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State/Territory Name: Washington

State Plan Amendment (SPA) #: 25-0001

This file contains the following documents in the order listed:

- 1) Approval Letter
- 2) CMS Form 179
- 3) Approved SPA Pages

DEPARTMENT OF HEALTH & HUMAN SERVICES

Centers for Medicare & Medicaid Services
601 E. 12th St., Room 355
Kansas City, Missouri 64106



Medicaid and CHIP Operations Group

April 30, 2025

MaryAnne Lindeblad, Director
Dr. Charissa Fotinos, State Medicaid Director
Washington State Health Care Authority
Post Office Box 45502
Olympia, WA 98504-5010

Re: Washington State Plan Amendment (SPA) – 25-0001

Dear Director Lindeblad and Dr. Fotinos:

The Centers for Medicare & Medicaid Services (CMS) reviewed your Medicaid State Plan Amendment (SPA) submitted under transmittal number (TN) 25-0001. This amendment proposes adding Certified Peer Support Specialists and Trainees as providers of Rehabilitative Behavioral Health Services.

We conducted our review of your submittal according to statutory requirements in Title XIX of the Social Security Act and implementing regulations at 42 Code of Federal Regulations (CFR) 440.130. This letter informs you that Washington's Medicaid SPA TN WA-25-0001 was approved on April 30, 2025, with an effective date of July 1, 2025.

Enclosed are copies of Form CMS-179 and approved SPA pages to be incorporated into the Washington State Plan.

If you have any questions, please contact Edwin Walaszek at (212) 616-2512 or via email at Edwin.Walaszek1@cms.hhs.gov.

Sincerely,

**Ruth
Hughes -S**

Ruth A. Hughes

On Behalf of Courtney Miller, MCOG Director

Digitally signed by
Ruth Hughes -S
Date: 2025.04.30
16:33:11 -05'00'

Enclosures

cc: Ann Myers, Section Manager & State Plan Coordinator, Health Care Authority

**TRANSMITTAL AND NOTICE OF APPROVAL OF
STATE PLAN MATERIAL
FOR: CENTERS FOR MEDICARE & MEDICAID SERVICES**

1. TRANSMITTAL NUMBER

2 5 — 0 0 0 1

2. STATE

WA3. PROGRAM IDENTIFICATION: TITLE OF THE SOCIAL
SECURITY ACT

XIX



XXI

TO: CENTER DIRECTOR

CENTERS FOR MEDICAID & CHIP SERVICES
DEPARTMENT OF HEALTH AND HUMAN SERVICES

4. PROPOSED EFFECTIVE DATE

July 1, 2025

5. FEDERAL STATUTE/REGULATION CITATION

1902a & 1905(a)(13) of the Social Security Act, 42 CFR 440.130

6. FEDERAL BUDGET IMPACT (Amounts in WHOLE dollars)

a. FFY 2025 \$ 0b. FFY 2026 \$ 0

7. PAGE NUMBER OF THE PLAN SECTION OR ATTACHMENT

Attachment 3.1-A pages 38, 38a, 40, 40a (new), 42, 42a (new), 43, 44,
45, 46, 47Attachment 3.1-B pages 38, 38a (new), 40, 42, 43, 43a (new), 44, 45, 45a
(new), 46, 478. PAGE NUMBER OF THE SUPERSEDED PLAN SECTION
OR ATTACHMENT (If Applicable)Att. 3.1-A pgs 38 (TN 24-0046), 38a (TN 24-0046), 40 (TN 24-0046),
42 (TN 24-0046), 43 (TN 23-0010), 44 (TN 24-0046), 45 (TN 23-0010),
46 (TN 23-0010), 47 (TN 23-0010)Att. 3.1-B pgs 38 (TN 24-0046), 40 (TN 24-0046), 42 (TN 24-0046), 43
(TN 23-0010), 44 (TN 24-0046), 45 (TN 23-0010), 46 (TN 23-0010), 47
(TN 23-0010)

9. SUBJECT OF AMENDMENT

Add Certified Peer Support Specialists and Trainees as providers of Rehabilitative Behavioral Health Services

