Peer Review Group Trends report. A handout was provided. If an electronic copy of the report is desired, please contact Martha Williams at Martha.williams@dshs.wa.gov. The ad hoc groups focused on issues such as training, resources, etc. The trends on the list are any items mentioned by providers or reviewers.</p> <p>Sandra provided information regarding the training of peer reviewers and the purpose of peer reviews. Sandra will send out the peer review forms for input from Council regarding changes to questions. Members requested that Sandra provide the background of the why of each question. Sandra suggested that BHAC reps attend the training and debrief next year. Members requested that peer reviewer volunteers have a “job recommendation” document to use when choosing volunteers. Members requested information on the SAMHSA peer reports requirements.</p> |

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| Strategic Plan Review | <p>Susan briefly reviewed the strategic plan and the pros and cons of the process. The second part of the process (SWOT), Susan requested that the SWOT be part of the January meeting. Each of the workgroups reported on their portion of the BHAC Strategic Plan.</p> <p>Susan recommended that each team reconvene to continue to vet each section as well as confer with subject experts. The teams are:</p> <ul style="list-style-type: none"> • Shelli (lead), Vanessa, JoEllen, Tori, Connie and Jennie Olmstead (prevention) • Susan, Becky (lead), Pamala, Myra and Connie (stigma and system of care) • Kimberly (lead), Carolyn, Annabelle, Linda, Steve, Moira (workforce) <p>Susan led the discussion regarding what members liked about the strategic planning process. Members thought: it brought the council together; it helped with the focus and goals of the council; it made it easier to sense who on the council had expertise; even with conflicts, we came together; we aligned our focus along the DBHR goals; we came away with a better understanding of what DBHR was doing; DBHR appreciated knowing the issues important to BHAC; and we put into practice the focus and follow through.</p> |
| 1115 Waiver | <p>Melodie Pazolt provided a print of the PowerPoint presentation concerning 1115 Waiver and supported housing. The 1115 waiver is an opportunity for the system to take into account the whole person.</p> <p>Melodie reviewed several research studies that demonstrate return on investment regarding homelessness, mental health, substance abuse, employment, and more.</p> <p>John Brumbach (HCA) presented on the goals and processes regarding the 1115 Waiver Initiatives.</p> <p>To request a copy of the PowerPoint presentation, please contact Melodie Pazolt at melodie.pazolt@dshs.wa.gov. Melodie offered to send information on low income, and homeless advocacy to Council members.</p> |
| Performance Indicator Group | This report will be given at the January meeting |
| Adjourned | Meeting adjourned at 2:55 pm. |