

Please use this form only if you are unable to use the online enrollment system, Benefits 24/7 at benefits247.hca.wa.gov.

We must receive this form **no later than 60 days** from the date your SEBB health plan coverage ends or from the postmark date on the *SEBB Continuation Coverage Election Notice* sent to you, whichever is later.

Your first premium payment and applicable premium surcharges are due to the Health Care Authority (HCA) **no later than 45 days** after your 60-day election period ends. HCA only accepts cash, check, or money order for payment. We will not enroll you until we receive your first payment. If HCA does not receive your first payment during this 45-day timeframe, you will not be enrolled, and you will lose your rights for SEBB Continuation Coverage (Unpaid Leave). Premiums and applicable premium surcharges are due from the date your other coverage ended.

This form replaces all *SEBB Continuation Coverage (Unpaid Leave) Election/Change* forms previously submitted. You must complete the entire form, including the dependent section for any children you want to continue to cover.

Inaccurate, incomplete, or illegible information may delay coverage. Type or print clearly in black ink and use all capital, block lettering in the spaces provided. Example: $\int O H N$

All forms and documents are available at **hca.wa.gov/sebb-continuation** under *Forms & publications,* or by calling 1-800-200-1004 (TRS: 711).

Remember to read and sign Section 10.

Qualifying event

Check only one.

Applying for disability retirement

Layoff (as defined in WAC 182-31-020)

Approved Leave Without Pay (LWOP)

Worker's compensation

Employee appealing a dismissal action

USERRA (military) leave

Subscriber

Date employer coverage ended

 Social Security number
 Date of birth
 Sex assigned at birth¹

 Last name
 Male
 Female

 First name
 Male
 Female

 Phone number
 Alternate phone number
 Sex assigned at birth¹

Date called to duty in the uniformed service



¹ This field is required for health care services.

² Gender X means a gender that is not exclusively male or female. This field is optional and will be kept private to the extent allowable by law. To learn more, visit hca.wa.gov/gender-x.

Subscriber's last name		Social Security number	
Street address			
Address line 2			
City			State
ZIP/Postal code	County		
Mailing address (if different)			
Mailing address line 2			
City			State
ZIP/Postal code	County		

A You must report your new address to the SEBB Program **no later than 60 days** after you move. You can report it by using this form, by sending a written request by mail or secure message (see "Form return" on page 14), or by calling 1-800-200-1004 (TRS: 711).

Are you or any eligible dependents already enrolled in SEBB insurance coverage under another account?

Yes

Continue coverage (Select all that apply.)

No

Medical	Dental	Vision	Life and accidental death and dismemberment (AD&D) insurance		
Add coverage (Selec	ct all that apply.)				
Medical	Dental	Vision	A You may choose to continue coverage you were enrolled in on the day your SEBB health plan		
Terminate coverage	e (Select all that apply.)		coverage ended. If you have life insurance and wish to port, convert, or terminate coverage, call		
Medical	Dental	Vision	MetLife at 1-833-854-9624. If you are enrolled in a Medical Flexible Spending Arrangement (FSA) or Limited Purpose FSA and		
Termination date			would like to continue it, call Navia Benefit		
If terminating cover	age, include reason		Solutions at 1-800-669-3539 no later than 60 days after the mailing date on the <i>Navia COBRA</i> <i>election notice</i> .		

A If you terminate all coverage, you will not be eligible to enroll again in SEBB Continuation Coverage unless you regain eligibility.



Subscriber's last name

Social Security number

Tobacco use premium surcharge

Response required if you are enrolling in medical coverage The SEBB Program requires a \$25-per-account tobacco use premium surcharge in addition to your monthly medical premium if you or a dependent (age 13 or older) enrolled on your SEBB medical coverage uses a tobacco product. Tobacco use is defined as any use of tobacco products within the past two months except for religious or ceremonial use. Tobacco products are any product made with or derived from tobacco that is intended for human consumption, including any component, part, or accessory of a tobacco product. Tobacco products do not limited to, cigars, cigarettes, pipe tobacco, chewing tobacco, snuff, and other tobacco products. Tobacco products do not include e-cigarettes or United States Food and Drug Administration (FDA) approved quit aids such as over-the counter nicotine replacement products.

