

Diabetes Prevention Program (DPP) Testing Event FAQs

A guide for wellness coordinators

Participation

1. Who is eligible to participate in a testing event?

Find out from the PEBB Diabetes prevention webpage at www.hca.wa.gov/pebb-diabetes-prevention.

2. I don't have PEBB coverage. Can I still sign up for the testing event?

No. The testing event is only available to PEBB members. Check with your insurance plan to see if it offers any similar diabetes prevention services.

3. My doctor already told me I'm prediabetic. Do I need to go to the testing event to participate in Diabetes Prevention Program classes?

No, just call 206-344-3181.

Registration

4. Is the registration site secure?

Yes.

5. I made an appointment. Will I receive a confirmation or reminder?

You will get an email confirming your appointment date and time as long as you provide your email address and request notification when you register.

6. I made an appointment, but I need to cancel (or reschedule). What do I do?

You can log back into the system or call 206-344-3181 to cancel or change your appointment.

Privacy

7. Will my employer see my test results?

No. Your results are strictly confidential.

8. What will the DPP testing provider do with my test results?

They will not share your results. They will look at your results to see if you qualify for DPP classes. If your test results fall in the prediabetes range, they will invite you to participate.

9. Will the DPP testing provider share my test results with my doctor or health plan?

No. The only information shared with your health plan is whether you received a test and whether you attend DPP classes so your plan can pay the costs for you.

Event

12. Do I have to submit leave to attend the testing event?

It depends.

If you work for a state agency, you don't have to submit leave because Governor Inslee issued Executive Order 13-06 that allows employees to take 30 minutes of work time to go to the testing event.

For all other organizations, ask your organization leadership for guidance.

13. What should I bring to the testing event?

Your PEBB health plan ID card.

14. I haven't received my medical plan ID card yet. What should I do?

Contact your plan to find out your medical plan ID number. Find your plan's phone number on the PEBB website at

www.hca.wa.gov/public-employee-benefits.

15. How much time will I spend at the testing event?

The entire appointment should take about 15 minutes. Each event will differ slightly according to location.