

Behavioral Health Advisory Council
Meeting Minutes
May 2, 2018

Mission Statement:

The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State

Present:	Attending in person: Vanessa Lewis, Tory Henderson, Ruth Leonard, Cary Retlin, Beth Dannhardt, Linda Kehoe, Jenny Olmstead, Susan Kydd, Jennifer Bliss, Michael Reding, Jacqueline Cobbs, Phillip Gonzales, Ron Hertel, Jeff Aldrich, Dan Halpin, Becky Bates, Katie Mirkovich, Pamala Sacks-Lawler, Melissa Clarey By Phone: Mary O'Brien, Annabelle Payne Visitors: Paul Nelson, Pattie Marshall
Members Excused:	Kristina Sawyckj, Kimberly Miller, Connie Batin, Cathy Callahan-Clem, Chris Imhoff, Carolyn Cox, Shelli Young, Jim Leingang, Myra Paull
Not Present:	Cary Brim Reid, Dakota Foxx, Moira O'Crotty, Trish Benshoof, Dawn Williams, Teesha Krischbaum, Melodie Pazolt, Steve Kutz, Marci Arthur
Minutes taken by:	Martha Williams
Call to Order	The meeting was called to order at 9:05 a.m.
Welcome, Introductions, Introduction of State Agency Reps, Review of agenda, Review November minutes, amendments, and approval of minutes	A quorum was reached. There were no agenda modifications from members. It was moved and seconded to approve the March Meeting Minutes as written. The motion passed.
SWOT Strengths, Weaknesses, Opportunities, and Threats	Susan Kydd reviewed the SWOT process to date. Susan wanted to concentrate on the opportunities identified earlier in the year. Were any strengths, weaknesses, opportunities, and threats that were missed in the previous discussion? The council discussed sub-groups focused on population, or SUD/MH/Problem gambling. Sub-groups would bring to the council ideas regarding the topic areas for the council members to vet. Members brainstormed several categories. The Executive Committee will review and make suggestions to narrow or group the categories of similar nature. ACTION ITEM: It was moved and seconded that the Executive Committee meet prior to the July meeting to create a plan to create a strategic plan and report out at the July. Motion passed.
East/West Block Grant Team Tools	Phillip Gonzales reviewed the team process to date. The tool was created to ease the review of the block grant requirements to assist DBHR with the creation of the application. The East team has not met yet. Phillip will send the tool out to the teams for use. As the teams use the tool, they will have additional suggestions to improve the tool for the next time. ACTION ITEM: Teams identified at the March meeting, will need to meet prior to the July meeting, put their report together, and submit the reports to Phillip and Melissa. ACTION ITEM: Phillip will combine the reports for the July meeting.
• Membership Update	ACTION ITEM: Members were requested to contact Phillip to request serving on the Membership Committee; the requirement per the bylaws is a committee of three; currently there are just two members on the committee.

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<ul style="list-style-type: none"> Membership Committee Next Steps 	<p>Cultural inclusion is a very important part of the council membership. The committee nominated five new members, the Executive Committee needs to create a letter to Chris whose office will create the invitation letter to the new members. There are two additional positions each youth and that need to be defined and identified.</p> <p>ACTION ITEM: Recommendations for primary care and youth positions should be emailed to Phillip.</p> <p>ACTION ITEM: Phillip will email the application to Jennifer Bliss.</p>
<p>Director's Update</p>	<p>Michael Langer filled in for Chris Imhoff. Michael introduced the new program and related media items for the council to review. If members want any of the kits, forward your name to Melissa or Martha. Behavioral Health Integration (BHI) is moving along; DBHR will continue to be housed at Blake Office Park for the time being. DBHR's structure will be somewhat constant with some adjustments and resetting. A "roadmap" is being considered. Members were given the opportunity to ask questions about how the integration will look like.</p> <p>Michael provided an update on programing. The past legislative session provided funding for programming to reduce long-term beds, improvement of staff retention, diversion of individuals with Behavioral Health (BH) issues in the criminal justice system, improving systems including clubhouse models, and more. Applications are due soon.</p> <p>With Children's BH, HB2779 required recommendations for age of consent, options for treatment decisions, medical necessity definition, and more. Members were encouraged to contact Diana Cockrell (diana.cockrell@dshs.wa.gov) to provide feedback. Michael will provide the information to be disseminated to the Council.</p> <p>First Episode Psychosis program was discussed; Liz Venuto is the DBHR Staff lead.</p> <p>WISe Symposium is scheduled for July 11 and 12 in Kennewick. All counties will be represented. WISe and FYSPRT will continue to grow.</p> <p>Secure Withdrawal Management did kick off on April 1. The system is currently not overwhelmed and most of the clients are voluntary. The average stay is 4.9 days. 16 counties have sent clients to the two facilities. Transportation is a barrier.</p> <p>The legislature funded SUD peers during the last Legislation Session. Members suggested several different options to help move this idea</p>

