



## Important information about the UMP plans

Choosing a new health plan can be confusing. This information may help you decide if the Uniform Medical Plan (UMP) is right for you. UMP medical plans are administered by Regence BlueShield (Regence).

- If you and your spouse or state-registered domestic partner are enrolling in a UMP plan, you have choices:
  - o If you're both SEBB eligible employees, you can each have your own plan.
  - If you're both SEBB eligible employees, one of you can waive coverage and enroll as a dependent on the other's SEBB plan.
  - If one of you is a PEBB eligible employee and the other is a SEBB eligible employee, both of you could enroll your entire family in PEBB and SEBB coverage, so the family would be covered by both plans.
- If you have an active preauthorization for medical care, UMP will honor existing preauthorizations from your current health plan for covered services for the first 90 days of enrollment (January 1 through March 31, 2020), if the preauthorization was obtained from a Regence BlueShield preferred provider. If your existing preauthorization is from a nonpreferred provider, your provider must request a new preauthorization from Regence. Preauthorizations for noncovered services will not be honored, regardless of the provider's status.
- If you are receiving infusion drugs, UMP Achieve 1, UMP Achieve 2, and UMP High Deductible include an Infusion Drug Site of Care program. For certain infusion drugs to be covered by UMP, they must be administered at an approved site of care. Approved sites include specific outpatient hospital facilities, infusion suites, doctor's offices, and home infusion. Infusion drugs must be preauthorized by the plan before you get treatment. Not all infusion drugs are included in this program.
- If you are working with a case manager through your current health plan, Regence can assign a new case manager to assist you.
- If you have communications needs, such as a confidential communication order or documents in a different language, Regence can help you.





- If you covered a disabled dependent prior to January 1, 2020, they will automatically be enrolled as a disabled dependent under your new plan on January 1, 2020. You will be required to recertify your disabled dependent during the first year of enrollment. You will receive notice when it is time for you to submit the certification form.
- If you're covered by two health insurance plans, the primary plan (first payer) processes and pays claims first and the secondary plan (second payer) processes and pays claims after the primary plan.

UMP uses a type of coordination of benefits called nonduplication of benefits. When UMP pays second to another group plan that covers you, UMP will pay only an amount needed to bring the total benefit up to the amount UMP would have paid if you did not have another plan.

The intent of this type of coordination of benefits is to maintain the level of benefits available through UMP. Nonduplication of benefits is not designed to pay your covered expenses in full.

## For example:

Claim for medical service: \$100

	Billed Charge	Allowed Amount	First Payer Payment 80% of allowed amount	Second Payer Payment (UMP) 85% of allowed amount	Member Balance Due
Nonduplication	• • • •	4	•	<b>.</b>	• · · ·
of benefits plan	\$100	\$75	\$60	\$3.75	\$11.25

**Questions?** Call UMP Customer Service at 1-800-628-3481 (TRS: 711), Monday through Friday, 5 a.m. to 8 p.m., and Saturday, 8 a.m. to 4:30 p.m. (Pacific) or visit **regence.com/ump/sebb**.