

WISe Crisis Planning and Intervention Services



Mobile Crisis Intervention and Stabilization Services



1

Crisis planning

2

Assessment

3

Stabilization

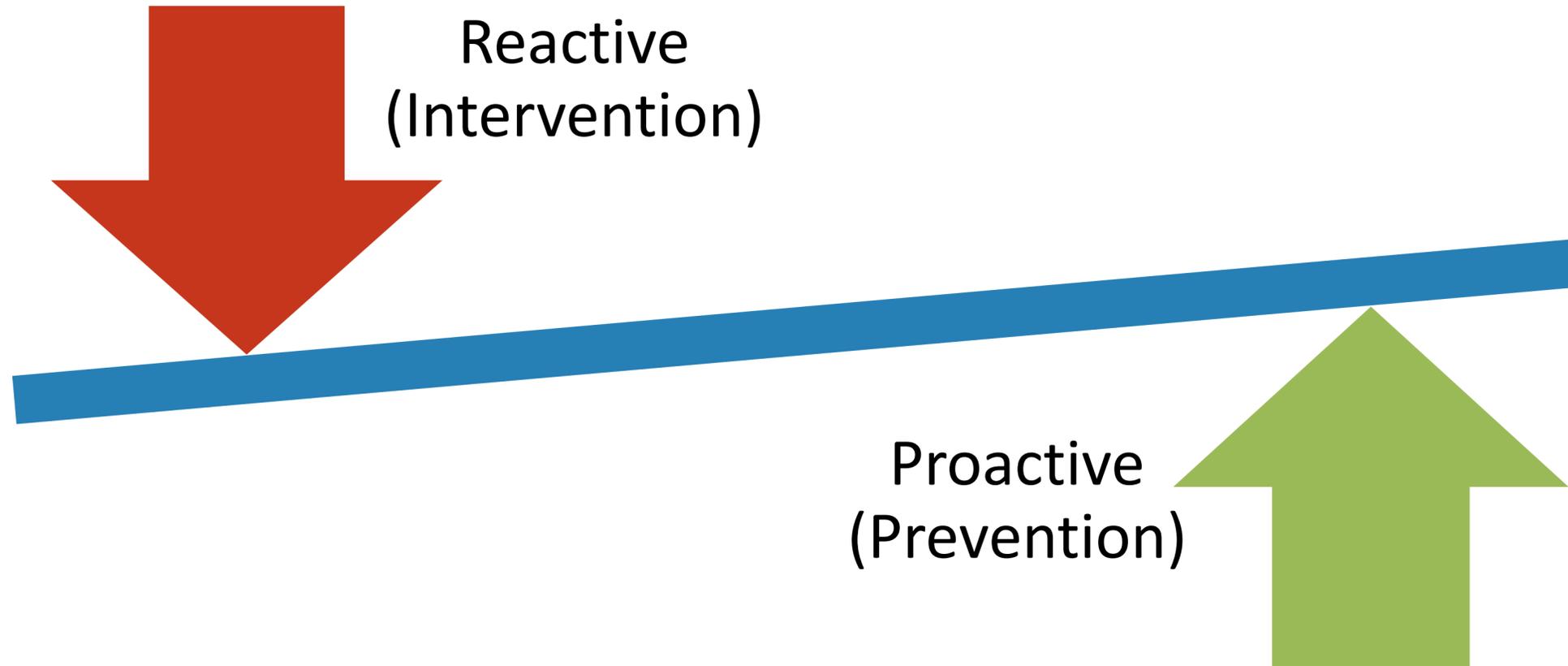
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Referral and coordination

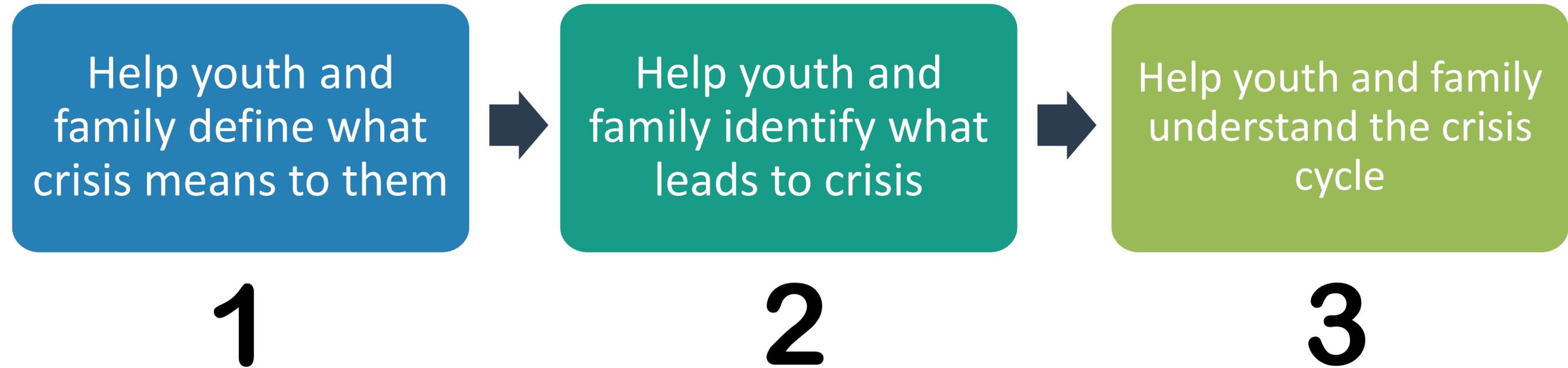
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Post-crisis follow-up

Types of Crisis and Safety Plans



Steps in Crisis Planning



Step 1



Help youth and family define what a crisis means to them.

