



## What's new at UMP (SEBB) for 2026

For details about these changes, visit the UMP website at [ump.regence.com/sebb/benefits/oe-2026](https://ump.regence.com/sebb/benefits/oe-2026) or read your UMP open enrollment newsletter. For questions about changes to medical benefits, contact UMP Customer Service at 1-800-628-3481 (TRS: 711). For questions about changes to prescription drug benefits, contact ArrayRx at 1-888-361-1611 (TRS: 711).

### General changes

#### UMP Notice of Privacy Practices updated

The UMP Notice of Privacy Practices is being updated and will be effective November 1, 2025. To find the notice, visit the UMP Notice of Privacy Practices webpage at [hca.wa.gov/ump-privacy](https://hca.wa.gov/ump-privacy).

### Changes to existing medical and prescription drug benefits

To learn more about these benefits, check your plan's 2026 certificate of coverage by visiting forms and publications at [hca.wa.gov/ump-sebb-coc](https://hca.wa.gov/ump-sebb-coc). All changes are effective January 1, 2026, unless otherwise noted.

#### The UMP High Deductible Health Plan deductible is increasing

The deductible for UMP High Deductible members is increasing to \$1,700 for a single subscriber and \$3,400 for a family. This is an increase from \$1,650 for a single subscriber and \$3,300 for a family. This deductible increase is required to maintain compliance with IRS rules, so that a subscriber can make eligible health savings account (HSA) contributions in 2026. UMP High Deductible members will be receiving a new UMP member ID card for 2026 with the updated deductible amounts.

#### Hearing aids – Benefit limit changing

Your hearing aids benefit limit is changing from a dollar limit to an allowed amount with a unit limit. The replacement frequency is changing from every 3 calendar years to every 36 months. Your cost shares and coverage level for hearing aids remain the same.

Current benefit limit (2025)	New benefit limit (2026)
\$3,000 per ear every 3 calendar years	One prescribed hearing aid per ear every 36 months, up to the allowed amount

**Note:** The 36-month limit starts on the date you receive your hearing aid(s). If you received a hearing aid in January 2024, you would be eligible for a replacement in January 2027. You may be responsible for hearing aid charges exceeding the allowed amount.

## See changes to the UMP Preferred Drug List

Starting in November, you can view a list of anticipated changes to the UMP Preferred Drug List. Visit [ump.regence.com/sebb/benefits/prescriptions](https://ump.regence.com/sebb/benefits/prescriptions), select “Find Forms” at the top of the page, then click “Visit HCA’s website to access UMP’s forms & publications database.” Type “preferred drug list changes” into the search box and click the “Filter” button. The list is updated monthly and is subject to change. It does not contain every anticipated change to the UMP Preferred Drug List. It only contains changes that may negatively impact members, such as increasing a prescription drug’s cost or limiting the amount of a prescription drug available per refill.

## Discontinued Plans

### UMP Plus Plans – Ending December 31, 2025

If you are currently enrolled in UMP Plus–Puget Sound High Value Network (PSHVN) or UMP Plus–UW Medicine Accountable Care Network (ACN) you will need to take action to enroll in a different plan for 2026. Visit the UMP website at [ump.regence.com/sebb/benefits/oe-2026](https://ump.regence.com/sebb/benefits/oe-2026) or read your UMP open enrollment newsletter for details about available plans. If you take no action during open enrollment, you will be automatically enrolled in UMP Achieve 2.

## Need help?

Call UMP Customer Service (for medical questions):

1-800-628-3481 (TRS: 711), 5 a.m. to 8 p.m. (Pacific), Monday through Friday; 8 a.m. to 4:30 p.m. (Pacific), Saturday

Call ArrayRx (for prescription drug questions):

1-888-361-1611 (TRS: 711), 7:30 a.m. to 5:30 p.m. (Pacific), Monday through Friday. Customer Service available outside these hours with limited services.

ArrayRx is a separate company that provides pharmacy services.