

Behavioral Health Advisory Council
Meeting Minutes
March 7, 2018

Mission Statement:

The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State

Present:	<p>Attending in person: JoEllen Woodrow, Trishia Benshoof, Kristina Sawyckyj, Phillip Gonzales, Katie Mirkovich, Annabelle Payne, Melissa Clarey, Teesha Kirschbaum, Becky Bates, Beth Dannhardt, Myra Paull, Tory Henderson, Connie Batin, Pamala Sacks-Lawlar, Jacqueline Cobbs, Kathleen Murphy (for Michael Redding), Dan Halpin, Cary Retlin By Phone: Cathy Callahan, Linda Kehoe, Carolyn Cox, Shelli Young, Jeff Aldrich, Mary O’Brien, Kimberly Miller, Jim Leingang, Cindy Oliar, Paul Neilson, Ralph Casias Visitors: Jerry Johnson (with Teesha Kirschbaum), Daryon Casady, Douglas Lucas, David Culp</p>
Members Excused:	Jennifer Bliss, Jenni Olmstead, Vanessa Lewis
Not Present:	Cary Brim Reid, Dakota Foxx, Moira O’Crotty, Joe Neigel, Dawn Williams, Melodie Pazolt, Michael Langer, Ron Hertel, Steve Kutz, Marci Arthur,
Minutes taken by:	Martha Williams
Call to Order	The meeting was called to order at 9:05 a.m.
Welcome, Introductions, Introduction of State Agency Reps, Review of agenda, Review November minutes, amendments, and approval of minutes	<p>A quorum was reached. There were no agenda modifications from members. It was moved and seconded to approve the January Meeting Minutes. The motion passed.</p>
Director’s Update	<p>Chris Imhoff, council members, and visitors introduced themselves. Chris asked visitors what Peer Respite is; Becky provided some information; visitors also provided a handout.</p> <p>Chris offered that the state budget has not yet been agreed upon. There are some good things in all three budgets on MH and SUD; we are hopeful for a positive outcome.</p> <p>House Bill (HB) 1388 on Behavioral Health Integration (BHI) did pass. Despite best efforts, there will be confusion regarding the integration. The Division of Behavioral Health and Recovery (DBHR) will for the most part be transferred to Health Care Authority (HCA). Anything that is not Medicaid is hard to communicate to HCA but good strides have been made. Whether there will be a physical move will not be known, until the budget is out. There will be more to come.</p> <p>There have been a few bills that have been passed such as HB 1047 – secure take back. Several other bills having to do with opioids have been successful or are still being discussed, others have not been moved forward. Other bills were also discussed by Chris and members.</p> <p>DBHR is hoping the budget will provide funding regarding Opioid, Mental Health, Substance Use Disorder services. The Behavioral Health Advisory Committee (BHAC) will be tapped to help with recommendations to Melodie Pazolt.</p>

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	<p>Also discussed were elements of the TR (Children’s Mental Health) lawsuit, True Blood lawsuit, upcoming issues with Methamphetamines, club houses, recovery cafes.</p>
Membership Vote and Update (terms ending March 2018)	<p>Kristina Sawycky represented the Membership committee. Mary O’Brien has agreed to extend her membership as a professional provider. It was moved and seconded to extend her membership. The motion passed.</p>
MHBG East/West Teams and Tool	<p>Becky Bates introduced that the thoughts behind establishing the East/West Teams for the review of the Block Grant was to provide feedback in a more timely matter. The review will take a day to complete and will be fashioned similar to reviewing the Peer Review reports. The teams will consist of: Susan Kydd– West (venue and lead), Myra Paull– West, Kimberly Miller – West, by email, Vanessa Lewis asked to be included in the West team. Mary O’Brien – East (venue and lead), Connie Batin– East, Beth Dannhardt– East, Annabelle Payne – East. The review tool will be reviewed at the May BHAC meeting. An East/West report will come to Melissa by mid-July.</p>
SUD 1115 Waiver Update Secure Detox	<p>Richard Van Cleave related the history and current efforts regarding the SUD 1115 Waiver and the new waiver that will cover Substance Use Disorder (SUD) and Mental Health (MH). DBHR and HCA have been working together on the new waiver that was submitted last week to the Centers for Medicare and Medicaid Services (CMS). We are looking to have the waiver in affect by July 1, 2018.</p> <p>Robbie Pellett informed members regarding the integration of crisis responders and secure detox. The department has been training crisis responders (designated mental health professional – DMHP) around the state over the past 11 months. The training includes how to articulate the information presented to the courts who will be possibly sending community members to a secure detox facility. The new Washington Administrative Code (WAC) includes treatment and education during the holding process. Starting April 1, we are looking at two new 24 bed facilities across the state and 16 new beds in lower King County in the fall. The law also allows transferring cases from MH to SUD or co-occurring by submitting an amendment. Members discussed various elements of voluntary and involuntary commitments, how this movement is affected by drug courts.</p>
Thank you for your Service Celebration	<p>As members ate lunch, JoEllen Woodrow was thanked for her service. Members signed a card and a certificate was presented. JoEllen thanked the Council.</p>
ADAI Opioid Presentation	<p>Caleb Banta Green, with the University of Washington, introduced himself and introduced the elements of opioid use disorder. Members expressed interest about several elements about opioid use. Caleb addressed the interests as he could. His presentation file was emailed out to the Council for their reference. Caleb expanded on Opiate Use Disorder. He then explained how Opiate Use Disorder is treated. The best treatment is Medically Assisted Treatment (MAT) employing the three approved</p>