Step 2: Identifying What Leads To a Crisis



- 1 New situations
- 2 Stress and emotions
- 3 Change in routine
- 4 Grief and loss
- 5 Medication issues
- 6 Health and psychiatric issues
- 7 Stressed relationships
- 8 Need for structure

Step 2: Identifying What Leads To a Crisis



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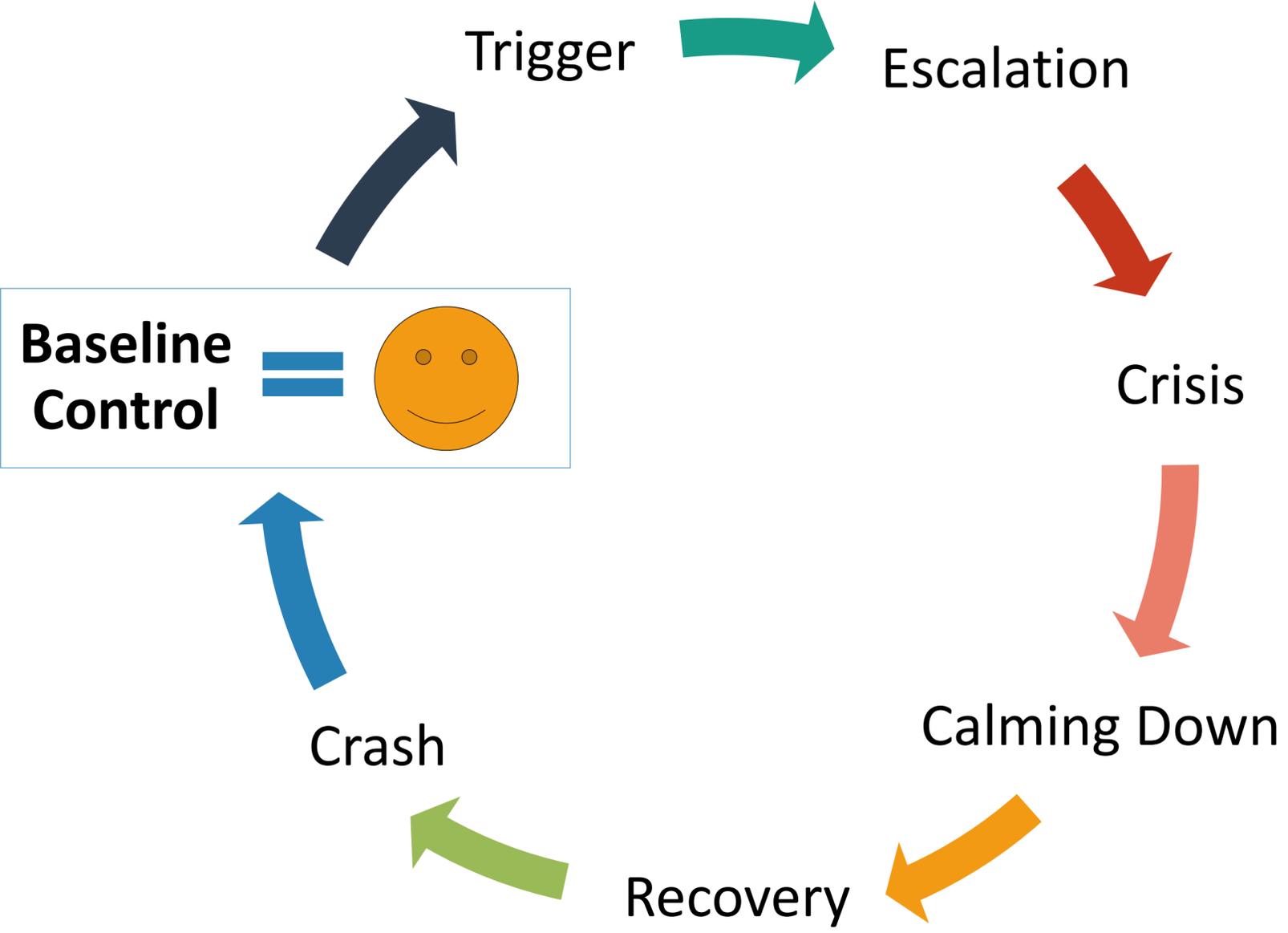
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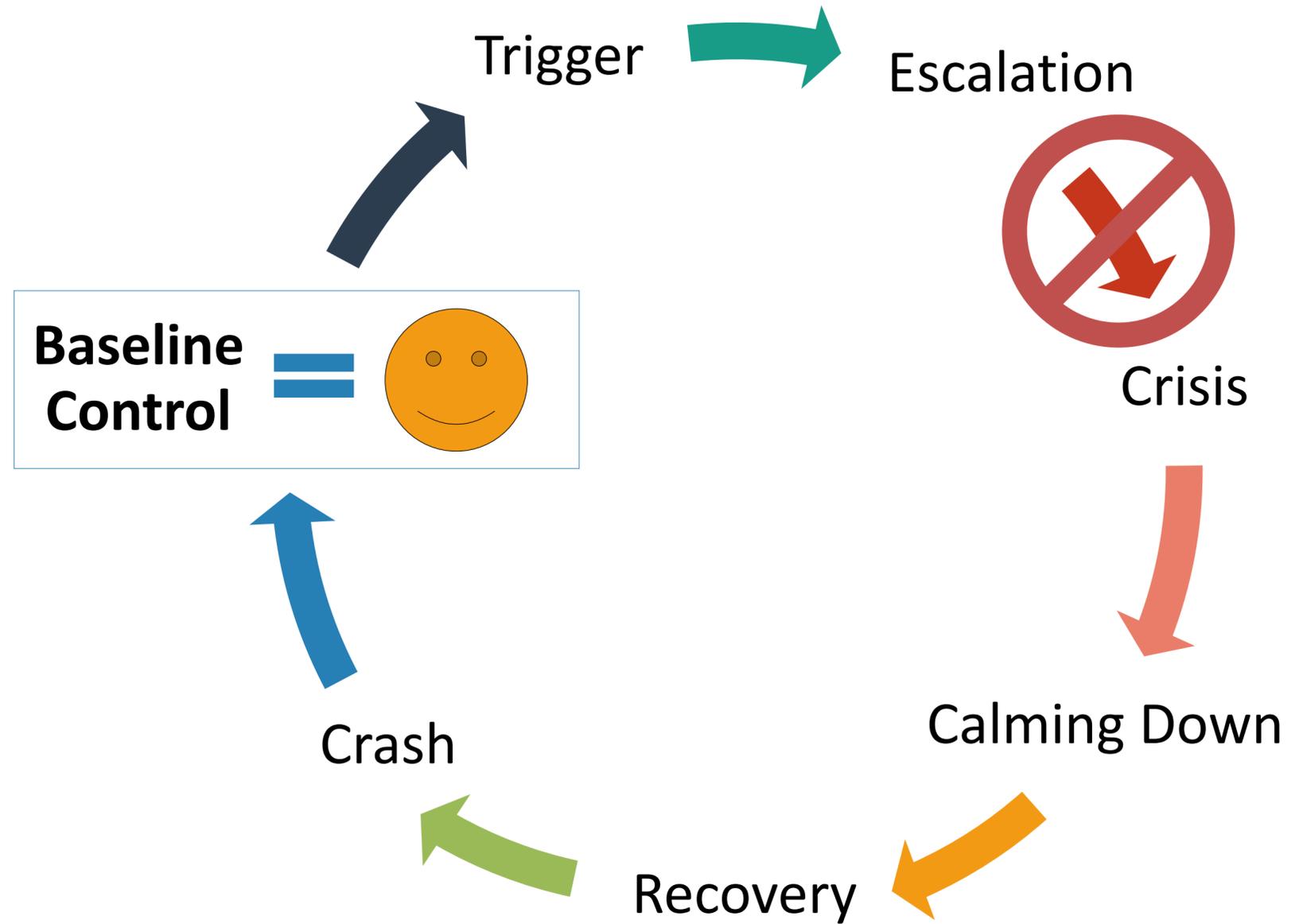


