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State/Territory Name: Washington

State Plan Amendment (SPA) #: 25-0010

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES
Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

November 4, 2025

Ryan Moran, Director
Trinity Wilson, Interim State Medicaid Director
Washington State Health Care Authority
Post Office Box 45502
Olympia, WA 98504-5010

Re: Washington State Plan Amendment (SPA) – 25-0010

Dear Director Moran and Trinity Wilson:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 25-0010. This amendment proposes to add services of Psychological Associates to the State Plan and update the title of Certified Peer Specialists and Certified Peer Specialist Trainees to Certified Peer Support Specialists and Certified Peer Support Specialist Trainees.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations 42 CFR 440.60 and 42 CFR 440.130. This letter informs you that Washington's Medicaid SPA TN WA-25-0010 is approved on November 3, 2025, with an effective date of January 1, 2026.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Washington State Plan.


If you have any questions, please contact Edwin Walaszek at (212) 616-2512 or via email at Edwin.Walaszek1@cms.hhs.gov.

Sincerely,

Nicole M.
Mcknight -S

Nicole McKnight

On Behalf of Courtney Miller, MCOG Director

 Digitally signed by Nicole M.
Mcknight -S
Date: 2025.11.04 13:18:53 -05'00'

Enclosures

cc: Ann Myers, Section Manager & State Plan Coordinator, Health Care Authority

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 5 — 0 0 1 0

2. STATE

WA

3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL SECURITY ACT

XIX XXI

TO: CENTER DIRECTOR
CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

Jan. 1, 2026

5. FEDERAL STATUTE/REGULATION CITATION

1902(a)(6) & 1905(a)(13) of SSA; 42 CFR 440.60; 42 CFR 440.130
1905(a)(6)

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2026 \$ 609,280
b. FFY 2027 \$ 1,834,849

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Attachment 3.1-A pages 20a, 21b, 35, 37, 38, 38a, 39, 39a (new),
40, 42, 42a, 43, 44, 45, 46, 41

Attachment 3.1-B pages 21a, 22a, 35, 37, 38, 38a, 39, 39a (new),
40, 41, 42, 42a (new), 43, 44, 45, 46, 21

8. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION

OR ATTACHMENT (If Applicable)
Att. 3.1-A pgs 20a (TN 25-0006), 21b (TN 24-0035), 35 (TN 24-0035), 37 (TN 23-0010), 38 (TN 25-0001), 38a (TN 25-0001), 39 (TN 24-0046), 40 (TN 25-0001), 41 (TN-23-0010), 42 (TN 25-0001), 42a (TN 25-0001), 43 (TN 25-0001), 44 (TN 25-0001), 45 (TN 25-0001), 46 (TN 23-0010)
9. Att. 3.1-B pgs 21 (TN 25-0006), 21a (TN 24-0038), 22a (TN 24-0035), 35 (TN 24-0035), 37 (TN 23-0010), 38 (TN 25-0001), 38a (TN 25-0001), 39 (TN 24-0046), 40 (TN 25-0001), 41 (TN 23-0010), 42 (TN 25-0001), 43 (TN 25-0001), 44 (TN 25-0001), 45 (TN 25-0001), 46 (TN 25-0001)

9. SUBJECT OF AMENDMENT

Add Psychological Associates and Update Title of Certified Peer Specialists & Certified Peer Specialist Trainees to Certified Peer Support Specialists & Certified Peer Support Specialist Trainees

10. GOVERNOR'S REVIEW (Check One)

- GOVERNOR'S OFFICE REPORTED NO COMMENT OTHER, AS SPECIFIED: EXEMPT
 COMMENTS OF GOVERNOR'S OFFICE ENCLOSED
 NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL

11. SIGNATURE OF STATE AGENCY OFFICIAL

Charissa Fotinos MD, MSc

12. TYPED NAME

Charissa Fotinos, MD, MSc

13. TITLE

Medicaid and Behavioral Health Medical Director

14. DATE SUBMITTED

October 9, 2025

15. RETURN TO

State Plan Coordinator
POB 42716
Olympia, WA 98504-2716

FOR CMS USE ONLY

16. DATE RECEIVED

October 9, 2025

17. DATE APPROVED

November 3, 2025

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL

January 1, 2026

19. SIGNATURE OF APPROVING OFFICIAL

Nicole M. Mcknight -S Digitally signed by Nicole M. Mcknight -S
Date: 2025.11.04 13:19:26 -05'00'

20. TYPED NAME OF APPROVING OFFICIAL

Nicole McKnight

21. TITLE OF APPROVING OFFICIAL

On Behalf of Courtney Miller, MCOG Director

22. REMARKS

10/30/25: The state authorizes the following Pen and ink change to the 179 form:

- Box 5: Change statute from '1902(a)(6) to '1905(a)(6)'

10/23/25: The state authorizes the following Pen and ink changes to the 179 form:

- Box 7: to 3.1-A, add page "41;" to 3.1-B, add page "21"
- Box 8: to 3.1-A, add page "41 (TN 23-0010)"; to 3.1-B, add page "21 (TN 25-0006)"

11/3/25: The state authorizes the following Pen and ink changes to the 179 form:

- Box 8: to 3.1-A, add page 40 "(TN 25-0001)"; to 3.1-B, add page 45 "(TN 25-0001)" and page 46 "(TN 25-0001)"

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

6. Other practitioners' services (cont)

- Pharmacists
 - Pharmacy interns and pharmacy technicians may furnish services in accordance with their professional scope of practice in accordance with state law.
 - Pharmacies are qualified providers of COVID-19 vaccinations per the HHS COVID-19 PREP Act Declaration and authorizations
 - Physician assistants
 - Psychologist
 - Licensed psychological associate under the supervision of a state-licensed psychologist
 - Certified substance use disorder professionals
- (2) Other practitioners are covered as specified in other sections of the State Plan and as approved by the Medicaid agency.
- (3) Mental health outpatient services may be provided by the following providers licensed by the state under 42 CFR 440.060(a):
- Licensed Advance Social Workers
 - Licensed Advance Social Worker Associates
 - Licensed Independent Clinical Social Workers
 - Licensed Independent Clinical Social Worker Associates
 - Licensed Marriage and Family Therapists
 - Licensed Marriage and Family Therapist Associates
 - Licensed Mental Health Counselors
 - Licensed Mental Health Counselor Associates
 - Licensed Psychiatric Advanced Nurse Practitioner
 - Licensed Psychologist
 - Licensed Psychological Associate under the supervision of a state-licensed psychologist

To diagnose and treat clients eighteen years of age and younger, the practitioner must be listed above and must:

- a. Meet state requirements for a Children's Mental Health Specialist; or
- b. Be working under the supervision of a licensed practitioner listed above who meets the state requirement for a Children's Mental Health Specialist.

