

Wondering about benefit changes for 2021?

In 2021, changes are coming to your UMP benefits. Keep reading to learn more!

Annual out-of-pocket limits for UMP CDHP members

For UMP Consumer-Directed Health Plan (CDHP) members, out-of-pocket expenses for a single member under a family plan will not exceed \$7,000. This is an increase from \$6,900.

Use network vision providers

UMP will be using a new vision provider network, Vision Service Plan (VSP), in 2021. When you see a network provider, you pay \$0 of the allowed amount for one routine eye exam for each member per calendar year and the plan will pay \$150 every two years for vision hardware. For members under the age of 19, you pay \$0 of the allowed amount for an exam and hardware when you see a network provider.

Read your plan's 2021 certificate of coverage by visiting Forms and publications at hca.wa.gov/ump-pebb-coc for full benefit details.

To get the most out of your vision benefit, see a provider in the VSP Choice Network. Visit the VSP website at vsp.com/eye-doctor to search for a VSP Choice network provider. If you have questions

about the VSP Choice network providers, call UMP Customer Service at 1-888-849-3681 (TRS: 711).

Hearing aid benefit

The hearing aid benefit for UMP members is changing. Starting in 2021, you pay \$0 of the allowed amount every five calendar years for a hearing aid for each ear. UMP CDHP members pay \$0 after they meet their deductible. Currently, the plan pays up to \$800 for a hearing aid per member every three calendar years. To learn more about what is and is not covered by the hearing aid benefit, check your plan's 2021 certificate of coverage by visiting Forms and publications at hca.wa.gov/ump-pebb-coc.

Commercial Durable Medical Equipment

Shop online for medical supplies through Amazon where supplies typically cost less through the partners. Then you can easily file a claim online and get reimbursed for covered supplies.

Eligible new durable medical equipment (DME) purchased through Amazon is covered at the network provider level. You will be reimbursed based on the lesser of either the amount paid to the network provider for the item or the retail market value for the item.

To learn more contact UMP Customer Service at 1-888-849-3681 (TRS: 711).

Quartet

Quartet is a program that works alongside your primary care provider to find a specialist to fit your needs. Quartet's care navigation team matches members to in-person and telemedicine behavioral health providers who are in the plan's network, have availability, and offer an array of behavioral health services, including, but not limited to, mental health counseling, substance use disorder, and psychiatry services.

Insulins coverage

What you pay for covered insulins will be changing if you are a UMP Classic, UMP Select, or UMP CDHP member. It will not change if you are a UMP Plus member.

For UMP Classic, UMP Select, and UMP CDHP members, covered insulins will not be subject to the prescription drug deductible. If you have not met your deductible, cost-shares for covered insulins will apply to your prescription drug deductible when you fill your insulin at a network pharmacy.

For UMP CDHP, members will pay based on a tier structure instead of paying 15 percent. To learn more about this change, check your plan's 2021 certificate of coverage by visiting Forms and publications at hca.wa.gov/ump-pebb-coc.

UMP Plus service area and provider changes

Before you sign up for UMP Plus, make sure that you live in a county UMP Plus covers and check that your provider is in the UMP Plus network that you enroll in. Need help finding a UMP Plus provider? Visit Find a doctor at ump.regence.com/pebb/finding-doctors or call UMP Customer Service at 1-888-849-3681 (TRS: 711).

UMP Plus–Puget Sound High Value Network (PSHVN)

In 2021 UMP Plus–PSHVN will serve Chelan and Douglas counties, as well as King, Kitsap, Pierce, Snohomish, Thurston, and Yakima counties. The plan is also adding Confluence Health (Chelan and Douglas counties) and The Everett Clinic to its core network.

Learn more about the plan by visiting the UMP Plus–PSHVN webpage at ump.regence.com/pebb/plans/2021/plus-pshvn.