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Step 3: Understanding the Crisis Cycle



Proactive Crisis Planning



Each Crisis Plan Should Include



Types of crises



Crisis identification and prevention steps



Crises response actions to address severity of crisis situation



Legal mandates and community safety



Behavioral benchmarks to reflect progress



Post-crisis plan

Each Crisis Plan Should Include



Types of crises

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Types of crises



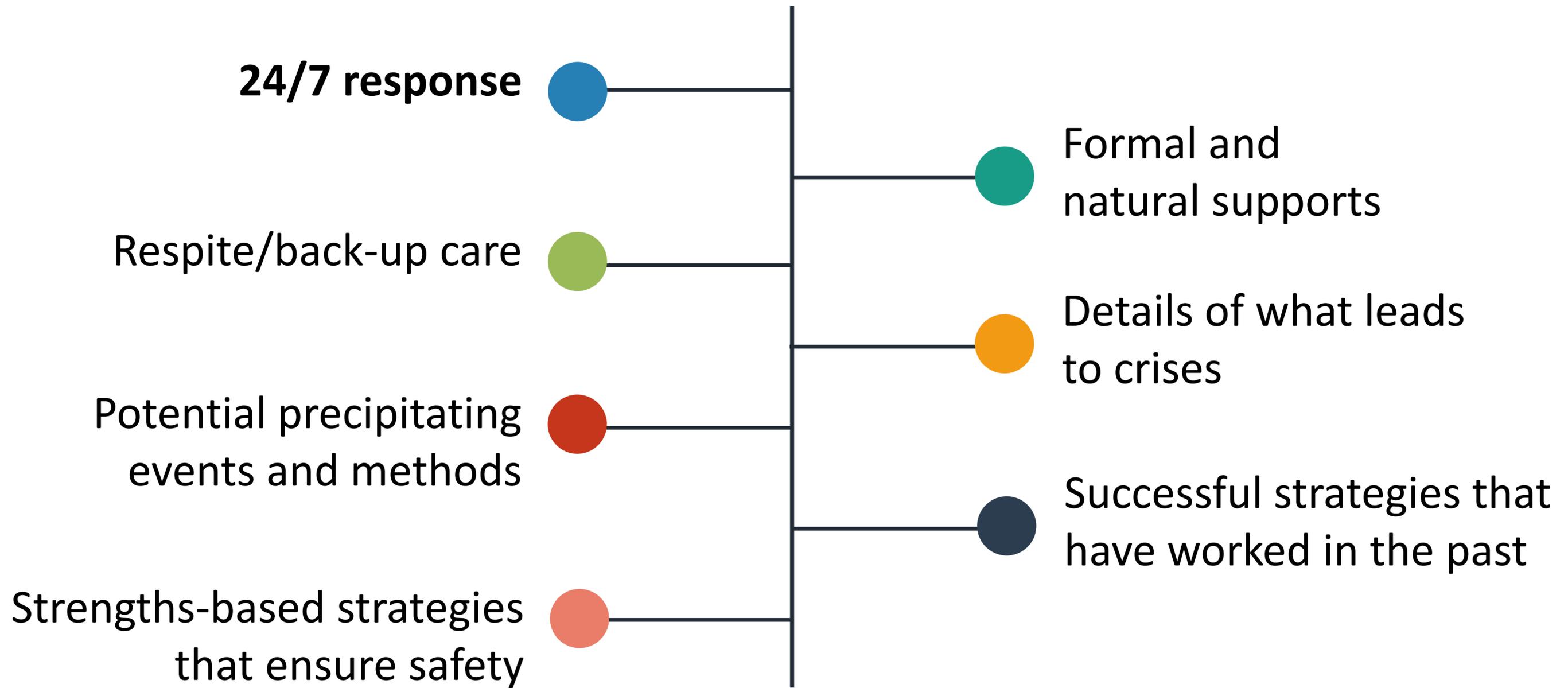
Crisis identification

Each Crisis Plan Should Include

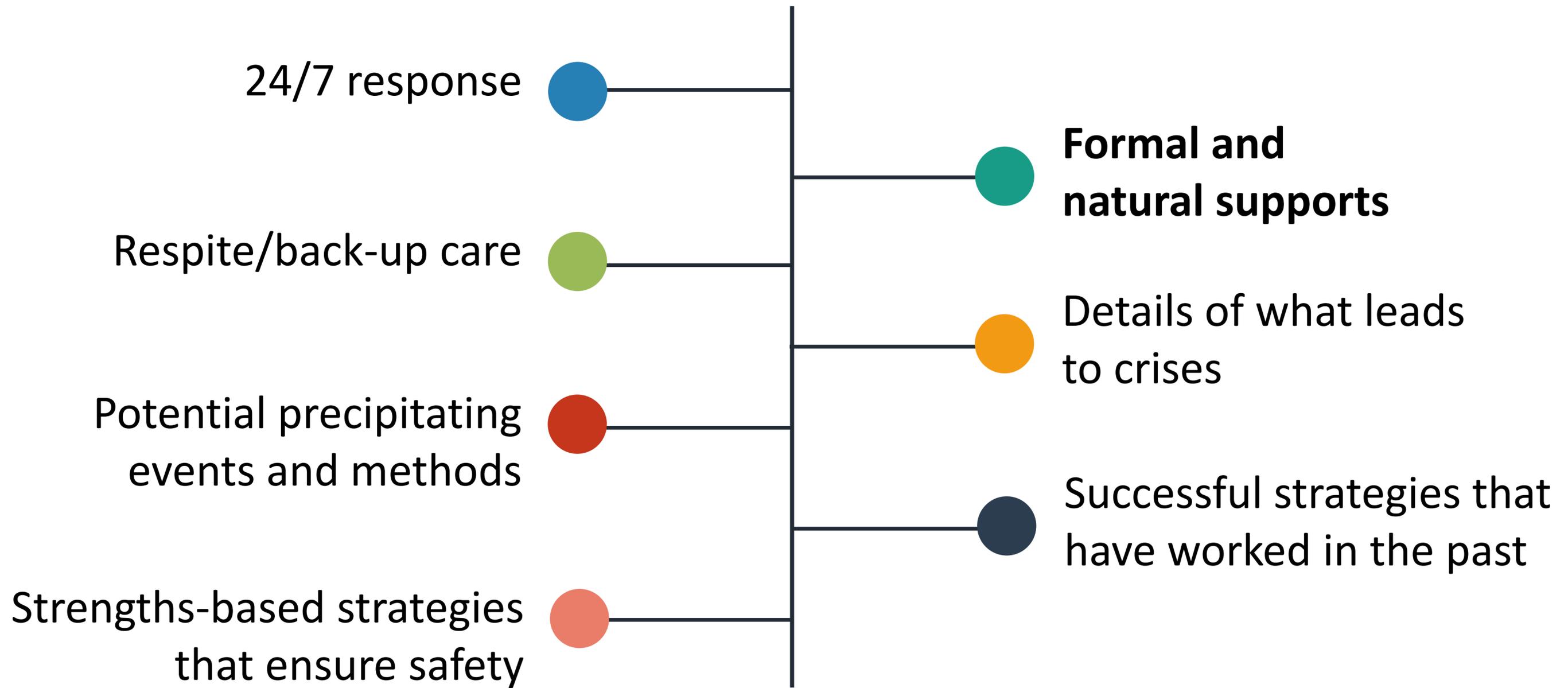


- 1 Types of crises
- 2 Crisis identification