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6. d. Other practitioners' services (cont)

(8) Collaborative care

The following health care professionals are eligible to participate on the collaborative care team to provide collaborative care and will furnish services in accordance with their scope of practice as defined by state law:

1. State-licensed advanced registered nurse practitioners
2. State certified behavioral health support specialists under the supervision of a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions.
3. State-certified substance use disorder professionals
4. Substance use disorder professional trainees under the supervision of a state-certified chemical dependency professional
5. State-licensed marriage and family therapists
6. State-licensed marriage and family therapist associates under the supervision of a state-licensed marriage and family therapist or equally qualified mental health practitioner
7. State-licensed mental health counselors
8. Mental health counselor associates under the supervision of a state-licensed mental health counselor, psychiatrist, or physician
9. State-licensed physicians
10. State-licensed physician assistants under the supervision of a licensed physician
11. State-licensed psychiatrists
12. State-licensed psychiatric advanced registered nurses
13. State-licensed psychologists
14. State-licensed psychological associates under the supervision of a state-licensed psychologist
15. State-licensed registered nurses
16. State-licensed social workers
17. State-licensed social worker associate independent clinical, under the supervision of a state-licensed independent clinical social worker or equally qualified mental health practitioner.
18. State-licensed social worker associate advanced, under the supervision of a state-licensed independent clinical social worker, state-licensed advanced social worker, or equally qualified mental health practitioner.

For unlicensed practitioners that require supervision to furnish services, Washington assures that the supervising state-licensed or state-certified practitioner assumes professional responsibility for the services provided by the unlicensed practitioner.

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13. c. Preventive services

Screening, Brief Intervention, and Referral to Treatment (SBIRT) services

In accordance with 42 CFR 440.130(c), the Medicaid agency covers alcohol and substance misuse counseling through screening, brief interventions, and referral to treatment (SBIRT) when provided by a physician or other licensed practitioner within the scope of their practice as defined in state law, and when provided by or under the supervision of, a physician or other licensed practitioner within the scope of their practice as defined in state law.

A. PROVIDERS

To qualify as a qualified SBIRT provider, eligible state-licensed or state-certified health care professionals must complete an agency-approved SBIRT training.

The following health care professionals are eligible to become qualified SBIRT providers to deliver SBIRT services within their scope of practice as defined in state law:

- Licensed advanced registered nurse practitioners (ARNP)
- Licensed dentist
- Licensed dental hygienists
- Licensed marriage and family therapists
- Licensed marriage and family therapist associates
- Licensed mental health counselors
- Licensed mental health counselor associates
- Licensed practical nurse
- Licensed psychologist
- Licensed psychological associate under the supervision of a state-licensed psychologist
- Licensed physician
- Licensed physician assistant
- Licensed registered nurse
- Licensed advance social workers
- Licensed advance social worker associates
- Licensed independent social workers
- Licensed independent social worker associates
- Certified substance use disorder professionals (SUDP)
- Certified behavioral health support specialists

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13. d. Rehabilitative services

- 1) Behavioral health (substance use disorders (SUD), mental health (MH), and MH/SUD co-occurring disorder (COD)) treatment services recommended by a physician or other licensed practitioner within their scope of practice, for the maximum reduction of physical or mental disability and restoration of a beneficiary to their best possible functional level.

Substance Use Disorder Case Management is covered under the Targeted Case Management benefit as described in Supplement 1F to Attachment 3.1-A.

(a) Provider Types:

The following state-credentialed provider types, working within a state-licensed behavioral health agency, may furnish services in accordance with their scope of practice as defined by state law or exempt from such licensure pursuant to Title 25 U.S.C. Sec. 1621t of the Indian Health Care Improvement Act:

- i. An individual who has one of the following credentials is considered a **Mental Health Professional**:
- Licensed Advanced Registered Nurse Practitioner working as a Psychiatric Advanced Registered Nurse Practitioner
 - Certified Agency Affiliated Counselor
 - Licensed Agency Affiliated Counselor
 - Licensed Marriage and Family Therapist
 - Licensed Marriage and Family Therapist Associate
 - Licensed Mental Health Counselor
 - Licensed Mental Health Counselor Associate
 - Licensed Osteopathic Physician, working as a psychiatrist
 - Licensed Physician Assistant working under the supervision of a Psychiatrist
 - Licensed Physician, working as a Psychiatrist
 - Licensed Physician, working as a Child Psychiatrist
 - Licensed Psychologist
 - Licensed Psychological Associate under the supervision of a state-licensed psychologist
 - Licensed Registered Nurse, working as a Psychiatric Nurse
 - Licensed Social Worker (Advanced, Independent Clinical, or Associate)

Within the list of Mental Health Professionals above, the following definitions apply:

- “Psychiatrist” means a physician licensed by the state who has in addition completed four years of graduate training in psychiatry in a program approved by the American Board of Medical Specialties or the American Osteopathic Board and is certified or eligible to be certified by the American Board of Psychiatry and Neurology or the American Osteopathic Board of Neurology and Psychiatry.
- “Child psychiatrist” means a person having a license as a physician in this state, who has had graduate training in child psychiatry in a program approved by the American Board of Medical Specialties or the American Osteopathic Association, and who is board eligible or board certified in child psychiatry.

