



Update on Medicaid Transformation Waiver and Behavioral Health Integration

House Health Care & Wellness
Committee
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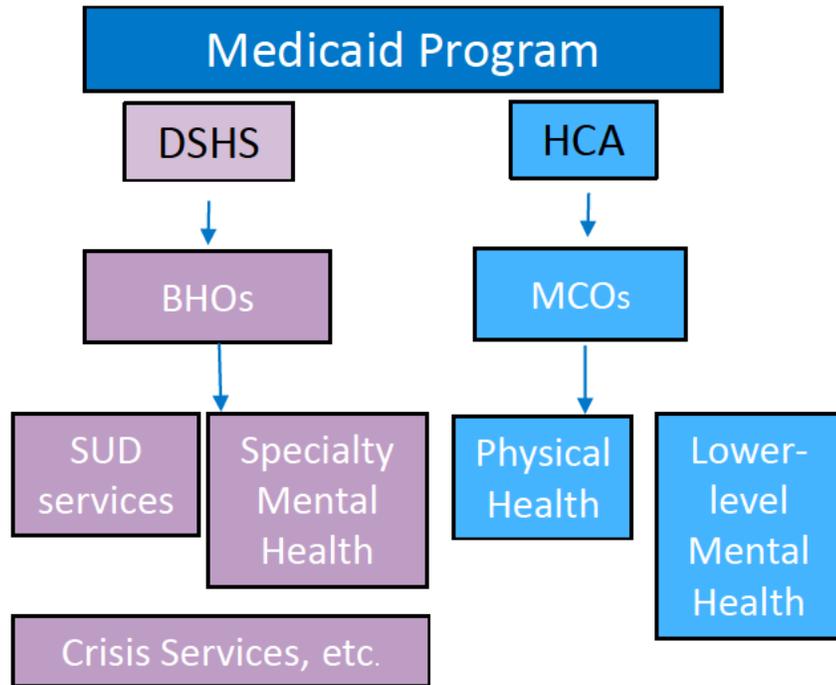
Key Milestones on the Path to Behavioral Health Integration

- Accountable Care Act (2009) – Medicaid expansion, mental health parity requirements
- 2SSB 6312 (2014) – directing joint purchasing of physical and behavioral health care and development of regional service areas
- SIM grant (2015) funding for behavioral health integration, among other transformation efforts
- 1115 waiver (2017) incorporating behavioral health integration as a key focus and milestone with CMS
- 2ESHB 1388 (2018) integration of programs and agencies

