WISe Overview

T.R. Settlement Agreement (T.R.)
Systems of Care (SOC)
Wraparound with Intensive Services (WISe)
T.R. Settlement Agreement
Federal class action lawsuit filed in November 2009 against DSHS (and later the Health Care Authority) alleging inadequate availability of intensive mental health services for children and youth in home and community based settings.

The Agreement calls for a new statewide program model to be available within every county across Washington by June 30, 2018.

A Settlement Agreement was reached in December 2013.
For more information on the T.R. Settlement Agreement, visit:

https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/childrens-mental-health-lawsuit-and-agreement
SYSTEMS OF CARE
What is Systems of Care?

A Spectrum of Services and Supports

Youth and Families

Culture and Language

All Life Domains

A Coordinated Network
For more information on Systems of Care, visit:

http://goo.gl/KJSNmm
Washington SOC Goals

1. Infuse SOC values in all child-serving systems.
2. Expand and sustain effective leadership roles for families, youth and system partners.
3. Establish an appropriate array of services and resources statewide, including home and community-based services.
4. Develop and strengthen a workforce that will operationalize SOC values.
5. Build a strong data management system to inform decision-making and track outcomes.
6. Develop sustainable financing and align funding to ensure services are seamless for children, youth and families.
WISe operationalizes Systems of Care at the practice level by providing:

- A Structured Planning Process
- Care Coordination
- Intensive Services
- Cross System Care Plan
- Collaboration
WISe Program Model

**Intensive Care Coordination**
- Wraparound facilitation
- Care coordination
- Case management
- Coordinating transitions
- Assessment

**Intensive services provided in the home and community**
- Peer support
- Therapeutic psycho-education
- In-home functional assessment
- In-home therapy
- Social support development
- Flexible and creative services
- Building natural supports

**24/7 Crisis Intervention and Stabilization Services**
- Crisis assessment
- Crisis stabilization
- Crisis planning
- Referral and coordination
- Post crisis follow-up

Includes family and youth partners
Capacity to respond 24/7
Intensive Care Coordination

Includes:

• Facilitating assessment
• Care planning
• Coordination of services
• Monitoring of services and supports
Intense Care Coordination Provides

1. A single point of accountability
2. Guided by needs
3. Facilitation of a collaborative relationship
4. Family support
5. Care planning process
6. Team development
Traditional / Categorical Care

Child Welfare
Juvenile Justice
Primary Care
Education
Mental Health and Developmental Disabilities
Substance Abuse
Other Systems

Youth and Family
Traditional Care Can Create

- Youth and Family Burnout
- Confusion
- Disempowerment
- Waste and Duplication
- Competing Agendas
Coordinated / Collaborative Care

PLAN

Child Welfare
Juvenile Justice
Primary Care
Education
Mental Health and Developmental Disabilities
Substance Abuse
Other Systems

Youth and Family
Intensive Services in Home and Community

The agreed upon interventions are aimed at:

- Promoting health and wellness
- Helping youth build skills
- Improving the family’s ability to help youth
WISSe Certified Staff Roles

1. Family Partners and/or Youth Partners
2. Mental Health Clinicians
3. Care coordinators
Direct Services Include

1. Mental health education
2. In-home functional behavior assessment
3. Behavioral management
4. Therapeutic services
Services Are Designed To

1. Improve self-care
2. Improve self-management of symptoms
3. Improve social functioning
4. Reduce effects of past trauma
5. Reduce impact of mental health symptoms
6. Support social networks and the use of community resources
7. Support employment objectives
8. Support educational objectives
9. Support independent living objectives
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<thead>
<tr>
<th>Number</th>
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24/7 Mobile Crisis Intervention and Stabilization

Services include:

• Crisis planning and prevention
• Telephone support
• Face-to-face intervention
What’s Different About WISe
What’s Different About WISE

1. Primary Settings

1. Home and community-based locations
2. Convenient times for families and their natural supports
What’s Different About WISE

2. Youth and Family Voice

1. Strength-based approach

2. Family and youth voice intentionally prioritized

3. Honors value of family-driven and youth-guided care
What’s Different About WISE

3. Flexible and Creative Services

1. “Take-action” mentality
2. Needs-driven
3. Intensive and flexible approach
4. Requires Certified Peer Counselors, Family Partners and/or Youth Partners with

1. Lived experience

2. Equal team member

3. Provide support in addressing needs of youth and family

4. Knowledge of CANS (certification encouraged)
WISe Model of Care

- Purposeful
- Goal Oriented
- Collaborative Infrastructure
- Creative Process
- Guided By Principles
WISe Model of Care

A belief that WISe will:

1. Increase optimism and hope
2. Empower youth and families
3. Increase clarity of possibilities for better life
4. Develop realistic family vision
Next: 10 Children’s Behavioral Principles