10. GOVERNOR'S REVIEW (Check One)



GOVERNOR'S OFFICE REPORTED NO COMMENT



COMMENTS OF GOVERNOR'S OFFICE ENCLOSED



NO REPLY RECEIVED WITHIN 45 DAYS OF SUBMITTAL



OTHER, AS SPECIFIED: EXEMPT

11. SIGNATURE OF STATE AGENCY OFFICIAL



12. TYPED NAME

Charissa Fotinos, MD, MSc

13. TITLE

Medicaid and Behavioral Health Medical Director

14. DATE SUBMITTED

March 31, 2025

15. RETURN TO

State Plan Coordinator

POB 42716

Olympia, WA 98504-2716

FOR CMS USE ONLY

16. DATE RECEIVED

March 31, 2025

17. DATE APPROVED

April 30, 2025

PLAN APPROVED - ONE COPY ATTACHED

18. EFFECTIVE DATE OF APPROVED MATERIAL

July 1, 2025

19. SIGNATURE OF APPROVING OFFICIAL

Ruth Hughes -S

Digitally signed by Ruth Hughes -

S

Date: 2025.04.30 16:33:50 -05'00'

20. TYPED NAME OF APPROVING OFFICIAL

Ruth A. Hughes

21. TITLE OF APPROVING OFFICIAL

On Behalf of Courtney Miller, MCOG Director

22. REMARKS

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. d. Rehabilitative Services (cont.)

- “Psychiatric nurse” means a registered nurse who has a bachelor's degree from an accredited college or university, and who has had, in addition, at least two years' experience in the direct treatment of mentally ill or emotionally disturbed persons, such experience gained under the supervision of a Mental Health Professional. “Psychiatric nurse” also means any other registered nurse who has three years of such experience.
- “Psychiatric advanced nurse practitioner” means person who is licensed as an advanced registered nurse practitioner according to state law; who is board-certified in advance practice psychiatric and mental health nursing.
- ii. **Licensed Practical Nurse**
- iii. **Nursing Assistant Registered/Certified**
- iv. **Medical Assistant - Certified**
- v. **Licensed Pharmacist**
- vi. **Licensed Osteopathic Physician Assistant**
- vii. **Licensed Registered Nurse**
- viii. **Certified Substance Use Disorder Professional**
- ix. **Certified Substance Use Disorder Professional Trainee**
- x. **Certified Peer Counselor** means an individual who has self-identified as in recovery from behavioral health experiences/conditions or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam , which includes both written and oral components; has passed a Washington State background check; has been certified by the Health Care Authority and is working under an Agency Affiliated registration. Certified Peer Counselors work under the supervision of a Mental Health Professional or a Substance Use Disorder Professional.
- xi. **Certified Peer Specialist** means an individual who has self-identified as in recovery from behavioral health experiences/challenges or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam which includes both written and oral components; has met the experience requirement or has 1000 hours working as a peer specialist trainee under the supervision of an approved supervisor of peers; and has been credentialled by the state. A Certified Peer Specialist may be recognized as a Certified Peer Specialist Supervisor if they complete the required training and experiential hours.
- xii. **Certified Peer Specialist Trainee**- an individual who has self-identified in recovery from behavioral health experiences/challenges or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam which includes both written and oral components; is working towards the supervised experience to become a certified peer specialist under the supervision of an approved supervisor; and has been credentialled by the state.

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AMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
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13. d. Rehabilitative Services (cont.)

Within the Certified Peer Specialist and Certified Peer Specialist Trainee definitions above, the following credentials qualify as an approved supervisor:

- (a) Licensed Advanced Registered Nurse Practitioner
- (b) Licensed Marriage and Family Therapist
- (c) Licensed Mental Health Counselor
- (d) Licensed Osteopath
- (e) Licensed Physician
- (f) Licensed Physician Assistant
- (g) Licensed Psychologists
- (h) Licensed Registered Nurse
- (i) Licensed Social Worker
- (j) Certified Substance Use Disorder Professional
- (k) Certified Peer Specialist Supervisor

xiii. Mental Health Care Provider means an individual working in a Behavioral Health Agency, under the supervision of a Mental Health Professional, who has primary responsibility for implementing an individualized plan for mental health rehabilitation services. To provide services as a Mental Health Care Provider, this person must be a Registered Agency Affiliated Counselor and have a minimum of one year of education or experience in mental health or a related field.

