

**Fact Sheet: WA State Youth Treatment- Improvement Project**

Updated: September 26, 2016

<p><b>Overview</b></p>	<p>The Washington State Youth Treatment-Improvement (WSYT-I) project is designed to enhance currently existing treatment and recovery services for youth (ages 12 to 18) who have a substance use disorder (SUD) diagnosis, or youth who have a co-occurring substance use disorder and mental health disorder diagnosis (COD). Service priority for this project goes to youth with COD and/or youth involved in multiple systems, such as child welfare and juvenile justice.</p> <p>The WSYT-I project improves access, quality, coordination, and continuum of care through the use of an evidence-based standardized assessment tool, the Global Appraisal of Individual Needs (GAIN-I), as well as implementation of a family centered, evidence-based treatment practice, the Adolescent Community Reinforcement Approach (A-CRA). The WSYT-I project also includes care coordination, recovery support services, and youth and family/caregiver participation at all levels of treatment.</p> <p>The overall objective of the project is to improve health outcomes for youth and their families/caregivers. Success will be measured via increased rates of abstinence; enrollment in education, vocational training, and/or employment; social connectedness; decreased juvenile justice involvement; and an increase in the number of professionals trained to provide SUD and COD services.</p> <p>Services funded through the WSYT-I project will be delivered by four community-based treatment providers in three geographic areas. Over the three years of the project, we will serve 570 youth and their families/caregivers. It will provide an interactive and collaborative learning experience that identifies barriers and tests solutions, while implementing family-centered intervention. The framework of the model will be disseminated throughout the state.</p> <p>Workforce development efforts will focus on an accelerated online certificate for advanced professionals to become state certified substance use disorder professionals. Additionally, a multi-year training implementation plan will enhance the statewide youth/family/caregiver service delivery systems across the state.</p>
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<b>Eligibility Requirements</b>	<p>Adolescents ages 12 to 18 years old with a Substance Use Disorder diagnosis residing in Grays Harbor County, Clallam County, and King County.</p> <p>WSYT-I direct services are available at four primary sites: True North/ESD113 in Aberdeen, True Star Behavioral Health Services in Port Angeles, Consejo Counseling and Referral Service in Seattle, and Center for Human Services in Shoreline.</p> <p>The priority populations for this program are:</p> <ol style="list-style-type: none"> <li>1) Adolescents with a co-occurring disorder (COD).</li> <li>2) Adolescents with a substance use disorder who are involved in multiple systems such as child welfare and juvenile justice.</li> </ol>
<b>Authority</b>	<p>The Division of Behavioral Health and Recovery (DBHR) is operating under the auspices of the Substance Abuse and Mental Health Services Administration and the Center for Substance Abuse Treatment.</p>
<b>Budget</b>	<p>Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment: \$760,000 annual budget.</p>
<b>Rates</b>	<p>This project provides each treatment site enhancement funds in the amount of \$111,329/year to support collateral costs associated with the delivery of evidence-based assessments, evidence-based practices, care coordination, and recovery support services.</p>
<b>Costs and Numbers Served</b>	<p>In the Federal FY 2016, the estimated direct service cost was \$207,385.  Number of adolescents served: 100.  Estimated cost per youth: \$2,073.</p>
<b>Partners</b>	<p>DBHR collaborates with counties, treatment providers, juvenile courts, local school districts, the Juvenile Rehabilitation Administration, Research and Data Analysis, and other state and local partners.</p>
<b>Oversight</b>	<p>Internal oversight: DBHR  External oversight: statewide Family, Youth and System Partner Roundtable (FYSPRT), and SAMHSA CSAT.</p>
<b>For more information</b>	<p>Jared Langton/ <a href="mailto:Jared.Langton@DSHS.wa.gov">Jared.Langton@DSHS.wa.gov</a>/ 360-725-1415  Website: <a href="http://www.dshs.wa.gov/bha">http://www.dshs.wa.gov/bha</a></p>