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-
13. d. Rehabilitative Services (cont)
- “Psychiatric nurse” means a registered nurse who has a bachelor's degree from an accredited college or university, and who has had, in addition, at least two years' experience in the direct treatment of mentally ill or emotionally disturbed persons, such experience gained under the supervision of a Mental Health Professional. "Psychiatric nurse" also means any other registered nurse who has three years of such experience.
 - “Psychiatric advanced nurse practitioner” means person who is licensed as an advanced registered nurse practitioner according to state law; who is board-certified in advance practice psychiatric and mental health nursing.
- ii. **Licensed Practical Nurse**
- iii. **Nursing Assistant Registered/Certified**
- iv. **Medical Assistant - Certified**
- v. **Licensed Pharmacist**
- vi. **Licensed Osteopathic Physician Assistant**
- vii. **Licensed Registered Nurse**
- viii. **Certified Substance Use Disorder Professional**
- ix. **Certified Substance Use Disorder Professional Trainee**
- x. **Certified Peer Counselor** who has self-identified as in recovery from mental health conditions and or substance use disorders or is the parent or legal guardian of a person who has applied for, is eligible for, or has received mental health or substance use services; has received specialized training provided or contracted by the Health Care Authority; has passed a test, which includes both written and oral components of the training; has passed a Washington State background check; has been certified by the Health Care Authority and is working under an Agency Affiliated registration. Certified Peer Counselors work under the supervision of a Mental Health Professional or a Substance Use Disorder Professional.
- xi. **Certified Peer Support Specialist** means an individual who has self-identified as in recovery from behavioral health experiences/challenges or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam which includes both written and oral components; has met the experience requirement or has 1000 hours working as a Peer Support Specialist Trainee under the supervision of an MHP or SUDP; and has been credentialed by the state.
- xii. **Certified Peer Support Specialist Trainee-** an individual who has self-identified in recovery from behavioral health experiences/challenges or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam which includes both written and oral components; is working towards the supervised experience to become a Certified Peer Support Specialist, working under the supervision of an MHP or SUDP: and has been credentialed by the state.

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13. d. Rehabilitative Services (cont.)

- xiii. **Mental Health Care Provider** means an individual working in a Behavioral Health Agency, under the supervision of a Mental Health Professional, who has primary responsibility for implementing an individualized plan for mental health rehabilitation services. To provide services as a Mental Health Care Provider, this person must be a Registered Agency Affiliated Counselor and have a minimum of one year of education or experience in mental health or a related field.
- xiv. **Behavioral Health Specialist** is a Mental Health Professional who meets state requirements as:
- A “child mental health specialist”
 - A “geriatric mental health specialist”
 - An “ethnic minority mental health specialist”
 - A “disability mental health specialist”
 - A “co-occurring disorder specialist – enhancement”
- xv. **Certified Behavioral Health Support Specialist (BHSS)** means an individual certified by the state to deliver brief behavioral health services under the supervision of a Mental Health Professional or a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions. To provide services as a Certified Behavioral Health Support Specialist, this person must have a bachelor’s degree and have completed the BHSS educational program approved by the state.
- xvi. **Certified Gambling Counselor** is an individual that holds a state license as a Marriage and Family Therapist, a Marriage and Family Therapist Associate, A Mental Health Counselor, a mental Health Counselor Associate, a Social Worker (Advanced, Independent Clinical, or Associate), Psychologist or a state certification as a Substance Use Disorder Professional or Substance Use Disorder Professional Trainee and also holds a state certification as a Certified Gambling Counselor.

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13. d. Rehabilitative Services (cont)

(b) Services:**i. Crisis Intervention**

Screening, evaluation, assessment, and clinical intervention are provided to all Medicaid enrolled persons experiencing a behavioral health crisis. A behavioral health crisis is defined as a significant change in behavior in which instability increases and/or risk of harm to self or others increases. The reasons for this change could be external or internal to the person. If the crisis is not addressed in a timely manner, it could lead to significant negative outcomes or harm to the person or others. Crisis intervention services are available on a 24-hour basis, 365 days a year. Crisis intervention services are intended to stabilize the person in crisis, prevent further deterioration, and provide immediate treatment and intervention, de-escalation, and coordination/referral efforts with health, social, and other services and supports as needed to affect symptom reduction, harm reduction, and/or to safely transition persons in acute crisis to the appropriate environment for continued stabilization. Crisis intervention should take place in a location best suited to meet the needs of the person and in the least restrictive environment available. Crisis intervention services may be provided prior to completion of an intake evaluation.

The following practitioners may furnish crisis intervention services within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Support Specialist, under the supervision of an MHP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

Additional Information:

In order to claim increased FMAP for services using the 'community-based mobile crisis intervention services' model, the requirements described in section 1947(b) of the Act must be met, including providing services to persons outside of a hospital or other facility setting, through a multidisciplinary team, trained in trauma-informed care, de-escalation strategies, and harm reduction. The team must include, at a minimum, at least one individual who may conduct an assessment within their authorized scope of practice under state law and other professionals or paraprofessionals with appropriate expertise in behavioral health care.

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13. d. Rehabilitative Services (cont)

ii. **Crisis Stabilization**

Services provided to Medicaid enrolled persons who are experiencing a behavioral health crisis. This service includes follow-up after a crisis intervention. These services are to be provided in the person's own home or another home-like setting, or a setting which provides safety for the person and the Mental Health Professional. Crisis stabilization services may include short-term assistance with life skills training and understanding medication effects. It may also include providing services to the person's natural and community supports, as determined by a Mental Health Professional, for the benefit of supporting the person that experienced the crisis. Crisis stabilization services may be provided prior to an intake evaluation for behavioral health services. Crisis stabilization services may be provided by a team of professionals, as deemed appropriate and under the supervision of a Mental Health Professional.

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13. d. Rehabilitative Services (cont)

The following practitioners may furnish crisis stabilization services within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Support Specialist, under the supervision of an MHP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP
- Substance Use Disorder Professional, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

iii. Intake evaluation, assessment, and screenings (Mental Health)

This service is an evaluation of a person's behavioral health, along with their ability to function within a community, to establish the medical necessity for treatment, determine service needs, and formulate recommendations for treatment. Intake evaluations must be initiated prior to the provision of any other behavioral health services, except those specifically stated as being available prior to an intake. Services may begin before the completion of the intake once medical necessity is established.

Mental health intake evaluation, assessment, and screening services may be provided by a Mental Health Professional within their scope of practice as defined by state law. Psychological assessment and tests must be performed by or under the supervision of a licensed psychologist or psychiatrist.

iv. Intake evaluation, assessment, and screenings (Substance Use or Problem Gambling Disorder)

This service is a comprehensive evaluation of a person's behavioral health, along with their ability to function within a community, to determine current priority needs and formulate recommendations for treatment. The intake evaluation for substance use disorder includes a review of current intoxication and withdrawal potential; biomedical complications; emotional, behavioral, and/or cognitive complications; readiness to change; relapse potential; and recovery environment. Intake evaluations for problem gambling disorders include a biopsychosocial clinical assessment. Information from the intake is used to work with the person to develop an individualized service plan to address the identified issues.

Intake evaluations must be initiated prior to the provision of any other substance use or problem gambling disorder services. Services may begin before the completion of the intake once medical necessity is established.

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3. d. Rehabilitative services (cont.)

- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Psychological Associate under the supervision of a state-licensed psychologist
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

Additional Information:

Assessments related to gambling disorders must be performed by or under the supervision of a licensed/certified practitioner, who holds a Certified Gambling Counselor Certification, as defined in state law.

v. Medication Management

Medication management is the prescribing and/or administering of psychiatric medications and reviewing of their side effects. This service may be provided in consultation with primary therapists, case managers, and/or natural supports, without the person present, but the service must be for the benefit of the person.

Medication management may be provided by the following practitioners within their scope of practice as defined by state law:

- Licensed Advanced Registered Nurse Practitioner
- Licensed Advanced Registered Nurse Practitioner/Psychiatric Advanced Registered Nurse Practitioner
- Medical Assistant – Certified
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Pharmacist
- Licensed Practical Nurse
- Licensed Physician Assistant
- Licensed Physician
- Licensed Physician/Psychiatrist
- Licensed Registered Nurse

vi. Medication Monitoring

Medication monitoring is one-on-one cueing, observing, and encouraging a Medicaid enrolled person to take their psychiatric medications as prescribed. Also includes reporting back to persons licensed to perform medication management services for the direct benefit of the Medicaid enrolled person. This service is designed to facilitate medication compliance and positive outcomes.

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13. d. Rehabilitative services (cont.)

Medication monitoring may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Support Specialist, under the supervision of an MHP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP
- Medical Assistant-Certified
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Osteopathic Physician Assistant
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Physician/Psychiatrist
- Licensed Practical Nurse
- Licensed Registered Nurse
- Nursing Assistant Registered/Certified
- Certified Behavioral Health Support Specialist under the supervision of an MHP

vii. Mental Health Treatment Interventions

Services delivered in a wide variety of settings that promote recovery using therapeutic techniques. These services are provided, as medically necessary, along a continuum from outpatient up through residential and inpatient levels of care, and include evaluation, stabilization, and treatment. Services provided in facility settings must have the appropriate state facility licensure.

Treatment services include the use of planned interventions to achieve and maintain maximum level of functioning for the person.

Treatment interventions include cognitive and behavioral interventions designed with the intent to stabilize the individual and return them to more independent and less restrictive treatment. Services are conducted with the person, their family, or others at their behest, for the direct benefit of the person. Services may include individual, family, and group therapy, as well as skill building/self-care necessary to maintain/restore functioning. Services may also include therapeutic psychoeducation, which focuses on assisting the individual and their identified supports in increasing knowledge of mental health and recovery, use and efficacy of medication, symptom reduction and management, effective problem solving, and emotional/behavioral regulation skills. Intensive or brief intervention treatment models may be utilized, as well as using a multi-disciplinary team-based approaches.

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13. d. Rehabilitative services (cont.)

Mental health treatment interventions may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Support Specialist, under the supervision of an MHP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

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13. d. Rehabilitative services (cont.)

Additional information:

Individual and Family treatment may take place without the person present, with their consent, as required by law. However, the service must be for the benefit of attaining the goals identified by the person in their individualized service plan.

viii. Peer Support

This service provides scheduled activities that promote wellness, recovery, self-advocacy, development of natural supports, and maintenance of community living skills. Services are provided by Certified Peer Counselors, Certified Peer Support Specialists, or Certified Peer Support Specialist Trainees as noted in the individuals' Individualized Service Plan, or without an Individualized Service Plan when provided during/post crisis episode.

Certified Peer Counselors, Certified Peer Support Specialists, or Certified Peer Support Specialist Trainees work with adults and youth and the parents/caregiver of children receiving or who have received behavioral health services. They draw upon their experiences to help peers find hope and make progress toward recovery and wellness goals. Certified Peer Counselors, Certified Peer Support Specialists, and Certified Peer Support Specialist Trainees model skills in recovery and self-management to help individuals meet their self-identified goals.

Certified Peer Counselors, Certified Peer Support Specialists, and Certified Peer Support Specialist Trainees must provide peer support services under the supervision of an MHP or SUDP who understands recovery. The peer's and clinical supervisor's expertise should be aligned with the needs of the populations served by the Certified Peers.

ix. Behavioral Health Care Coordination and Community Integration

A range of activities furnished to engage persons in treatment and assist them in transitioning from a variety of inpatient, residential, or non-permanent settings back into the broader community. To be eligible, the person must need transition support services in order to ensure timely and appropriate behavioral health treatment and care coordination.

Activities include assessment for discharge or admission to community behavioral health care, integrated behavioral health treatment planning, resource identification and linkage, and collaborative development of individualized service planning that promote continuity of care. These specialized behavioral health community integration activities are intended to promote discharge, maximize the benefits of the transition plan, minimize the risk of unplanned readmission, and increase the community tenure for the person. Services focus on reducing the disabling symptoms of mental illness or substance use disorder and managing behaviors resulting from other medical or developmental conditions that jeopardize the person's ability to live in the community. Services are individualized interventions for the individual or collateral contacts for the benefit of the person and may include skill-building to develop skills promoting community tenure. This service may be provided prior to an intake evaluation or assessment.

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13. d. Rehabilitative services (cont.)

Behavioral health care coordination and community integration services may be provided by the following practitioners:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP or SUDP
- Certified Peer Support Specialist, under the supervision of an MHP or SUDP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP or SUDP
- Certified Substance Use Disorder Professional (SUDP)
- Certified Substance Use Disorder Professional Trainee, under the supervision of an SUDP
- Licensed Practical Nurse
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Registered Nurse
- Certified Behavioral Health Support Specialist under the supervision of an MHP

x. Substance Use Disorder Brief Intervention

A time limited, structured behavioral intervention designed to address risk factors that appear to be related to substance use disorders, using substance use disorder screening tools and brief intervention techniques, such as evidence-based motivational interviewing and referral to additional treatment services options when indicated. This service may be provided prior to an intake evaluation or assessment.

Substance use disorder brief intervention services may be provided by the following practitioners:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professional Trainee under the supervision of an SUDP
- Licensed Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Psychological Associate under the supervision of a state-licensed psychologist
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

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CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. d. Rehabilitative services/Mental health services (cont.)

xi. Substance Use or Problem Gambling Disorder Treatment Interventions

Services delivered in a wide variety of settings across the continuum that promote recovery, using therapeutic techniques. These services are provided, as medically necessary, along a continuum from outpatient up through residential and inpatient levels of care. Services provided in inpatient levels of care are provided in state-certified facilities.

