

What's new at UMP (SEBB) for 2022

For details about these changes, visit the UMP website at ump.regence.com/sebb/benefits/oe-2022 or read your UMP open enrollment newsletter. For questions about changes to medical benefits contact UMP Customer Service at 1-800-628-3481 (TRS: 711). For questions about changes to prescription drug benefits contact Washington State Rx Services at 1-888-361-1611 (TRS: 711).

General changes

New member ID cards mailing in December

In December, everyone who is enrolled in UMP for plan year 2022 will receive a new member ID card. Use your current ID card through December 31, 2021. Your new ID card will not work until January 1, 2022. You use the same ID card for both medical and prescription drug services. You do not use your UMP ID card for dental services. The new member ID card will include updated information that you will want to share with your providers and pharmacies. If you need to fill a prescription in 2022 before you receive your new ID card, you can provide the pharmacy the following information when filling your prescription:

PCN: NVTU
BIN: 610602
SEBB Rx group #: 10016720

Changes to your pharmacy account

Washington State Rx Services (WSRxS) is making changes to your pharmacy account. In order to view your previous prescription claims history in 2022, you need to access your prescription claims history by December 31, 2021.

Claims histories may be needed for Health Savings Account submissions, Flexible Spending Account submissions, or tax purposes. By viewing your claims history before the new year, you have access to previous claims.

You can view your claims by signing in to your Regence account at ump.regence.com/ump/signin. After you sign in, select "My benefits" and choose the "Pharmacy" tab. Then select "Sign in to your pharmacy account" and select "Claims for [your name]."

UMP's pharmacy network may have changes

We are focused on making sure members will be able to access a broad range of pharmacies for their prescription needs. If you are currently a UMP member and there's a change that will negatively impact your coverage, UMP will contact you at least 60 days before with details about what you need to do.

To check which pharmacies are available in our 2022 pharmacy network, visit the UMP SEBB Open Enrollment webpage at ump.regence.com/sebb/benefits/oe-2022 and use the 2022 Pharmacy Locator. The 2022 Pharmacy Locator is subject to change. After January 1, 2022, visit the Prescription Drug Coverage webpage at ump.regence.com/sebb/benefits/prescriptions.

UMP's 2022 pharmacy network will include over 52,000 pharmacies nationwide, including most major chain pharmacies and most independent pharmacies.

Prescription drug prices may change

To check how much your prescription drugs may cost in 2022, visit the UMP SEBB Open Enrollment webpage at ump.regence.com/sebb/benefits/oe-2022 and use the 2022 Drug Price Check Tool. The 2022 Drug Price Check Tool is subject to change. After January 1, 2022, visit the Prescription Drug Coverage webpage at ump.regence.com/sebb/benefits/prescriptions to check how much your prescription drugs may cost.

UMP Notice of Privacy Practices updated

The UMP Notice of Privacy Practices is being updated and will be effective November 1, 2021. To find the notice, visit the UMP Notice of Privacy Practices webpage at hca.wa.gov/ump-privacy.

Changes to existing medical benefits

To learn more about these benefits, check your plan's 2022 certificate of coverage by visiting forms and publications at hca.wa.gov/ump-sebb-coc.

Continuous Glucose Monitors (CGMs) transition to prescription drug coverage

CGMs will only be covered under your prescription drug benefit, which is administered by Washington State Rx Services (WSRxS). UMP will no longer cover CGMs under the medical benefit. You will need a new prescription if you are currently getting your supplies through your medical benefit.

This change does not apply to Medicare retirees when Medicare is their primary health coverage.

Acupuncture, chiropractic, and massage benefits are changing

All UMP plans will have a limit of 24 visits for chiropractic (spinal manipulation), 24 visits for acupuncture, and 24 visits for massage per calendar year. This is an increase to the previous benefit limit of 16 visits for chiropractic, 16 visits for acupuncture, and 16 visits for massage. If you see a preferred provider (network provider for UMP Plus) you will pay a \$15 copay per visit for each treatment type. For UMP High Deductible you must meet your deductible first.

Preventive care coverage for UMP High Deductible members

For UMP High Deductible members, UMP will cover some preventive care benefits for chronic conditions prior to meeting their combined deductible. Coinsurance will still apply.

State-registered domestic partner Medicare benefit change

Beginning January 1, 2022, if you are a state-registered domestic partner who is enrolled as a dependent of a current employee on UMP and are age 65 or older, Medicare will be the primary payer for your covered benefits.

Medicare will remain the secondary payer for benefits payable under UMP for:

- Individuals age 65 or over who have UMP as a result of their own current employee status, or
- Individuals age 65 or over who have UMP as a result of the current employment status of a spouse of any age.

UMP Plus service area and program changes

UMP Plus–Puget Sound High Value Network (PSHVN): Learn more about the plan by visiting the UMP Plus–PSHVN webpage at ump.regence.com/sebb/plans/2022/plus-pshvn.

- In 2022, UMP Plus–PSHVN will no longer be available in Thurston County. The service area for 2022 will include Chelan, Douglas, King, Kitsap, Pierce, Snohomish, and Yakima counties. UMP Plus–UW Medicine ACN will still be available in Thurston County in 2022 and is substantially similar to UMP Plus–PSHVN.

UMP Plus–UW Medicine Accountable Care Network (ACN): Learn more about the plan by visiting the UMP Plus–UW Medicine ACN webpage at ump.regence.com/sebb/plans/2022/plus-uw-medicine-acn.

- UMP Plus–UW Medicine ACN does not have any service area changes for 2022. The plan will continue to serve King, Kitsap, Pierce, Skagit, Snohomish, Spokane, and Thurston counties.
- UMP Plus–UW Medicine ACN has partnered with Embright to make it easier for UMP members to get the care you need, when you need it by fostering better collaboration between your doctors, and providing innovative tools, ideas, and support. Based on this new partnership, UMP Plus–UW Medicine ACN’s customer service number and nurse line will be changing to 1-888-402-4238 (TRS: 711) starting January 1, 2022.

For more information

For more information on 2022 medical benefits, call UMP Customer Service at 1-800-628-3481 (TRS: 711), 5 a.m. to 8 p.m. (Pacific) Monday through Friday; 8 a.m. to 4:30 p.m. (Pacific) Saturday.

For more information on 2022 prescription drug benefits, call WSRxS Customer Service at 1-888-361-1611 (TRS: 711), 7:30 a.m. to 5:30 p.m. (Pacific) Monday through Friday. Available outside these hours with limited services.

Regence complies with applicable Federal and Washington state civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, gender identity or sexual orientation.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-344-6347 (TTY: 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-344-6347 (TTY: 711)。

Washington State Rx Services (WSRxS) is a separate and independent company that provides prescription services; it does not provide Blue Cross and Blue Shield products or services and is solely responsible for its products or services.