xiv. Behavioral Health Specialist is a Mental Health Professional who meets state requirements as:

- A “child mental health specialist”
- A “geriatric mental health specialist”
- An “ethnic minority mental health specialist”
- A “disability mental health specialist”
- A “co-occurring disorder specialist – enhancement”

xv. Certified Behavioral Health Support Specialist (BHSS) means an individual certified by the state to deliver brief behavioral health services under the supervision of a Mental Health Professional or a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions. To provide services as a Certified Behavioral Health Support Specialist, this person must have a bachelor’s degree and have completed the BHSS educational program approved by the state.

xvi. Certified Gambling Counselor is an individual that holds a state license as a Marriage and Family Therapist, a Marriage and Family Therapist Associate, A Mental Health Counselor, a mental Health Counselor Associate, a Social Worker (Advanced, Independent Clinical, or Associate), Psychologist or a state certification as a Substance Use Disorder Professional or Substance Use Disorder Professional Trainee and also holds a state certification as a Certified Gambling Counselor.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

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13. d. Rehabilitative Services (cont.)

The following practitioners may furnish crisis stabilization services within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Substance Use Disorder Professional, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

iii. Intake evaluation, assessment, and screenings (Mental Health)

This service is an evaluation of a person's behavioral health, along with their ability to function within a community, to establish the medical necessity for treatment, determine service needs, and formulate recommendations for treatment. Intake evaluations must be initiated prior to the provision of any other behavioral health services, except those specifically stated as being available prior to an intake. Services may begin before the completion of the intake once medical necessity is established.

Mental health intake evaluation, assessment, and screening services may be provided by a Mental Health Professional within their scope of practice as defined by state law. Psychological assessment and tests must be performed by or under the supervision of a licensed psychologist or psychiatrist.

iv. Intake evaluation, assessment, and screenings (Substance Use or Problem Gambling Disorder)

This service is a comprehensive evaluation of a person's behavioral health, along with their ability to function within a community, to determine current priority needs and formulate recommendations for treatment. The intake evaluation for substance use disorder includes a review of current intoxication and withdrawal potential; biomedical complications; emotional, behavioral, and/or cognitive complications; readiness to change; relapse potential; and recovery environment. Intake evaluations for problem gambling disorders include a biopsychosocial clinical assessment. Information from the intake is used to work with the person to develop an individualized service plan to address the identified issues.

Intake evaluations must be initiated prior to the provision of any other substance use or problem gambling disorder services. Services may begin before the completion of the intake once medical necessity is established.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
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13. d. Rehabilitative Services (cont)

Intake evaluations, assessments, and screenings may be provided by the following practitioners within their scope of practice as defined by state law:

- Certified Substance Use Disorder Professional (SUDP)
- Certified Substance Use Disorder Professional Trainee (SUDPT), under the supervision of a SUDP
- Licensed Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Certified Behavioral Health Support Specialist under the supervision of an MHP

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

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13. d. Rehabilitative services (cont.)

Medication monitoring may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Medical Assistant-Certified
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Osteopathic Physician Assistant
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Physician/Psychiatrist
- Licensed Practical Nurse
- Licensed Registered Nurse
- Nursing Assistant Registered/Certified
- Certified Behavioral Health Support Specialist under the supervision of an MHP

vii. Mental Health Treatment Interventions

Services delivered in a wide variety of settings that promote recovery using therapeutic techniques. These services are provided, as medically necessary, along a continuum from outpatient up through residential and inpatient levels of care, and include evaluation, stabilization, and treatment. Services provided in facility settings must have the appropriate state facility licensure.

Treatment services include the use of planned interventions to achieve and maintain maximum level of functioning for the person.

Treatment interventions include cognitive and behavioral interventions designed with the intent to stabilize the individual and return them to more independent and less restrictive treatment. Services are conducted with the person, their family, or others at their behest, for the direct benefit of the person. Services may include individual, family, and group therapy, as well as skill building/self-care necessary to maintain/restore functioning. Services may also include therapeutic psychoeducation, which focuses on assisting the individual and their identified supports in increasing knowledge of mental health and recovery, use and efficacy of medication, symptom reduction and management, effective problem solving, and emotional/behavioral regulation skills. Intensive or brief intervention treatment models may be utilized, as well as using a multi-disciplinary team-based approaches.