UMP Plus–UW Medicine Accountable Care Network (UW Medicine ACN)

UMP Plus–UW Medicine ACN does not have any service area changes for 2021. The plan will continue to serve King, Kitsap, Pierce, Skagit, Snohomish, Spokane, and Thurston counties. Learn more about the plan by visiting the UMP Plus–UW Medicine ACN webpage at ump.regence.com/pebb/plans/2021/plus-uw-medicine-acn.



UMP Notice of Privacy Practices updated

The UMP Notice of Privacy Practices is being updated and will be effective November 1, 2020. To find the notice, visit the UMP Notice of Privacy Practices webpage at hca.wa.gov/ump-privacy.

UMP has a new plan for 2021 – UMP Select

Recently, the Public Employees Benefits Board (PEBB) approved a new UMP plan for 2021 – UMP Select. The new plan is similar to UMP Classic – they utilize the same provider network. Costs, though, are where the two plans differ.

With UMP Select, your monthly premiums will be lower than with UMP Classic – approximately three times lower.

The deductible is higher. The UMP Select medical deductible is \$750 per member and \$2,250 per family. For prescription drugs, the deductible is \$250 per member, \$750 per family.

As a UMP Select member, your coinsurance will be higher. You will pay 20 percent of the allowed amount (coinsurance) for covered services received from preferred providers after you meet your medical deductible.

With UMP Select, your out-of-pocket limit will be \$3,500 per member and \$7,000 per family for medical expenses. The out-of-pocket limit for prescription drugs is the same for all UMP plans: \$2,000 per member, \$4,000 per family.

To learn more about UMP Select, visit the UMP Select webpage at ump.regence.com/pebb/plans/2021/select.

Have questions about your 2021 benefits?

New this year: Visit the virtual benefits fair

Find out more about all of UMP's plans online with the Public Employees Benefits Board (PEBB) Program's virtual benefits fair. A virtual benefits fair is a new way to learn about your benefit options through an online, interactive, and personalized experience. It's available now anytime, day or night, on the Health Care Authority's (HCA) website at hca.wa.gov/vbf-pebb.

Use your computer, tablet, or smartphone to visit UMP's virtual benefits booth. Once there, you can view UMP's short video to get an overview of all UMP plans or select a specific plan to see more detailed information.

Watch a UMP Plus webinar

The UMP Plus networks are hosting webinars to present information about their services and benefits. Tune in to learn more.

Puget Sound High Value Network (PSHVN):

Wednesday, October 28, 12 to 1 p.m. (Pacific). Register for the webinar on the Go to Webinar webpage at hca.wa.gov/ump-pshvn-pebb.

The recorded session will be available a few days later on PSHVN's website at pugetsoundhighvaluenetwork.org.

UW Medicine Accountable Care Network (ACN):

Wednesday, November 4, 12 to 1 p.m. (Pacific). Register for the webinar on the Go to Webinar webpage at hca.wa.gov/ump-uw-pebb.

The recorded session will be available a few days later on UW Medicine ACN's website at pebb.uwmedicine.org.

Communication Access Real-time Transcription (CART) services, or live closed captioning, are available for this event, on demand. Scheduling CART services requires a two to three week lead-time. To request this accommodation, please submit a request to Janice Knutz at janice.knutz@hca.wa.gov as soon as possible. If you make your request less than a week in advance of the event, our language access manager cannot guarantee that a CART writer will be available.

Use UMP's web tools to get the information you need, when you need it



Go online to visit UMP's website at ump.regence.com/pebb to find resources that help you understand your health benefits, find providers, learn about your prescription drug coverage, and more.

Interested in comparing UMP plans for 2021? Visit View our plans at ump.regence.com/pebb/plans/2021 to get a general

overview of the five plans UMP is offering in 2021.

Looking for a provider? Visit Find a doctor at ump.regence.com/pebb/finding-doctors to find a new provider or see if your provider is in your plan's network.

Want information about 2021 costs, medical benefits, and prescription drug coverage? Visit the UMP (PEBB) open enrollment webpage at ump.regence.com/pebb/benefits/oe.

