

# Make the switch to **UMP Plus-UW Medicine ACN**

UMP Plus-UW Medicine Accountable Care Network (ACN) provides members with convenience, cost savings, and a comprehensive network of health care providers who work with you to improve your health.

UMP Plus-UW Medicine ACN gives you high-quality health plan features, such as:

- Excellent coverage.
- Lower costs.
- + A network of providers working together to improve your care.
- + Latest research-based medicine.
- + Providers with extended hours.
- + Centralized appointment line.
- + Virtual clinic.
- 24/7 nurse care line.
- Outstanding customer service.

UMP Plus-UW Medicine ACN takes care of you, from wellness and primary care, to advanced specialty care.

#### Visit regence.com/ump to:

- Search for UMP Plus network providers.
- Learn more about UMP Plus-UW Medicine ACN

UMP Plus-UW Medicine ACN is available to those living in King, Kitsap, Pierce, Skagit, Snohomish, Spokane, or Thurston counties.

> "Everything is connected, and all the providers can see full medical records and reports from other providers. It is easy for me to see everything... and access records and communicate with providers. Also, the lower contribution I pay plus reduced or no co-pays has saved me lots of money!" —UMP Plus member



## **Providers working together** to improve your care.

Under UMP Plus-UW Medicine ACN, network providers—your doctors, nurses, and other health care providers—work with you to improve your health. Together, they take into account the whole picture of your health and track and enhance the care you receive. And, you can self-refer to specialists and other providers in your network.



### Convenient access to comprehensive services.

UMP Plus-UW Medicine ACN has the most comprehensive services in the Puget Sound region, with more than 6,500 primary and specialty care providers, 18 hospitals, and more than 1,300 clinics and urgent care facilities.

You can view the network's provider directory online at **regence.com/ump** to confirm if a specific provider is in the UMP Plus-UW Medicine ACN network.

You save money when you use network providers, so if you have specific providers or facilities you want to use, make sure they're in the network before you enroll.



#### Convenience makes your life easier.

- Schedule appointments with network providers, get clinic information, connect with a virtual clinic at no cost to you, and get other services through a single phone number, saving you time.
- Access a 24/7 nurse care line.
- + Enjoy expanded hours for many primary care and urgent care network providers to serve you outside of regular office hours.



#### More money in your wallet.

- + You pay \$0 for office visits with primary care and naturopath providers when you see a core network primary care provider or a naturopath from the support network.\*
- + No prescription drug deductible.
- + Premiums and the deductible are lower for UMP Plus–UW Medicine ACN compared to some of the other UMP plans.
- + UMP Plus-UW Medicine ACN has an out-ofpocket limit of \$2,000 per person or \$4,000 per family for covered benefits.
  - \*Related services, like x-rays or labs that you receive during these office visits may be subject to deductible and coinsurance.

"I have MS and the medications are extremely expensive. I also rely on my specialist a great deal for my care. Without UMP Plus, I could not afford the treatments and would not be able to afford the medications."

—UMP Plus member

"We are extremely satisfied with the choice of providers in this network. They pay a lot of attention to detail, and they take comprehensive care of my husband and my health issues at a reasonable price." —UMP Plus member

# Find out how to enroll in UMP Plus-UW Medicine ACN at hca.wa.gov/erb.