

What's new at UMP for 2020

For details about these benefit changes, visit hca.wa.gov/ump/pebb-open-enrollment or read your UMP Open Enrollment Newsletter.

New benefits for 2020 (some new programs are not included in all UMP plans)

- 24/7 medical advice through Advice24 nurse line (UMP Plus–UW Medicine Accountable Care Network uses its own nurse line)
- BabyWise, a program that supports expectant parents
- Doctor On Demand, a virtual care service that offers 24/7 access to providers through a smartphone, tablet, or computer. This benefit is not included in the UMP Plus plans.
- Infusion drug site of care, a program that directs members to more convenient, cost effective locations to receive infused drugs covered under the medical benefit. This benefit is not included in the UMP Plus plans.
- Expert Second Opinion, a program that provides second medical opinions for certain complex services to help members learn more about their medical conditions and make informed decisions. This benefit is not included in the UMP Plus plans.

Changes to existing benefits

- Nutritional visits increased from 3 to 12 per lifetime
- Preauthorization requirements for some services:
 - Physical, occupational, and speech therapy, after six treatments for a single health care incident
 - Sleep therapy
 - Radiology
 - Pain management
 - Spine surgery (not performed as part of the Centers of Excellence program)
 - Joint replacement (not performed as part of the of Centers of Excellence program)
- For UMP CDHP members, out-of-pocket expenses for a single member under a family plan will not exceed \$6,900. This is an increase from \$6,850.
- UMP Classic and UMP Plus prescription drug coverage changes
 - New prescription drug annual out-of-pocket limit for families \$4,000. The individual out-of-pocket limit will remain \$2,000.
 - Tier 3 (nonpreferred) drugs are no longer covered. Review the 2020 UMP Preferred Drug List for Tier 2 covered drug options with your prescribing provider or contact Washington State Rx Services (WSRxS). If you are taking a Tier 3 drug, or are prescribed a noncovered drug in the future, you or your provider may request an exception to have the drug covered at the Tier 2 cost-share.
- UMP CDHP prescription drug coverage changes
 - Nonpreferred (noncovered) drugs are no longer covered. Review the 2020 UMP Preferred Drug List for covered drug options with your prescribing provider or contact WSRxS. If you are taking a noncovered drug, or are prescribed a noncovered drug in the future, you or your provider may request an exception to have the drug covered.

UMP Plus service area and provider changes

UMP Plus–PSHVN

- Adding network providers:
 - Rainier Health Network: Includes CHI Franciscan, City MD, The Doctors Clinic, Franciscan Medical Group, Highline Medical Services Organization, Northwest Physicians Network, Pediatrics Northwest, and Primary Care Northwest
 - The Polyclinic
- Service area for 2020 will include King, Kitsap, Pierce, Snohomish, Thurston, and Yakima counties.
- Exiting Spokane County
- Providers leaving the network:
 - Evergreen Health
 - MultiCare Connected Care and MultiCare Health System
 - Overlake Medical Center and Clinics

UMP Plus–UW Medicine ACN

- Service area for 2020 will include: King, Kitsap, Pierce, Skagit, Snohomish, Spokane, and Thurston counties.
- Expanding to Spokane County through its MultiCare providers.
- Providers leaving the network:
 - Island Hospital and Health Clinics
 - Overlake Medical Center and Clinics

HealthEquity updates

HealthEquity is the administrator of UMP CDHP's health savings account (HSA)

- New Customer Service telephone number: 1-844-351-6853.
- New debit cards for existing HSA accounts that have reenrolled in UMP CDHP for plan year 2020. While HealthEquity is sending out the new cards, there will be a two-week period during which neither the existing card nor the new card will work.

UMP's new website is your best resource for UMP 2020 plan information: regence.com/ump/pebb. UMP's current site, hca.wa.gov/ump, will continue to host 2019 benefit information through December 2019.

For more information on 2020 medical benefits, call UMP Customer Service at 1-888-849-3681 (TRS: 711), 5 a.m. - 8 p.m.; Saturday, 8 a.m. - 4:30 p.m. (Pacific)

For more information on 2020 pharmacy benefits, call WSRxS Customer Service at 1-888-361-1611 (TRS: 711) – 24 hours a day, 7 days a week