

### **Preferred Drug List Changes**



Below are list(s) of anticipated changes to how prescription drugs may be covered on the UMP Preferred Drug List (PDL). The PDL applies to these UMP Plans:

- UMP Classic (PEBB)
- UMP Consumer-Directed Health Plan (UMP CDHP) (PEBB)
- UMP Plus-Puget Sound High Value Network (UMP Plus-PSHVN) (PEBB)
- UMP Plus—UW Medicine Accountable Care Network (UMP Plus—UW Medicine ACN) (PEBB)
- UMP Achieve 1 (SEBB)
- UMP Achieve 2 (SEBB)
- UMP High Deductible (SEBB)
- UMP Plus-Puget Sound High Value Network (UMP Plus-PSHVN) (SEBB)
- UMP Plus-UW Medicine Accountable Care Network (UMP Plus-UW Medicine ACN) (SEBB)

The list(s) below do not contain every anticipated change to the UMP PDL. They only contain changes **that may negatively impact members**, such as increasing a drug's cost-share to members or limiting the amount dispensed per fill. Events such as the release of new generic drugs could result in more changes to the UMP PDL.

Tier changes are not applicable to UMP CDHP (PEBB) and UMP High Deductible (SEBB). These plans' members pay 15 percent coinsurance for all drugs not considered preventive at network pharmacies after meeting their deductible, including the drugs listed below.

For questions, please contact Washington State Rx Services at 1-888-361-1611 (TRS: 711) or refer to the UMP PDL:

- PEBB members: <a href="https://www.hca.wa.gov/ump-pebb-pdl">https://www.hca.wa.gov/ump-pebb-pdl</a>
- SEBB members: https://www.hca.wa.gov/ump-sebb-pdl

#### Tier changes

Drug name	Current status	Effective 05/01/2020	Less expensive alternative(s)*
Captopril Tablet	Tier 1	Tier 2 (High Cost Generic)	ramipril, perindopril, enalapril, benazepril, moexipril, fosinopril, lisinopril, trandolapril, enalaprilat, quinapril
Captopril- Hydrochlorothiazide Tablet	Tier 1	Tier 2 (High Cost Generic)	ramipril, perindopril, enalapril, benazepril, moexipril, fosinopril, lisinopril, trandolapril, enalaprilat, quinapril
Oxazepam Capsule	Tier 1	Tier 2 (High Cost Generic)	alprazolam IR, diazepam tab/sol, lorazepam tab/sol, chlordiazepoxide tab

Adding quantity level limits: Some drugs have limits to how much you can get per prescription or refill.

Drug name	Current status	Effective 05/01/2020	Less expensive alternative(s)*
Chloroquine Phosphate 250 mg Tablet		Limited to 60 tablets per 30 days	
Chloroquine Phosphate 500 mg Tablet		Limited to 60 tablets per 30 days	

Drug name	Current status	Effective 05/01/2020	Less expensive alternative(s)*
Hydroxychloroquine Sulfate 200 mg Tablet		Limited to 90 tablets per 30 days	

**Adding step therapy:** When a drug requires step therapy, you must use one or more "first-line" drugs before you can get the step therapy drug. Your prescribing provider will need to call Washington State Rx Services to request preauthorization for a step therapy drug prescribed "out of order."

Drug name	Current status	Effective 05/01/2020	Less expensive alternative(s)*
Captopril Tablet			ramipril, perindopril, enalapril, benazepril, moexipril, fosinopril, lisinopril, trandolapril, enalaprilat, quinapril
Captopril- Hydrochlorothiazide Tablet			ramipril, perindopril, enalapril, benazepril, moexipril, fosinopril, lisinopril, trandolapril, enalaprilat, quinapril
Oxazepam Capsule			alprazolam IR, diazepam tab/sol, lorazepam tab/sol, chlordiazepoxide tab

<sup>\*</sup>Less expensive alternative(s): This column shows some less expensive alternative(s). Drugs listed in this column may not include every available less expensive alternative. Please contact Washington State Rx Services, your pharmacist, or your prescriber for a complete list.

### Nondiscrimination notice



#### We follow federal civil rights laws. We do not discriminate based on race, color, national origin, age, disability, gender identity, sex or sexual orientation.

We provide free services to people with disabilities so that they can communicate with us. These include sign language interpreters and other forms of communication.

If your first language is not English, we will give you free interpretation services and/or materials in other languages.

### If you need any of the above, call Customer Service at:

1-888-361-1611 (TRS: 711)

If you think we did not offer these services or discriminated, you can file a written complaint. Please mail or fax it to:

Washington State Rx Services Attention: Appeal Unit PO Box 40168 Portland, OR 97240-0168 Fax: 1-866-923-0412

## Dave Nesseler-Cass coordinates our nondiscrimination work:

Dave Nesseler-Cass, Chief Compliance Officer 601 SW Second Ave. Portland, OR 97204 855-232-9111 compliance@modahealth.com

# If you need help filing a complaint, please call Customer Service.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights at ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone:

U.S. Department of Health and Human Services 200 Independence Ave. SW, Room 509F HHH Building, Washington, DC 20201 800-368-1019, 800-537-7697 (TDD)

You can get Office for Civil Rights complaint forms at hhs.gov/ocr/office/file/index.html.



ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 1-888-361-1611 (TRS: 711).

CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hổ trợ ngôn ngữ miễn phí cho bạn. Gọi 1-888-361-1611 (TRS: 711)

주의: 한국어로 무료 언어 지원 서비스를 이용하시려면 다음 연락처로 연락해주시기 바랍니다. 전화 1-888-361-1611 (TRS: 711)

PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 1-888-361-1611 (TRS: 711)

تنبيه: إذا كنت تتحدث العربية، فهناك خدمات مساعدة لغوية متاحة لك مجانًا. اتصل برقم 1611-168-888-1 (الهاتف النصي 1783:771)

بولتے ہیں تو ل انی (URDU) توجب دیں: اگر آپ اردو اعسانت آپ کے لیے بلا معساوضہ دستیاب ہے۔ یر کال کریں (TRS: 711) 1-888-361-1611

ВНИМАНИЕ! Если Вы говорите по-русски, воспользуйтесь бесплатной языковой поддержкой. Позвоните по тел. 1-888-361-1611 (текстовый телефон TRS: 711).

ATTENTION: si vous êtes locuteurs francophones, le service d'assistance linguistique gratuit est disponible. Appelez au 1-888-361-1611 (TRS: 711)

توجه: در صورتی که به فارسی صحبت می کنید، خدمات ترجمه به صورت رایگان برای شما موجود است. با TRS: 711) تماس بگیرید.

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपको भाषाई सहायता बिना कोई पैसा दिए उपलब्ध है। 1-888-361-1611 पर कॉल करें (TRS: 711)

Achtung: Falls Sie Deutsch sprechen, stehen Ihnen kostenlos Sprachassistenzdienste zur Verfügung. Rufen sie 1-888-361-1611 (TRS: 711)

注意:日本語をご希望の方には、日本語 サービスを無料で提供しております。 1-888-361-1611 (TRS:、テレタイプライター をご利用の方は711)までお電話ください。 અગત્યનું: જો તમે (ભાષાંતર કરેલ ભાષા અહીં દશાર્વો) બોલો છો તો તે ભાષામાં તમારે માટે વિના મૂલ્યે સહાય ઉપલબ્ધ છે. 1-888-361-1611 (TRS: 711) પર કૉલ કરો

ໂປດຊາບ: ຖ້າຫ່ານເວົ້າພາສາລາວ, ການຊ່ວຍເ ຫຼືອດ້ານພາສາແມ່ນມີໃຫ້ທ່ານໂດຍບໍ່ເສັຍຄ່າ. ໂທ 1-888-361-1611 (TRS: 711)

УВАГА! Якщо ви говорите українською, для вас доступні безкоштовні консультації рідною мовою. Зателефонуйте 1-888-361-1611 (TRS: 711)

ATENŢIE: Dacă vorbiţi limba română, vă punem la dispoziţie serviciul de asistenţă lingvistică în mod gratuit. Sunaţi la 1-888-361-1611 (TRS: 711)

THOV CEEB TOOM: Yog hais tias koj hais lus Hmoob, muaj cov kev pab cuam txhais lus, pub dawb rau koj. Hu rau 1-888-361-1611 (TRS: 711)

ត្រវចងចាំ៖ បើអ្នកនិយាយភាសាខ្មែរ ហើយត្រវ ការសេវាកម្មជំនួយផ្នែកភាសាដោយឥតគិតថ្ លៃគឺមានផ្តល់ជូនលោកអ្នកៗសូមទូរស័ព្ទទៅកាន់លេខ 1-888-361-1611 (TRS: 711)

HUBACHIISA: Yoo afaan Kshtik kan dubbattan ta'e tajaajiloonni gargaarsaa isiniif jira 1-888-361-1611 (TRS: 711) tiin bilbilaa.

โปรดหราบ: หากคุณพูดภาษาไหย คุณ สามารถใช้บริการช่วยเหลือด้านภาษา ได้ฟรี โทร 1-888-361-1611 (TRS: 711)

FA'AUTAGIA: Afai e te tautala i le gagana Samoa, o loo avanoa fesoasoani tau gagana mo oe e le totogia. Vala'au i le 1-888-361-1611 (TRS: 711)

IPANGAG: Nu agsasaoka iti Ilocano, sidadaan ti tulong iti lengguahe para kenka nga awan bayadna. Umawag iti 1-888-361-1611 (TRS: 711)

UWAGA: Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń: 1-888-361-1611 (obsługa TRS: 711)