

Behavioral Health Administration

Fact Sheet: Problem Gambling Treatment

Updated: 3/20/17

<p>Overview</p>	<p>The Division of Behavioral Health and Recovery (DBHR) certifies agencies to provide treatment for problem and pathological gambling. DBHR also contracts with 21 problem gambling treatment providers statewide.</p> <p>DBHR also contracts for problem and pathological gambling prevention efforts. Activities include elder awareness, literature distribution, and problem gambling prevention activities targeting young adults.</p> <p>To help assure high-quality services, DBHR partially funds problem gambling treatment training for substance use disorder professionals, licensed mental health counselors, psychologists, and agency affiliated counselors. Training is specific to problem and pathological gambling.</p> <p>DBHR provides a 24-hour helpline for problem and pathological gambling. The helpline assists people with referrals to treatment providers and crisis stabilization.</p>
<p>Eligibility Requirements</p>	<p>Adults who are in crisis and need treatment for themselves, or due to a family member with a gambling problem. Services are provided to those who are assessed as needing them, and who can't afford it. Clients do not need to be Medicaid-eligible.</p>
<p>Authority</p>	<p>Revised Code of Washington 43.20A.890, and Washington Administrative Codes 388-877 and 388-877C.</p>
<p>Budget</p>	<p>Per RCW 67.70.340, DBHR receives .013% of a Business and Occupations (B&O) tax on the net receipts from card rooms, pull tabs, and other games of chance, lottery, and horseracing commission.</p> <p>Per RCW 43.20A.890, "the department may solicit and accept for use any gift of money or property made by will or otherwise, and any grant of money, services, or property from the federal government, any tribal government, the state, or any political subdivision thereof or any private source, and do all things necessary to cooperate with the federal government or any of its agencies or any tribal government in making an application for any grant."</p>
<p>Rates</p>	<p>Provider contracts have a fee-for-service rate of \$160 per assessment, \$80 per hour per individual treatment, \$35 per session for group treatment, and \$20 per 15 minutes for case management. Clinical supervision is reimbursed at \$50 per hour, per counselor.</p>

Costs and Numbers Served	In SFY2016, 463 distinct adult clients received treatment services for problem gambling at an average cost of \$1,072 per client (includes treatment and assessment services received). Additionally, 2,166 distinct clients received an assessment for problem gambling (but no treatment services) at an average cost of \$163 per client.
Partners	<p>The following partnerships are key to program success:</p> <ul style="list-style-type: none"> • Washington State Gambling Commission Participation with PGAC • Washington’s Lottery Tax Revenue support • Recreational Gaming Association Tax Revenue support Participation with PGAC • Evergreen Council on Problem Gambling Support with Counselor certification Prevention and outreach opportunities Training supports Conference planning and participation Participation with PGAC • National Council on Problem Gambling National Council affiliation and membership • Association of Problem Gambling Service Administrators State membership and affiliation.
Oversight	<p>Quality oversight includes:</p> <ul style="list-style-type: none"> • Monthly paper monitoring for utilization and fiscal reports. • Clinical consultant services for those counselors who are not yet certified as problem gambling counselors. • Agency certification. • Annual site visits until the agency is certified; then every three years. • Contract monitoring site visits each biennium.
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