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13. d. Rehabilitative Services (cont)

Mental health treatment interventions may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Certified Behavioral Health Support Specialist under the supervision of an MHP

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13. d. Rehabilitative services (cont.)

Additional information:

Individual and Family treatment may take place without the person present, with their consent, as required by law. However, the service must be for the benefit of attaining the goals identified by the person in their individualized service plan.

viii. Peer Support

This service provides scheduled activities that promote wellness, recovery, self-advocacy, development of natural supports, and maintenance of community living skills. Services are provided by Certified Peer Counselors, Certified Peer Specialists, or Certified Peer Specialist Trainees, as noted in the individual's Individualized Service Plan, or without an Individualized Service Plan when provided during/post crisis episode.

Certified Peer Counselors, Certified Peer Specialists, or Certified Peer Specialist Trainees, work adults and youth and the parents/caregiver of children receiving or who have received behavioral health services. They draw upon their experiences to help peers find hope and make progress toward recovery and wellness goals. Certified Peer Counselors, Certified Peer Specialists, or Certified Peer Specialist Trainees model skills in recovery and self-management to help individuals meet their self-identified goals.

Certified Peer Counselors must provide peer support services under the supervision of an MHP or SUDP who understands recovery. Certified Peer Specialists or Certified Peer Specialist Trainees must provide peer support services under the supervision of an approved supervisor. The peer's and clinical supervisor's expertise should be aligned with the needs of the populations served by the Certified Peer Counselor.

ix. Behavioral Health Care Coordination and Community Integration

A range of activities furnished to engage persons in treatment and assist them in transitioning from a variety of inpatient, residential, or non-permanent settings back into the broader community. To be eligible, the person must need transition support services in order to ensure timely and appropriate behavioral health treatment and care coordination.

Activities include assessment for discharge or admission to community behavioral health care, integrated behavioral health treatment planning, resource identification and linkage, and collaborative development of individualized service planning that promote continuity of care. These specialized behavioral health community integration activities are intended to promote discharge, maximize the benefits of the transition plan, minimize the risk of unplanned readmission, and increase the community tenure for the person. Services focus on reducing the disabling symptoms of mental illness or substance use disorder and managing behaviors resulting from other medical or developmental conditions that jeopardize the person's ability to live in the community. Services are individualized interventions for the individual or collateral contacts for the benefit of the person and may include skill-building to develop skills promoting community tenure. This service may be provided prior to an intake evaluation or assessment.

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State WASHINGTONAMOUNT, DURATION, AND SCOPE OF MEDICAL AND REMEDIAL
CARE AND SERVICES PROVIDED TO THE CATEGORICALLY NEEDY

13. d. Rehabilitative services (cont.)

Behavioral health care coordination and community integration services may be provided by the following practitioners:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP or SUDP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Certified Substance Use Disorder Professional (SUDP)
- Certified Substance Use Disorder Professional Trainee, under the supervision of an SUDP
- Licensed Practical Nurse
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Registered Nurse
- Certified Behavioral Health Support Specialist under the supervision of an MHP

x. Substance Use Disorder Brief Intervention

A time limited, structured behavioral intervention designed to address risk factors that appear to be related to substance use disorders, using substance use disorder screening tools and brief intervention techniques, such as evidence-based motivational interviewing and referral to additional treatment services options when indicated.

This service may be provided prior to an intake evaluation or assessment.

Substance use disorder brief intervention services may be provided by the following practitioners:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professional Trainee under the supervision of an SUDP
- Licensed Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

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13. d. Rehabilitative services/Mental health services (cont.)

xi. Substance Use or Problem Gambling Disorder Treatment Interventions

Services delivered in a wide variety of settings across the continuum that promote recovery, using therapeutic techniques. These services are provided, as medically necessary, along a continuum from outpatient up through residential and inpatient levels of care. Services provided in inpatient levels of care are provided in state-certified facilities.

