


Title: Requesting a reasonable alternative for completing wellness incentive program requirements or avoiding the tobacco use premium surcharge

SEBB Program Administrative Policy 91-1

Contact:	Policy and Rules Coordinator, ERB Division	Effective:	October 1, 2019
Associated RCW:	41.05.740 Laws of 2019, ch. 415, §§ 506 and 938	Rescinded:	
Associated SEB Board Policy Resolutions:	SEBB 2018-16 SEBB 2018-17		
Associated WAC:	182-30-050 (1)(c) 182-31-130(3)	Supersedes:	
Assoc. fed law/reg:	45 CFR 146.121(f)		
Associated Procedures:		Owner:	Policy, Rules, & Compliance Manager, ERB Division
Associated Forms & Communication		Approved by:	
		Position:	Director of the SEBB Program
		Date approved:	August 30, 2019

Purpose:

This policy applies when a subscriber who is eligible to participate in the School Employees Benefits Board (SEBB) Wellness Incentive Program is seeking a reasonable alternative to a Wellness Incentive Program requirement in order to receive a wellness incentive as described in WAC 182-31-130 (see section 1 below).

This policy also applies when an enrollee on a SEBB medical plan is seeking a reasonable alternative so that a subscriber can avoid paying the tobacco use premium surcharge as described in WAC 182-30-050 (1)(c)(iii) (see section 2 below).

Policy:

1. Wellness Incentive Program: The SEBB Program will work with a subscriber for whom it is medically inadvisable or, due to a medical condition, unreasonably difficult to attempt to satisfy the requirement for a SEBB Wellness Incentive Program in order to provide an alternative requirement that will allow the subscriber to qualify for the SEBB Wellness Incentive or waive the requirement. The subscriber will need to provide the following information to the SEBB Program or its contracted vendor:
 - a. A physician’s note stating the medical condition that prevents the subscriber (or enrollee) from satisfying the SEBB Wellness Incentive Program requirement; or

- b. A physician's recommendation of what would be a reasonable alternative that the subscriber could pursue based on their health status.
2. Tobacco Use Premium Surcharge:
- a. If the physician of an enrollee who uses tobacco products has concerns related to the health status of the enrollee, which may prevent the enrollee from either participating in a tobacco cessation program or ceasing the use of tobacco products, the subscriber or enrollee can submit documentation to the SEBB Program from the physician that contains a recommendation for how the enrollee can address the use of tobacco products based on their health status. The physician's recommendation will be considered by the SEBB Program when determining what the reasonable alternative is.
 - b. The default status for enrollees twelve years and younger on an account (either as a subscriber or a dependent) will be as a non-tobacco user.