- 3 Crises response actions

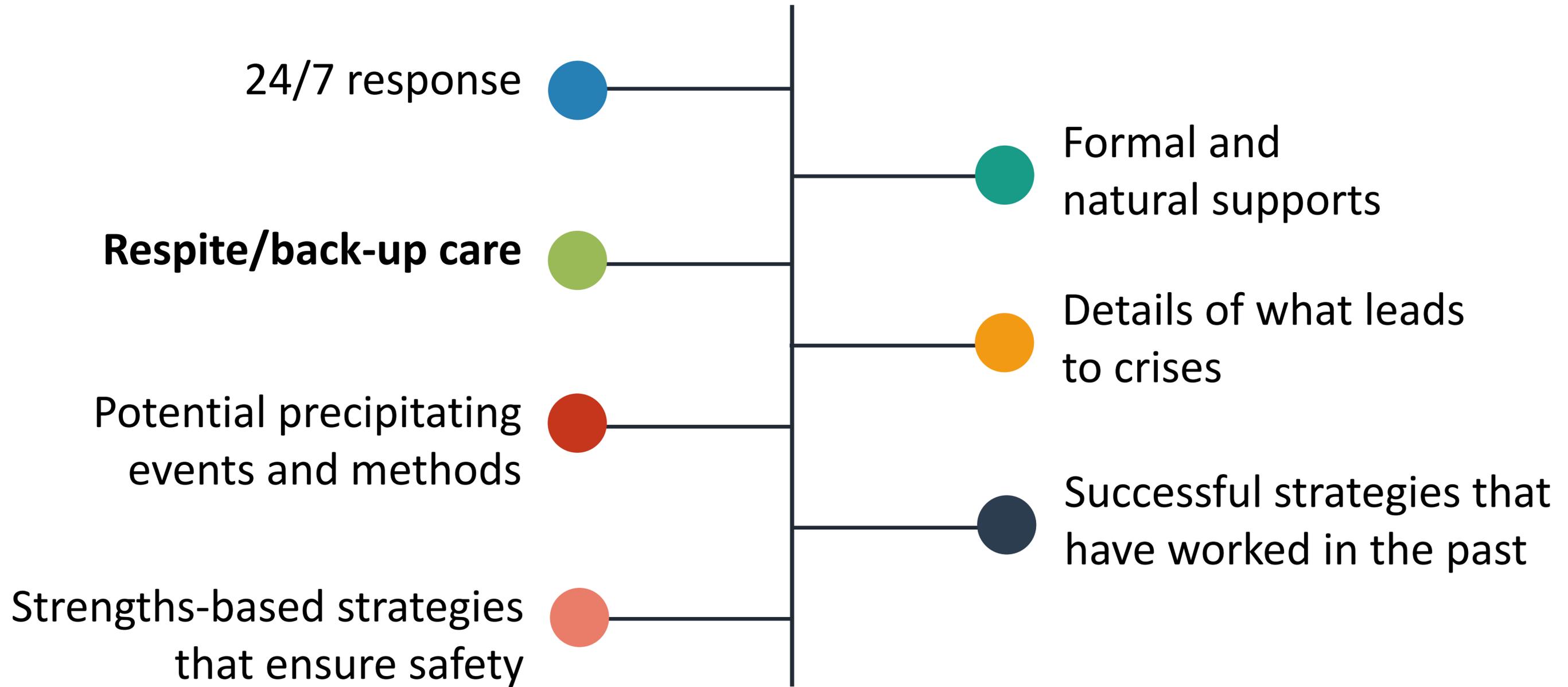
Crisis Response Actions



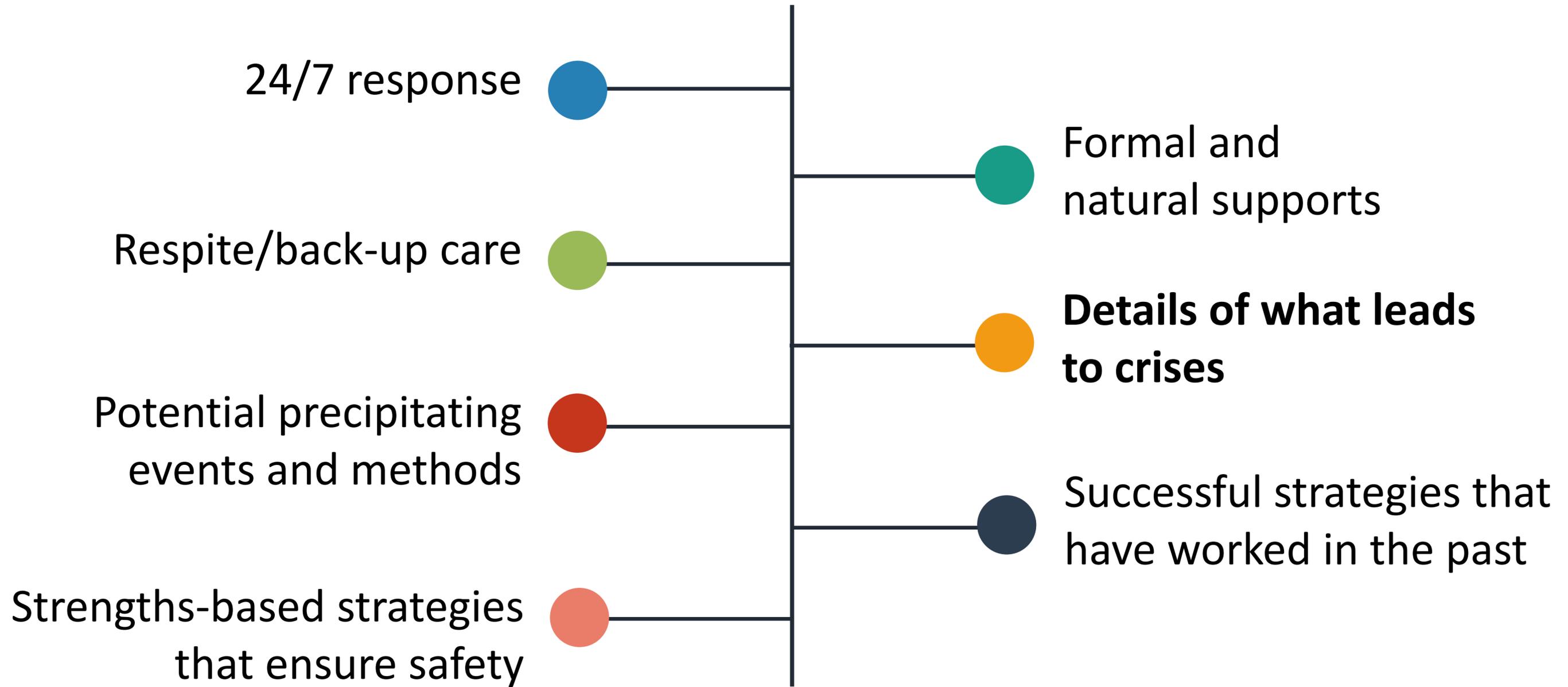
Crisis Response Actions



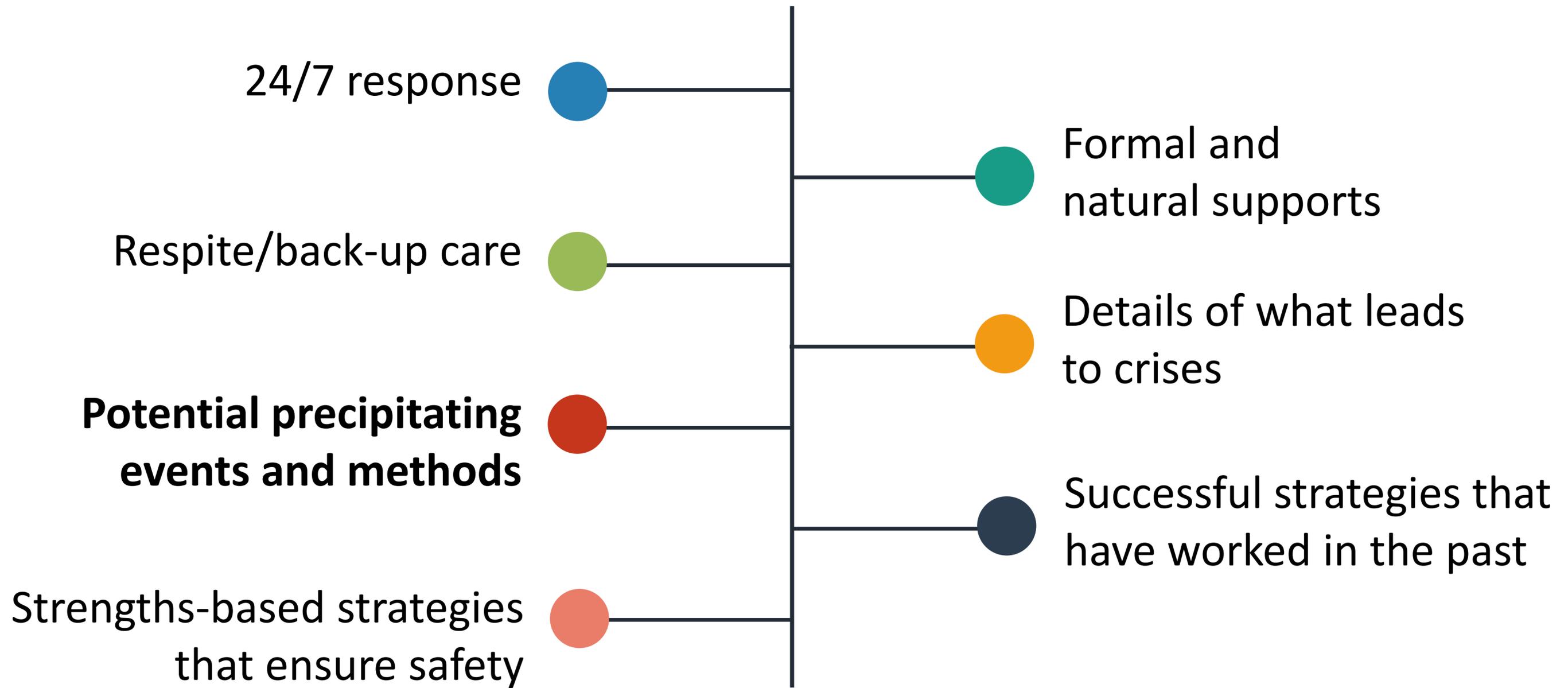
Crisis Response Actions