Treatment interventions include intentional intervention in the health, behavioral health, and personal and/or family life of a person with a substance use or problem gambling disorder. Interventions are designed to facilitate the affected individual to achieve and maintain maximum functional recovery. Treatment interventions include individual treatment, group treatment, family counseling, intensive, and team-based approaches.

Provider Qualification:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professional Trainee under the supervision of the SUDP
- Licensed Advanced Registered Nurse Practitioner
- Certified Peer Counselor, under the supervision of an SUDP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

Additional information:

- Counseling services related to gambling disorders must be performed by a licensed/certified practitioner, who holds a Certified Gambling Counselor Certification, as defined in state law, or be performed by a licensed/certified practitioner under the supervision of a Certified Gambling Counselor Supervisor.
- Individual and Family treatment may take place without the person present, with their consent, as required by law. However, the service must be for the benefit of attaining the goals identified by the person in their individualized service plan.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

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13. d. Rehabilitative services (cont)

xii. Substance Use Disorder Withdrawal Management

Services required for the care and/or treatment of persons intoxicated or incapacitated by alcohol or other drugs that are provided during the initial period of care and treatment while the person recovers from the transitory effects of acute or chronic intoxication or withdrawal from alcohol or other drugs. Services are provided in state-certified facilities.

Services include:

- Screening of persons in need of withdrawal management; and
- The use of different counseling and treatment strategies, such as motivational interviewing and developing an initial service plan for persons admitted to a program. These services are used to refer, stimulate motivation to guide individuals to additional treatment, and sustain recovery.
- Different levels of withdrawal management are provided in a variety of settings, including residential, sub-acute and acute locations.

Substance Use Disorder withdrawal management services may be provided by the following practitioners within their scope of practice as defined by state law:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professionals Trainee under the supervision of an SUDP
- Licensed Advanced Registered Nurse Practitioner/Psychiatric Advanced Registered Nurse Practitioner
- Certified Peer Counselor, under the supervision of an SUDP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Medical Assistant
- Nursing assistant registered/certified
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Physician/Psychiatrist
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Registered Nurse
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

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13. d. Rehabilitative Services (cont)

c) Service Limitations

Services outlined within this section that are provided within residential or inpatient settings do not include room and board costs. Services provided within an Institution for Mental Disease (IMD) are not eligible for reimbursement.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont)

- “Psychiatric advanced registered nurse practitioner” means a person who is licensed as an advanced registered nurse practitioner according to state law; who is board certified in advance practice psychiatric and mental health nursing.

Licensed Practical Nurse**Nursing Assistant Registered/Certified****Medical Assistant – Certified****Licensed Pharmacist****Licensed Osteopathic Physician Assistant****Licensed Registered Nurse****Certified Substance Use Disorder Professional****Certified Substance Use Disorder Professional Trainee**

Certified Peer Counselor means a person who has self-identified as in recovery from behavioral health experiences/conditions or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam, which includes both written and oral components of the training; has passed a Washington State background check; has been certified by the Health Care Authority and is working under an Agency Affiliated registration. Certified Peer Counselors work under the supervision of a Mental Health Professional or a Substance Use Disorder Professional.

Certified Peer Specialist means an individual who has self-identified as in recovery from behavioral health experiences/challenges or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam, which includes both written and oral components; has met the experience requirement or has 1000 hours working as a peer specialist trainee under the supervision of an approved supervisor of peers; and has been credentialled by the state. A Certified Peer Specialist may be recognized as a Certified Peer Specialist Supervisor if they complete the required training and experiential hours.

Certified Peer Specialist Trainee- an individual who has self-identified in recovery from behavioral health experiences/challenges or is the parent or legal guardian of a person who has applied for, is eligible for, or has received behavioral health services; has received specialized training provided or contracted by the Health Care Authority; has passed an exam, which includes both written and oral components; is working towards the supervised experience to become a certified peer specialist under the supervision of an approved supervisor; and has been credentialled by the state.