To learn more about 2021 medical benefits, you can also call UMP Customer Service at 1-888-849-3681 (TRS: 711). For questions about prescription drug coverage, contact Washington State Rx Services at 1-888-361-1611 (TRS: 711).

Need UMP forms and publications? Select the "Find forms" link at the top of any page on the UMP website to get to a searchable forms and publications page.

Want to sign in to your Regence account? Select "Sign in" at the top-right corner of any page. Once you sign in, you will find information specific to you and your plan, like claims details and how much you have paid toward your deductible.

Extended Hours:

On November 4, 11, and 18, Washington State Rx Services Customer Service will be available until 8:00 p.m. (Pacific) to help answer your open enrollment questions.

Need support? Call Washington Listens

Do you need support due to stress from the COVID-19 pandemic? Call Washington Listens at 1-833-681-0211. Washington Listens provides non-clinical support to people experiencing stress due to the COVID-19 pandemic. Washington Listens is available Monday through Friday from 9 a.m. to 9 p.m. and weekends from 9 a.m. to 6 p.m. TTY and language access services are available.

Find providers in your plan's network

Use the provider search to find providers in your plan's network, which will save you money. The amount you pay for services depends on the network status of the provider. To check the network status of your provider, call UMP Customer service, sign in to your Regence account at [regence.com](https://www.regence.com), or visit Find a doctor at ump.regence.com/pebb/finding-doctors.

UMP Classic, UMP Select, and UMP CDHP providers

If you are a UMP Classic, UMP Select, or UMP CDHP member, you can see preferred, participating, or out-of-network providers. When you see preferred or participating providers you pay \$0 for covered preventive care (like annual physicals or covered immunizations), you don't have to file a claim, and these providers can't bill you for charges that exceed the allowed amount (called balance billing).

You get the most from your plan when you choose a preferred

provider. You pay 15 percent for most covered services after you meet your deductible, instead of the 40 percent you will pay if you see a participating or out-of-network provider. Out-of-network providers may also balance bill you.

To find out more, read your plan's 2021 certificate of coverage by visiting Forms and publications at hca.wa.gov/ump-pebb-coc.

UMP Plus providers

UMP Plus members can see network providers (core or support) and out-of-network providers. Use network providers for the best value.

The core network contains primary care providers, specialty providers, and facilities (such as hospitals, surgery centers, and clinics) contracted with your UMP Plus network. The support network contains certain providers contracted with Regence BlueShield (UMP's medical benefits administrator) to supplement the core network. Most of these providers are specialty providers.

When you see a primary care provider in the core network (or

naturopath from the support network) for primary care services, you pay \$0 for office visits.* You also pay \$0 for covered preventive care services (like annual physicals and covered immunizations) when you see a core or support network provider.

For most other covered services, you pay 15 percent of the allowed amount when you see core or support network providers after you meet your medical deductible. Also, network providers will not bill you for charges that exceed the allowed amount (called balance billing).

If you see an out-of-network provider, you will pay 50 percent of the allowed amount for most covered services after you meet your medical deductible. These providers may also balance bill you.

To find out more, read your plan's 2021 certificate of coverage by visiting Forms and publications at hca.wa.gov/ump-pebb-coc.

**Related services, like x-rays or labs that you receive during these office visits, may be subject to the medical deductible and coinsurance.*

You pay \$0 for vaccines at select network pharmacies

Many network pharmacies have vaccination pharmacists who may give covered preventive immunizations to members. When you use a network vaccination pharmacy, you pay \$0 for many vaccines. UMP covers vaccines according to the immunization schedules set by the Centers for Disease Control (CDC), including flu shots, whooping cough (pertussis), tetanus, shingles, cervical cancer, meningococcal, and other

common vaccinations. Call a network pharmacy ahead of time to make sure the pharmacy has the vaccine you need. Present your UMP member ID card at the pharmacy counter before receiving a vaccine.

Note: UMP does not cover travel vaccines or vaccines for employment purposes.

Confused by health care jargon? Check out these common terms

During open enrollment, lots of terms get tossed around. It's easy to get confused and overwhelmed. Here's a short list of important terms to help you pick the health plan that's right for you.