Physical and Behavioral Health Integration

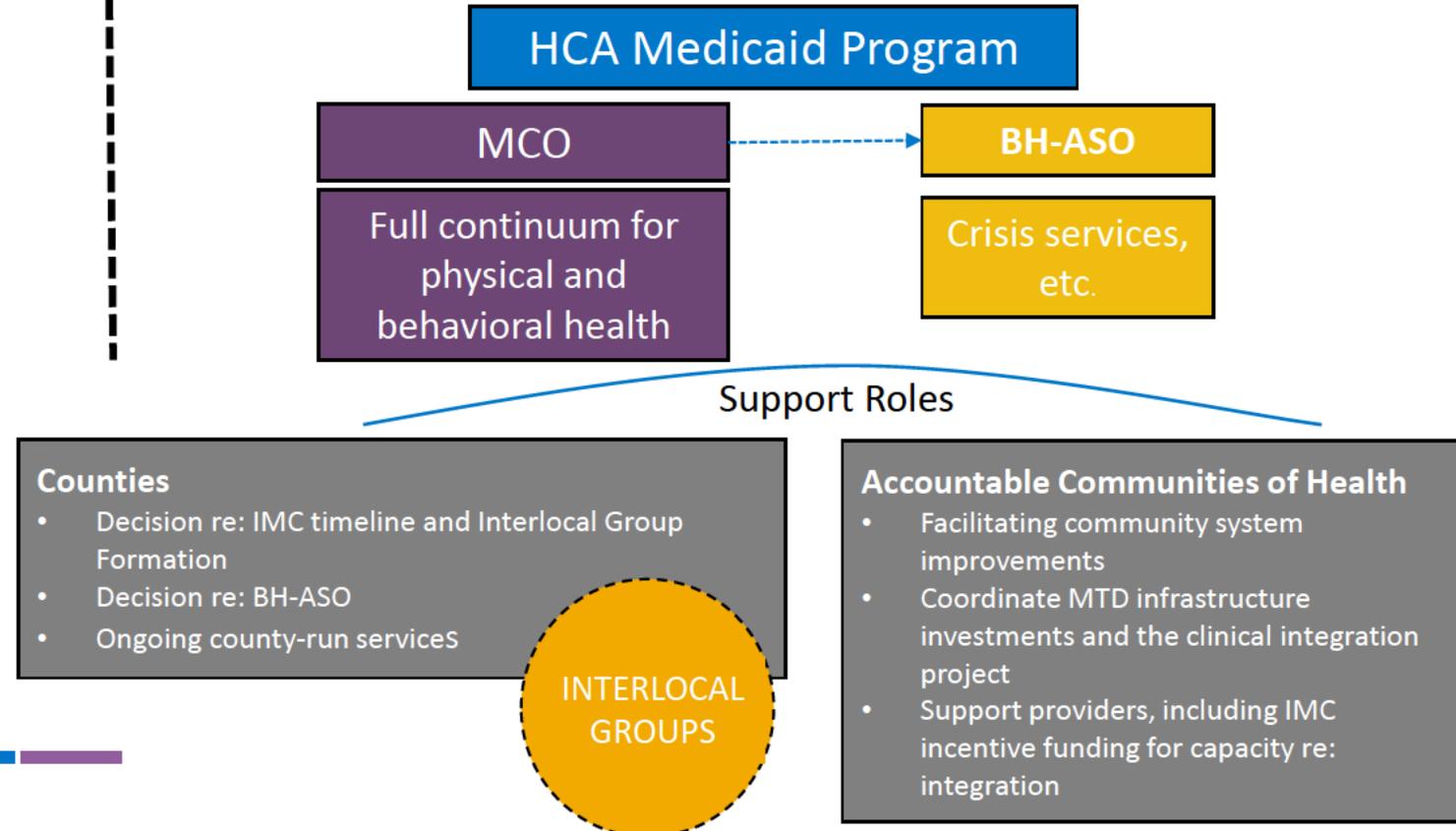
Before Integration

No one payer or provider is accountable for the whole person