Treatment interventions include intentional intervention in the health, behavioral health, and personal and/or family life of a person with a substance use or problem gambling disorder. Interventions are designed to facilitate the affected individual to achieve and maintain maximum functional recovery. Treatment interventions include individual treatment, group treatment, family counseling, intensive, and team-based approaches.

Provider Qualification:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professional Trainee under the supervision of the SUDP
- Licensed Advanced Registered Nurse Practitioner
- Certified Peer Counselor, under the supervision of an MHP or SUDP
- Certified Peer Support Specialist, under the supervision of an MHP or SUDP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP or SUDP
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Psychological Associate under the supervision of a state-licensed psychologist
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

Additional information:

- Counseling services related to gambling disorders must be performed by a licensed/certified practitioner, who holds a Certified Gambling Counselor Certification, as defined in state law, or be performed by a licensed/certified practitioner under the supervision of a Certified Gambling Counselor Supervisor.
- Individual and Family treatment may take place without the person present, with their consent, as required by law. However, the service must be for the benefit of attaining the goals identified by the person in their individualized service plan.

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State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. d. Rehabilitative services (cont)

xii. Substance Use Disorder Withdrawal Management

Services required for the care and/or treatment of persons intoxicated or incapacitated by alcohol or other drugs that are provided during the initial period of care and treatment while the person recovers from the transitory effects of acute or chronic intoxication or withdrawal from alcohol or other drugs. Services are provided in state-certified facilities.

Services include:

- Screening of persons in need of withdrawal management; and
- The use of different counseling and treatment strategies, such as motivational interviewing and developing an initial service plan for persons admitted to a program. These services are used to refer, stimulate motivation to guide individuals to additional treatment, and sustain recovery.
- Different levels of withdrawal management are provided in a variety of settings, including residential, sub-acute and acute locations.

Substance Use Disorder withdrawal management services may be provided by the following practitioners within their scope of practice as defined by state law:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professionals Trainee under the supervision of an SUDP
- Licensed Advanced Registered Nurse Practitioner/Psychiatric Advanced Registered Nurse Practitioner
- Certified Peer Counselor, under the supervision of an MHP or SUDP
- Certified Peer Support Specialist under the supervision of an MHP or SUDP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP or SUDP
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Medical Assistant
- Nursing assistant registered/certified
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Physician/Psychiatrist
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Psychological Associate under the supervision of a state-licensed psychologist
- Licensed Registered Nurse
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

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State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUPS: ALL

6. d. Other practitioners' services

(1) All other practitioners covered by the department include, but are not limited to, the following licensed practitioners. These practitioners are limited to services within their scope of practice and specialty area.

- Advanced registered nurse practitioners including certified registered nurse anesthetists
- Certified behavior support specialists under the supervision of a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions.
- Chiropractors (for EPSDT only)
- Dental health aide therapists* (under the supervision of a dentist within the scope of practice as defined under state law. The supervising licensed practitioner assumes professional responsibility for the services provided by the unlicensed practitioner and the licensed practitioner bills for services furnished by unlicensed practitioners.)
**Technical correction: Dental health aide therapists added per SPA 17-0027 approved 6/21/2023 effective 7/23/2017.*
- Dental hygienists
- Dental therapists under the supervision of a licensed dentist
- Denturists
- Licensed non-nurse midwives
- Naturopathic physicians (services are limited to physician-related primary care services)
- Opticians
- Pharmacists
 - Pharmacy interns and pharmacy technicians may furnish services in accordance with their professional scope of practice in accordance with state law.
 - Pharmacies are qualified providers of COVID-19 vaccinations per the HHS COVID-19 PREP Act Declaration and authorizations.
- Physician assistants
- Psychologist
- Licensed psychological associate under the supervision of a state-licensed psychologist
- Certified substance use disorder professionals

(2) Other practitioners are covered as specified in other sections of the State Plan and as approved by the department.

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State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

6. d. Other practitioners' services (cont)

(3) Mental health outpatient services may be provided by the following providers licensed by the state under 42 CFR 440.060(a):

- Licensed Advanced Social Workers
- Licensed Advanced Social Worker Associates
- Licensed Independent Clinical Social Workers
- Licensed Independent Clinical Social Worker Associates
- Licensed Marriage and Family Therapists
- Licensed Marriage and Family Therapist Associates
- Licensed Mental Health Counselors
- Licensed Mental Health Counselor Associates
- Licensed Psychiatric Advance Nurse Practitioners
- Licensed Psychologists
- Licensed Psychological Associates under the supervision of a state-licensed psychologist

To diagnose and treat clients eighteen years of age and younger, the practitioner must be listed above and must:

- a. Meet state requirements for a Children's Mental Health Specialist; or
- b. Be working under the supervision of a licensed practitioner listed above who meets the state requirement for a Children's Mental Health Specialist.

(4) Reserved

(5) Licensed non-nurse midwives

To participate in home births and in birthing centers, midwives must be an agency-approved provider.

(6) Psychologists.

- Psychological testing must be medically necessary, prior authorized, in an outpatient setting, and is limited to 2 units per client.
- Neurobehavioral status examinations require prior authorization.
- Neuropsychological testing requires prior authorization.
- Prior authorization is required for additional services that are medically necessary.

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State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

6. d. Other practitioners' services (cont)

(8) Collaborative care

The following health care professionals are eligible to participate on the collaborative care team to provide collaborative care and will furnish services in accordance with their scope of practice as defined by state law:

1. State-licensed advanced registered nurse practitioners
2. State certified behavioral health support specialists under the supervision of a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions.
3. State-certified substance use disorder professionals
4. Substance use disorder professional trainees under the supervision of a state-certified chemical dependency professional
5. State-licensed marriage and family therapists
6. State-licensed marriage and family therapist associates under the supervision of a state-licensed marriage and family therapist or equally qualified mental health practitioner
7. State-licensed mental health counselors
8. Mental health counselor associates under the supervision of a state-licensed mental health counselor, psychiatrist, or physician
9. State-licensed physicians
10. State-licensed physician assistants under the supervision of a licensed physician
11. State-licensed psychiatrists
12. State-licensed psychiatric advanced registered nurses
13. State-licensed psychologists
14. State licensed psychological associates under the supervision of a state-licensed psychologist
15. State-licensed registered nurses
16. State-licensed social workers
17. State-licensed social worker associate independent clinical, under the supervision of state-licensed independent clinical social worker or equally qualified mental health practitioner.
18. State-licensed social worker associate advanced, under the supervision of a state-licensed independent clinical social worker, state-licensed advanced social worker, or equally qualified mental health practitioner.

