



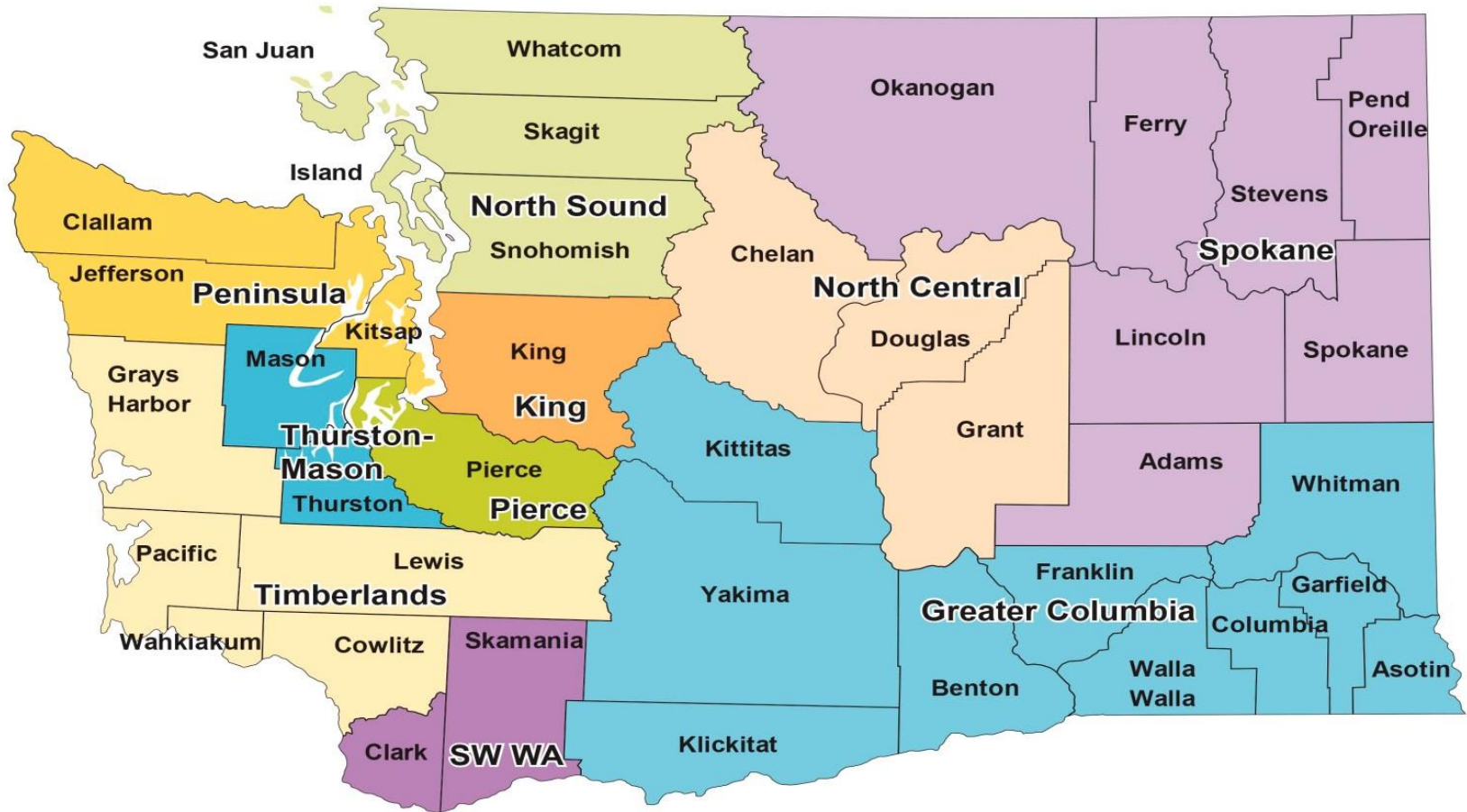
# Health Care Integration Update Training Session #2

Stefanie Zier  
Health Care Services  
December 4, 2015

# Health Care Integration

- Regional Service Areas
- Behavioral Health Organizations
- Apple Health Foster Care
- Earlier Enrollment
- Fully Integrated Managed Care in the Early Adopter region

# RSA Designations



<b>Peninsula</b>	<b>Thurston-Mason</b>	<b>King</b>	<b>Greater Columbia</b>	<b>North Central</b>	<b>Spokane</b>
Clallam	Mason	King	Asotin	Chelan	Adams
Jefferson	Thurston	King	Benton	Douglas	Ferry
Kitsap			Columbia	Grant	Lincoln
	<b>Pierce</b>	<b>North Sound</b>	Franklin		Pend Oreille
<b>Timberlands</b>	Pierce	San Juan	Garfield		Spokane
Cowlitz		Island	Kittitas		Stevens
Grays Harbor	<b>SW WA</b>	Skagit	Walla Walla		Okanogan
Lewis	Clark	Snohomish	Whitman		
Pacific	Skamania	Whatcom	Yakima		
Wahkiakum			Klickitat		

# Change Impacts

The combination of these integration efforts has a cumulative effect of touching every individual who receives care from DSHS and HCA in Washington.