Deductible: A fixed dollar amount you must pay each calendar year for health care and/or prescription drug expenses before the plan starts paying for covered services.

Coinsurance: The percentage of the allowed amount you must pay the provider on claims for which the plan pays less than 100 percent of the allowed amount. This includes most medical services and prescription drugs.

Copay: The set dollar amount you pay when receiving specific services, treatments, or supplies, such as inpatient hospitalization or emergency room visits.

Out-of-pocket limit: The most you pay during a calendar year for covered medical services when you see preferred (network for UMP Plus) providers and for covered prescription drugs and products when you use a network pharmacy before the plan pays 100 percent of the allowed amount.

Balance billing: When a provider bills you for the difference between the billed amount and the allowed amount.

Allowed amount: The most the plan pays for a specific covered service, supply, or prescription drug.

For more definitions, visit the Glossary of Health Coverage and Medical Terms at [healthcare.gov/sbc-glossary](https://www.healthcare.gov/sbc-glossary).



HCA supports health equity

Given events happening in our state and across the world to dismantle systemic racism, the Health Care Authority (HCA) is more committed than ever to advancing health equity.

What is health equity?

Health equity means that everyone has a fair and just opportunity to be as healthy as possible. At HCA, we see the deep inequities that exist in the physical and behavioral health care system, and the circumstances in which individuals live, work, and play that determine health outcomes. Addressing health equity means removing obstacles to health, such as poverty and discrimination, along with their consequences, including lack of access to jobs with fair pay, quality education and housing, safe environments, and health care.

Health equity at HCA

Health equity is a core value of HCA. We strive to find meaningful and strategic ways to use our purchasing power to influence health outcomes, including making health care accessible and affordable to all who live in Washington. We are also reflecting on the culture of equity within HCA, and examining our hiring practices, our contracting practices, how we engage in outreach with communities on equity issues, and how we train our employees to

understand and consider issues of health equity in their work.

Last December, HCA convened the Health Equity Workgroup to explore strategies for solidifying health equity as a core principle of our work. The three main goals of HCA's Health Equity Workgroup are to:

1. Reduce health inequities and improve all beneficiaries' health status
2. Exemplify a culture of health equity
3. Partner with communities to advance health equity

Some of the workgroup's recent activities include conducting a health equity survey of HCA staff and community outreach on our proposed health equity strategy.

Health equity work can only be done with humility and in authentic partnership with the communities that have been marginalized and oppressed. At HCA, we are in the early stages of our own journey and recognize this will require our sustained efforts for many years to come. We remain committed to the long-term work of advancing health equity.



Uniform Medical Plan Nondiscrimination Notice and Language Access Services

Uniform Medical Plan (UMP) and its contracted vendors comply with applicable federal civil rights laws and do not discriminate (exclude people or treat them differently) on the basis of race, color, national origin, age, disability, or sex.

UMP also complies with applicable state civil rights laws and does not discriminate on the basis of creed, gender, gender expression or identity, sexual orientation, marital status, religion, honorably discharged veteran or military status, or the use of a trained dog guide or service animal by a person with a disability.

UMP provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters.
- Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you believe one of the below organizations has failed to provide language access services or discriminated in another way, you can file a grievance by using the contact information below.

Public Employees Benefits Board (PEBB) Program or School Employees Benefits Board (SEBB) Program

For discrimination concerns about eligibility and enrollment

Attn: HCA ADA/Nondiscrimination Coordinator

**Health Care Authority
Enterprise Risk Management Office**

PO Box 42704

Olympia, WA 98504-2704

1-855-682-0787 (TRS: 711) | Fax 360-507-9234

compliance@hca.wa.gov

Visit HCA's nondiscrimination statement webpage at **hca.wa.gov/about-hca/non-discrimination-statement** to file a grievance online.