After Integration

Whole person care management provided through a single accountable insurance

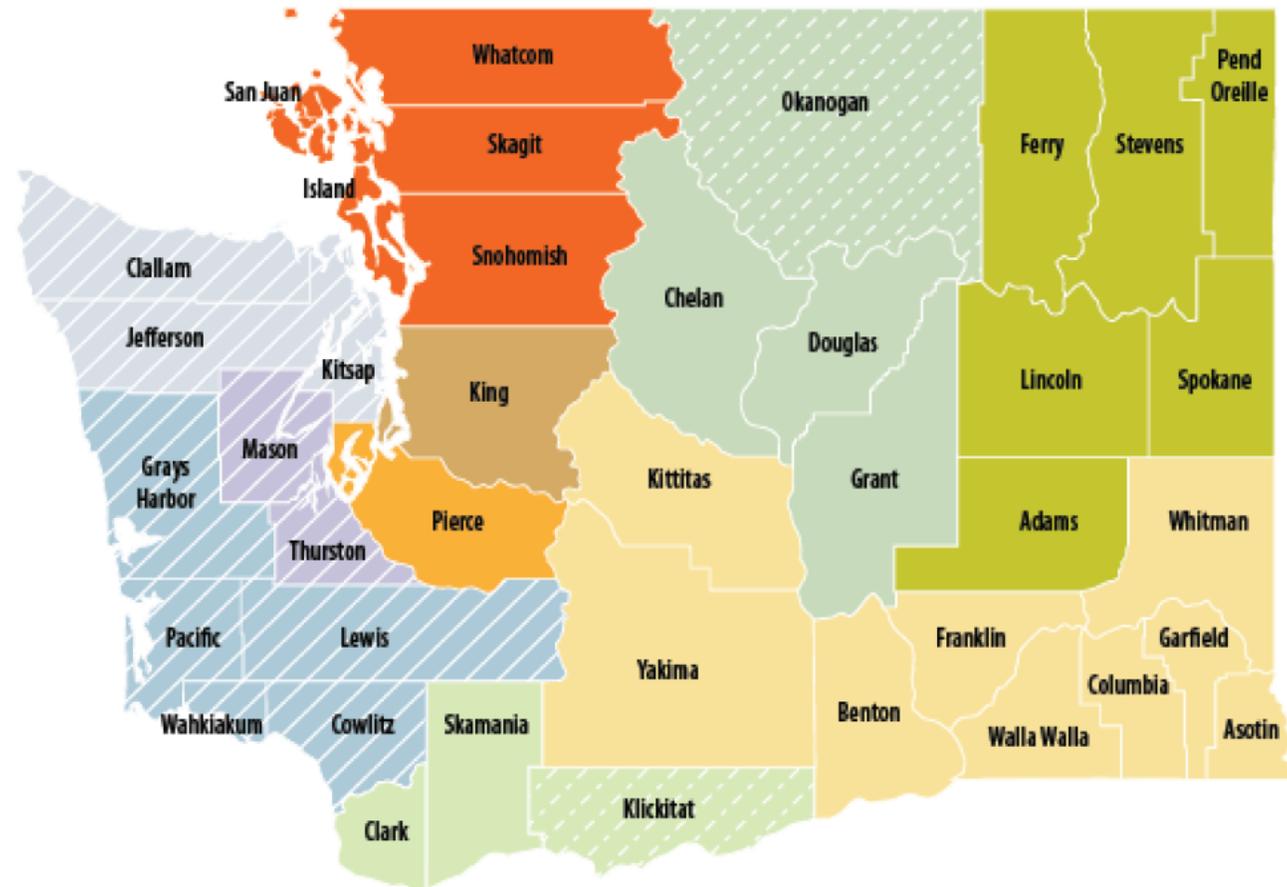
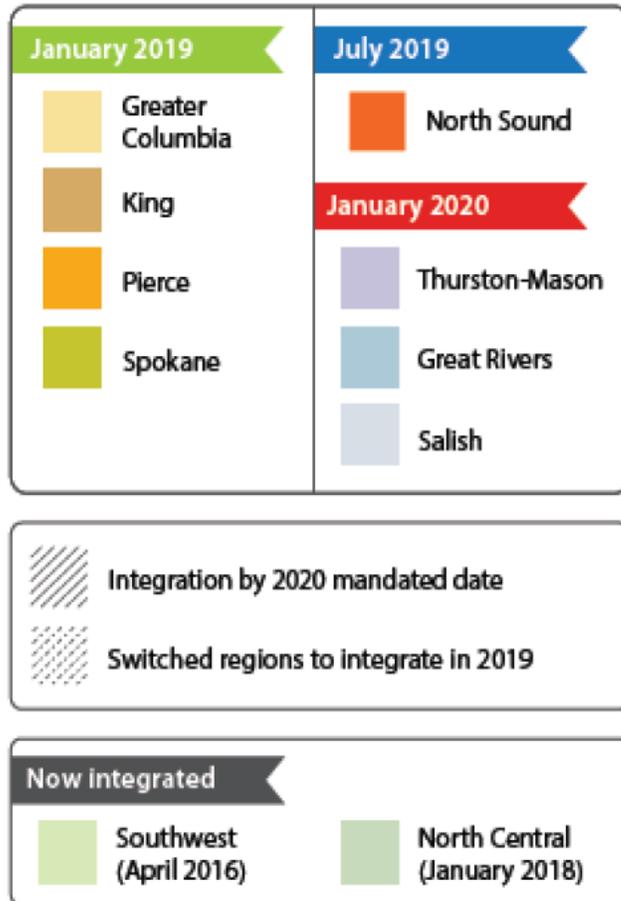


