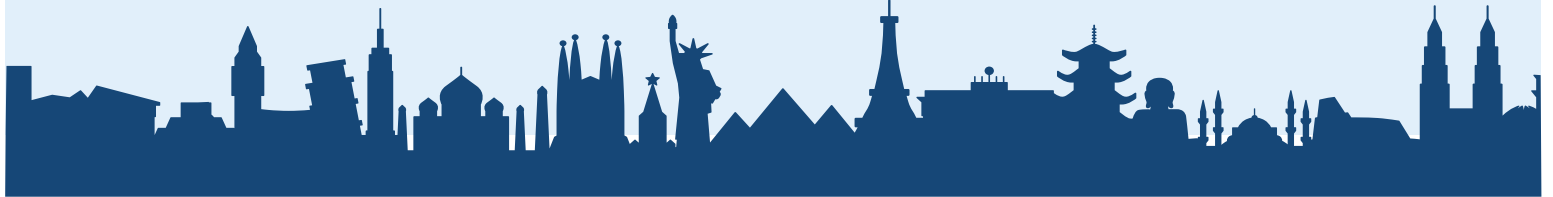


# TRAVELING? YOU'RE COVERED ON THE GO.



**TALK 24/7** with a nurse for care advice.



**CHAT 24/7** with a doctor via secure online messaging.<sup>1</sup>



**EMAIL** your Kaiser Permanente doctor with nonurgent questions.

Learn more about these care options at [kp.org/wa/getcare](https://kp.org/wa/getcare).



## BEST OPTIONS FOR NONEMERGENCY URGENT CARE AWAY FROM HOME

Before accessing care outside of the Kaiser Permanente Washington service area, **call Member Services at 1-888-901-4636**.

You'll get help finding the closest care option.

### Travel within the Kaiser Permanente Washington service area

- Nearest Kaiser Permanente urgent care or other urgent care location in your plan's network
- In Western Washington, you can also go to CareClinic by Kaiser Permanente at Bartell Drugs locations

### Travel in another Kaiser Permanente region

- Nearest Kaiser Permanente urgent care<sup>2</sup>
- Nearest CVS MinuteClinic<sup>3</sup>

### Travel in a state without Kaiser Permanente

- Nearest CVS MinuteClinic<sup>3</sup>
- Nearest urgent care

### International travel

- Nearest urgent care
- Nearest hospital

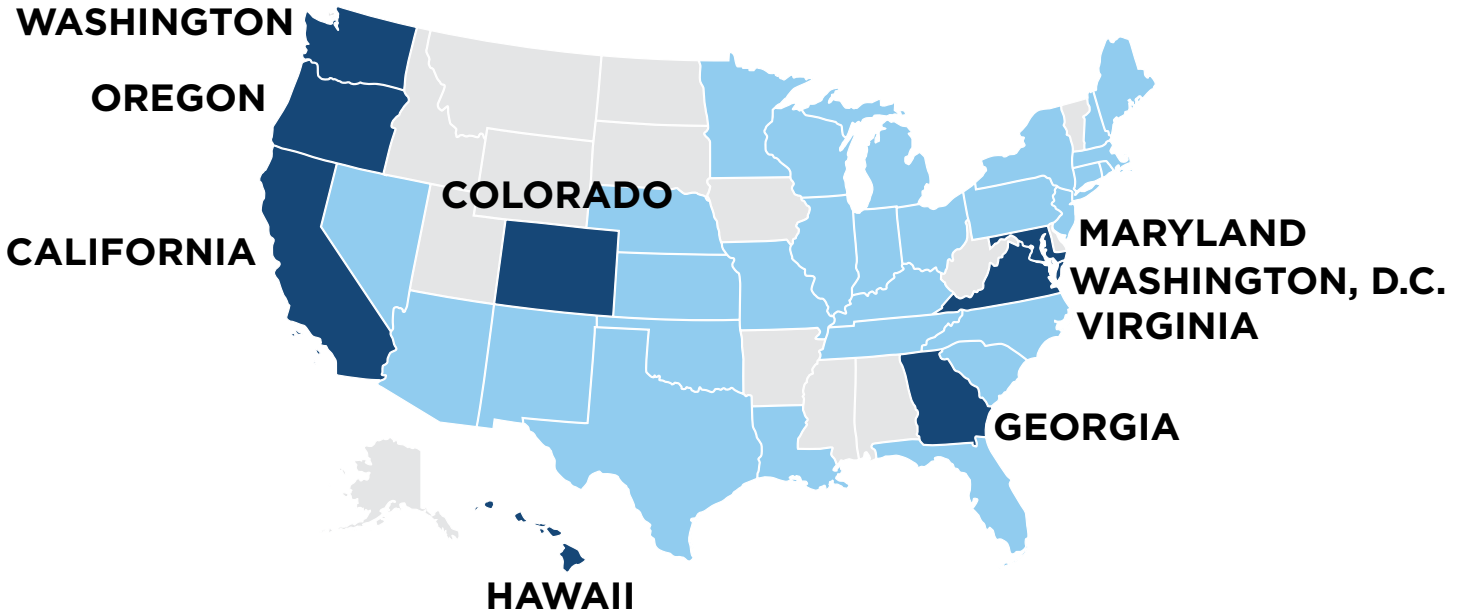


## EMERGENCY CARE AWAY FROM HOME

**Call 911 in the United States.** If abroad, call the local emergency number of the country you're visiting or visit the closest emergency room.

**If admitted to a hospital,** call our **Hospital Notification Line at 1-888-457-9516** as soon as reasonably possible.

# WHERE YOU CAN FIND KAISER PERMANENTE



**Kaiser Permanente locations**

**CVS MinuteClinic locations**

**Out of network**



## FOR MORE INFORMATION:

**CALL** Kaiser Permanente Washington Member Services at [1-888-901-4636](tel:1-888-901-4636)

**VISIT** [kp.org/wa/travel](https://kp.org/wa/travel)

<sup>1</sup>Care Chat is available within Washington state.

<sup>2</sup>Urgent care services are covered subject to out-of-area cost share. Medicare Advantage members covered under their urgent care benefit.

<sup>3</sup>If you get care at a CVS MinuteClinic or any other urgent care facility within a state where Kaiser Permanente operates, you'll be asked to pay up front for services you receive and file a claim for reimbursement. If you get care at a CVS MinuteClinic outside a state where Kaiser Permanente operates, you'll be charged your standard copay or coinsurance.