Washington State Rx Services

For discrimination concerns about prescription drug benefits for UMP

Attn: Appeals Unit

Washington State Rx Services

PO Box 40168

Portland, OR 97204-0168

1-888-361-1611 (TRS: 711) | Fax 1-866-923-0412

compliance@modahealth.com

Regence BlueShield

For discrimination concerns about all UMP plans except UMP Classic for Medicare members

Regence BlueShield Civil Rights Coordinator

MS: CS B32B

PO Box 1271

Portland, OR 97207-1271

1-888-344-6347 (TRS: 711) | Fax 1-888-487-0932

CS@regence.com

For discrimination concerns about UMP Classic for Medicare members

Regence BlueShield Civil Rights Coordinator

MS: B32AG

PO Box 1827

Medford, OR 97501

1-866-749-0355 (TRS: 711) | Fax 1-888-309-8784

medicareappeals@regence.com

You can also file a civil rights complaint with:

U.S. Department of Health and Human Services, Office for Civil Rights

200 Independence Avenue, SW, Room 509F, HHH Building Washington, D.C. 20201

1-800-368-1019 (TDD: 1-800-537-7697)

To submit complaints electronically visit the Complaint Portal Assistant webpage at **ocrportal.hhs.gov/ocr/portal/lobby.jsf**.

To find information on filing a complaint visit the Office for Civil Rights webpage at **hhs.gov/ocr/office/file/index.html**.

UMP is administered by Regence BlueShield and Washington State Rx Services under contract with the Washington State Health Care Authority.

[English] Language assistance services, including interpreters and translation of printed materials, are available free of charge. Employees: Contact your payroll or benefits office. PEBB Retirees, PEBB and SEBB Continuation Coverage members: Call the Health Care Authority at 1-800-200-1004 (TRS: 711).

[Amharic] የድምጽ እና አገልግሎት፣ ተርጓሚዎችን እና የተተረጎሙ የታተሙ ጽሁፎችን ጨምሮ፣ በእነዚህ ይገኛል። ስራተኞች፡ የደመወዝዎን ወይም የጥቅም ጥቅምን ጽ/ቤትን ያነጋግሩ። የመንግሥት ሠራተኞች ጥቅሞች በርድ ጠረጣሪዎች (PEBB), የመንግሥት ሠራተኞች ጥቅሞች በርድ እና የትምህርት ቤት ስራተኞች ጥቅሞች በርድ (SEBB) ቀጣይነት ሸፋን አገልግሎት፡ Health Care Authority በ 1-800-200-1004 (TRS: 711) ይደውሉ።

[Arabic] تتوفر خدمات المساعدة اللغوية، بما فيها المترجمون الفوريون وترجمة المواد المطبوعة، مجانًا. الموظفون: اتصلوا بمكتب كشوف المرتبات أو المستحقات الخاص بكم. متقاعدو مجلس استحقاقات الموظفين العموميين (PEBB)، وأعضاء PEBB ومجلس استحقاقات موظفي المدارس (SEBB) المشاركين في التغطية المستمرة: اتصلوا بـ Health Care Authority على الرقم 1-800-200-1004 (خدمة ترحيل الاتصالات (TRS: 711).

[Burmese] စကားပြန်များ၊ ပုံနှိပ်ထားသည့် စာရွက်စာတမ်းများကို ဘာသာပြန်ဆွဲပေးမှုများ အပါအဝင် ဘာသာစကား အထောက်အကူပြု ဝန်ဆောင်မှုများကို အခမဲ့ စီစဉ်ဆောင်ရွက်ပေးနေပါသည်။ ဝန်ထမ်းများ- မိမိအား လစာထုတ်ပေးသည့် ရုံး သို့မဟုတ် အကျိုးခွဲစားခွင့်များ စီစဉ်ပေးသည့်ရုံးကို ဆက်သွယ်ပါ။ အစိုးရ ဝန်ထမ်းများ အကျိုးခွဲစားခွင့် ဘုတ်အဖွဲ့ (PEBB) PEBB နှင့် ကျောင်းဝန်ထမ်းများ အကျိုးခွဲစားခွင့် ဘုတ်အဖွဲ့ (SEBB) အာမခံ ဆက်လက်ခွဲစားရေး အဖွဲ့ဝင်များ- Health Care Authority တံ 1-800-200-1004 (TRS: 711) တွင် ဆက်သွယ်ပါ။