If a provider finds that ending tobacco use or participating in your medical plan's tobacco cessation program will negatively affect your or your dependent's health, see more information in the SEBB Program Administrative Policy 91-1 at **hca.wa.gov/sebb-rules**.

If you check Yes or do not check any boxes below, you will be charged the \$25 premium surcharge. The premium surcharge will not apply if you and any enrolled dependents who use tobacco products meet these requirements: Age 18 and older – enrolled in the free tobacco cessation program through your SEBB medical plan (visit HCA's website at **hca.wa.gov/tobacco-free-sebb**). Age 13 to 17 – accessed resources for teens at **teen.smokefree.gov**.

Does the tobacco use premium surcharge apply to you? Check one:

Yes, I am subject to the \$25 premium surcharge. I have used tobacco products in the past two months. (If this is a change to a previous attestation, use Benefits 24/7 or submit the SEBB Premium Surcharge Attestation Change form.)

No, I am not subject to the \$25 premium surcharge. I have not used tobacco products in the past two months, or I have enrolled in or accessed one of the tobacco cessation resources noted above.

Subscriber's last name

Social Security number

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Spouse or state-registered domestic partner (SRDP)

List an eligible spouse or SRDP you wish to enroll or remove from coverage online. State-registered domestic partner is defined in WAC 182-31-020. Individuals in state-registered domestic partnerships treated the same as legal spouses except when in conflict with federal law. You must also provide proof of their eligibility within SEBB Program enrollment timelines, or they will not be enrolled. Timelines and a list of acceptable documents to prove eligibility are available on HCA's website at **hca.wa.gov/sebb-continuation**. Your spouse or SRDP cannot be enrolled in two SEBB Program medical, dental, or vision accounts at the same time. A health plan change is not allowed when adding an SRDP due to a special open enrollment event if they are not a tax dependent.

Relationship to subscriber

Spouse: date of marriage

SRDP: date registered

A If enrolling an SRDP, also submit a SEBB Declaration of Tax Status to indicate whether they qualify as a dependent for tax purposes.

Social Security number		Date	Date of birth		Sex assigned at birth ¹		
Last name					Male Gender identit	Female y²	
First name					Male Middle initial	Female Suffix	Х
Phone number			Alternate phone	number			
Street address (if dif	ferent from subscribe	er)					
Address line 2							
City							State
ZIP/Postal code		County					
Continue coverage	(Select all that apply	<i>.</i>)					
Medical Add coverage (Sele	Dental ct all that apply.)	Vision		If removing a spouse due to divorce, attach a copy of the divorce decree. If removing an SRDP due to dissolution, attach a copy of the dissolution of state-registered domestic partnership.			
Medical Terminate coverag	Dental e (Select all that app	Vision ly.)					1
Medical	Dental	Vision		•	•		
Termination date							
If terminating cover	age, include reason:						
To terminate life or /	AD&D insurance, call	MetLife at 1	1-833-854-9624.				
	for health care services. Ender that is not exclusively	male or fema	le This field is ontion	al and will be kept			

² Gender X means a gender that is not exclusively male or female. This field is optional and will be kept private to the extent allowable by law. To learn more, visit **hca.wa.gov/gender-x**.

Subscriber's last name

Social Security number

Tobacco use premium surcharge

Response required if you are enrolling your spouse or SRDP in medical coverage. If you check **Yes** or do not check any boxes below, you will be charged the \$2-per-account tobacco use premium surcharge in addition to your monthly medical premium.

Does the tobacco use premium surcharge apply to you? Check one.

Yes, I am subject to the \$25 premium surcharge. This dependent has used tobacco products in the past two months. (If this is a change to a previous attestation, use Benefits 24/7 or submit the *SEBB Premium Surcharge Attestation Change* form).

