

**Behavioral Health Advisory Council
Meeting Minutes
January 6, 2016**

Mission Statement:

The Behavioral Health Advisory Council mission is to advise and educate the Division of Behavioral Health and Recovery, for planning and implementation of effective, integrated behavioral health services by promoting individual choice, prevention, and recovery in Washington State

Present:	<p>By phone: Ron Hertel, Annabelle Payne, Kristina Sawyckyj-Moreland, JoEllen Woodrow, Kristina Sawyckyj-Moreland</p> <p>In Lacey: Beth Dannhardt, Carolyn Cox, Eleanor Owen, Heather Maxwell, Jeff Aldrich, Kimberly Miller, Mary O'Brien, Moira O'Crotty, Myra Paull, Phillip Gonzales, Susan Kydd, Vanessa Lewis, Roxane Waldron, Mark Freedman, Michael Langer, Pamala Sacks-Lawlar, Shelli Young, Tory Henderson, Dan Halpin, Mario Williams Sweet, Sandra Mena Tyree</p> <p><i>Visitors: Dr. Charisa Fotinos, Haley Lowe, Dennis Malmer, Carrie Huie-Pascua, Jessica Shook, Katie Kimball, Harvey Funai (on phone), Diana Cockrell</i></p>
Members Excused:	Linda Kehoe, Becky Bates, Kathy Morgan, Dawn Maloney, Barb Putnam, Steve Kutz, Dawn Maloney
Not Present:	Carmen Pacheco-Jones, Elizabeth Andrews, Norrie Gregoire, Barb Putnam, Kathy Morgan, Melodie Pazolt, Ruth Leonard, Steve Kutz, Chris Imhoff
Minutes taken by:	Martha Williams, Sasheen Morgan
Call to Order	Meeting was called to order at 9:01 a.m.
Welcome; Introductions; Review of agenda; amendments, and approval of previous meeting minutes	<p>Quorum was reached. It was moved and seconded to approve the November meeting minutes with member initiated amendments. Motion passed.</p> <p>Michael Langer had several announcements: the new name of the administration is now Behavioral Health Administration; DSHS Secretary Quigley announced yesterday that he would be leaving DSHS. Chris Imhoff will not be here because she was called away for a meeting with the Governor. Dennis Malmer, new Deputy Director, will be here at 2:00 p.m. for the Directors Report. Katie Weaver Randall will be leaving DBHR to take a position with OFM as of January 16, 2016.</p>
Strategic Planning Teams – Break out	Susan Kydd: Opportunity was given to the teams to gather and finalize plans. Plans need to be completed by the March meeting. Teams were given 20 minutes for discussion.

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<p>Strategic Planning Teams Report out</p>	<p>Prevention: The plan focuses on prevention of risk factors regarding SUD, CD and MH.</p> <p>Workforce: The plan emphasizes the ongoing issue moving toward integration. Some actions include looking to invite others to join the committee and producing a white paper to submit to state level taskforce. Formal plan will be submitted to the council for voting in March. Members requested a review of the bylaws in order to determine if a standing workforce committee is allowable.</p> <p>Paradigm Shift: Based on the breakout session, the draft/printed plan has been changed quite a bit; new copies will be sent to the council in a few days. Group also looked at defining “recovery”. Members mentioned SAMSHAs 10 steps to recovery, addiction education by DBHR and other organizations, and the focus of making recommendations. Some verbiage will also be changed. System of Care will be addressed by Becky Bates at a later date. Monica ?, Katie Kimball, Philip Gonzales, Mary O’Brien, Roxane Waldron have joined the team.</p> <p>Team leaders were given a month to finalize plans and submit to Susan Kydd. Members will vote on the plans at the March meeting.</p>
<p>MAT – Medication Assisted Treatment</p>	<p>Dr. Fotinos provided her background to the council. Dr. Fotinos presented a PowerPoint talk focusing on opiate assistance. The presentation included information from prevention to SUD to addiction and finally recovery. PowerPoint presentation was sent to members.</p> <p>Members questioned if there is a difference in completers if treatment was court ordered. Dr. Fotinos did not parse out the numbers, but commented that that information could be useful. Dr. Fotinos also provided more information regarding corrections and MAT. The conversation has to include the questions such as is this realistic, should this be considered a chronic issue, etc.</p> <p>Members questioned how can BHAC help with MAT. Dr. Fotinos requested that the council keep up the work and support of programs such as this.</p>
<p>Peer Review Application Influences</p>	<p>Michael Langer and Sandra Mena Tyree: The Peer Reviewer Committees did the work to provide an executive summary for each section. Members asked, what will be done as a next step with that information? Michael suggested that the information would be shared with the management team, with the upcoming MAT Trainings (because of the lack of MAT related responses), lack of MH responses will be addressed during the next session of reviews (BHO contracts will include participation). BHOs will</p>