[Cambodian] សេវាជំនួយផ្នែកភាសា រួមទាំងអ្នកបកស្រាយ និងការបកប្រែឯកសារដែលបានបោះពុម្ព មានផ្តល់ជូនដោយឥតគិតថ្លៃ។ និយោជិត៖ ទាក់ទងការិយាល័យបើកប្រាក់ខែ ឬអគ្គប្រយោជន៍របស់អ្នក។ អ្នកចូលនិវត្តន៍នៃក្រុមប្រឹក្សាភិបាលអគ្គប្រយោជន៍របស់និយោជិតសាធារណៈ (PEBB), សមាជិកសេវាវិប័រវងបន្តក្រុមប្រឹក្សាភិបាលអគ្គប្រយោជន៍របស់និយោជិតសាធារណៈ (PEBB) និងក្រុមប្រឹក្សាភិបាលផ្តល់អគ្គប្រយោជន៍ដល់និយោជិតរបស់សាលា (SEBB)៖ ទូរស័ព្ទទៅ Health Care Authority តាមរយៈលេខ 1-800-200-1004 (TRS: 711)។

[Chinese] 可免费提供语言援助服务，包括口译服务和列印资料翻译服务。雇员：请联络薪资部或福利办公室。公職人員福利委員會 (PEBB) 退休人員、PEBB 及學校職工福利委員會 (SEBB) 續保會員：請致電 1-800-200-1004 (TRS: 711) 聯絡 Health Care Authority。

[Korean] 통역 및 인쇄물 번역을 포함한 언어 지원 서비스를 무료로 제공해드리고 있습니다. 직원: 경리과 또는 복리후생과에 문의하십시오. 공무원 복지 혜택 위원회(PEBB) 은퇴자 및 PEBB 와 교직원 복지 혜택 위원회(SEBB) 연속 보장 회원: Health Care Authority 1-800-200-1004 (TRS: 711)로 전화하십시오.

[Laotian] ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ລວມທັງມາຍພາສາ ແລະ ການແປອອກສານທີ່ພິມແມ່ນມີໃຫ້ໂດຍບໍ່ເສຍຄ່າ. ພະນັກງານ: ຕິດຕໍ່ຫ້ອງການເງິນເດືອນ ຫຼື ຫ້ອງການຊ່ວຍເຫຼືອຂອງທ່ານ. ສະມາຊິກບ້ານນາຂອງຄະນະກຳມະການດ້ານສິດທິພົນປະໂຫຍດຂອງພະນັກງານສາທາລະນະ (PEBB), PEBB ແລະ ຄະນະກຳມະການດ້ານສິດທິພົນປະໂຫຍດຂອງພະນັກງານໃນໂຮງຮຽນ (SEBB) ສືບຕໍ່ການຄຸ້ມຄອງ: Health Care Authority ຫຼື 1-800-200-1004 (TRS: 711).

[Oromo] Tajaajjila deeggarsa afaanii, afaan hiikuu fi waraqawwan afaan barbaachiseti hiikuu, kaffaltii kamiyu malee ni jiru. Qaccaramtoota: Kutaa kaffaltii keessan yookiin biiroo deeggarsa keessan qunnaama. Gabatee faayidaa hojjetoota hawaasa (PEBB) Sooramaa ba'aa, Gabatee faayidaa hojjetoota hawaasa (PEBB) fi Gabatee Faayidaa hojjetoota mana barumsa (School employees benefit board SEBB) miseensota hirmaatan walitti aansun: Garaa Health care Authority bilbilaa karaa 1-800-200-1004 (TRS: 711).