Whole-Person Care for Apple Health Clients

- One managed care plan, integrating Medicaid physical and behavioral health (mental health and SUD services)
- Access to Care standards no longer apply; whole-person “level of care” guidelines respond to patient needs
- MCOs have an adequate network that can support whole-person care
- Same payers (MCOs) for physical and behavioral health care enables integrated clinical models to support value-based and other payment innovations

Integration Landscape Today

The following map and table identifies which integrated managed care plans will be available within each region.



Update on MCO Integration by Region

Managed care region	Amerigroup	Community Health Plan	Coordinated Care	Molina Healthcare	United Healthcare
As of January 2019					
Greater Columbia	●	●	●	●	
King	●	●	●	●	●
North Central	●		●	●	
Pierce	●		●	●	●
Spokane	●	●		●	
Southwest	●	●		●	
As of July 2019					
North Sound	●	●	●	●	●
Coming January 2020					
Thurston-Mason	●			●	●
Great Rivers	●			●	●
Salish	●			●	●

Early Integration Results – Early Adopter Region (Southwest Washington)

- ▶ Southwest Washington region performing better than non-integrated regions in 10 of 19 measures
- ▶ Statistically significant improvement for Medicaid beneficiaries for:
 - Adults' access to preventive/ambulatory health services
 - Cervical cancer screening
 - Chlamydia screening in women
 - Comprehensive diabetes care - Hemoglobin A1c testing
 - Antidepressant medication management - Continuation phase treatment
 - Percent housed
 - Percent arrested

Medicaid Transformation Project (1115 Waiver)

▶ Key inter-connected initiatives:

- Transformation through Accountable Communities of Health includes behavioral health integration as a required focus
 - *Achieving integration by 2020 is a key milestone with CMS for continued receipt of federal funds*
- Long Term Services and Supports
- Foundational Community Supports (housing and employment supports)
- SUD services in institutions for mental disease (IMDs)

Project Focus for Accountable Communities of Health

Project	Better Health Together	Cascade Pacific Action Alliance	Greater Columbia	Healthier Here	North Central	North Sound	Olympic	Pierce County	SWACH
2A: Bi-directional Integration of Care	✓	✓	✓	✓	✓	✓	✓	✓	✓
2B: Community-based Care Coordination	✓	✓			✓	✓		✓	✓
2C: Transitional Care		✓	✓	✓	✓	✓			
2D: Diversions Interventions					✓	✓	✓		
3A: Addressing Opioid Use	✓	✓	✓	✓	✓	✓	✓	✓	✓
3B: Reproductive and Maternal and Child Health		✓				✓	✓		
3C: Access to Oral Health Services						✓	✓		
3D: Chronic Disease Prevention and Control	✓	✓	✓	✓	✓	✓	✓	✓	✓

Indian Health Care Provider Specific Projects

There are distinct funds for IHCP projects, to recognize the unique and complex purchasing and delivery system IHCPs work within.