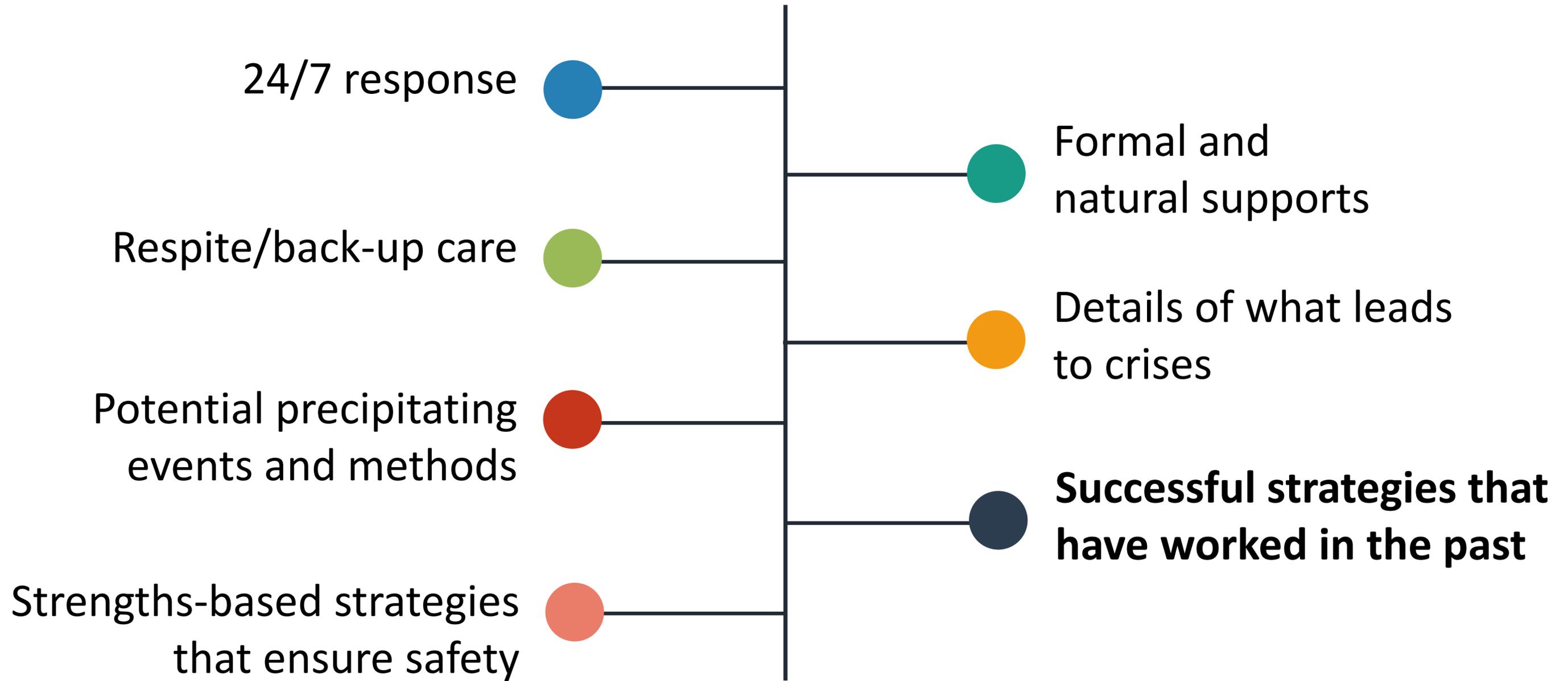
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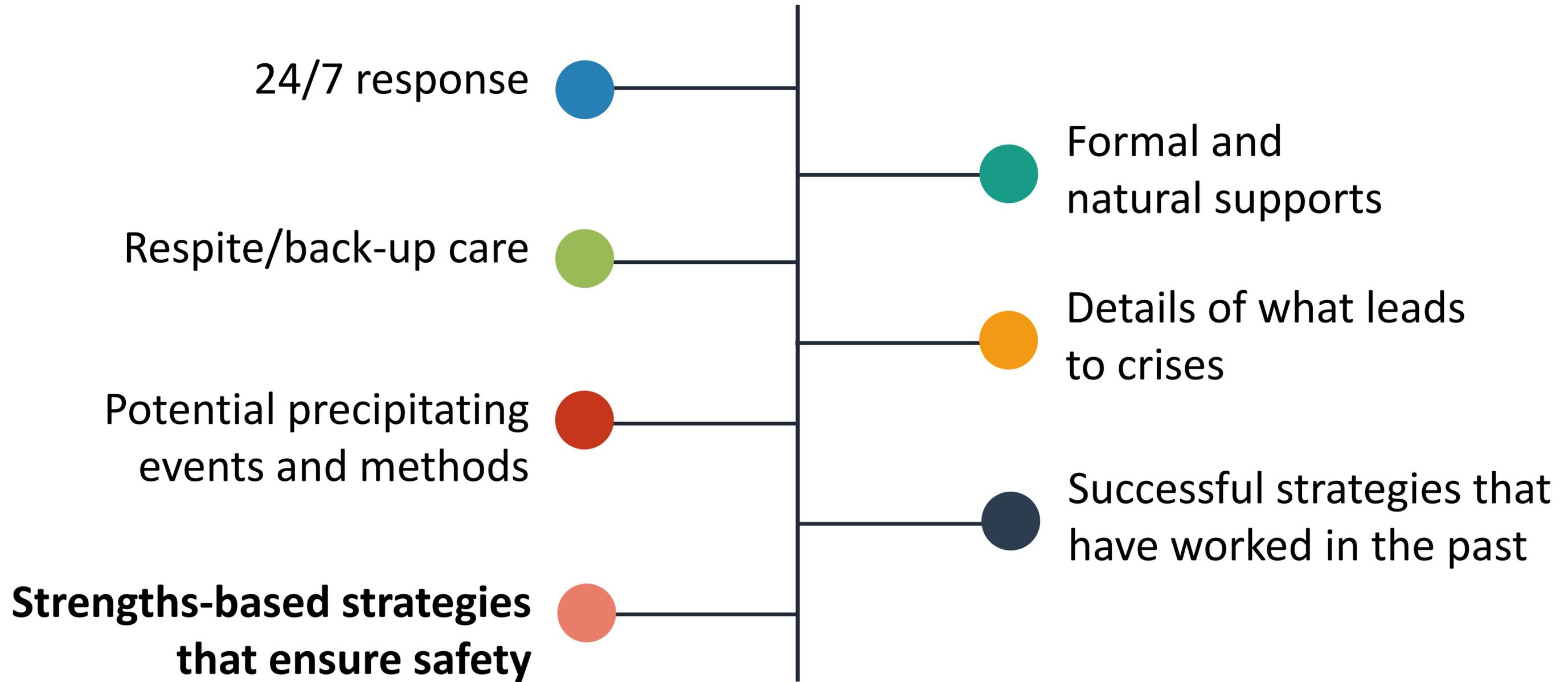
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Each Crisis Plan Should Include