[Persian] خدمات کمک زبانی، شامل مترجم شفاهی و ترجمه مطالب چاپی، به صورت رایگان ارائه می‌شود. کارمندان: با دفتر حسابداری یا مزایای خود تماس بگیرید. بازنشستگان هیئت عمومی مزایای کارمندان (PEBB)، اعضای پوشش مستمر PEBB و هیئت مزایای کارمندان مدرسه (SEBB): با Health Care Authority شماره 1-800-200-1004 (TRS: 711) تماس بگیرید.

[Punjabi] ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ, ਜਿੰਨਾਂ ਵਿੱਚ ਦੁਆਰਾ ਅਤੇ ਪ੍ਰਿੰਟ ਕੀਤੀ ਹੋਈ ਸਮੱਗਰੀ ਦਾ ਅਨੁਵਾਦ ਕਰਨਾ ਸ਼ਾਮਲ ਹੈ, ਮੁਫ਼ਤ ਉਪਲੱਬਧ ਹਨ। ਕਰਮਚਾਰੀ: ਆਪਣੇ ਤਨਖ਼ਾਹ ਜਾਂ ਫ਼ਾਇਦੀਆਂ ਦੇ ਦਫ਼ਤਰ ਨਾਲ ਸੰਪਰਕ ਕਰੋ। ਜਨਤਕ ਕਰਮਚਾਰੀ ਫ਼ਾਇਦਾ ਬੋਰਡ (PEBB) ਤੋਂ ਰਿਟਾਇਰ ਹੋ ਚੁੱਕੇ ਕਰਮਚਾਰੀ, ਜਨਤਕ ਕਰਮਚਾਰੀ ਫ਼ਾਇਦਾ ਬੋਰਡ (PEBB) ਅਤੇ ਸਕੂਲ ਕਰਮਚਾਰੀ ਫ਼ਾਇਦਾ ਬੋਰਡ (SEBB) ਜਾਰੀ ਰੱਖਣ ਵਾਲੇ ਕਵਰੇਜ ਸਦੱਸ: ਹੈਲਥ ਕੇਅਰ ਅਥਾਰਿਟੀ (Health Care Authority) ਤੋਂ 1-800-200-1004 (TRS: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

[Romanian] Sunt disponibile în mod gratuit servicii de asistență lingvistică, inclusiv interpret și traducerea materialelor tipărite. Angajați: contactați-vă biroul de plată a salariilor sau de beneficii. Pensionari ai Comisiei de beneficii pentru angajați publici (PEBB), membri ai Comisiei de beneficii pentru angajați publici (PEBB) și ai Comisiei de beneficii pentru angajați ai școlilor (SEBB) acoperiți în continuare: apelați Health Care Authority la numărul de telefon 1-800-200-1004 (TRS: 711).

[Russian] Услуги языковой поддержки, включая устных переводчиков и перевод печатных материалов, предоставляются бесплатно. Сотрудникам: свяжитесь с вашим отделом выплаты заработной платы или выплаты льгот и пособий. Пенсионеры, продление договора страхования для членов Совета по выплате льгот и помощи для государственных служащих (PEBB) и Совета по выплате льгот и помощи работникам школ (SEBB): свяжитесь с Health Care Authority по номеру 1-800-200-1004 (TRS: 711).

[Somali] Adeegyada kaalmada luuqada, waxaa kamid ah turjumaad iyo turjubaan wixii daabacan, waxaana lagu heli karaa bilaash. Shaqaalaha: La xidhiidha xafiiska mushaharka ama gunooyinka. Hawlgabka Gudida Gunooyinka Shaqaalaha Shacabka (PEBB), Xubnaha Bixinta Sii Socota ee PEBB iyo Gudida Gunooyinka Shaqaalaha Dugsiga (SEBB): Kala Hadal Health Care Authority 1-800-200-1004 (TRS: 711).