For unlicensed practitioners that require supervision to furnish services, Washington assures that the supervising state-licensed or state-certified practitioner assumes professional responsibility for the services provided by the unlicensed practitioner.

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State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13. c. Preventive services

Screening, Brief Intervention, and Referral to Treatment (SBIRT) services

In accordance with 42 CFR 440.130(c), the Medicaid agency covers alcohol and substance misuse counseling through screening, brief interventions, and referral to treatment (SBIRT) when recommended by a physician or other licensed practitioner within their scope of practice as defined in state law and when provided by, or under the supervision of, a physician or other licensed practitioner within the scope of their practice as defined in state law.

A. PROVIDERS

To qualify as a qualified SBIRT provider, eligible state-licensed or state-certified health care professionals must complete an agency-approved SBIRT training.

The following health care professionals are eligible to become qualified SBIRT providers to deliver SBIRT services within their scope of practice as defined in state law:

- Licensed advanced registered nurse practitioners (ARNP)
- Licensed dentist
- Licensed dental hygienists
- Licensed marriage and family therapists
- Licensed marriage and family therapist associates
- Licensed mental health counselors
- Licensed mental health counselor associates
- Licensed practical nurse
- Licensed psychologist
- Licensed psychological associate under the supervision of a state-licensed psychologist
- Licensed physician
- Licensed physician assistant
- Licensed registered nurse
- Licensed advance social workers
- Licensed advance social worker associates
- Licensed independent social workers
- Licensed independent social worker associates
- Certified substance use disorder professionals (SUDP)
- Certified behavioral health support specialists

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State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services

- 1) Behavioral health (substance use disorders (SUD), mental health (MH), and MH/SUD co-occurring disorder (COD)) treatment services recommended by a physician or other licensed practitioner within their scope of practice, for a maximum reduction of physical or mental disability and restoration of a beneficiary to their best possible functional level.

Substance Use Disorder Case Management is covered under the Targeted Case Management benefit and described in Supplement 1F to Attachment 3.1.A

(a) Provider Types:

The following state-credentialed provider types, working within a state-licensed behavioral health agency may furnish services in accordance with their scope of practice, as defined by state law or exempt from such licensure pursuant to Title 25 U.S.C. Sec. 1621t of the Indian Health Care Improvement Act:

- i. An individual who has one of the following credentials is considered a **Mental Health Professional**:
- Licensed Advanced Registered Nurse Practitioner working as a Psychiatric Advanced Registered Nurse Practitioner
 - Certified Agency Affiliated Counselor
 - Licensed Agency Affiliated Counselor
 - Licensed Marriage and Family Therapist
 - Licensed Marriage and Family Therapist Associate
 - Licensed Mental Health Counselor
 - Licensed Mental Health Counselor Associate
 - Licensed Osteopathic Physician, working as a psychiatrist
 - Licensed Physician, working as a Psychiatrist
 - Licensed Physician Assistant working under the supervision of a psychiatrist
 - Licensed Physician, working as a Child Psychiatrist
 - Licensed Psychologist
 - Licensed Psychological Associate under the supervision of a state-licensed psychologist
 - Licensed Registered Nurse, working as a Psychiatric Nurse
 - Licensed Social Worker (Advanced, Independent Clinical, or Associate)

Within the list of Mental Health Professionals above, the following definitions apply:

- "Psychiatrist" means a physician licensed by the state who has in addition completed four years of graduate training in psychiatry in a program approved by the American Board of Medical Specialties or the American Osteopathic Board and is certified or eligible to be certified by the American Board of Psychiatry and Neurology or the American Osteopathic Board of Neurology and Psychiatry.
- "Child psychiatrist" means a person having a license as a physician in this state, who has had graduate training in child psychiatry in a program approved by the American Board of Medical Specialties or the American Osteopathic Association, and who is board eligible or board certified in child psychiatry.
- "Psychiatric nurse" means a registered nurse who has a bachelor's degree from an accredited college or university, and who has had, in addition, at least two years' experience in the direct treatment of mentally ill or emotionally disturbed persons, such experience gained under the supervision of a Mental Health Professional. "Psychiatric nurse" also means any other registered nurse who has three years of such experience.

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13. d. Rehabilitative services (cont)

- “Psychiatric advanced registered nurse practitioner” means a person who is licensed as an advanced registered nurse practitioner according to state law; who is board certified in advance practice psychiatric and mental health nursing.

ii. Licensed Practical Nurse**iii. Nursing Assistant Registered/Certified****iv. Medical Assistant – Certified****v. Licensed Pharmacist****vi. Licensed Osteopathic Physician Assistant****vii. Licensed Registered Nurse****viii. Certified Substance Use Disorder Professional****ix. Certified Substance Use Disorder Professional Trainee**

- x. Certified Peer Counselor** means a person who has self-identified as in recovery from behavioral health experiences/conditions or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam, which includes both written and oral components of the training; has passed a Washington State background check; has been certified by the Health Care Authority and is working under an Agency Affiliated registration. Certified Peer Counselors work under the supervision of a Mental Health Professional or a Substance Use Disorder Professional.

- xi. Certified Peer Support Specialist** means an individual who has self-identified as in recovery from behavioral health experiences/challenges or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam, which includes both written and oral components; has met the experience requirement or has 1000 hours working as a Peer Support Specialist Trainee under the supervision of an MHP or SUDP; and has been credentialled by the state.

- xii. Certified Peer Support Specialist Trainee-** an individual who has self-identified in recovery from behavioral health experiences/challenges or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam, which includes both written and oral components; is working towards the supervised experience to become a Certified Peer Support Specialist; works under the supervision of an MHP or SUDP; and has been credentialled by the state.