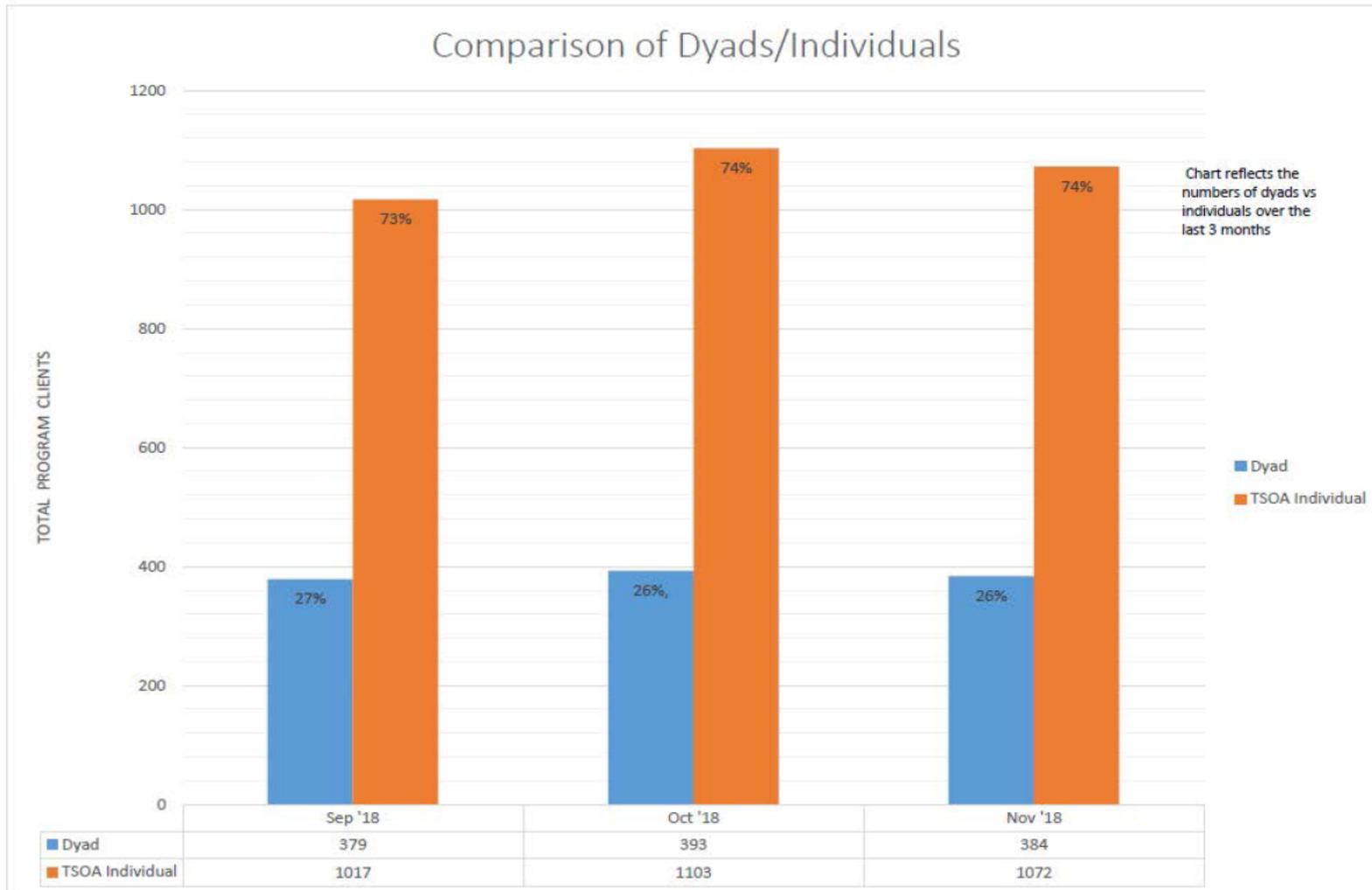
- ▶ Behavioral Health Integration* (12)
 - ▶ Tribal FQHC (7)
 - ▶ Care Coordination (5)
 - ▶ Public health (2)
 - ▶ Start/expand a Tribal 638 clinic (2)
 - ▶ Traditional healing (2)
 - ▶ Workforce Development/CHAP Board (2)
 - ▶ Falls Prevention (1)
 - ▶ Community Outreach (1)
 - ▶ Telemedicine (1)
 - ▶ Integrate behavioral health and law enforcement (1)
 - ▶ Quality Childcare (1)
 - ▶ Dental Integration (1)
- *Includes clinical and systems level integration

Status: Long Term Services and Supports

- ▶ Medicaid Alternative Care (MAC)
 - ▶ A new choice designed to support unpaid family caregivers in continuing to provide quality care to their loved ones
- ▶ Tailored Supports for Older Adults (TSOA)
 - ▶ A new eligibility group to support individuals who need Long Term Services and Supports and are at risk of spending down to impoverishment