No, I am not subject to the \$25 premium surcharge. This dependent has not used tobacco products in the past two months or has enrolled in or accessed one of the tobacco cessation resources noted on page 3.

Spouse or state-registered domestic partner (SRDP) coverage premium surcharge

Response required if you are enrolling your spouse or SRDP in medical coverage. The SEBB Program requires a \$50 premium surcharge in addition to your monthly medical premium if you enroll your spouse or SRDP in SEBB medical coverage, and they have elected not to enroll in another employer-based group medical coverage that is comparable to the Public Employees Benefits Board (PEBB) Program Uniform Medical Plan (UMP) Classic.

Answer these questions:

1	Are you covering your spouse or SRDP in a SEBB medical plan under your account in 2024?	V es	No
2	Will they be eligible for medical coverage through their employer in 2024? (If they will not be employed in 2024, answer No.)	Yes	No
3	Will their employer offer at least one medical plan that serves their county of residence in 2024?	Yes	No
4	Have they chosen not to enroll in their employer's medical (including PEBB) coverage in 2024?	Yes	No
5	 Will the coverage offered by their employer in 2024 not be through the SEBB Program or a TRICARE plan? Answer Yes if their employer does not offer SEBB coverage or a TRICARE plan. Answer No if their employer offers SEBB coverage or a TRICARE plan. 	Yes	No
6	Will their share of the medical premium through their employer be less than \$117.81 per month in 2024?	Yes	No

If you answered No to any of these questions, check no below. You will not be charged the surcharge. If you answered Yes to all of these questions:

- 1. Ask your spouse or SRDP for the Summary of Benefits and Coverage (SBC) for all medical plans that: a. Serve their county of residence.
 - b. Have a monthly premium of less than \$117.81 per month for the employee.
- 2. Use the SBC information to answer the questions in the SEBB Spousal Plan Calculator online tool. You will get a Yes or No response from the calculator. Enter this response on the next page.

Subscriber's last name

Social Security number

Does the spouse or state-registered domestic partner coverage premium surcharge apply to you? Check one:

Yes, I am subject to the \$50 premium surcharge. I completed the *SEBB Spousal Plan Calculator* online. A If you check Yes or do not check any boxes, you will be charged the \$50 premium surcharge.

No, I am not subject to the \$50 premium surcharge. If needed, I completed the SEBB Spousal Plan Calculator.

Employer to help determine if premium surcharge applies. I am submitting a printed *SEBB Spousal Plan Calculator*. My employer will use these to help determine whether my spouse's or state-registered domestic partner's employer-based group medical is comparable to PEBB's UMP Classic plan and whether I am subject to this premium surcharge.

A The SEBB Spousal Plan Calculator is available at hca.wa.gov/sebb-continuation under Surcharges. To change your previous attestation, use Benefits 24/7 or the SEBB Premium Surcharge Attestation Change form.

Subscriber's last name

Social Security number

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4	Dependents				
List eligible dependents you wish to enroll or remove from coverage. You must be enrolled in coverage in order to enroll your dependents. Enrolled children must be eligible under SEBB Program rules. This includes children through the month of their 26th birthday (regardless of marital status, student status, or eligibility for coverage under another plan) and dependent children age 26 or older with a disability. You must also provide proof of their eligibility within SEBB Program enrollment timelines, or they will not be enrolled. Timelines and a list of acceptable documents to prove eligibility are available on HCA's website at hca.wa.gov/sebb-continuation . Dependents cannot be enrolled in two SEBB medical, dental, or vision accounts at the same time. If enrolling a state-registered domestic partner's child, extended dependent, or other nonqualified tax dependent, also attach a <i>SEBB Declaration of Tax Status</i> to indicate whether they qualify as a dependent for tax purposes. A health plan change is not allowed when adding an SRDP's child due to a special open enrollment <i>Certification</i> , a valid court order showing legal custody or guardianship, and a <i>SEBB Declaration of Tax Status</i> . If enrolling a child with a disability age 26 or older, also submit a <i>SEBB Certification of a Child with a Disability</i> . Relationship to subscriber					
Child		👍 If adding more	e dependents, cor	by pages 7 to	8
Stepchild (not legally adop [.]	ted)	and attach to this		, <u>,</u>	
Extended dependent (attac	h a copy of court order)				
Child with a disability age 2	26 or older				
Social Security number	Date of birth		Sex assigned a	t birth ¹	
Last name			Male Gender identit	Female y ²	
First name			Male Middle initial	Female Suffix	Х
Street address (if different from	subscriber)				
Address line 2					
City		State			
ZIP/Postal code	County				