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MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont)

- xiii. Mental Health Care Provider**, means an individual working in a Behavioral Health Agency, under the supervision of a Mental Health Professional, who has primary responsibility for implementing an individualized plan for mental health rehabilitation services. To provide services as a Mental Health Care Provider, this person must be a Registered Agency Affiliated Counselor and have a minimum of one year of education or experience in mental health or a related field.
- xiv. Behavioral health Specialist** is an individual that hold a state-credential from the list above and meets state requirements as:
- A "child mental health specialist"
 - A "geriatric mental health specialist"
 - An "ethnic minority mental health specialist"
 - A "disability mental health specialist"
 - A "Certified problem gambling counselor specialist "
 - A "Co-Occurring Disorder Specialist-Enhancement"
- xv. Certified Behavioral Support Specialist (BHSS)** means an individual certified by the state to deliver brief behavioral health services under the supervision of a Mental Health Professional or a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions.. To provide services as a Certified Behavioral Health Specialist, this person must have a bachelor's degree and have completed the BHSS educational program approved by the state.
- xvi. Certified Gambling Counselor** is an individual who holds a state license as a Marriage and Family Therapist, a Marriage and Family Therapist Associate, A Mental Health Counselor, a mental Health Counselor Associate, a Social Worker (Advanced, Independent Clinical, or Associate), Psychologist or a state certification as a Substance Use Disorder Professional or Substance Use Disorder Professional Trainee and also holds a state certification as a Certified Gambling Counselor.

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MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont)

(b) Services**i. Crisis Intervention**

Evaluation, assessment, and clinical intervention are provided to all Medicaid enrolled persons experiencing a behavioral health crisis. A behavioral health crisis is defined as a significant change in behavior in which instability increases, and/or risk of harm to self or others increases. The reasons for this change could be external or internal to the person. If the crisis is not addressed in a timely manner, it could lead to significant negative outcomes or harm to the person or others. Crisis services are available on a 24-hour basis. Crisis intervention services are intended to stabilize the person in crisis, prevent further deterioration, and provide immediate treatment and intervention, de-escalation, and coordination/referral efforts with health, social, and other services and supports as needed to effect symptom reduction, harm reduction, and/or to safely transition persons in acute crisis to the appropriate environment for continued stabilization. Crisis intervention should take place in a location best suited to meet the needs of the person and in the least restrictive environment available. Crisis intervention services may be provided prior to completion of an intake evaluation.

The following practitioners may furnish crisis intervention services within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Support Specialist, under the supervision of an MHP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

Additional Information:

In order to claim increased FMAP for services using the 'community-based mobile crisis intervention services' model, the requirements described in section 1947(b) of the Act must be met, including providing services to persons outside of a hospital or other facility setting through a multidisciplinary team, trained in trauma-informed care, de-escalation strategies, and harm reduction. The team must include, at a minimum, at least one individual who may conduct an assessment within their authorized scope of practice under state law and other professionals or paraprofessionals with appropriate expertise in behavioral health care.

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MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont.)

ii. Crisis Stabilization

Services provided to Medicaid enrolled persons who are experiencing a behavioral health crisis. This service includes follow-up after a crisis intervention. These services are to be provided in the person's own home or another home-like setting, or a setting which provides safety for the person and the Mental Health Professional. Crisis stabilization services may include short-term assistance with life skills training and understanding medication effects. It may also include providing services to the person's natural and community supports, as determined by a Mental Health Professional, for the benefit of supporting the person who experienced the crisis.

Stabilization services may be provided prior to an intake evaluation for behavioral health services. Stabilization services may be provided by a team of professionals, as deemed appropriate and under the supervision of a Mental Health Professional.

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MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont.)

The following practitioners may furnish crisis stabilization services within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Support Specialist, under the supervision of an MHP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP
- Substance Use Disorder Professional, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

iii. Intake evaluation, assessment, and screenings (Mental Health)

This service is an evaluation of a person’s behavioral health, along with their ability to function within a community, to establish the medical necessity for treatment, determine service needs, and formulate recommendations for treatment. Intake evaluations must be initiated prior to the provision of any other behavioral health services, except those specifically stated as being available prior to an intake. Services may begin before the completion of the intake once medical necessity is established.

Mental health intake evaluation, assessment, and screening services may be provided by a Mental Health Professional within their scope of practice as defined by state law. Psychological assessment and tests must be performed by or under the supervision of a licensed psychologist or psychiatrist.

iv. Intake evaluation, assessment, and screenings (Substance Use or Problem Gambling Disorder)

This service is a comprehensive evaluation of a person’s behavioral health, along with their ability to function within a community, to determine current priority needs and formulate recommendations for treatment. The intake evaluation for substance use disorder includes a review of current intoxication and withdrawal potential, biomedical complications, emotional, behavioral, cognitive complications, readiness to change, relapse potential, and recovery environment. Intake evaluations for problem gambling disorders includes a biopsychosocial clinical assessment. Information from the intake is used to work with the person to develop an individualized service plan to address the identified issues.

Intake evaluations must be initiated prior to the provision of any other substance use or problem gambling disorder services. Services may begin before the completion of the intake once medical necessity is established.

Intake evaluations, assessments, and screenings may be provided by the following practitioners within their scope of practice as defined by state law:

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MEDICALLY NEEDY GROUP(S): ALL

13 d. Rehabilitative services (cont.)

- Certified Substance Use Disorder Professional (SUDP)
- Certified Substance Use Disorder Professional Trainee (SUDPT), under the supervision of an SUDP
- Licensed Advanced Registered Nurse Practitioner Nurse
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Psychological Associate under the supervision of a state-licensed psychologist
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

Additional Information

Assessments related to gambling disorders must be performed by or under the supervision of a licensed/certified practitioner, who holds a Certified Gambling Counselor Certification, as defined in state law.

v. Medication Management

Medication management is the prescribing and/or administering of psychiatric medications and reviewing of their side effects. This service may be provided in consultation with primary therapists, case managers, and/or natural supports, without the person present, but the service must be for the benefit of the person.

Medication management may be provided by the following practitioners within their scope of practice as defined by state law:

- Licensed Advanced Registered Nurse Practitioner
- Licensed Advanced Registered Nurse Practitioner/Psychiatric Advanced Registered Nurse Practitioner
- Medical Assistant – Certified
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Physician
- Licensed Physician/Psychiatrist
- Licensed Practical Nurse
- Licensed Registered Nurse

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MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont.)

vi. Medication Monitoring

Medication monitoring is one-on-one cueing, observing, and encouraging a Medicaid enrolled person to take their psychiatric medications as prescribed. Also includes reporting back to persons licensed to perform medication management services for the direct benefit of the Medicaid enrolled person. This service is designed to facilitate medication compliance and positive outcomes.