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	<p>forward. Criminal Justice Treatment Account also has the option to use some of their dollars in peer support.</p> <p>Updates on prevention include the Washington Young Adult Survey – driving rates, use rates, perceived risk, cigarette use, etc. Healthy Youth Survey (HYS) will be conducted next fall. Community Prevention and Wellness Initiative (CPWI) community updates were provided including surveys in the general community. Members asked if it would be appropriate to learn more about the marijuana products. Mary Segawa with the LCB would be a good resource for that presentation.</p> <p>The STR grant has been funded for the second year. A presentation could be scheduled to go over year 1 results and year 2 plans. Opioid Response Plan is being reviewed and updated. Legislature also put in dollars for the Opioid Response for up to five new sites, two to three sites in eastern Washington. There are several other aspects to the response that will help communities respond to the crisis.</p> <p>States are moving forward with the suit concerning drug makers. There could be funding for more response.</p> <p>Several conferences were discussed.</p> <p>Research with ADAI regarding marijuana is being conducted; ADAI could be requested for a presentation.</p>
<p>BHAC Concerns: HCA/MCO membership on BHAC</p>	<p>Although Michael and Chris have not discussed this item, the council could request HCA and MCO membership.</p> <p>ACTION ITEM: Michael will request a response from Chris on this regarding a recommendation from Dr. Fotinos for a medical doctor, RN or LPN to serve on the council.</p>
<p>Working Lunch:</p> <ul style="list-style-type: none"> • Community Updates 	<p>Susan Kydd reported on the Performance Measures meeting and provided two handouts on Washington State Behavioral Health Integration Context and a Statewide Monthly Count of Persons Using MH Services. Contact Susan for a copy of the reports.</p> <p>Phillip Gonzales provided an additional update on membership committee discussion include a mentorship program for new members as part of onboarding, reading list, and more. Members were encouraged to contact Phillip with suggestions.</p> <p>Tory Henderson shared that a peer presentation was given at a recent conference. In the process DBHR and DOH were connected and were presented with the opportunity to combine their work. More information can be obtained by contacting Tory Henderson or the Community of</p>

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	<p>Practice email list.</p> <p>Beth Dannhardt shared that she is still involved with the homeless and housing issue in her area. The group is also looking at the issue of homeless youth.</p> <p>Ron Hertel updated the group on suicide and mental health strides in schools.</p> <p>Paper Tigers conference June 26-28 in Kennewick. This conference has a big focus on mental health, Becky Bates reports.</p> <p>Melissa Clarey reported on the peer reviewer orientation of the mental health block grant. 47 reviewers were in the training.</p>
Integration Forum Update	<p>Jennifer Bliss informed members about the Office of Consumer Partnerships is a part of DBHR and reports to Chris Imhoff. Jennifer offered the help of OCP in the realm of marketing. Jennifer offered to bring the OCP Strategic Plan for BHAC review and feedback.</p> <p>Jennifer Bliss provided two handouts: 2018 Office of Consumer Partnerships Outreach Events and note on Spokane Regional Strengths and Needs. For more information, members should contact Jennifer. Members were given the opportunity to ask questions about the forums and town halls and the types of questions that were asked at the forums or town halls. Jennifer invited members to attend a forum or town hall in their area.</p>
Peer Support and SUD Peer Updates	<p>Pattie Marshall introduced herself and presented on Peer Support Services. She gave a short history and explained the focus of the program going forward. Peer support is really about your story. Pattie defined some terminology in the field and the role of Certified Peer Counselor, Community Peer, and Recovery Coach. She educated the council about the workgroup looking into including SUD and MH in the state plan, and the possible paths of funding. She discussed the current career pathway for peers.</p>
Topics for July	<p>Landlord Mitigation during community update - Cary Retlin, July Membership Update and Mentee update – Phillip Gonzales, July</p> <p>Council suggested focusing on the following subjects for July:</p> <ul style="list-style-type: none"> • Strategic work from the Executive Committee – July • East/West Team Block Grant Review Compilation - team leaders and Melissa, July • Marijuana Update – ADAI, Caleb Banta-Green, July
Adjourn	<p>The meeting was adjourned at 2:39 p.m.</p>

In the parking lot are the following subjects:

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- OCP Integration and Town Hall as a standing 30-minute item on the agenda – Jennifer Bliss
- Gambling addiction – Jim Leingang
- Integration of physical and mental health – David Mancuso
- DBHR Children’s Team Overview / FYSPRT – Diana Cockrell?
- Enrollment trending – RDA
- Trauma Informed in Schools / gun violence – Ron Hertel
- Peer Respite Model –David Culp and Douglas Lucas (dal@riseup.net), and Cindy Olejar (cindyolejar@yahoo.com)
- Youth Peer Support / Youth leadership / Criminal Justice – Evelyn Maddox

Remaining 2018 Meetings:

- July 11, 2018 – Blake West, Roosevelt/Chelan Rooms
- September 5, 2018 – Blake West, Roosevelt/Chelan Rooms
- November 7, 2018 - TBD