¹ This field is required for health care services.

² Gender X means a gender that is not exclusively male or female. This field is optional and will be kept private to the extent allowable by law. To learn more, visit **hca.wa.gov/gender-x**.

Subscriber's last name

Continue coverage (Select all that apply.)					
Medical	Dental	Vision			
Add coverage (Select all that apply.)					
Medical	Dental	Vision			
Terminate coverage (Select all that apply.)					
Medical	Dental	Vision			
Termination data					

Termination date

If terminating coverage, include reason

To terminate life and AD&D insurance, call MetLife at 1-833-854-9624.

Tobacco use premium surcharge

Response required for dependents age 13 and older enrolling in medical coverage. If you check Yes or do not check any boxes below, you will be charged the \$25-per-account tobacco use premium surcharge in addition to your monthly medical premium. See page 3 for instructions on how to respond.

Does the tobacco use premium surcharge apply to your dependent? Check one.

Yes, I am subject to the \$25 premium surcharge. This dependent has used tobacco products in the past two months. (If this is a change to a previous attestation, use Benefits 24/7 or submit the *SEBB Premium Surcharge Attestation Change* form.)

No, I am not subject to the \$25 premium surcharge. This dependent has not used tobacco products in the past two months or has enrolled in or accessed one of the tobacco cessation resources noted on page 3.

Subscriber's last name

Social Security number

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Changes to an existing account

Are you making changes to an existing account?

Yes If Yes, check all changes that apply in sections below.

Date of event/change:

No If No, continue to Section 6.

Changes you can make anytime

Name change

Address change

Terminate medical coverage for you or your enrolled dependents

Terminate dental coverage for you or your enrolled dependents

Terminate vision coverage for you or your enrolled dependents

Remove dependents from coverage. If removal is due to loss of eligibility divorce, annulment, dissolution, or dependent ceasing to be eligible as a child, the SEBB Program must receive this form **no later than 60 days** after the last day of the month the dependent loses eligibility. Coverage will be terminated the last day of the month of loss of eligibility. If applicable, provide your former dependent's new address:

Street address

Address line 2

City

ZIP/Postal code

To terminate life and accidental death and dismemberment (AD&D) insurance, call MetLife at 1-833-854-9624.

Changes you can make during annual open enrollment

All changes become effective January 1 of the following year. Check the box next to the change requested.

Add dependents

Remove dependents

Add or change medical plan

Add or change dental plan

Add or change vision plan



State

Subscriber's last name

Social Security number

Changes you can make if an event creates a special open enrollment (SOE)

The SEBB Program only allows changes outside of annual open enrollment when an event creates an SOE. The change must be allowed under the Internal Revenue Code and Treasury regulations and correspond to and be consistent with an SOE event for the subscriber, the subscriber's dependents, or both. The SEBB Program must receive this form and proof of the event **no later than 60 days** after the event occurs.

To enroll a newborn or a child whom you, the subscriber, have adopted or have assumed a legal responsibility for support ahead of adoption, notify the SEBB Program by submitting the required forms as soon as possible. Doing so ensures timely payment of claims. If adding the child increases the premium, we must receive the required forms **no later than 60 days** after the date of the birth, adoption, or the date the legal responsibility is assumed ahead of adoption.

In most cases, the enrollment or change will be effective the first day of the month after the event date or the date we receive the form, whichever is later.

Check the box next to the matching events below.