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	<p>need to comply with federal levels for the type and amount of data, and its uniformity.</p> <p>Members requested more information regarding the HCA data portal at a future BHAC meeting.</p>
<p>Membership committee additions and finalize</p>	<p>Executive Team: This ad hoc membership committee will be looking at BHAC's current membership. A handout was provided regarding membership. Heather Maxwell, Carolyn Cox, JoEllen Woodrow, Eleanor Owen are the ad hoc committee members. The committee will contact members whose terms are ending and assess the vacancies. March is the due date for new/renewing members. The committee will provide a suggested member list and an officer list for council members to approve. The list will then be forwarded to Chris for final approval.</p>
<p>Performance Measure Workgroup Members from BHAC</p>	<p>Heather Maxwell: Susan Kydd, JoEllen Woodrow were chosen as the reps for the Performance Measure Workgroup.</p>
<p>New Journeys with Transitional Aged Youth</p>	<p>Haley Lowe: Haley introduced herself and gave a short work history. The "Get Help Early" video was played for the council (www.dshs.wa.gov/GetHelpEarly). The video shows about some of the work that has been done with Transitional Aged Youth. A tool-kit was handed out to members; there are several tool-kits with different community focuses; also the tool-kits are available on line at the link above. Haley led the group in discovering the different aspects of the website including the RecoveryLibrary.</p> <p>Some additional resources were brought to the meeting which will also be sent out to schools, providers, and more. Members should contact Haley Lowe (haley.lowe@dshs.wa.gov) to request that materials be sent out.</p> <p>Regarding Early Psychosis Initiative/Schizophrenia – DSHS has partnered with several different agencies to move forward with an early psychosis initiative.</p> <p>Council members were asked to be the ambassadors regarding the Early Psychosis Initiative.</p>
<p>Directors update:</p> <ul style="list-style-type: none"> • Marijuana Update • 2020 Input needed by Director BHAC 	<p>Dennis Malmer: Dennis Malmer was introduced as the new Deputy Director. Members introduced themselves.</p> <p>Michael Langer: Marijuana Update: Michael's handout was emailed to the Council during the meeting. Legislation provides stable funding and includes such items as Healthy Youth Survey, and Young Adult Survey, Washington State Institute for Public Policy (WSIPP) funding, etc. Program</p>

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evaluation will be handled by the Division. Also funded is training for EBP substance based adolescents and prevention. **Regarding the Community Prevention and Wellness Initiative (CPWI):** communities will be fully funded. Five new communities will be coming on line. The Legislature was interested in giving community-based organizations an opportunity to implement Evidence Based Practices (EBPs) with funding. Those applications and resulting awards will be announced soon. Through Office of the Superintendent for Public Instruction (OSPI), training will be provided for school based life skills training and is an EBP. Mid-year implementation is a challenge. **Home visiting:** DBHR will be working with Department of Early Learning (DEL). **Tribal Programs:** small budget for prevention or treatment. Tribes are submitting plans.

NOTE: Members requested that in the future, WSSIP be invited to share the evaluation of general changes across the state. Members also requested that a look be taken at Tribal activities to apply those activities to EBPs or the promising practices list.

Members discussed the following:

- Commerce funding
- Community-based housing
- BHAC stakeholder breakdown was requested to be sent to members
- Feedback should be funneled through Dennis Malmer who will provide to Chris
- Children’s Mental Health Proposals have not been finalized
- Dennis Malmer:
 - A request for a standing BHAC committee or forum focused on workforce development recommendations. A list of interested members was not captured
 - SAMHSA Notes to be forwarded to BHAC members
- Legislative Session starts Monday, January, 11, 2016.

HB 1450

Carrie Huie-Pascua, Jessica Shook:

Carrie and Jessica provided a PowerPoint and report review HB 1450 and published mental health reports (<https://www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/mental-health-reports>)

Members participated in the discussion of:

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<p>Single Bed Certification</p>	<ul style="list-style-type: none"> • Challenges • Relationships with the community • Language clarification • Expected impacts: assessments, court petitions, etc. • Enforcement challenges • Cost comparison <p>Carrie Huie-Pascua provided information regarding Single Bed Certification:</p> <ul style="list-style-type: none"> • Process and framework: understanding and utilization • Median days for single bed certification is three days • Relevance for designated ITA • New links for information on public websites will be provided to members
<p>Review Action Items</p>	<ul style="list-style-type: none"> • Value Statement in March • Tory had a questions on DEL number for BHAC. • Review of integration for 20/20.
<p>Adjourned</p>	<p>Meeting adjourned at 2:58 pm. Strategic Planning Ad Hoc Committee convened for discussion and updates on the early adopters.</p>