Medication monitoring may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Support Specialist, under the supervision of an MHP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP
- Medical Assistant-Certified
- Licensed Nursing Assistant Registered/Certified
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Osteopathic Physician Assistant
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Physician/Psychiatrist
- Licensed Practical Nurse
- Licensed Registered Nurse
- Certified Behavioral Health Support Specialist under the supervision of an MHP

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State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont.)

vii. Mental Health Treatment Interventions

Services delivered in a wide variety of settings that promote recovery, using therapeutic techniques. These services are provided, as medically necessary, along a continuum from outpatient up through residential and inpatient levels of care and include evaluation, stabilization, and treatment. Services provided in facility settings must have the appropriate state facility licensure.

Treatment services include the use of planned interventions to achieve and maintain maximum level of functioning for the person.

Treatment interventions include cognitive and behavioral interventions designed with the intent to stabilize the individual and return them to more independent and less restrictive treatment. Services are conducted with the person, their family, or others at their behest, for the direct benefit of the person. Services may include individual, family, and group therapy, as well as skill building/self-care necessary to maintain/restore functioning. Services may also include therapeutic psychoeducation, which focuses on assisting the individual and their identified supports in increasing knowledge of mental health and recovery, use and efficacy of medication, symptom reduction and management, effective problem solving, and emotional/behavioral regulation skills. Intensive or brief intervention treatment models may be utilized, as well as using a multi-disciplinary team-based approach.

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MEDICALLY NEEDY GROUP(S): ALL

13 d. Rehabilitative services (cont.)

Mental health treatment interventions may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Support Specialist, under the supervision of an MHP
- Certified Peer Specialist Trainee, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

Additional Information

Individual and Family treatment may take place without the person present, with their consent, as required by law. However, the service must be for the benefit of attaining the goals identified by the person in their individualized service plan.

viii. Peer Support

This service provides scheduled activities that promote wellness, recovery, self-advocacy, development of natural supports, and maintenance of community living skills. Services provided by Certified Peer Counselors, Certified Peer Support Specialists, or Certified Peer Support Specialist Trainees as noted in the individuals' Individualized Service Plan, or without an Individualized Service Plan when provided during/post crisis episode.

Certified Peer Counselors, Certified Peer Support Specialists, or Certified Peer Support Specialist Trainees work with adults and youth and the parents/caregiver of children receiving or who have received behavioral health services. They draw upon their experiences to help peers find hope and make progress toward recovery and wellness goals. Certified Peer Counselors, Certified Peer Support Specialists, or Certified Peer Support Specialist Trainees model skills in recovery and self-management to help individuals meet their self-identified goals.

Certified Peer Counselors, Certified Peer Support Specialists, and Certified Peer Support Specialist Trainees must provide peer support services under the supervision of a MHP or SUDP who understands recovery. The peer's and clinical supervisor's expertise should be aligned with the needs of the populations served by the Certified Peers.

ix. Behavioral Health Care Coordination and Community Integration

A range of activities furnished to engage persons in treatment and assist them in transitioning from a variety of inpatient, residential, or non-permanent settings back into the broader community. To be eligible, the person must need transition support services in order to ensure timely and appropriate behavioral health treatment and care coordination.

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MEDICALLY NEEDY GROUP(S): ALL

13 d. Rehabilitative services (cont.)

This service may be provided prior to an intake evaluation or assessment.

Behavioral health care coordination and community integration services may be provided by the following practitioners:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP or SUDP
- Certified Peer Support Specialist, under the supervision of an MHP or SUDP a
- Certified Peer Support Specialist Trainee, under the supervision of an MHP or SUDP
- Certified Substance Use Disorder Professional (SUDP)
- Certified Substance Use Disorder Professional Trainee, under the supervision of an SUDP
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Practical Nurse
- Licensed Registered Nurse
- Certified Behavioral Health Support Specialist under the supervision of an MHP

x. Substance Use Disorder Brief Intervention

A time limited, structured behavioral intervention designed to address risk factors that appear to be related to substance use disorders, using substance use disorder screening tools and brief intervention techniques, such as evidence-based motivational interviewing and referral to additional treatment services options when indicated.

This service may be provided prior to an intake evaluation or assessment.

Substance use disorder brief intervention services may be provided by the following practitioners:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professional Trainee under the supervision of an SUDP
- Licensed Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Psychological Associate under the supervision of a state-licensed psychologist
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13 d. Rehabilitative services (cont.)

xi. Substance Use or Problem Gambling Disorder Treatment Interventions

Services delivered in a wide variety of settings across the continuum that promote recovery, using therapeutic techniques. These services are provided, as medically necessary, along a continuum from outpatient up through residential and inpatient levels of care. Services provided in inpatient levels of care are provided in state certified facilities.

Treatment interventions include intentional intervention in the health, behavioral health, and personal and/or family life of a person with a substance use or problem gambling disorder. Interventions are designed to facilitate the affected individual to achieve and maintain maximum functional recovery. Treatment interventions include individual treatment, group treatment, family counseling, intensive, and team-based approaches.

Provider Qualifications:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professional Trainee under the supervision of the SUDP
- Certified Peer Counselor, under the supervision of an MHP or SUDP
- Certified Peer Support Specialist, under the supervision of an MHP or SUDP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP or SUDP
- Licensed Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologist
- Licensed Psychological Associate under the supervision of a state-licensed psychologist
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13 d. Rehabilitative services (cont.)

xii. Substance Use Disorder Withdrawal Management

Services required for the care and/or treatment of persons intoxicated or incapacitated by alcohol or other drugs that are provided during the initial period of care and treatment while the person recovers from the transitory effects of acute or chronic intoxication or withdrawal from alcohol or other drugs. Services are provided in state certified facilities. Services include:

- Screening of persons in need of withdrawal management; and
- The use of different counseling and treatment strategies, such as motivational interviewing and developing an initial service plan for persons admitted to a program. These services are used to refer, stimulate motivation to guide individuals to additional treatment, and sustain recovery.
- Different levels of withdrawal management are provided in a variety of settings, including residential, sub-acute and acute locations.

Substance Use Disorder withdrawal management services may be provided by the following practitioners within their scope of practice as defined by state law:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professionals Trainee under the supervision of an SUDP
- Certified Peer Counselor, under the supervision of an MHP or SUDP
- Certified Peer Support Specialist, under the supervision of an MHP or SUDP
- Certified Peer Support Specialist Trainee, under the supervision of an MHP or SUDP
- Licensed Advanced Registered Nurse Practitioner/Psychiatric Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Medical Assistant
- Nursing assistant registered/certified
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Physician Assistant
- Licensed Physician/Psychiatrist
- Licensed Psychologists
- Licensed Psychological Associate under the supervision of a state-licensed psychologist
- Licensed Registered Nurse
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above