

Fact Sheet: Child Study & Treatment Center (CSTC)

Updated: October 26, 2016

Overview	<p>Established in 1961, CSTC is Washington State’s psychiatric hospital for children ages five to 18. CSTC has a bed capacity of 47; with approximately 31 beds designated for adolescents and 16 for children. Three age-based 24-hour treatment cottages provide a highly structured and secure environment in which milieu psychiatric treatment is provided under the supervision of child psychiatrists.</p> <p>Accredited by The Joint Commission, CSTC engages families in their child’s treatment and provides evidence-based interventions to assess, diagnose, treat and transition children back to their families and community. Treatment services include medication management, milieu, individual, family and recreation therapies.</p>
Eligibility	<p>The Children’s Long Term Inpatient Program Administration (CLIP) manages referrals for CSTC. Patients must be 5 to 18 years of age and a legal resident of Washington. Youth must be diagnosed with a severe psychiatric disorder which significantly impacts their ability to function safely and adaptively in a community setting. Due to the nature of their impairment, they may pose a risk to themselves, others or be gravely disabled, which warrants care under the supervision of a psychiatrist. The community based mental health resources do not meet the treatment needs of the youth. Court ordered forensic services for competency and restoration are also provided at CSTC under RCW 10.77.</p>
Authority	<p>42 CFR 441Subpart D: Inpatient Psychiatric Services Under Age 21; RCW 71.34: Mental Health Services for Minors; RCW 71.05: Mental Illness; RCW 10.77: Criminally Insane.</p>
Budget	<p>The FY16 expenditure is \$11,524,000: federal - 57.18%; state - 42.23%; private insurance - 0.58%.</p>
Rates	<p>The daily bed rate is \$850 (over 16,660 bed days annually).</p>
Numbers Served	<p>94 total patients were served in FY16. Average daily census: 45.5 patients.</p>
Partners	<ul style="list-style-type: none"> ▪ CLIP Administration ▪ Behavioral Health Organizations ▪ Clover Park School District ▪ University of Washington, School of Medicine, Department of Psychiatry ▪ Department of Social and Health Service’s Administrations
Oversight	<p>The Children’s Long Term Inpatient Program Administration (CLIP) provides external oversight and performs the annual Inspection of Care (CMS regulations); DSHS Behavioral Health Administration; The Joint Commission http://www.jointcommission.org/</p>
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