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont)

Within the Certified Peer Specialist and Certified Peer Specialist Trainee definitions above, the following credentials qualify as an approved supervisor:

- (a) Licensed Advanced Registered Nurse Practitioner
- (b) Licensed Marriage and Family Therapist
- (c) Licensed Mental Health Counselor
- (d) Licensed Osteopath
- (e) Licensed Physician
- (f) Licensed Physician Assistant
- (g) Licensed Psychologist
- (h) Licensed Registered Nurse
- (i) Licensed Social Worker
- (j) Certified Substance Use Disorder Professional
- (k) Certified Peer Specialist Supervisor

Mental Health Care Provider means an individual working in a Behavioral Health Agency, under the supervision of a Mental Health Professional, who has primary responsibility for implementing an individualized plan for mental health rehabilitation services. To provide services as a Mental Health Care Provider, this person must be a Registered Agency Affiliated Counselor and have a minimum of one year of education or experience in mental health or a related field.

Behavioral health Specialist is an individual that hold a state-credential from the list above and meets state requirements as:

- A "child mental health specialist"
- A "geriatric mental health specialist"
- An "ethnic minority mental health specialist"
- A "disability mental health specialist"
- A "Certified problem gambling counselor specialist "
- A "Co-Occurring Disorder Specialist-Enhancement"

Certified Behavioral Support Specialist (BHSS) means an individual certified by the state to deliver brief behavioral health services under the supervision of a Mental Health Professional or a licensed practitioner covered under this benefit whose scope of practice includes assessment, diagnosis, and treatment of identifiable mental and behavioral health conditions.. To provide services as a Certified Behavioral Health Specialist, this person must have a bachelor's degree and have completed the BHSS educational program approved by the state.

Certified Gambling Counselor is an individual who holds a state license as a Marriage and Family Therapist, a Marriage and Family Therapist Associate, A Mental Health Counselor, a mental Health Counselor Associate, a Social Worker (Advanced, Independent Clinical, or Associate), Psychologist or a state certification as a Substance Use Disorder Professional or Substance Use Disorder Professional Trainee and also holds a state certification as a Certified Gambling Counselor.

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State WASHINGTONAMOUNT, DURATION, AND SCOPE OF SERVICES PROVIDED TO THE
MEDICALLY NEEDY GROUP(S): ALL

13. d. Rehabilitative services (cont.)

The following practitioners may furnish crisis stabilization services within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Substance Use Disorder Professional, under the supervision of an MHP
- Certified Behavioral Health Support Specialist under the supervision of an MHP

iii. Intake evaluation, assessment, and screenings (Mental Health)

This service is an evaluation of a person's behavioral health, along with their ability to function within a community, to establish the medical necessity for treatment, determine service needs, and formulate recommendations for treatment. Intake evaluations must be initiated prior to the provision of any other behavioral health services, except those specifically stated as being available prior to an intake. Services may begin before the completion of the intake once medical necessity is established.

Mental health intake evaluation, assessment, and screening services may be provided by a Mental Health Professional within their scope of practice as defined by state law. Psychological assessment and tests must be performed by or under the supervision of a licensed psychologist or psychiatrist.

iv. Intake evaluation, assessment, and screenings (Substance Use or Problem Gambling Disorder)

This service is a comprehensive evaluation of a person's behavioral health, along with their ability to function within a community, to determine current priority needs and formulate recommendations for treatment. The intake evaluation for substance use disorder includes a review of current intoxication and withdrawal potential, biomedical complications, emotional, behavioral, cognitive complications, readiness to change, relapse potential, and recovery environment. Intake evaluations for problem gambling disorders includes a biopsychosocial clinical assessment. Information from the intake is used to work with the person to develop an individualized service plan to address the identified issues.

Intake evaluations must be initiated prior to the provision of any other substance use or problem gambling disorder services. Services may begin before the completion of the intake once medical necessity is established.

Intake evaluations, assessments, and screenings may be provided by the following practitioners within their scope of practice as defined by state law:

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13. d. Rehabilitative services (cont.)

vi. Medication Monitoring

Medication monitoring is one-on-one cueing, observing, and encouraging a Medicaid enrolled person to take their psychiatric medications as prescribed. Also includes reporting back to persons licensed to perform medication management services for the direct benefit of the Medicaid enrolled person. This service is designed to facilitate medication compliance and positive outcomes.

