



UW Medicine
Accountable Care Network



Make the switch to UMP Plus–UW Medicine ACN

UMP Plus–UW Medicine Accountable Care Network (ACN) provides members with convenience, cost savings, and a comprehensive network of health care providers who work with you to improve your health.

UMP Plus–UW Medicine ACN gives you high-quality health plan features, such as:

- + Excellent coverage.
- + Lower costs.
- + A network of providers working together to improve your care.
- + Latest research-based medicine.
- + Providers with extended hours.
- + Centralized appointment line.
- + Virtual clinic.
- + 24/7 nurse line.
- + Outstanding customer service.

UMP Plus–UW Medicine ACN takes care of you, from wellness and primary care, to advanced specialty care.

Visit the UMP website at ump.regence.com to:

- + Search for UMP Plus network providers.
- + Learn more about UMP Plus–UW Medicine ACN

UMP Plus–UW Medicine ACN is available to those living in King, Kitsap, Pierce, Skagit, Snohomish, Spokane, or Thurston counties.

Find out how to enroll in UMP Plus–UW Medicine ACN by visiting HCA’s website at hca.wa.gov/erb.

“We are extremely satisfied with the choice of providers in this network. They pay a lot of attention to detail, and they take comprehensive care of my husband and my health issues at a reasonable price.”

—UMP Plus member

Providers who work together to improve your health

Under UMP Plus–UW Medicine ACN, network providers—your doctors, nurses, and other health care providers—work with you to improve your health. Together, they take into account the whole picture of your health to enhance the care you receive. You choose your own primary care provider within UMP Plus–UW Medicine ACN’s network, and you can self-refer to specialists and other providers in the network.

Access to comprehensive services

UMP Plus–UW Medicine ACN has the most comprehensive services in the Puget Sound region, with more than 6,500 primary and specialty care providers, 18 hospitals, and more than 1,300 clinics and urgent care facilities.

You can view the network’s provider directory online by visiting UMP’s website at **ump.regence.com** to confirm if a specific provider is in the UMP Plus–UW Medicine ACN network.

You save money when you use network providers, so if you have specific providers or facilities you want to use, make sure they’re in the network before you enroll.

Convenience

- + Schedule appointments with network providers, get clinic information, connect with a virtual clinic at no cost to you, and get other services through a single phone number.
- + Access a 24/7 nurse line.
- + Enjoy expanded hours for many primary care and urgent care network providers across UMP Plus–UW Medicine ACN’s network.

Lower health care costs

- + Primary care office visits at no cost to you when you see a core network primary care provider (or a naturopath from the support network).*
- + No prescription drug deductible.
- + Premiums and a medical deductible that are lower for UMP Plus–UW Medicine ACN compared to some of the other UMP plans.
- + An out-of-pocket limit of \$2,000 per person or \$4,000 per family for covered benefits.

*Related services, like x-rays or labs that you receive during these office visits, may be subject to the medical deductible and coinsurance.

“I have MS and the medications are extremely expensive. I also rely on my specialist a great deal for my care. Without UMP Plus, I could not afford the treatments and would not be able to afford the medications.”

—UMP Plus member

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UMP is administered by Regence BlueShield and Washington State Rx Services under contract with the Washington State Health Care Authority.

HCA is committed to providing equal access to our services. If you need an accommodation, or require documents in another format, please contact the following. Employees: Your payroll or benefits office. Retirees and Continuation Coverage members: Call us at 1-800-200-1004 (TRS: 711).