# What's changing with your PEBB health coverage for 2020 (employees)

All changes are effective January 1, 2020.

## **Medical plan benefits**

# KAISER PERMANENTE®

#### Kaiser Permanente of the Northwest will:

- Add the following Oregon ZIP Codes to its service area:
  - o Clackamas County: 97028
  - o Marion County: 97350
  - o Linn County: 97321, 97322, 97335, 97348, 97355, 97358, 97360, 97374, 97377, 97389, 97446

#### Kaiser Permanente of Washington will:

- Open new medical locations in Ballard, West Olympia, and Smokey Point. New facilities have already opened in Gig Harbor and South Lake Union.
- Remove these partially covered counties from its service area to comply with RCW 41.05.820: Grays Harbor, Lincoln, Pend Oreille, and Stevens (in Washington); Umatilla (in Oregon); and Kootenai and Latah (in Idaho). However, members who live in these counties but work in counties served by Kaiser Permanente WA can stay enrolled in the plan and visit local Kaiser Permanente facilities because eligibility is not based only on where you live.
- Remove San Juan County from its service area.



#### **Uniform Medical Plan will:**

- Increase the lifetime limit for nutritional visits from 3 to 12.
- Remove Tier 3 from the Preferred Drug List and create an exception process for members who require drugs that are no longer covered.
- Add an annual \$4,000 prescription drug out-of-pocket maximum for families to comply with federal requirements. The individual prescription drug out-of-pocket maximum will remain \$2,000.
- Issue new HealthEquity debit cards in December 2019 to UMP CDHP members who enroll for 2020.
- Switch to HealthEquity's new phone number for UMP members: 1-844-351-6853.
- Offer 24/7 medical advice through Advice24 nurse line (UMP Plus–UW Medicine Accountable Network will continue to use its own nurse line).
- Help expectant mothers manage their health during pregnancy through the BabyWise maternity program.
- Change preauthorization requirements for some services. Visit **hca.wa.gov/ump/pebb-open-enrollment** to learn more.
- Make the following changes to the UMP Plus plans:
  - UMP Plus—Puget Sound High Value Network will:
    - Remove Spokane County from its service area.
    - Add these provider groups to the network: Rainier Health Network (which includes CHI Franciscan, City MD, Franciscan Medical Group, Northwest Physicians Network, The Doctors Clinic, Pediatrics Northwest, Highline Medical, and Primary Care Northwest) and The Polyclinic.
    - Remove these provider groups from its network: MultiCare, EvergreenHealth, Overlake Medical Center and Clinics.
  - UMP Plus—UW Medicine Accountable Care Network will:
    - Add Spokane County to its service area.
    - Remove Island Hospital and Overlake Medical Center and Clinics from its network.

## Other changes coming in 2020

- The maximum annual contribution for the Medical Flexible Spending Arrangement (Medical FSA) will increase to \$2,700 (up from \$2,650 in 2019).
- The maximum annual contribution for health savings accounts will increase to \$3,550 for individuals (up from \$3,500 in 2019) and \$7,100 for families (up from \$7,000 in 2019). Subscribers ages 55 and older can continue to contribute an additional \$1,000 per year.
- If you are adding a new child (newborn, adopted child, or child whose total or partial support is your legal obligation in anticipation of adoption) to your PEBB insurance coverage, and doing so increases your monthly medical premium, the PEBB Program must receive your forms to add the child no later than 60 days after the event.
- Paid Family and Medical Leave, administered by the Washington State Employment Security Department, will launch. Visit **paidleave.wa.gov** or call 1-833-717-2273 for more information.
- The Standard will start accepting long-term disability (LTD) insurance claims over the phone.
- The 30-day and 60-day benefit waiting periods for supplemental LTD insurance coverage will no longer be available. You must switch to a 90-day or longer waiting period by December 31, 2019, or you will be defaulted to a 90-day period as of January 1, 2020. Visit **hca.wa.gov/ltd** to get the form to change your waiting period.
- Navia Benefit Solutions, the administrator for the Medical FSA and Dependent Care Assistance Program, will implement two-factor authentication on its member online portal to protect your security more effectively. This means you will need to provide a one-time verification code to log in to your Navia account.

### **PEB Board policy resolutions**

To see all changes to PEBB rules that take effect January 1, 2020, visit **hca.wa.gov/pebb-rules**.

- Effective January 1, 2020, to receive a SmartHealth financial wellness incentive in the following year, eligible subscribers must complete requirements by the following deadline:
  - For subscribers continuing enrollment in PEBB medical or enrolling in PEBB medical with an effective date in January through September 2020: November 30, 2020.
  - For subscribers enrolling in PEBB medical with an effective date in October through December 2020: December 31, 2020.
- If an employing agency provides incorrect information regarding PEBB Program benefits to the employee that they then relied upon, at a minimum the error will be corrected prospectively with enrollment in benefits effective the first day of the month after the date the error is identified. The Health Care Authority approves all error correction actions and determines if additional recourse, which may include retroactive enrollment, is warranted.