Washington State Health Care Authority

WISe Wraparound with Intensive Services

WISe: Youth

So what is WISe?

WISe is an approach to helping youth with mental health challenges succeed at home, in school, and in the community. Through WISe, youth receive therapy and other services and supports to help them reach their goals. WISe uses a team approach, and youth who participate in WISe have a team that works with them and helps coordinate services and supports.

How is WISe different from other services?

Youth Voice and Choice

WISe teams recognize that youth need to have a voice and choice in their treatment. This means that youth are given the information they need to be empowered to make positive decisions regarding their care and treatment in the WISe process.

Set and Achieve Your Own Goals

With the support of your WISe team, you will set your own goals and then make a plan to achieve them.

Celebrate Your Strengths

Your WISe team will build on what is going well the challenges you are facing.

Get Help When and Where You Need

It WISe crisis services are available 24 hours a day, 7 days a week. You will be able to get help during a difficult time from someone who understands your situation and can come to your home, school, or wherever you are most comfortable.

Who can receive WISe?

To get WISe, you must be age 20 and younger and eligible for Washington Apple Health. Any youth over the age of 13 can ask for a WISe Screen to find out if they are eligible (if you are under 13, you need permission from your parent or guardian). You can also find information about WISe and other mental health services and supports that are available in your area here: https://www.hca.wa.gov/wise-overview or by calling the Recovery Helpline toll free at 866-789-1511.

WISe is an intensive, holistic method of engaging with individuals with complex needs (most typically children, youth, and their families) so that they can live in their homes and communities and realize their hopes and dreams.

What to get involved?

Your voice can help improve services for youth. Family, Youth, System Partner Round Tables (FYSPRTs) are an important part of a Governance structure that is working to make improvements to the system.

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