Medication monitoring may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Medical Assistant-Certified
- Licensed Nursing Assistant Registered/Certified
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Osteopathic Physician Assistant
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Physician/Psychiatrist
- Licensed Practical Nurse
- Licensed Registered Nurse
- Certified Behavioral Health Support Specialist under the supervision of an MHP

vii. Mental Health Treatment Interventions

Services delivered in a wide variety of settings that promote recovery, using therapeutic techniques. These services are provided, as medically necessary, along a continuum from outpatient up through residential and inpatient levels of care and include evaluation, stabilization, and treatment. Services provided in facility settings must have the appropriate state facility licensure.

Treatment services include the use of planned interventions to achieve and maintain maximum level of functioning for the person.

Treatment interventions include cognitive and behavioral interventions designed with the intent to stabilize the individual and return them to more independent and less restrictive treatment. Services are conducted with the person, their family, or others at their behest, for the direct benefit of the person. Services may include individual, family, and group therapy, as well as skill building/self-care necessary to maintain/restore functioning. Services may also include therapeutic psychoeducation, which focuses on assisting the individual and their identified supports in increasing knowledge of mental health and recovery, use and efficacy of medication, symptom reduction and management, effective problem solving, and emotional/behavioral regulation skills. Intensive or brief intervention treatment models may be utilized, as well as using a multi-disciplinary team-based approach.

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MEDICALLY NEEDY GROUP(S): ALL

13 d. . Rehabilitative services (cont.)

Mental health treatment interventions may be provided by the following practitioners within their scope of practice as defined by state law:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor

Additional Information

Individual and Family treatment may take place without the person present, with their consent, as required by law. However, the service must be for the benefit of attaining the goals identified by the person in their individualized service plan.

viii. Peer Support

This service provides scheduled activities that promote wellness, recovery, self-advocacy, development of natural supports, and maintenance of community living skills. Services provided by Certified Peer Counselors, Certified Peer Specialists, or Certified Peer Specialist Trainees as noted in the individual's Individualized Service Plan, or without an Individualized Service Plan when provided during/post crisis episode.

Certified Peer Counselors, Certified Peer Specialists, or Certified Peer Specialist Trainees work with adults and youth and the parents/caregiver of children receiving or who have received behavioral health services. They draw upon their experiences to help peers find hope and make progress toward recovery and wellness goals. Certified Peer Counselors, Certified Peer Specialists, or Certified Peer Specialist Trainees model skills in recovery and self-management to help individuals meet their self-identified goals.

Certified Peer Counselors must provide peer support services under the supervision of a MHP or SUDP who understands recovery. Certified Peer Specialists or Certified Peer Specialist Trainees must provide peer support services under the supervision of an approved supervisor. The peer's and clinical supervisor's expertise should be aligned with the needs of the populations served by the Certified Peer Counselor.

ix. Behavioral Health Care Coordination and Community Integration

A range of activities furnished to engage persons in treatment and assist them in transitioning from a variety of inpatient, residential, or non-permanent settings back into the broader community. To be eligible, the person must need transition support services in order to ensure timely and appropriate behavioral health treatment and care coordination.

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13 d. Rehabilitative services (cont.)

Activities include assessment for discharge or admission to community behavioral health care, integrated behavioral health treatment planning, resource identification and linkage, and collaborative development of individualized service planning that promote continuity of care. These specialized behavioral health community integration activities are intended to promote discharge, maximize the benefits of the transition plan, minimize the risk of unplanned readmission, and increase the community tenure for the person. Services focus on reducing the disabling symptoms of mental illness or substance use disorder and managing behaviors resulting from other medical or developmental conditions that jeopardize the person's ability to live in the community. Services are individualized interventions for the individual or collateral contacts for the benefit of the person and may include skill-building to develop skills promoting community tenure.

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MEDICALLY NEEDY GROUP(S): ALL

13 d. Rehabilitative services (cont.)

This service may be provided prior to an intake evaluation or assessment.

Behavioral health care coordination and community integration services may be provided by the following practitioners:

- Mental Health Professional (MHP)
- Mental Health Care Provider, under the supervision of an MHP
- Certified Peer Counselor, under the supervision of an MHP or SUDP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Certified Substance Use Disorder Professional (SUDP)
- Certified Substance Use Disorder Professional Trainee, under the supervision of an SUDP
- Licensed Pharmacist
- Licensed Physician Assistant
- Licensed Practical Nurse
- Licensed Registered Nurse
- Certified Behavioral Health Support Specialist under the supervision of an MHP

x. Substance Use Disorder Brief Intervention

A time limited, structured behavioral intervention designed to address risk factors that appear to be related to substance use disorders, using substance use disorder screening tools and brief intervention techniques, such as evidence-based motivational interviewing and referral to additional treatment services options when indicated.