Status: Long Term Services and Supports



Currently enrolled
as of 11/21/18:

Total = 1456

Dyads (MAC & TSOA) = caregiver
and care receiver

Individual (TSOA) = care receiver
w/o caregiver

Status: Foundational Community Supports (FCS) since the start in January

- ▶ **Supportive housing and supported employment:**

- ▶ Total enrolled: 2200*

- ▶ Supportive housing: 723
- ▶ Supported employment: 1377
- ▶ Both: 99

- ▶ Total contracted providers: 85

- ▶ Total service locations: 258

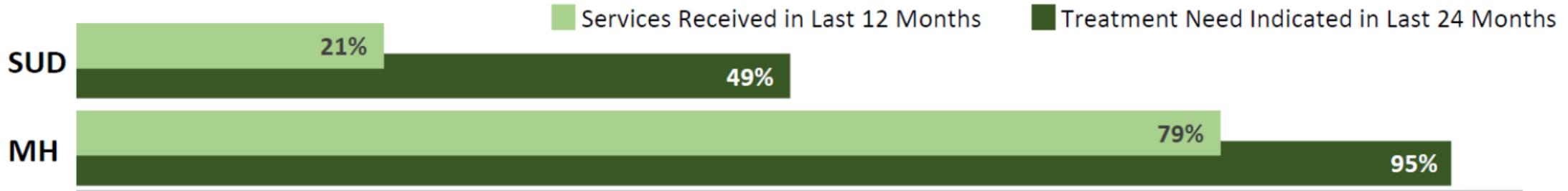
- ▶ Supportive housing service locations: 30
- ▶ Supported employment service locations: 83
- ▶ Supportive housing & supported employment service locations: 145

*Pending enrollments include a net decrease of ~150-200 enrollees due to eligibility period expiration.

The Complexity of the Population Receiving FCS services

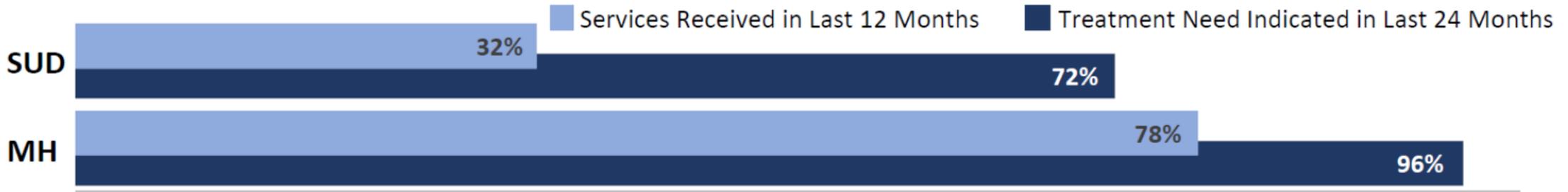
▶ Supported employment

Treatment Need and Service Use for those Enrolled in October 2018



▶ Supportive housing

Treatment Need and Service Use of those Enrolled in October 2018



Status: SUD/IMD Waiver Amendment

- WA received approval for 1115 Substance Use Disorder (SUD)/Institute for Mental Disease (IMD) waiver amendment July 17, 2018
- Approval included updated Special Terms and Conditions (STCs) with a number of new implementation and ongoing reporting requirements
- Monitoring protocol development is underway
 - ▶ However, expenditures are approved through December 31, 2021
- CMS recently offered an opportunity to apply for a waiver for Mental Health IMD services (we are reviewing now)

SUD Waiver - Milestones

- ▶ CMS: 6 milestones for states to meet (as condition of waiver approval)
 - American Society of Addiction Medicine—comprehensive services*
 - Widespread use of evidence-based programs, BP, SUD placement criteria
 - Use of SUD standards for qualifications for SUD TX
 - Sufficient provider capacity OP, IP, medication-assisted treatment
 - Implementation of comprehensive treatment*
 - Improved care coordination between levels of care

*Washington met these milestones at the time of application.



Questions?

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