Types of crises



Crisis identification



Crises response actions



Legal mandates
and community safety

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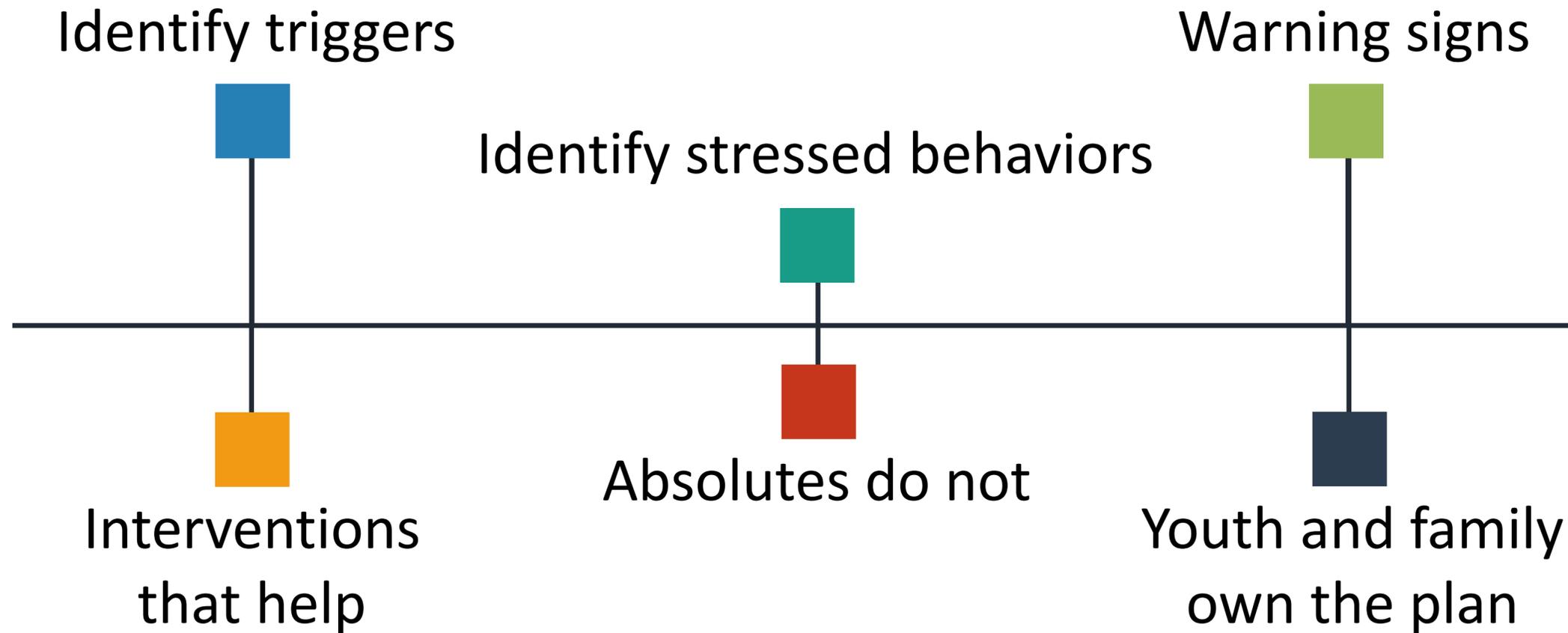


Post-crisis plan

Keys to Prevention



How do you know when things are escalating?



Guiding Principles of Crisis and Safety Planning



1

Negative behavior is an unmet need.

2

If people feel more control over their lives, they will make better decisions.

3

Managing a crisis is a skill. Crisis planning is a way to teach this skill.

4

If you are worried about something, develop a plan for it.

Stabilization Services



1

Counseling to assist in de-escalating behaviors

2

Treatment and intervention

3

Responsive services in home and community setting

Mobile Crisis and Stabilization Services



24/7 and 365 days/year

Mobile Crisis and Stabilization Services



24/7 and 365 days/year



Provided where crisis occurs

Mobile Crisis and Stabilization Services



24/7 and 365 days/year



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Responsive providers

Reactive Planning After a Crisis



Reactive Planning After a Crisis



Schedule a team meeting within three days following a crisis.

Reactive Planning After a Crisis



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Agree to make no major decisions until at least 72 hours after a crisis has passed.

Reactive Planning After a Crisis



- 1 Schedule a team meeting within three days following a crisis.
- 2 Agree to make no major decisions until at least 72 hours after a crisis has passed.
- 3 Rely on support people who will not escalate a crisis.

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- 4 Coordinate services between out-of-home provider and the CFT.

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- 2 Agree to make no major decisions until at least 72 hours after a crisis has passed.
- 3 Rely on support people who will not escalate a crisis.
- 4 Coordinate services between out-of-home provider and the CFT.
- 5 Crisis plans are modified as needed based on the changing situation of the family and child.

Crisis Services within Transition Phase



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- 2 Rehearse responses to crises and create linkage to post-WISE crisis resources.

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- 4 Discuss responses to potential future situations.

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- 4 Discuss responses to potential future situations.
- 5 Negotiate the nature of each team member's post-WISE participation with the youth and family.

Crisis Services within Transition Phase



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- 2 Rehearse responses to crises and create linkage to post-WISE crisis resources.
- 3 New team members need to reflect post-transition strategies, services and supports.
- 4 Discuss responses to potential future situations.
- 5 Negotiate the nature of each team member's post-WISE participation with the youth and family.
- 6 Crisis drills should be practiced.

Thank you for your participation!