Note: A plan change is not allowed when adding or their child if they are not a tax dependent.

The following events allow a subscriber to add dependents or change medical, dental, or vision plans:

Subscriber or dependent loses other coverage a group health plan or through health insurance coverage, as defined by the Health Insurance Portability and Accountability Act (HIPAA).

Subscriber has a change in employment status that affects the subscriber's eligibility for their employer contribution toward their employer-based group health plan.

Subscriber's dependent has a change in their own employment status that affects the dependent's eligibility or their dependent's eligibility for their employer contribution under their employer-based group health plan.

A court order requires the subscriber or any other individual to provide insurance coverage for an eligible dependent of the subscriber.

Subscriber or dependent enrolls in or loses eligibility for coverage under Medicaid or a state Children's Health Insurance Program (CHIP).

Subscriber or dependent becomes eligible for a state premium assistance subsidy for SEBB health plan coverage from Medicaid or CHIP.

Subscriber or dependent enrolls in or loses eligibility for coverage under Medicare.

Child becomes eligible as an extended dependent through legal custody or legal guardianship. Also submit a SEBB *Extended Dependent Certification* and SEBB *Declaration of Tax Status* to indicate whether they qualify as a dependent for tax purposes, available at **hca.wa.gov/sebb-continuation**.

Marriage, registering a state-registered domestic partnership as defined by Washington Administrative Code (WAC) 182-31-140, birth, adoption, or assuming a legal obligation for support ahead of adoption. You must also submit a *SEBB Declaration of Tax Status* if adding a a state-registered domestic partner or their child to indicate whether they qualify as a dependent for tax purposes.



Subscriber's last name

Social Security number

The following events allow a subscriber to add dependents:

Subscriber or dependent has a change in enrollment under another employer-based group health plan during its annual open enrollment that does not align with the SEBB Program's annual open enrollment.

Subscriber's dependent has a change in residence from another country to within the United States, or from within the U.S. to another country, and that change resulted in the dependent losing the health insurance.

The following events allow a subscriber to change medical, dental, or vision plans:

Subscriber or dependent has a change in residence that affects health plan availability.

Subscriber or dependent's current medical plan becomes unavailable because the subscriber or enrolled dependent is no longer eligible for a health savings account.

Subscriber or dependent experiences a disruption of care for active and ongoing treatment that could function as a reduction in benefits for the subscriber or their dependent (requires approval by the SEBB Program).

Subscriber has a change in employment location that affects medical plan availability.



Subscriber's last name

Social Security number

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Medical plan selection

Contact the plans with questions about benefits and providers. Their contact information is on page 15.

Choose one medical plan.

Kaiser Foundation Health Plan of the Northwest¹ (Kaiser Permanente NW)

Kaiser Permanente NW 1

Kaiser Permanente NW 2

Kaiser Permanente NW 3

Kaiser Foundation Health Plan of Washington (Kaiser Permanente WA)

Kaiser Permanente WA Core 1

Kaiser Permanente WA Core 2

Kaiser Permanente WA Core 3

Kaiser Permanente WA SoundChoice

Kaiser Foundation Health Plan of Washington Options Inc. (Kaiser Permanente WA Options)

Kaiser Permanente WA Options Summit PPO 1 Kaiser Permanente WA Options Summit PPO 2 Kaiser Permanente WA Options Summit PPO 3

Premera Blue Cross

Premera High PPO

Premera HMO

Premera Standard PPO

Uniform Medical Plan (UMP), administered by Regence BlueShield and Washington State Rx Services

UMP Achieve 1 UMP Achieve 2

UMP High Deductible

UMP Plus-Puget Sound High Value Network

UMP Plus-UW Medicine Accountable Care Network

These plans have specific service areas. All SEBB Continuation Coverage (Unpaid Leave) subscribers will be offered a selection of plans based on the county where they live. See HCA's website at **hca.wa.gov/sebb-continuation** for plans available.