[Spanish] Los servicios de asistencia lingüística, incluidos los intérpretes y la traducción de los materiales impresos, están disponibles de forma gratuita. Empleados: Comuníquense con su oficina de nómina o de beneficios. Jubilados de la Junta de Beneficios para Empleados Públicos (PEBB), miembros de la Cobertura de Continuación de la PEBB y de la Junta de Beneficios para Empleados Escolares (SEBB): Llamen a Health Care Authority al 1-800-200-1004 (TRS: 711).

[Swahili] Huduma za usaidizi wa lugha, ikiwemo wakalimani na tafsiri ya nyenzo zilizochapishwa, zinapatikana bila malipo. Wafanyakazi: Wasiliana na ofisi yako ya malipo au manufaa. Wastaafu wa Halmashauri ya Manufaa ya Wafanyakazi wa Umma (PEBB), Wanachama wa Halmashauri ya Manufaa ya Wafanyakazi wa Umma (PEBB) na Bima Endelevu ya Halmashauri ya Manufaa ya Wafanyakazi wa Shule (SEBB): Wasiliana na Health Care Authority kwa nambari 1-800-200-1004 (TRS: 711).

[Tagalog] Makakakuha ng walang bayad na mga serbisyo ng tulong sa wika, kasama ang mga interpreter at pagsasalina-wika ng mga naka-print na materyal. Mga Empleyado: Makipag-ugnayan sa opisina ng inyong payroll o mga benepisyo. Para sa mga Retirado ng Lupon para sa Mga Benepisyo ng Mga Pamublikong Empleyado (PEBB), mga miyembro ng PEBB at Lupon para sa Mga Benepisyo ng mga Empleyado ng Paaralan (SEBB): Tawagan ang Health Care Authority sa 1-800-200-1004 (Mga Serbisyo sa Telepono para sa May Kapansanan (TRS: 711).

[Tigrigna] ናይ ቋንቋ ሓገዝ ኣገልግሎታት፣ ተርጓሚቲን ናይ ሕትመት ናውቲ ትርጉምን ሓዊሱ፡ ካብ ክፍሊት ገዳ ዝርከቡ እዮም። ስራተኛታት፡ ናይ ስርዓት ክፍሊት ወይ ናይ ረብሓታት ቢሮ ኣዘርቡ። ናይ ህዝቢ ስራተኛታት ረብሓታት ቢሮ (PEBB) ጠረጎታታት፡ ናይ ናይ ህዝቢ ስራተኛታት ረብሓታት ቢሮ (PEBB)፣ ናይ ቤት ትምህርቲ ስራተኛታት ረብሓታት ቢሮ (SEBB)ን ወጽዖልታ ሸፋን ኣገልግሎት፡ ናብ Health Care Authority ኣብ 1-800-200-1004 (TRS: 711) ይደውሉ።

[Ukrainian] Послуги мовної підтримки, включаючи усних перекладачів і переклад друкованих матеріалів, надаються безкоштовно. Співробітникам: зв'яжіться з вашим відділом виплати заробітної плати або виплати пільг і допомог. Пенсіонери, продовження договору страхування для членів Ради з виплати пільг та допомоги для державних службовців (PEBB) і Ради з виплати пільг та допомоги шкільним працівникам (SEBB): зв'яжіться з Health Care Authority за номером 1-800-200-1004 (TRS: 711).

[Vietnamese] Chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ, bao gồm thông dịch và biên dịch các tài liệu in. Nhân viên: Liên hệ với văn phòng phụ trách trả lương hoặc phúc lợi cho bạn. Người về hưu, hội viên hưởng Quyền Lợi Liên Tục của Ủy Ban Phúc Lợi Viên Chức (PEBB) và Ủy Ban Phúc Lợi Nhân Viên Giáo Dục (SEBB): Xin gọi đến Health Care Authority theo số 1-800-200-1004 (TRS: 711).



Washington State Health Care Authority
PO Box 42684
Olympia, WA 98504-2684

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Ready to make changes for 2021?

Open enrollment starts November 1 and ends November 30 at midnight (Pacific). To learn how to make changes to your benefits, see the PEBB Program's October *For Your Benefit* newsletter or visit HCA's website at hca.wa.gov/pebb-oe.