

## How do I receive the \$125 SmartHealth wellness incentive I earned?

If you qualified for the wellness incentive in 2017, you will receive it in 2018. How you receive it depends on which plan you are enrolled in for 2018. To qualify for the \$125 incentive, you must be enrolled in a PEBB medical plan and not enrolled in Medicare Part A and Part B as your primary coverage.

Your medical plan in 2018	How do I get my \$125 wellness incentive?
<ul style="list-style-type: none"> <li>▪ Kaiser Permanente NW Classic*</li> <li>▪ Kaiser Permanente WA (formerly Group Health) Classic</li> <li>▪ Kaiser Permanente WA (formerly Group Health) SoundChoice</li> <li>▪ Kaiser Permanente WA (formerly Group Health) Value</li> <li>▪ Uniform Medical Plan (UMP) Classic</li> <li>▪ UMP Plus (both networks: Puget Sound High Value Network and UW Medicine Accountable Care Network)</li> </ul> <p><b>Medical out-of-pocket limit:</b> For these plans, if out-of-pocket expenses reach the plan out-of-pocket limit, the plan begins paying for all family members, even if the family deductible was not met.</p>	<ul style="list-style-type: none"> <li>▪ The subscriber’s medical deductible is reduced by \$125 by January 31, 2018.</li> <li>▪ If you have additional family members on your account, their per-person deductible remains that same.</li> </ul> <p><b>Example:</b> A UMP Classic subscriber’s deductible drops to \$125, while the spouse’s or dependent’s deductible remains at \$250.</p> <p><b>For accounts with two or more family members:</b></p> <ul style="list-style-type: none"> <li>▪ The maximum family medical deductible is reduced by \$125.</li> <li>▪ Each family member must meet their own medical deductible before the plan pays. Once a member meets their deductible, the plan begins paying for that person. That person no longer contributes to the family deductible.</li> <li>▪ After the family deductible is met, the plan begins paying for services for the whole family, even if an individual family member did not meet their medical deductible.</li> </ul>
<p>Consumer-Directed Health Plans (CDHP):</p> <ul style="list-style-type: none"> <li>▪ Kaiser Permanente NW CDHP*</li> <li>▪ Kaiser Permanente WA (formerly Group Health) CDHP</li> <li>▪ UMP CDHP</li> </ul>	<ul style="list-style-type: none"> <li>▪ \$125 is deposited into the subscriber’s Health Savings Account (HSA) on January 31, 2018. The deductible does not change.</li> </ul> <p><b>Note:</b> The \$125 counts toward your maximum annual HSA contribution. You may need to adjust your payroll contributions to ensure you don’t exceed the maximum allowed.</p>

\*Kaiser Foundation Health Plan of the Northwest, with plans offered in Clark and Cowlitz counties in WA, and the Portland, OR area.

## How do I check I have received the wellness incentive?

- Log in to the SmartHealth website at [smarthealth.hca.wa.gov](http://smarthealth.hca.wa.gov) and select the “How do I find my \$125?” activity tile.
- Sign in to your medical plan’s member portal.
- Contact your medical plan directly.

## What else do I need to know?

### **Only the subscriber receives the wellness incentive**

The subscriber is the only family member eligible to earn the SmartHealth wellness incentive. To receive the incentive in 2018, the subscriber must still be enrolled in a PEBB medical plan during 2018.

If the subscriber qualifies for the incentive in 2017, and is enrolled in a PEBB medical plan after January 1, 2018, as a retiree, COBRA subscriber, or PEBB Continuation Coverage subscriber also enrolled in Medicare Part A and Part B, they will still receive the SmartHealth incentive in 2018.

### **Applicable prescription drug deductible does not change**

Some PEBB medical plans have a separate prescription drug deductible; this is not affected by the wellness incentive.