



What's new at UMP (SEBB) for 2021

For details about these benefit changes, visit the UMP website at ump.regence.com/sebb/benefits/oe or read your UMP Open enrollment newsletter.

Changes to existing benefits

- For UMP High Deductible members, out-of-pocket expenses for a single member under a family plan will not exceed \$7,000. This is an increase from \$6,900.
- The hearing aid benefit for UMP members is changing. Starting in 2021, you pay \$0 of the allowed amount every five calendar years for a hearing aid for each ear. UMP High Deductible members pay \$0 after they meet their deductible. Currently, the plan pays up to \$800 for a hearing aid per member every three calendar years.
- For durable medical equipment (DME), you can shop online for medical supplies through Amazon, where supplies typically cost less. Then you can easily file a claim online and get reimbursed for covered supplies. Eligible new DME purchased through Amazon is covered at the network provider level. You will be reimbursed based on the lesser of either the amount paid to the network provider for the item or the retail market value for the item.
- Quartet is a new program that works alongside your primary care provider to find a specialist to fit
 your needs. Quartet's care navigation team matches members to in-person and telemedicine
 behavioral health providers who are in the plan's network, have availability, and offer an array of
 behavioral health services, including, but not limited to, mental health counseling, substance use
 disorder, and psychiatry services.
- What you pay for covered insulins will be changing if you are a UMP Achieve 1, UMP Achieve 2, or UMP High Deductible member. It will not change if you are a UMP Plus member.
 - UMP Achieve 1 and UMP Achieve 2
 - Tier 2 covered insulins will not be subject to the prescription drug deductible
 - If you have not met your deductible, cost-shares for covered insulins will be applied to your prescription drug deductible when you fill your insulin at a network pharmacy.
 - UMP High Deductible
 - Covered insulins will not be subject to the deductible. Your cost-share is changing from 15 percent to the amounts shown in the table below, when you fill your insulin prescription at a network pharmacy. If you have not met your deductible, cost-shares for covered insulins will be applied to your deductible.

Applies to all UMP Plans	
Tier	How much you pay at network pharmacies (retail and mail-order)
Value Tier (V)	0-30 day supply:
	5% coinsurance or \$10*
	31–60 day supply:
	5% coinsurance or \$20*
	61-90 day supply:
	5% coinsurance or \$30*





Tier 1 (1)	0-30 day supply:
	10% coinsurance or \$25*
	31–60 day supply:
	* ' ' '
	10% coinsurance or \$50*
	61–90 day supply:
	10% coinsurance or \$75*
Tier 2 (2)	0-30 day supply:
	30% coinsurance or \$75*
	31–60 day supply:
	30% coinsurance or \$150*
	61–90 day supply:
	30% coinsurance or \$225*

^{*}Whichever is less

UMP Plus service area and provider changes

UMP Plus-PSHVN

- Adding network providers to the core network:
 - o Confluence Health
 - The Everett Clinic
- Service area for 2021 will include Chelan and Douglas counties, as well as King, Kitsap, Pierce, Snohomish, Thurston, and Yakima counties.
- Learn more about these changes by visiting the UMP Plus—PSHVN webpage at ump.regence.com/sebb/plans/2021/plus-pshvn.

For more information on 2021 medical benefits, call UMP Customer Service at 1-888-849-3681 (TRS: 711), 5 a.m. - 8 p.m.; Saturday, 8 a.m. - 4:30 p.m. (Pacific)

For more information on 2021 pharmacy benefits, call WSRxS Customer Service at 1-888-361-1611 (TRS: 711) – Monday - Friday: 7:30 a.m. to 5:30 p.m. (Pacific). Available outside these hours with limited services. Extended hours: On November 4, 11, and 18, WSRxS Customer Service will be available until 8:00 p.m. to help answer your open enrollment questions.

Regence complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-344-6347 (TTY: 711). 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-888-344-6347 (TTY: 711)

Washington State Rx Services (WSRxS) is a separate and independent company that provides prescription services; it does not provide Blue Cross and Blue Shield products or services and is solely responsible for its products or services.

Quartet is a separate and independent company that provide services for Regence Uniform Medical Plan (UMP) members.

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