If you move or change employment locations which results in your medical plan being no longer available, you must change plans or you will be enrolled in a medical plan. You must report your new address to the SEBB Program **no later than 60 days** after you move by using this form, by sending a written request by mail or secure message (see the "Form return" section on page 14, or a secure message through HCA Support at **support.hca.wa.gov** (a secure website that allows you to log in to your own account to communicate with us), or calling 1-800-200-1004 (TRS: 711).

¹ Kaiser Foundation Health Plan of the Northwest offers plans in Clark and Cowlitz counties in Washington and select counties in Oregon.

Subscriber's last name

Social Security number



Choose one dental plan. Before you enroll, make sure the provider you want to use accepts the specific plan and group you choose. Plan contact information is on page 15.

Preferred Provider Organization (PPO)

Uniform Dental Plan (Group #09600), administered by Delta Dental of Washington. You can choose any dental provider and change providers at any time. Your out-of-pocket costs will be less if you use a preferred provider.

Managed-care plans (limited network)

DeltaCare (Group #09601), administered by Delta Dental of Washington. You will be assigned or must select a primary care dentist in the DeltaCare network.

Willamette Dental Group of Washington (Group WA 733), administered by Willamette Dental of Washington, Inc. You must select and receive care a primary care dentist in the Willamette Dental Group network.

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Vision plan selection

Choose one vision plan. Before you enroll, make sure the provider you want to use accepts the specific plan you choose.

Davis Vision, by MetLife, underwritten by Metropolitan Life Insurance Company ("MetLife")

EyeMed Vision Care, underwritten by Fidelity Security Life Insurance Company

MetLife Vision, underwritten by Metropolitan Live Insurance Company ("MetLife")

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Life and accidental death and dismemberment (AD&D) insurance

Yes, I wish to continue the life and AD&D insurance I had as an employee. I understand I will need to pay MetLife for basic life insurance and basic AD&D insurance, in addition to any supplemental life and supplemental AD&D insurance I have while on SEBB Continuation Coverage (Unpaid Leave). (If you wish to decrease your supplemental life and/or AD&D insurance amounts while on SEBB Continuation Coverage (Unpaid Leave), please call MetLife at 1-833-854-9624.)

No, I do not wish to continue the life and AD&D insurance I had as an employee. I understand that I must reapply for supplemental life insurance and AD&D insurance when I regain eligibility, and I must submit evidence of insurability to MetLife for supplemental life insurance. I understand that MetLife must receive my *MetLife Enrollment/Change Form* through MetLife's MyBenefits portal at **mybenefits.metlife.com/wasebb no later than 31 days** after the date I regain eligibility.

A Carrier contact information is on page 15.



Subscriber's last name

Social Security number

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Signature

I have received and read the SEBB Continuation Coverage Election Notice, including any appendices. By submitting this form, I declare that the information I have provided is true, complete, and correct. If it isn't, or if I do not update this information within the timeline in the SEBB Program rules, to the extent permitted by federal and state laws, I must repay any claims paid by my health plans or premiums paid on my behalf. My dependents and I may also lose SEBB insurance benefits as of the last day of the month we were eligible.

To the extent permitted by law, the SEBB Program may retroactively terminate coverage for me and my dependents if I intentionally misrepresent eligibility, or do not pay premiums when due. In addition, I understand that it is a crime to knowingly provide false, incomplete, or misleading information to an insurance company for the purpose of defrauding the company. Penalties include imprisonment, fines, and denial of SEBB benefits.

If I send payment, this does not mean that I will be automatically enrolled in SEBB insurance coverage. The SEBB Program will verify eligibility for me and my dependents. If we do not qualify, I will receive a refund. I understand I am responsible for paying any applicable tobacco use premium surcharge and spouse or stateregistered domestic partner (SRDP) coverage premium surcharge, in addition to my monthly medical premium.

If I enroll in UMP High Deductible, I must meet health savings account (HSA) eligibility conditions. I understand that the SEBB Program will direct a portion of my monthly premium to an HSA on my behalf based on the information I have provided, and that there are limits to these contributions and my HSA contributions (if any) under federal tax law.