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	<p>medications – 80-90% effective. There are several factors of addiction that effect effective rates. Medications include methadone (center, daily visits), Buprenorphine (primary care prescriptions), and naloxone (opioid blocker), naltrexone (opioid/alcohol blocker) / vivitrol (pure opiate blocker). SAMHSA has a decision support tool for treatment decision support. Other resources can be found at State recovery hotline and ADAi.uw.edu, and Stopoverdose.com.</p>
<p>Housing Update</p>	<p>Cary Retlin provided a PowerPoint presentation on housing and homelessness. Cary’s new role is focused on the long-term picture. The PowerPoint document and Fact Sheet was sent out to the Council members to assist the members on the phone. Cary reviewed the bills that passed this year regarding housing. Members asked several questions regarding how the system will work and how it will affect the community.</p>
<p>Committee Update</p> <p>Membership Update</p>	<p>JoEllen Woodrow provided a report on the Performance Measures committee which will be winding up in the next few months. She provided the background of the group and what the purpose was originally.</p> <p>Phillip Gonzales and Kristin Sawycky (membership committee) provided a handout to the members in the room; the document will be sent out to members when it is received from Phillip. There are 11 applications and five open positions need to be filled. The membership committee reviewed the applications and, with a matrix, identified seven applications that would provide coverage for several items on the matrix. The seven identified applications will be forwarded to Melissa and Chris for approval and invitation letters.</p> <p>Phillip asked community council members to fill out a questionnaire to assist with membership documentation.</p> <p>Phillip asked members to consider being included on the membership committee. Members were asked contact Phillip or Kristina if interested at gonzapa@dshs.wa.gov or sawyckyjkristina@yahoo.com.</p> <p>For future absences, members were asked to notify the Executive Committee. Melissa and Martha were asked to send out the email addresses of the executive team.</p>
<p>Announcements</p>	<ul style="list-style-type: none"> • Disability Rights meeting this week, if interested contact Kristina Sawycky • Behavioral Healthcare Conference announcement – scholarships are available members should contact Ruth Leonard directly at ruth.leonard@dshs.wa.gov

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Topics for May	<ul style="list-style-type: none">• SWOT - Susan• East/West Block grant teams – Phillip (Tool to Executive Team by the end of the week)• Infant Mental Health State Plan – Tory (60 minutes?)• OCP Integration Update and Town Hall Update – Jennifer Bliss• SUD Peers – Jennifer Bliss, Patty Marshall• Peer training development – Patty Marshall• Bylaw update – Executive Team
Adjourn	The meeting was adjourned at 3:11 p.m.

In the parking lot are the following subjects:

- OCP Integration and Town Hall as a standing 30-minute item on the agenda – Jennifer Bliss
- Gambling addiction – July, Jim Leingang
- Integration of physical and mental health – David Mancuso
- DBHR Children’s Team Overview / FYPer – Diana Cockrell?
- Enrollment trending – RDA
- Trauma Informed in Schools / gun violence – Ron Hertel
- Peer Respite Model – July, Douglas Lucas, David Culp

Remaining 2018 Meetings:

- May 2, 2018 – Ramada Inn, Lacey
- July 11, 2018 – Blake West, Roosevelt/Chelan Rooms
- September 5, 2018 – Blake West, Roosevelt/Chelan Rooms
- November 7, 2018 - TBD