This includes health care consumers, health care providers, and other providers or stakeholders who interact with the Medicaid population, particularly:

- Individuals with Medicaid
- Medicaid practitioners
- Mental health providers
- Substance use disorder providers
- Hospitals
- Crisis Services

# Medicaid Clients

- Physical and behavioral health benefits will be covered by a single Managed Care Organization of the clients choosing
- Individual choice of at least two managed care organizations – CHPW or Molina
- Medicaid State Plan benefits stay the same
- Clients continue to have access to block grant or state-funded behavioral health services that complement the Medicaid benefits package
- One point of contact available for all services, instead of navigating up to three systems

# Providers

- Providers must contract with FIMC MCO(s) in order to provide services to individuals who receive Medicaid services in Southwest Washington as of April 1, 2016
  - Except Tribal clinics
- Providers must be enrolled and in good standing with the State Medicaid program
- Southwest has received technical assistance funding via Healthier Washington to assist providers in transition

# Managed Care Organizations

- Two MCOs have been selected to provide Fully Integrated Managed Care in the SW WA region:
  - Molina Healthcare of Washington
  - Community Health Plan of Washington (CHPW)
- Individuals who currently receive care through Columbia United Providers will be transitioned to Molina on January 1, 2016
- All clients in Clark and Skamania counties will be enrolled with either Molina or CHPW effective 4/1/16

# Fully Integrated Managed Care (FIMC) Program

- FIMC program includes full scope of Medicaid physical, plus mental health and substance use disorder services
- Clients with physical health and pharmacy coverage will be enrolled in FIMC in Southwest Washington
- There are coordination provisions in the MCO contracts for individuals who transfer, transition or move to other regions (BHOs) and out of the region



# Behavioral Health Services Only (BHSO) Program

- BHSO program provides specialty mental health and substance use disorder services ONLY
- BHSO is a separate product, offered by the same MCOs that are operating the Fully Integrated Managed Care program
- Clients who are typical Fee-for-Service (FFS) populations will be able to access behavioral health services through the BHSO program
- They will continue to get physical health services through the FFS system

# BHSO Program

## **Behavioral Health Services Only Services**

- Another way to think about it, is that these services are the “traditional” mental health and substance use disorder services that are currently managed by DSHS contractors (RSNs and counties)
- Since there will be no Regional Support Network or Behavioral Health Organization in the Southwest Washington region, the MCOs that administer FIMC will be responsible to provide mental health and substance use disorder services for these Medicaid eligible individuals in this region

# Different Enrollment Pathways

GROUP	MEDICAL SERVICES	MH AND SUD SERVICES
Everyone (unless explicitly exempted)	Through FIMC MCOs	Through FIMC MCOs
Exempted individuals and individuals with the option to opt out of FIMC or Apple Health Foster Care (e.g. on Medicare, Native American/ American Indians)	Through Fee-For-Service coverage (and additional coverage)	Through FIMC MCOs under “Behavioral Health Services Only” (BHSO), set up for ensuring those enrolled in Medicaid can continue to access services
Apple Health Foster Care: individuals in foster care, foster care alumni and individuals who receive adoption support	Through Coordinated Care of Washington MCO	FIMC/ BHSO MCO

# Implementation Timeline

## January 2016

- Columbia United Providers (CUP) clients transition to Molina
- HCA post card sent to all Medicaid households in Clark and Skamania counties

## February 2016

- HCA letter sent to all Medicaid households in Clark and Skamania counties
- HCA letter sent to all Apple Health Foster Care enrollees statewide
- DSHS letter sent to all other Medicaid households statewide

## February – March 2016

- Enrollment letters, including new booklets, sent to all Medicaid individuals in Clark and Skamania counties

# Implementation Monitoring

- HCA and Southwest Washington are developing an early warning system to identify and rapidly respond to any gaps in services or issues that occur after April 1, 2016
- Southwest Washington Implementation Team turns into a Monitoring Team on April 1, 2016 **to work directly with HCA** on monitoring for this region
- Their role:
  - Provide technical assistance and transition assistance in the community
  - Act as a liaison between HCA and the broader Southwest Washington community
  - Review and assess health plan readiness with HCA
  - Include county representatives

# Glossary

- AHFC: Apple Health Foster Care
- BH: Behavioral Health
- BHOs: Behavioral Health Organizations
- BHSO: Behavioral Health Services Only
- FIMC: Fully Integrated Managed Care
- MCOs: Managed Care Organizations
- RSA: Regional Service Area
- RSN: Regional Support Network
- SUD: Substance Use Disorder
- SW WA: Southwest Washington

# Health Care Integration Webinar Series

## Future webinars

The next webinar in this series will be offered in the near future with more specific detail about the FIMC Project, including:

- Fully Integrated Managed Care in Southwest Washington (including BHSO services)
- How non-Medicaid clients will be served in Southwest Washington
- Client pathways from today to enrollment in FIMC by April 2016
- Coordination Among Regions

# Resources

- **HCA Integrated Purchasing website:**  
[http://www.hca.wa.gov/hw/Pages/integrated\\_purchasing.aspx](http://www.hca.wa.gov/hw/Pages/integrated_purchasing.aspx)
- **HCA Contact:** [EarlyAdopterQuestion@hca.wa.gov](mailto:EarlyAdopterQuestion@hca.wa.gov)
- **DSHS Behavioral Health Organization website:**  
<https://www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/developing-behavioral-health-organizations>
- **DSHS BHO Contact:** [BHOtransition@dshs.wa.gov](mailto:BHOtransition@dshs.wa.gov)
- **HCA Training & Education website:**  
[http://www.hca.wa.gov/hcr/me/pages/training\\_education.aspx](http://www.hca.wa.gov/hcr/me/pages/training_education.aspx)