I understand that my enrollment and my dependents' enrollment are subject to me abiding by all applicable deadlines and SEBB Program rules and policies. Failure to comply with applicable deadlines and SEBB Program rules and policies may result in my benefits selection being rejected. This form replaces all *SEBB Continuation Coverage (Unpaid Leave) Election/Change* forms previously submitted to the SEBB Program.

Date

Subscriber's signature

Please sign, date, and keep a copy for your records.

Form return

Submit form and documentation using one of the methods below:

Mail to:

Washington State Health Care Authority PO Box 42720 Olympia, WA 98504-2720

Fax to:

360-725-0771

If payment is enclosed, make it payable to Health Care Authority and mail to:

Washington State Health Care Authority PO Box 42691 Olympia, WA 98504-2691

Secure message:

Send us a secure message through HCA Support at **support.hca.wa.gov**, a secure website that allows you to log in to your own account to communicate with us. You will need to set up a SecureAccess Washington (SAW) account to use this option.

HCA is committed to providing equal access to our services. If you need an accommodation or require documents in another format, call the SEBB Program at 1-800-200-1004 (TRS: 711) or visit **hca.wa.gov/about-hca/nondiscrimination-statement**.

HCA's Privacy notice: HCA will keep your information private as allowed by law. To see our Privacy Notice, go to HCA's website at **hca.wa.gov/sebb-continuation**.



Subscriber's last name

SEBB Program contractors

\rm Lo not send forms to the addresses below. This information is only for your reference.

Medical

Kaiser Foundation Health Plan of the Northwest

500 NE Multnomah St., Suite 100 Portland, OR 97232-5398 1-800-813-2000 (TRS: 711)

Kaiser Foundation Health Plan of Washington

1300 SW 27th St. Renton, WA 98057 1-888-901-4636 TTY: 1-800-833-6388 (TRS: 711)

Kaiser Foundation Health Plan of Washington Options, Inc.

1300 SW 27th St. Renton, WA 98057 1-888-901-4636 TTY: 1-800-833-6388 (TRS: 711)

Premera Blue Cross

High PPO and Standard PPO PO Box 327 Seattle, WA 98111-9159 1-800-807-7310 (TRS: 711)

Premera Blue Cross HMO

7001 220th St. SW Mountlake Terrace, WA 98043 1-800-807-7310 (TRS: 711)

Uniform Medical Plan, administered by

Regence BlueShield (for medical benefit questions) PO Box 1106 Lewiston, ID 83501-1106 1-888-849-3681 (TRS: 711)

Uniform Medical Plan, administered

by Washington State Rx Services (for prescription drug questions) PO Box 40168 Portland, OR 97240-0168 1-888-361-1611 (TRS: 711)

Dental

DeltaCare, administered by Delta Dental of Washington 400 Fairview Ave. N., Suite 800 Seattle, WA 98109-5371 1-800-650-1583 TTY: 1-800-833-6384

Uniform Dental Plan, administered by

Delta Dental of Washington 400 Fairview Ave. N., Suite 800 Seattle, WA 98109-5371 1-800-537-3406 TTY: 1-800-833-6384

Willamette Dental of Washington, Inc.

6950 NE Campus Way Hillsboro, OR 97124-5611 1-855-433-6825 (TRS: 711)

Vision

Davis Vision Inc., underwritten by Metropolitan Life Insurance ("MetLife") 200 Park Avenue New York, NY 10166 1-877-377-9353 TTY: 1-800-523-2847

EyeMed Vision Care, underwritten by

Fidelity Security Life Insurance Company 1209 Orange Street Wilmington, DE 19801 1-800-699-0993 TTY: 1-844-230-6498

Metropolitan Life Insurance Company

(Vision Plan) 200 Park Avenue New York, NY 10166 1-833-854-9624 TTY: 1-800-428-4833

Life insurance

Metropolitan Life insurance company (MetLife)

200 Park Avenue New York, NY 10166 1-833-854-9624