This service may be provided prior to an intake evaluation or assessment.

Substance use disorder brief intervention services may be provided by the following practitioners:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professional Trainee under the supervision of an SUDP
- Licensed Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologists
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

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MEDICALLY NEEDY GROUP(S): ALL

13 d. Rehabilitative services (cont.)**xi. Substance Use or Problem Gambling Disorder Treatment Interventions**

Services delivered in a wide variety of settings across the continuum that promote recovery, using therapeutic techniques. These services are provided, as medically necessary, along a continuum from outpatient up through residential and inpatient levels of care. Services provided in inpatient levels of care are provided in state certified facilities.

Treatment interventions include intentional intervention in the health, behavioral health, and personal and/or family life of a person with a substance use or problem gambling disorder. Interventions are designed to facilitate the affected individual to achieve and maintain maximum functional recovery. Treatment interventions include individual treatment, group treatment, family counseling, intensive and team-based approaches.

Provider Qualifications:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professional Trainee under the supervision of the SUDP
- Certified Peer Counselor, under the supervision of an SUDP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Licensed Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Licensed Osteopathic Physician
- Licensed Osteopathic Physician Assistant
- Licensed Physician
- Licensed Physician Assistant
- Licensed Psychologist
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

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13 d. Rehabilitative services (cont.)

Additional Information:

- Counseling services related to gambling disorders must be performed by a licensed/certified practitioner, who holds a Certified Gambling Counselor Certification, as defined in state law, or be performed by a licensed/certified practitioner under the supervision of a Certified Gambling Counselor Supervisor.
- Individual and Family treatment may take place without the person present, with their consent, as required by law. However, the service must be for the benefit of attaining the goals identified by the person in their individualized service plan.

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13 d. Rehabilitative services (cont.)

xii. Substance Use Disorder Withdrawal Management

Services required for the care and/or treatment of persons intoxicated or incapacitated by alcohol or other drugs that are provided during the initial period of care and treatment while the person recovers from the transitory effects of acute or chronic intoxication or withdrawal from alcohol or other drugs. Services are provided in state certified facilities.

Services include:

- Screening of persons in need of withdrawal management; and
- The use of different counseling and treatment strategies, such as motivational interviewing and developing an initial service plan for persons admitted to a program. These services are used to refer, stimulate motivation to guide individuals to additional treatment, and sustain recovery.
- Different levels of withdrawal management are provided in a variety of settings, including residential, sub-acute and acute locations.

Substance Use Disorder withdrawal management services may be provided by the following practitioners within their scope of practice as defined by state law:

- Certified Substance Use Disorder Professionals (SUDP)
- Certified Substance Use Disorder Professionals Trainee under the supervision of an SUDP
- Certified Peer Counselor, under the supervision of an SUDP
- Certified Peer Specialist, under the supervision of an approved supervisor
- Certified Peer Specialist Trainee, under the supervision of an approved supervisor
- Licensed Advanced Registered Nurse Practitioner/Psychiatric Advanced Registered Nurse Practitioner
- Licensed Marriage and Family Therapist
- Licensed Marriage and Family Therapist Associate
- Licensed Mental Health Counselor
- Licensed Mental Health Counselor Associate
- Medical Assistant
- Nursing assistant registered/certified
- Licensed Osteopathic Physician/Psychiatrist
- Licensed Physician Assistant
- Licensed Physician/Psychiatrist
- Licensed Psychologists
- Licensed Registered Nurse
- Licensed Social Worker (Advanced, Independent Clinical, or Associate)
- Persons with a Co-occurring Disorder Specialist-Enhancement, as described in 13.d.1(a) above

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13 d. 7. Rehabilitative services (cont.)**c) Service Limitations**

Services outlined within this section that are provided within residential or inpatient settings do not include room and board costs. Services provided within an Institution for Mental Disease (IMD) are not eligible for reimbursement.